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100 IMAGES FOR  
VISION BOARD  
AND AFFIRMATION



KEEP THE  
**SUNROOF**  
OPEN

A SELF-HELP BOOK



BY: AFURU N. IFILL

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## About the Author

Afuru is an inspiring visionary architect and interior designer based in Miami, Florida, where creativity and culture flow as freely as the ocean breeze. With an eye for beauty and a soul deeply rooted in purpose, she transforms spaces and lives through design, storytelling, and soulful connection.

A proud mother of two, Afuru believes in creating a life that balances passion, peace, and intention. Her artistry extends beyond architecture into the world of words. She is a heartfelt writer and poet whose works are rooted in healing, empowerment, and truth.

Afuru studied Public Speaking at Cornell University, sharpening her gift of using voice and presence to inspire. She is also the host of the *IamAfuru.com* podcast and blog, where she shares real conversations, spiritual insight, and practical tools to help others embrace purpose and create the life they desire.

This book, *Keep the Sunroof Open*, is more than a project it's a testimony. A collection of life lessons, spiritual reflections, and powerful practices that Afuru herself has lived through and risen from. It's designed to uplift, to guide, and to remind every reader that their light is meant to shine.



You can connect with Afuru and explore more of her work at:



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## Acknowledgments

This book has been a journey of the soul, and I would not have made it to this page without the light, love, and guidance of so many.

To God, thank You for being my source my whisper in the silence, my strength in the stillness, and my sunroof when the world felt too closed in.

To my children, Narjea and Kegan, you are my why. Every word I write, every vision I build, is rooted in love for you. Thank you for being my daily inspiration and for teaching me what it means to be brave.

To my family and friends who held space for me, cheered me on, and reminded me that my story matters your belief in me carried this project through the moments I doubted myself.

To my creative team and every reader who meets me on these pages you are part of this living, breathing vision. Thank you for opening your heart and allowing this message to pour into your life.

To those who joined my Vision Board Workshops, listened to my podcast, read my blog, and supported IamAfuru.com you are more than a community. You are a movement of light seekers, purpose walkers, and soul builders.

And lastly, to myself for not giving up. For waking up each day with the courage to keep the sunroof open, no matter the weather. I am proud of you.

With love, gratitude, and fire,

*Afuru*



## A Special Invitation:

### The I am Journal by IamAfuru

This book is just the beginning of your journey. Alongside *Keep the Sunroof Open*, I've created the I am Journal by IamAfuru a powerful companion designed to help you turn reflection into vision and vision into reality. This journal isn't just for writing it's a space to dream, to ground yourself, and to manifest your next chapter.

Inside, you'll find affirming prompts, intention-setting pages, and creative exercises that align perfectly with each chapter of this book. It's also the perfect tool to help you bring your next vision board to life.

If you're looking to go even deeper, I host live *Vision Board Workshops* where I walk you through the process of creating an intentional, heart-centered vision board with community, creativity, and clarity. You can sign up at [www.iamafuru.com](http://www.iamafuru.com).

To grab your copy of *Keep the Sunroof Open* and the I am Journal by IamAfuru, visit:

<https://iamafuru.com/book-and-journal-sale>

Let this be the season where you stop doubting and start doing with joy, vision, and purpose!



## Interlude: Why This Book, Why Now

Let's take a moment before we dive further before you start turning pages and unlocking pieces of yourself you may have forgotten were there.

This book, *Keep the Sunroof Open*, is not just a guide. It's a declaration. A reclamation. A reminder that you are allowed to want more and be more even when life has tried to teach you otherwise.

I didn't write this as someone who had it all figured out. I wrote it as someone who needed a manual, too. Because life doesn't come with instructions. And when you're in the middle of the storm, it's not always easy to open your Bible, not when guilt, procrastination, or the voice of "not enough" is whispering louder than grace.

So, I created what I needed. A book that affirms and uplifts. A book that doesn't just speak in poetry and promises, but one that *shows* you how - how to breathe again, how to see yourself again, how to rise. Whether it's navigating clutter in your home or clutter in your soul, this is where you come to find clarity.

What sets this journey apart is that it speaks many languages:  
The language of Spirit yes, we talk to God here. We invoke His truth.  
We pray.



Continued..

The language of Science because there is power in understanding your biology, your chemistry, your mental patterns.

And sometimes, yes, even the language of the World not because I live by it, but because I *recognize* it. I walk through it, I've felt its pull. But I am not of it. And neither are you.

You'll find biblical truth sitting right next to a scientific study. You'll read about the chakra system right before a *passage* about prayer. I do this on purpose. Because I believe *all* of it can be a mirror to deeper wisdom. All of it can point us back to the Divine when used with discernment and love.

This book is your space to remember. To realign. To keep your sunroof open so that the Light can pour in, even on the days you can't see the sky.

Welcome to the journey. I'm so glad you're here.

Afuru