

# HUMANS & HORSES, HELPING EACH OTHER

**We are a 501c3 nonprofit organization** dedicated to providing a healing space for emotional recovery, & empowerment, for both Humans & Horses.

## **A reciprocal healing model.**

We serve women & girls, without financial means, to access equine assisted psychotherapy & equine assisted learning, through our scholarship program.

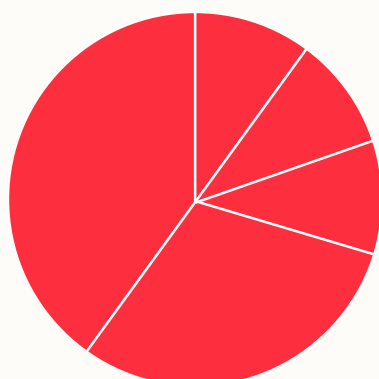
## OUR WORK IS 2-FOLD

**First**, we provide a safe space for humans to find hope, & the courage, to move deeper into, & through, their own trauma's.

**Second**, & simultaneously, we retire, rehabilitate, and eventually re-home "working" equines (horses, mules & donkeys). Because our humans have had similar experiences as their equine counterpart, it allows for a more connected and transformational journey.

## HOW WE WORK

- 70%** - Scholarship Based
- 10%** - For-Pay
- 5%** - Tailored Solutions
- 5%** - Equine Rescue & Intake
- 10%** - Equine Rehabilitation & On-going Care

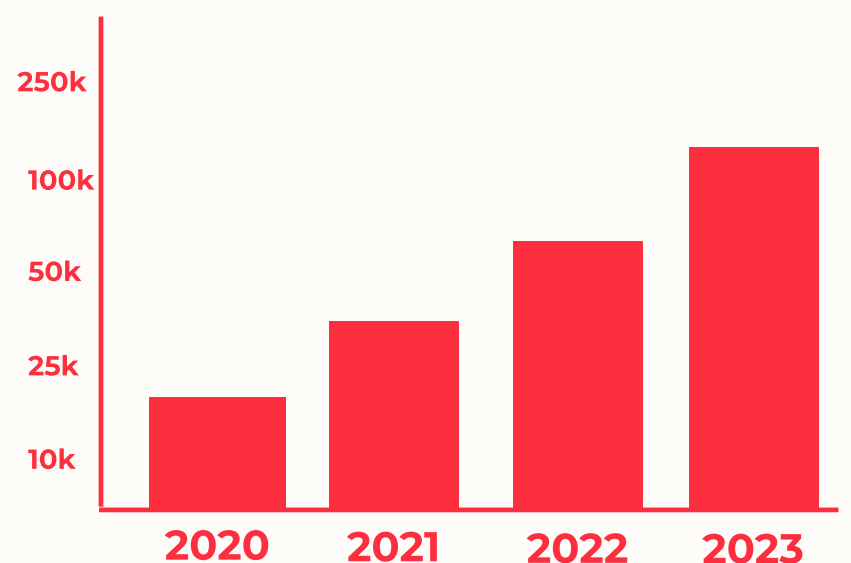


## EQUINE THERAPY

Because equines are sentient beings, they provide humans a non-threatening mirror of our own emotional state. They are an incredible healing partner and the foundation of Equine Assisted Psychotherapy (EAP) and Equine Assisted Learning (EAL).

The equine becomes a catalyst and metaphor to bring the client's clinical issues to the surface, eliciting a range of emotions from the client (Klontz, et al., 2007).

## FUNDRAISING GOALS



## SCALING UP

REINS frequently partners with established mental health organizations, as an impactful, and unique, equine extension for their clients. **Our goal is to maximize positive outreach in our community, by partnering with local organizations.** These organizations include, but are not limited to, The Peace House, Christian Center Park City, Roots Transition, The VA Warrior Renew Graduates.

