

Work Completed  
with previous Employer



# Lower Carbon Concrete: Market Drivers and Best Practices

WA ACI Chapter Meeting | April 21, 2021

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Director of Sustainability | Sellen Construction





# Materially Important:

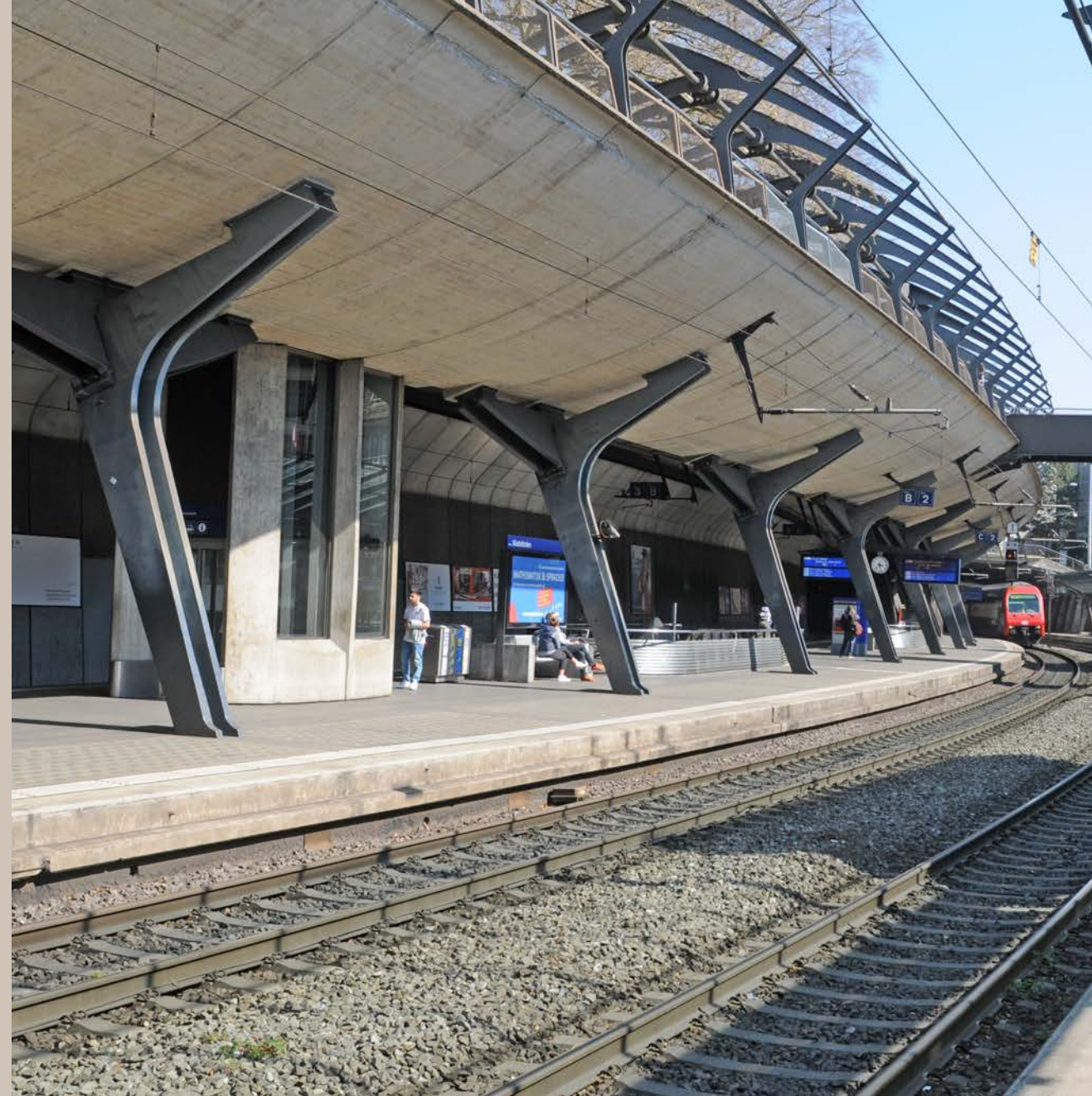
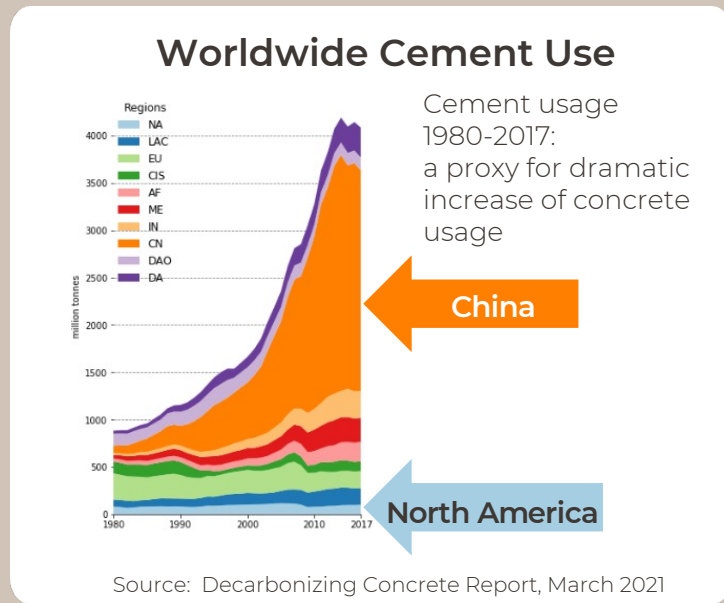
concrete's essential role and unique ability to optimize





## Concrete: Materially Important

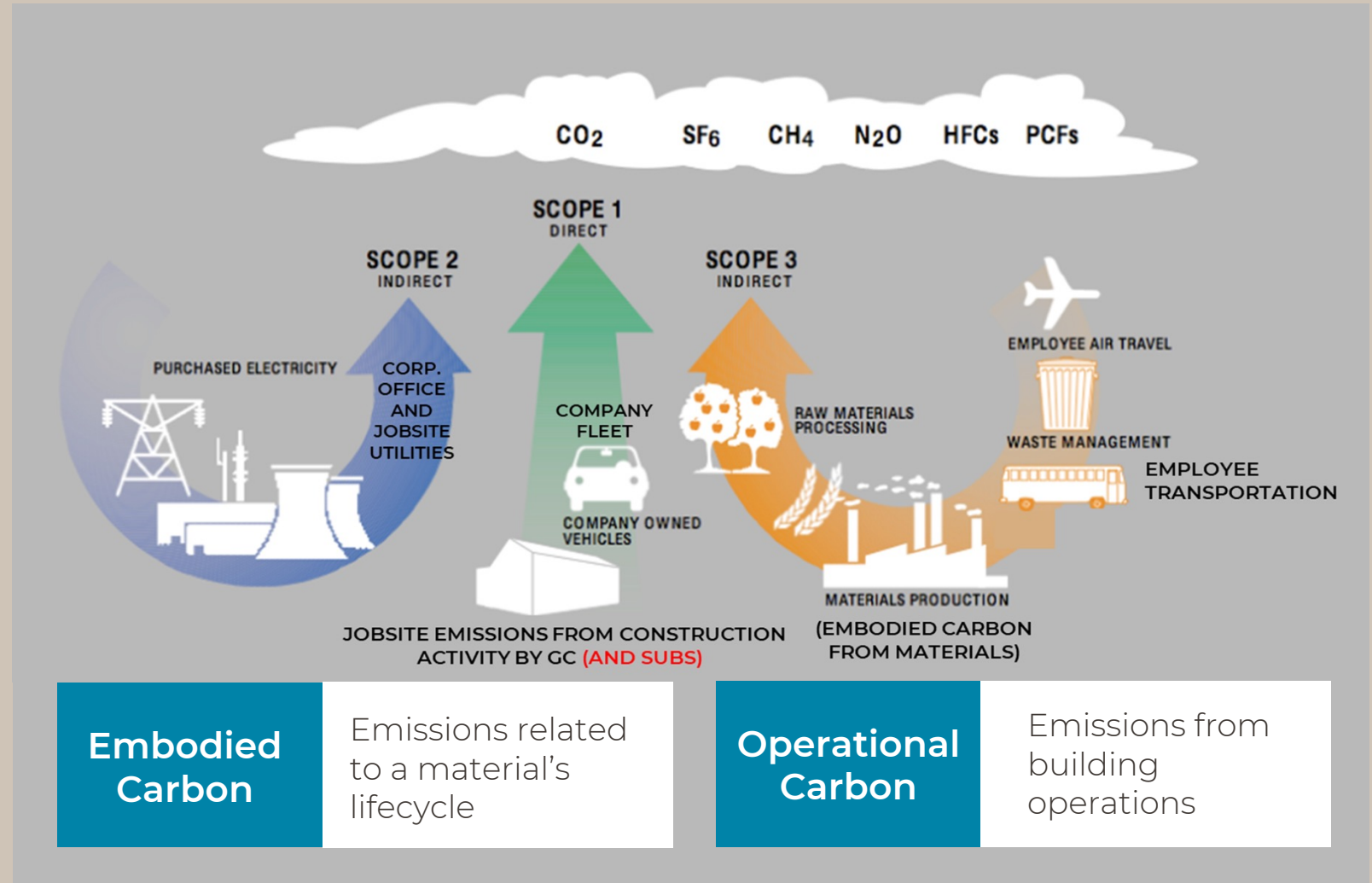
- World's most common building material
- Ability for Architectural and Structural Expression
- Durability and Strength
- A Leader in Material Disclosure
- Key role in Infrastructure
- Exponential worldwide growth in use
- Ability to be carbon optimized



# What: Carbon, defined

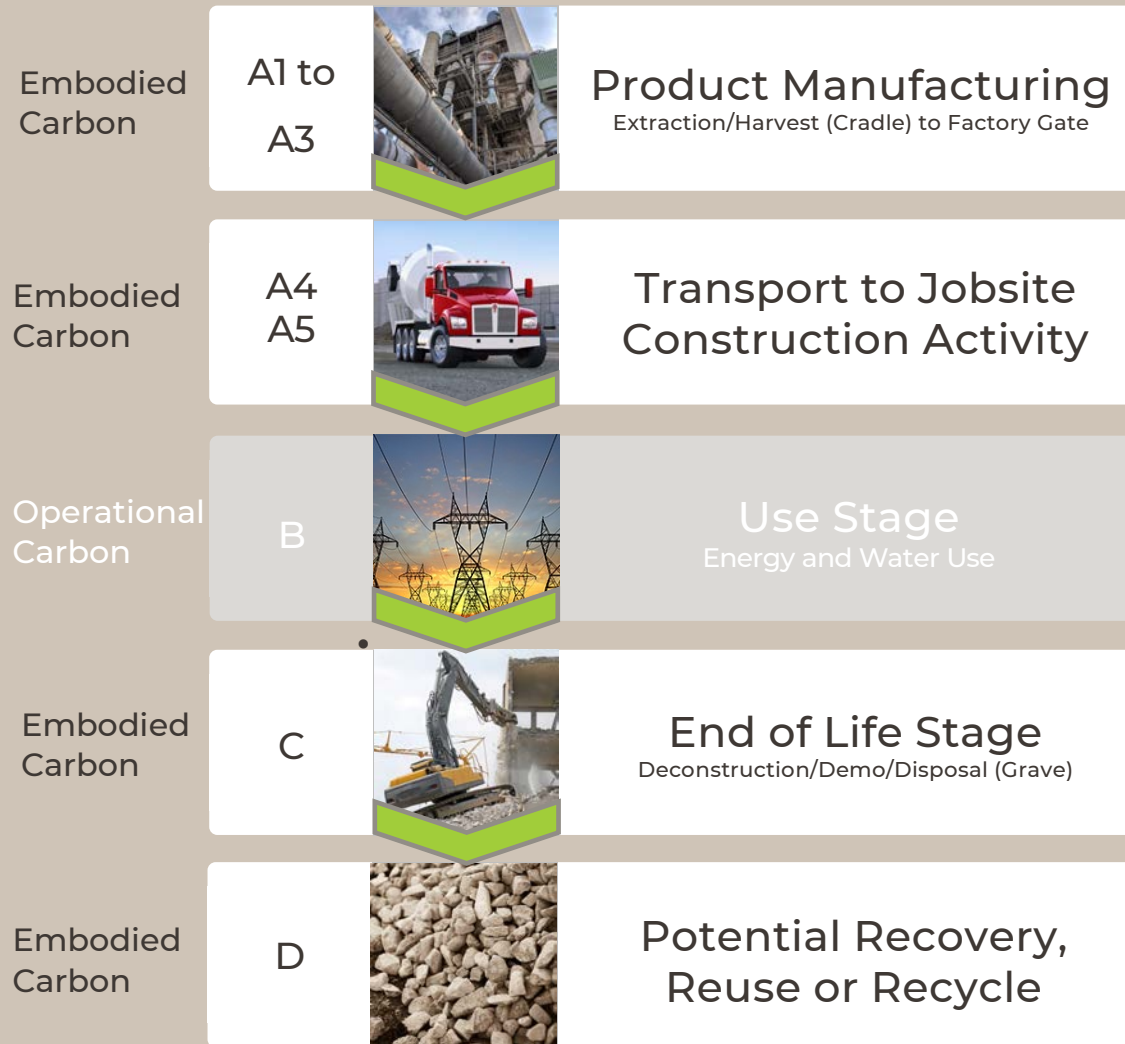
## “Carbon” = Greenhouse Gases

- **Carbon Dioxide (CO<sub>2</sub>)**
  - Fossil Fuel Combustion  
(Coal, Natural Gas, Gasoline, Diesel...)
  - Natural Sources
  - Process Emissions
- **Other Greenhouse Gases:**
  - **Methane (CH<sub>4</sub>)**
    - Landfills
    - Agriculture
    - Natural Gas Systems
  - **Nitrous Oxides (N<sub>2</sub>O)**
    - Car Emissions
    - Soils Management
    - Manufacturing
  - **Hydrofluorocarbons (HFCs)**
    - Refrigerants
    - Manufacturing
  - **Perfluorocarbons (PFCs)**
    - Aluminum Production





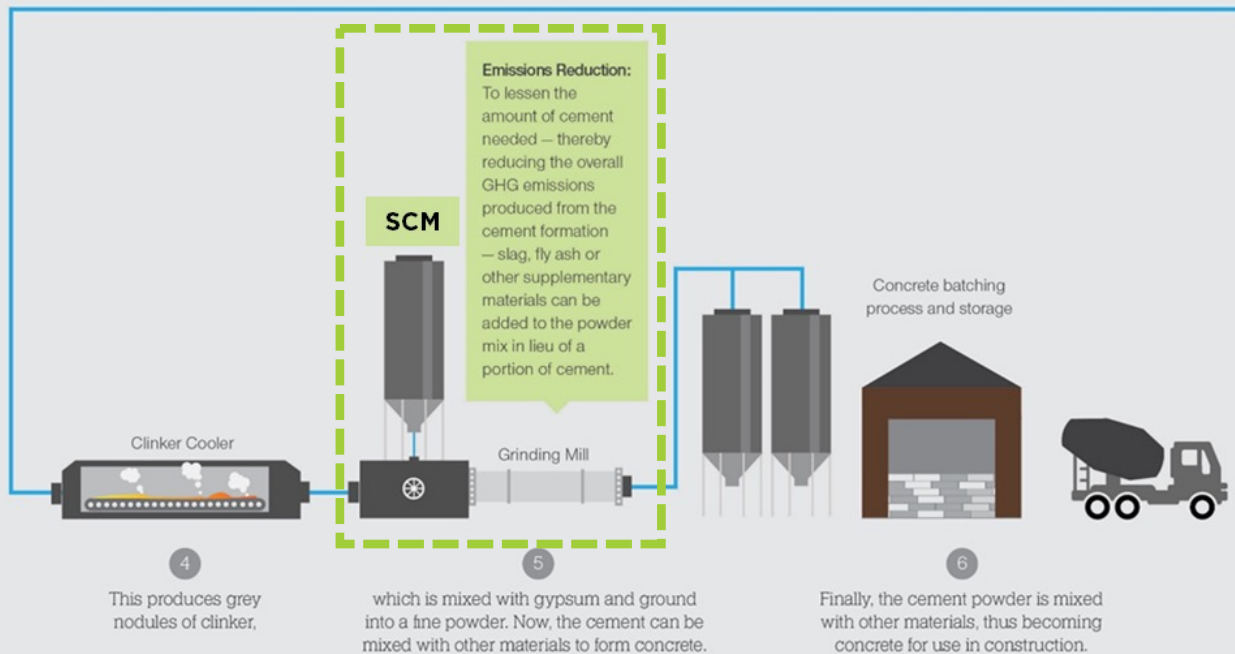
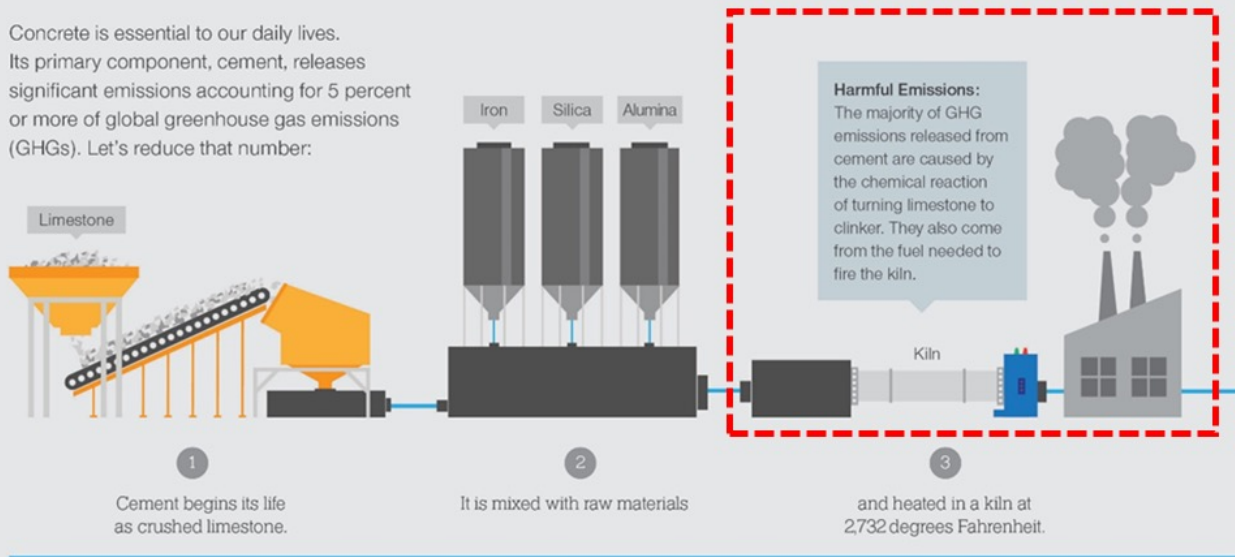
# When: Life Cycle Stages when carbon is emitted



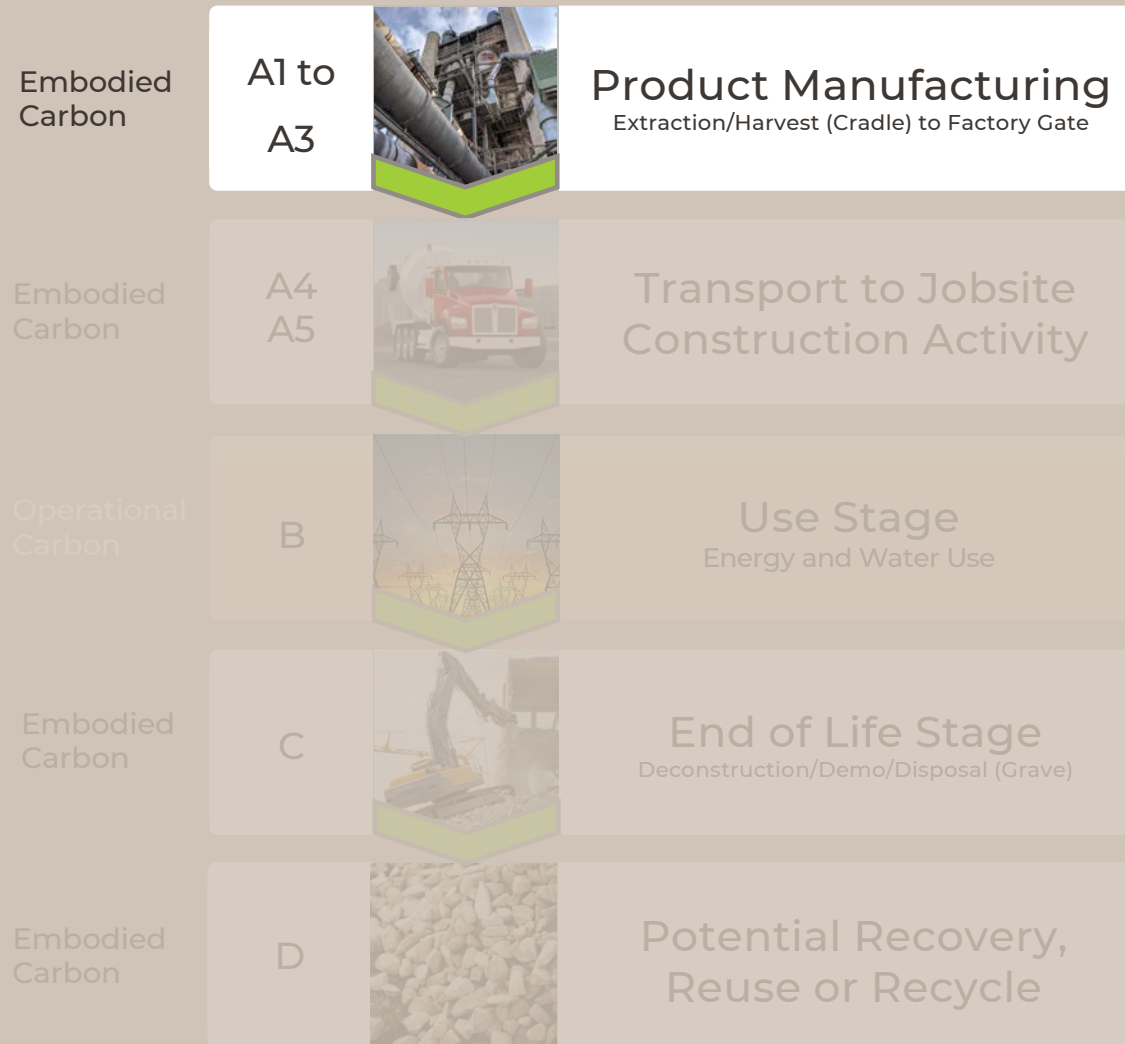
# How: The opportunity to replace conventional cement

## Turning down the heat: How greener concrete is manufactured

Concrete is essential to our daily lives. Its primary component, cement, releases significant emissions accounting for 5 percent or more of global greenhouse gas emissions (GHGs). Let's reduce that number:



# How: GHG Reduction Opportunities: Manufacturing (and decisions prior manufacturing)



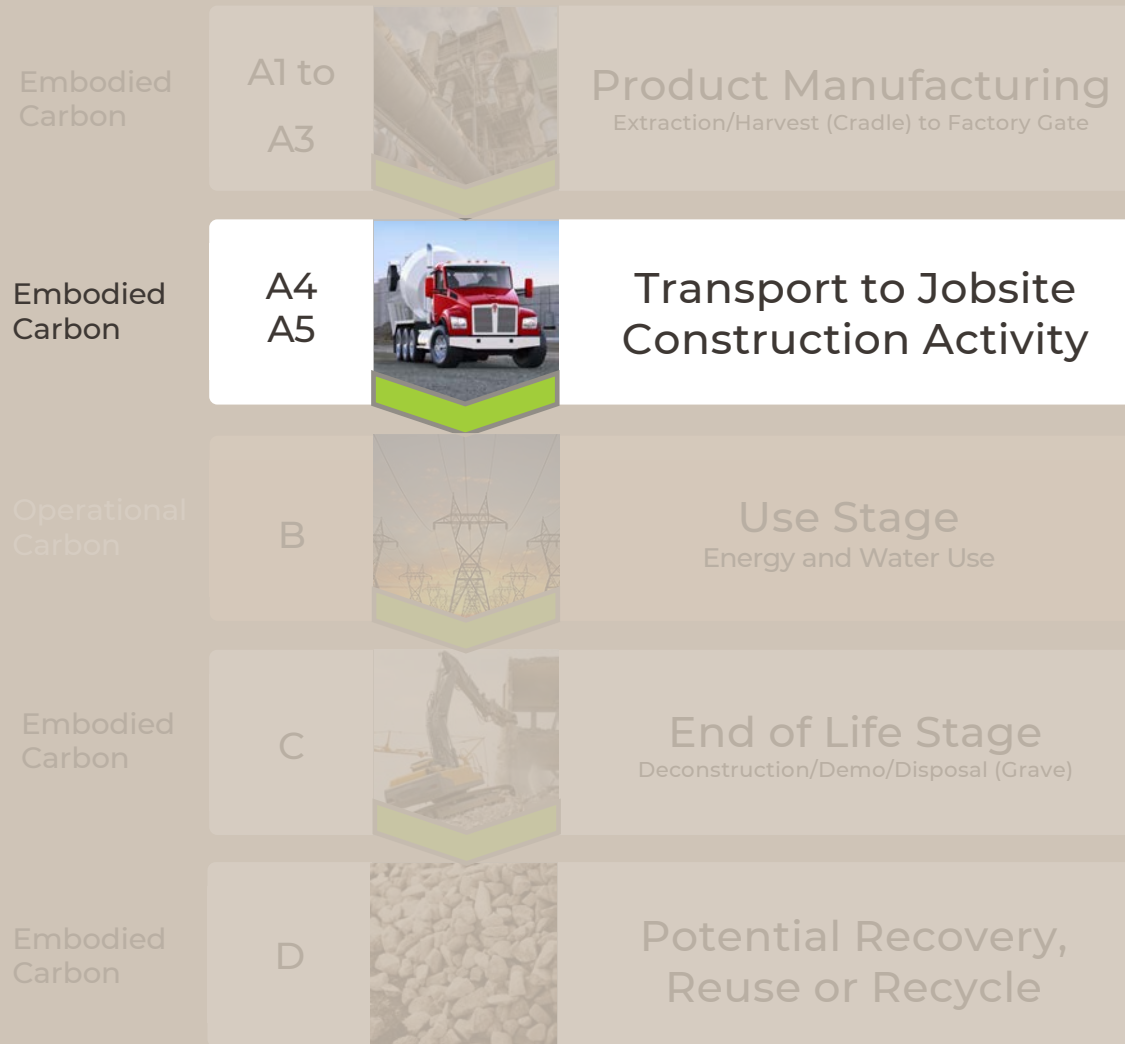
## Strategies Prior to Manufacturing:

- Structural System Selection
- Informed Target Setting
- Material efficient design
- Performance Specs
- Informed Instructions to Bidders

## Manufacturing Strategies

- Type 1L Cement Use when allowed
- Supplementary Cementitious Material Use
- Recycled Aggregate Use when allowed

# How: GHG Reduction Opportunities: Transport and Construction Activity

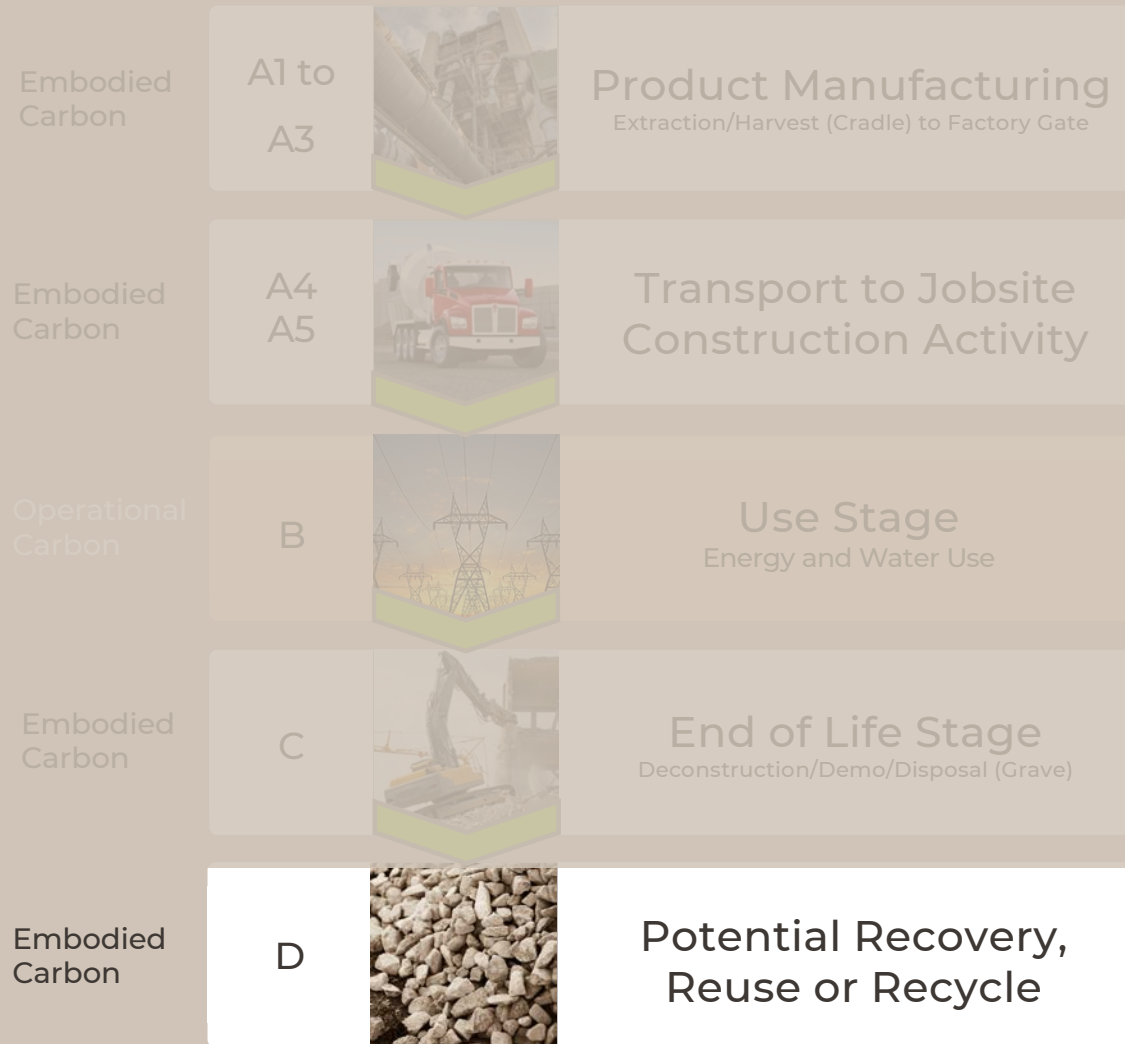


## Transport and Construction Management Strategies:

- Reduction of Jobsite Wait Time
- Electronic Ticketing to validate Carbon Reduction Forecast
- Maturity Meters to confirm strength and fine tune mix selection avoiding unnecessary emissions



# How: GHG Reduction Opportunities: Future Reuse

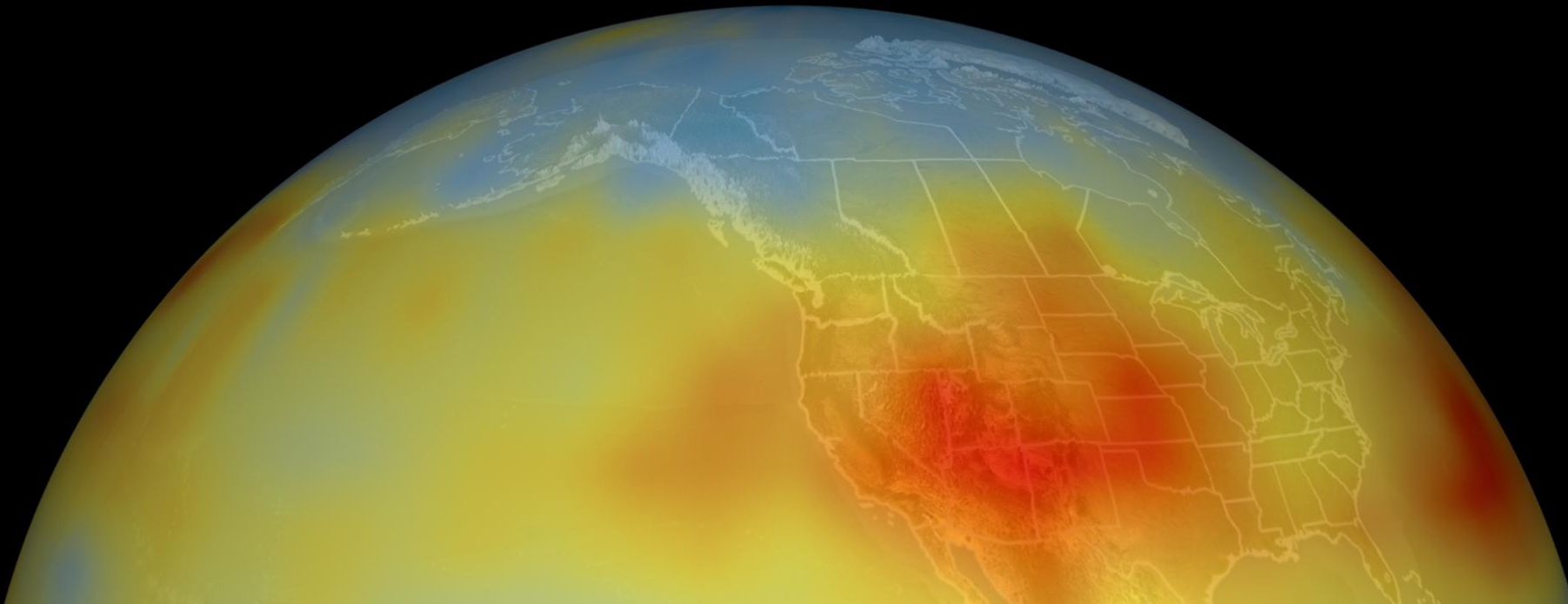


### Recycle and Reuse Strategies:

- Design for Material Recovery
- Recycling of Demolished Materials
- Recycled Concrete Aggregate(RCA) Manufacturing
- RCA permitted in specs for next project

# Market Drivers:

the increasing demand to measure and reduce carbon





# Private Businesses, Public Commitments

## Amazon's Climate Pledge

**THE Paris...  
CLIMATE 10 years  
PLEDGE Early**



Announced: September 19, 2019

**Amazon:**  
Commits to net zero carbon by 2040 and 100% renewable energy by 2030

## Microsoft:

- By 2030: Carbon negative,
- By 2050: MS will remove all carbon the company has emitted since 1975
- Zero Carbon Certification for Project

## Microsoft's Climate Commitment

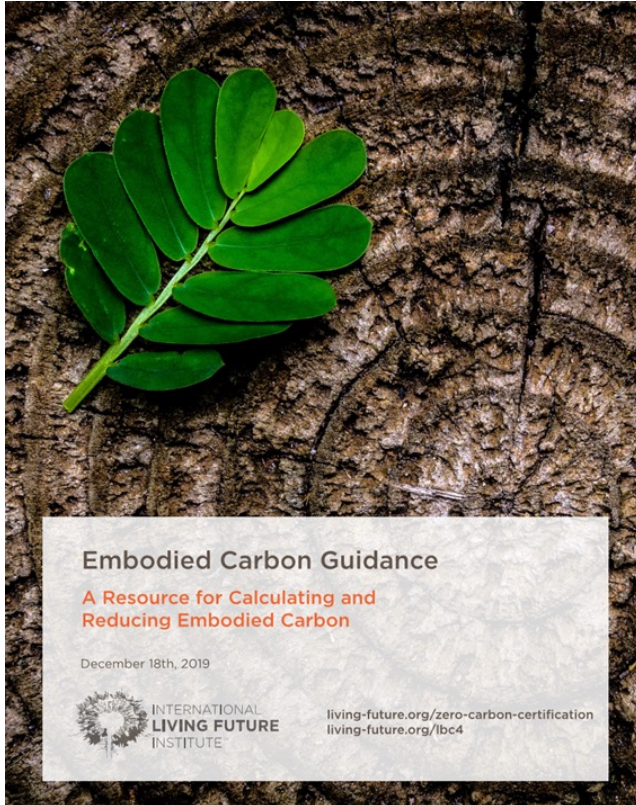


Announced: January 13, 2020

# Embodied Carbon in Sustainability Certifications

## Zero Carbon Certification

International Living Future Institute



### Lower Carbon Materials:

- The embodied carbon emissions impact of the primary materials of the foundation, structure, and enclosure have been reduced by a minimum of 10%, compared to baseline scenario
- The total embodied carbon emissions of the project must not exceed 500 kg-CO<sub>2</sub>e/m<sup>2</sup> (for the covered categories)

## LEED v4.0/v4.1

### Building Life-Cycle Impact Reduction

Credit MRc1

### Procurement of Low Carbon Construction Materials

Pilot Credit MRpc132



## Available Embodied Carbon Software Tools

### Athena Impact Estimator



Confirming early design decisions

#### Good For:

- Early Concept
- No Drawings, just quantities
- Early Structural Systems Options
- It's easy to use
- It's Free!

#### Limitations:

- Limited Database of Materials
- No ability to fine-tune with specified EPDs
- Doesn't cover all categories

### Tally



Holistic understanding of design decisions

#### Good For:

- Entire project phases: concept to final design
- Extensive Database – can fill the gaps where no EPD exists
- Can update GHG values with specific EPDs in post-processing

#### Limitations:

- Requires somewhat granular BIM Modeling
- Hard to accommodate multiple BIM models from different design teams
- Requires some training to use
- Cost

### EC3



Product selection and procurement decisions

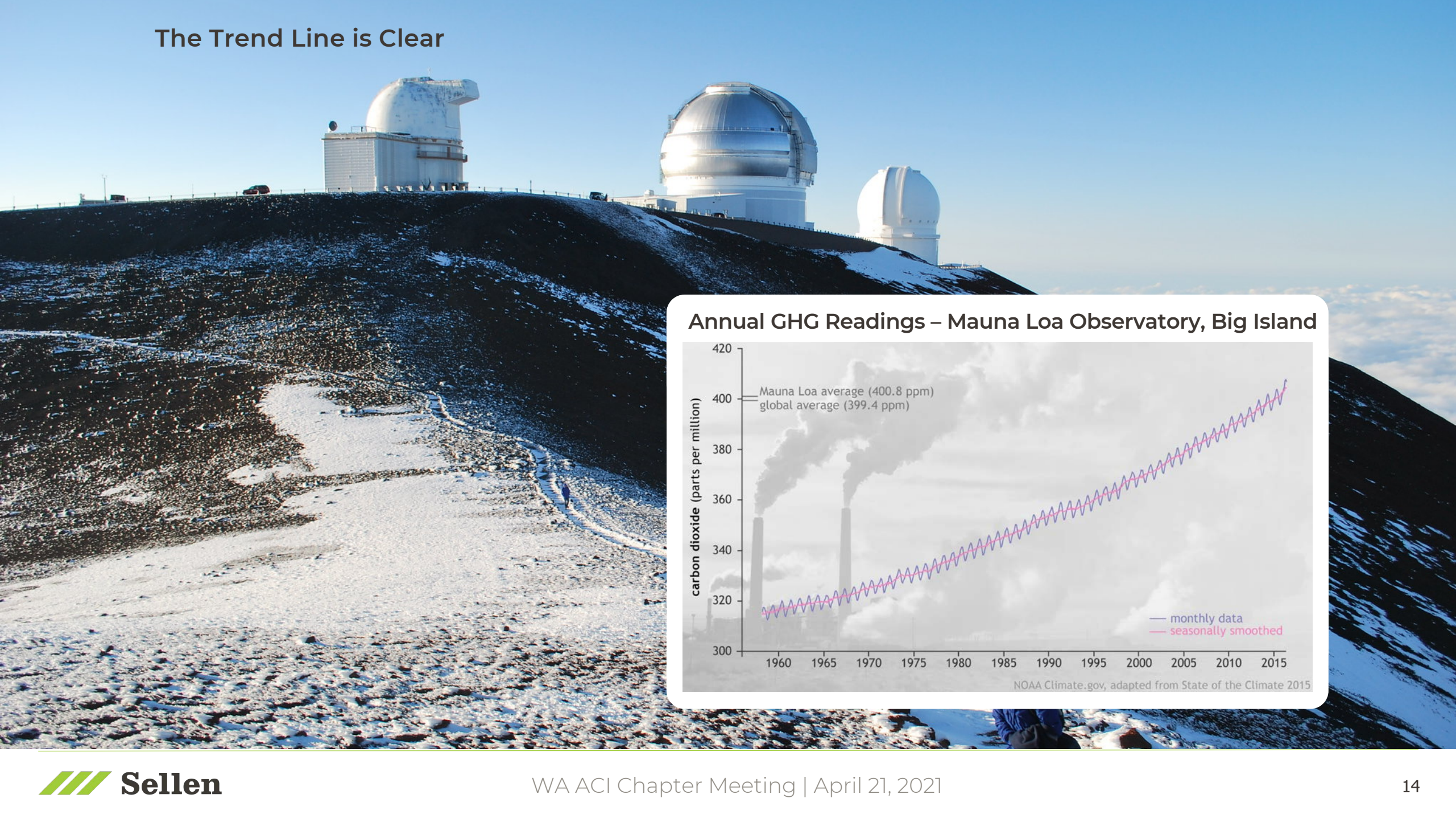
#### Good For:

- Entire project phases: concept to final design
- Easy to use – BOM data entry
- Understand how a specific product compares with baselines
- It's Free!

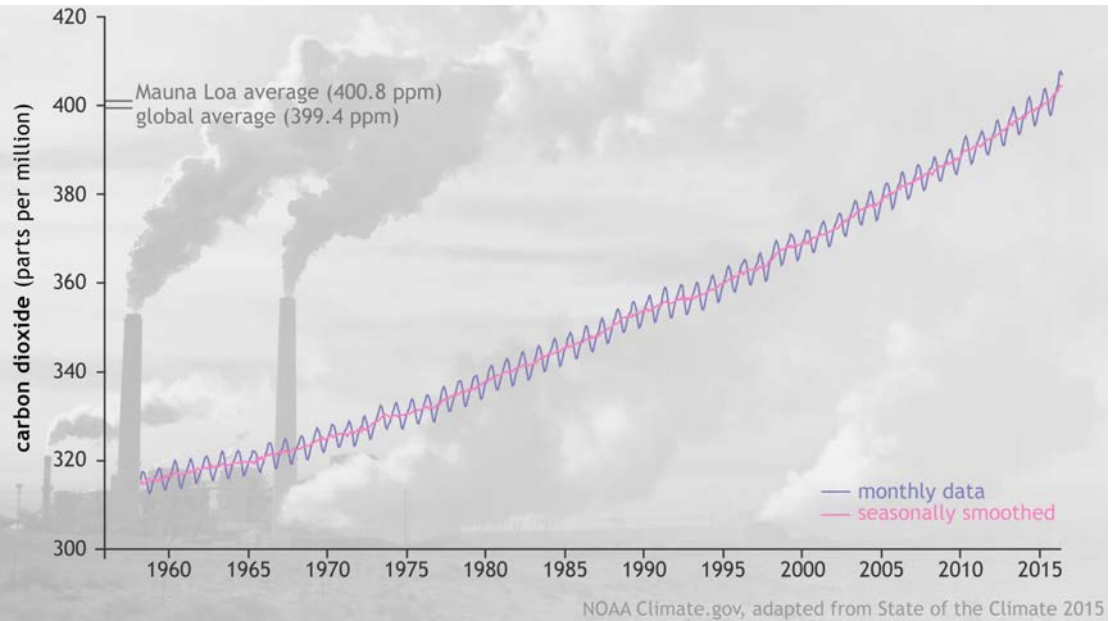
#### Limitations:

- Database is growing, but gaps exist
- Includes just A1-A3 impacts for GHG
- Apples-to-apples comparisons sometimes not possible
- Cost

# The Trend Line is Clear



### Annual GHG Readings – Mauna Loa Observatory, Big Island

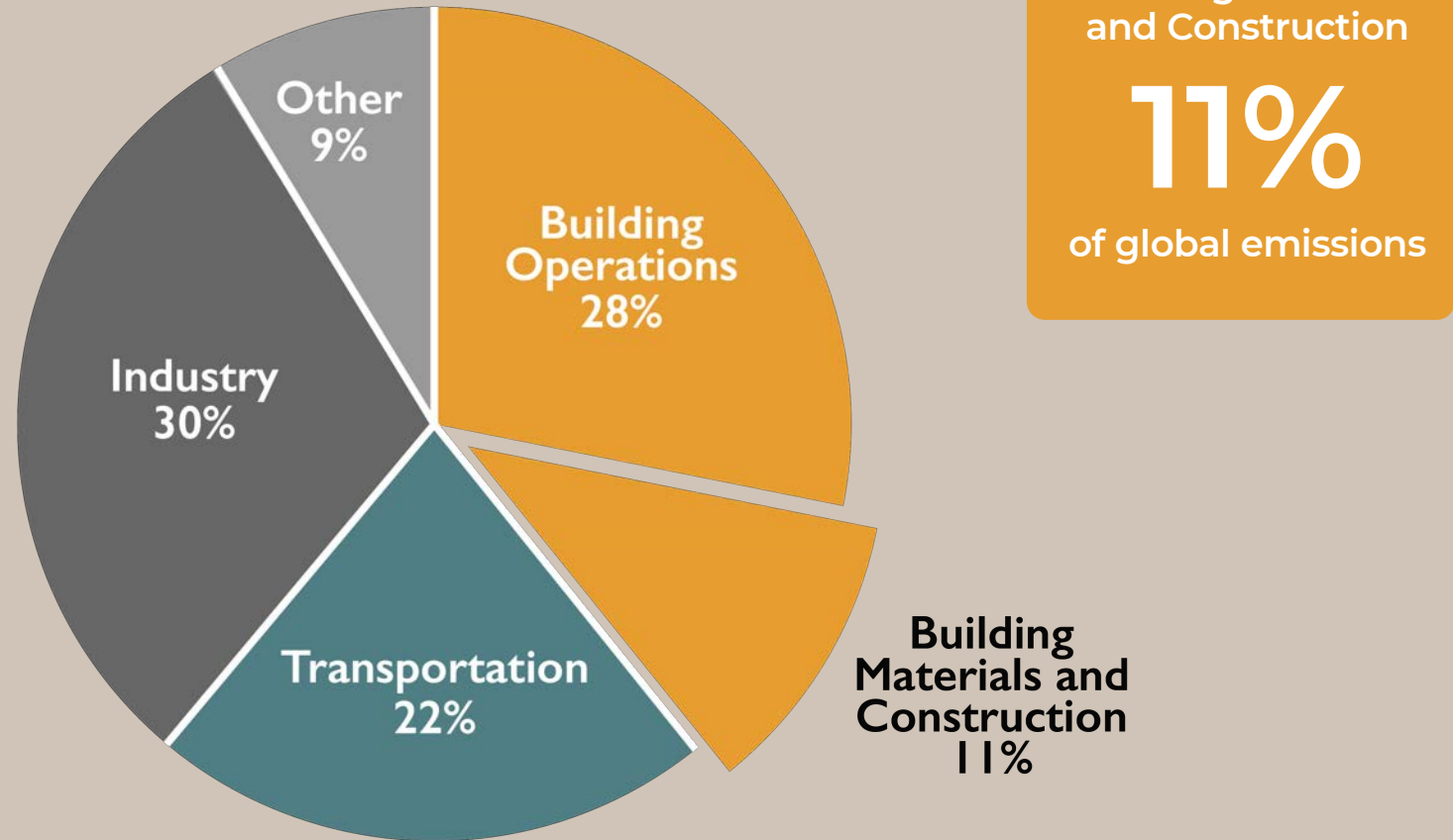


NOAA Climate.gov, adapted from State of the Climate 2015



# Building Materials Play a Significant Role in Total Greenhouse Gas Emissions

## Annual Global CO<sub>2</sub> Emissions



Source: UN Environment Global Status Report 2017  
Data Source: IEA (2017), World Energy Statistics and Balances



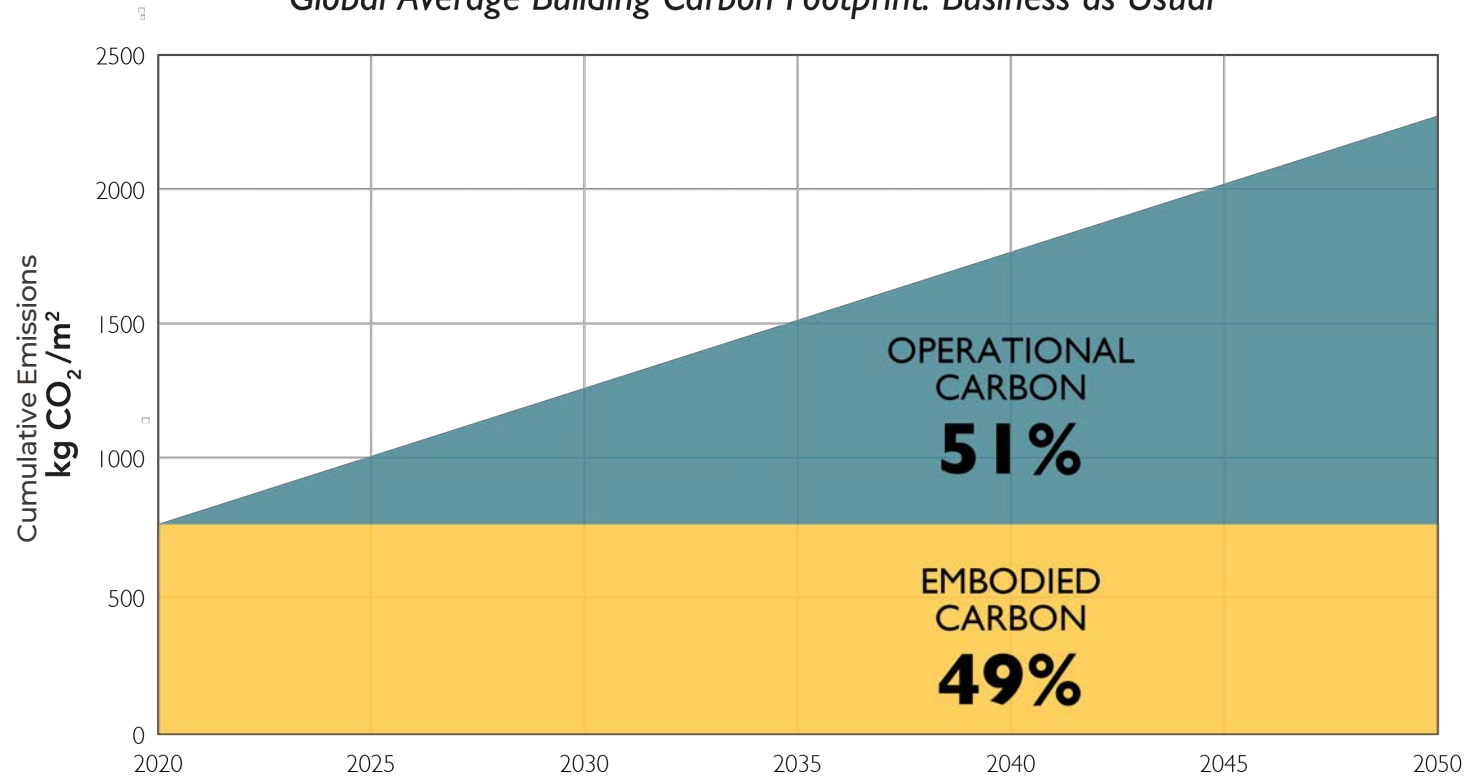
Image Credit: Architecture 2030

# Embodied Carbon vs Operational Carbon

Over a 30 Year Period – Business as Usual Building Efficiency

### Cumulative Total Carbon Emissions of a Single Building

*Global Average Building Carbon Footprint: Business as Usual*



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Image Credit: Architecture 2030

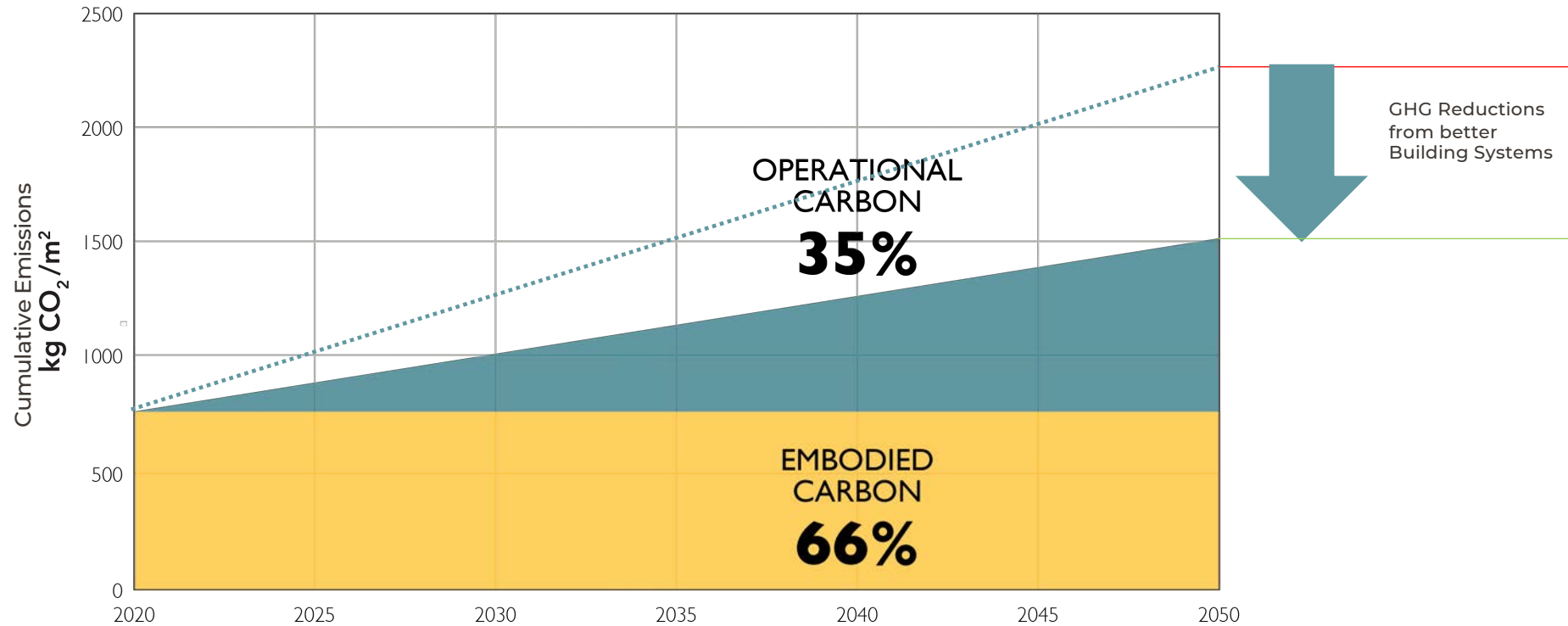


# Embodied Carbon vs Operational Carbon

Over a 30 Year Period – Energy Efficient Buildings

## Cumulative Total Carbon Emissions of a Single Building

Global Average Building Carbon Footprint: 50% Better Operational Performance



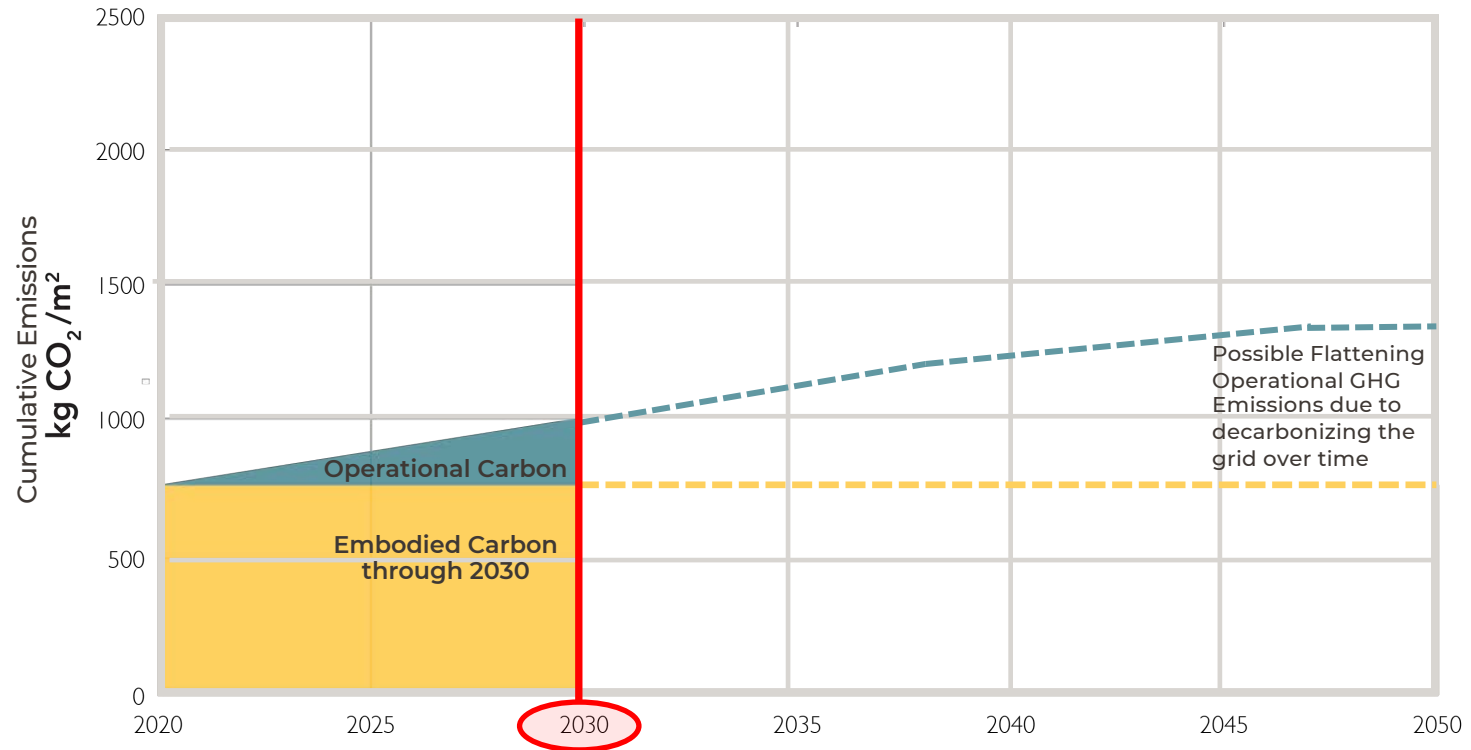
© 2018 2030, Inc. / Architecture 2030. All Rights Reserved. Data Sources: UN Environment Global Status Report 2017; EIA International Energy Outlook 2017

Image Credit: Architecture 2030

# Embodied Carbon vs Operational Carbon

By the Critical Date of 3020: Embodied Carbon is the Urgent Concern

## Cumulative Total Carbon Emissions of a Single Building *Global Average Building Carbon Footprint: 50% Better Operational Performance*



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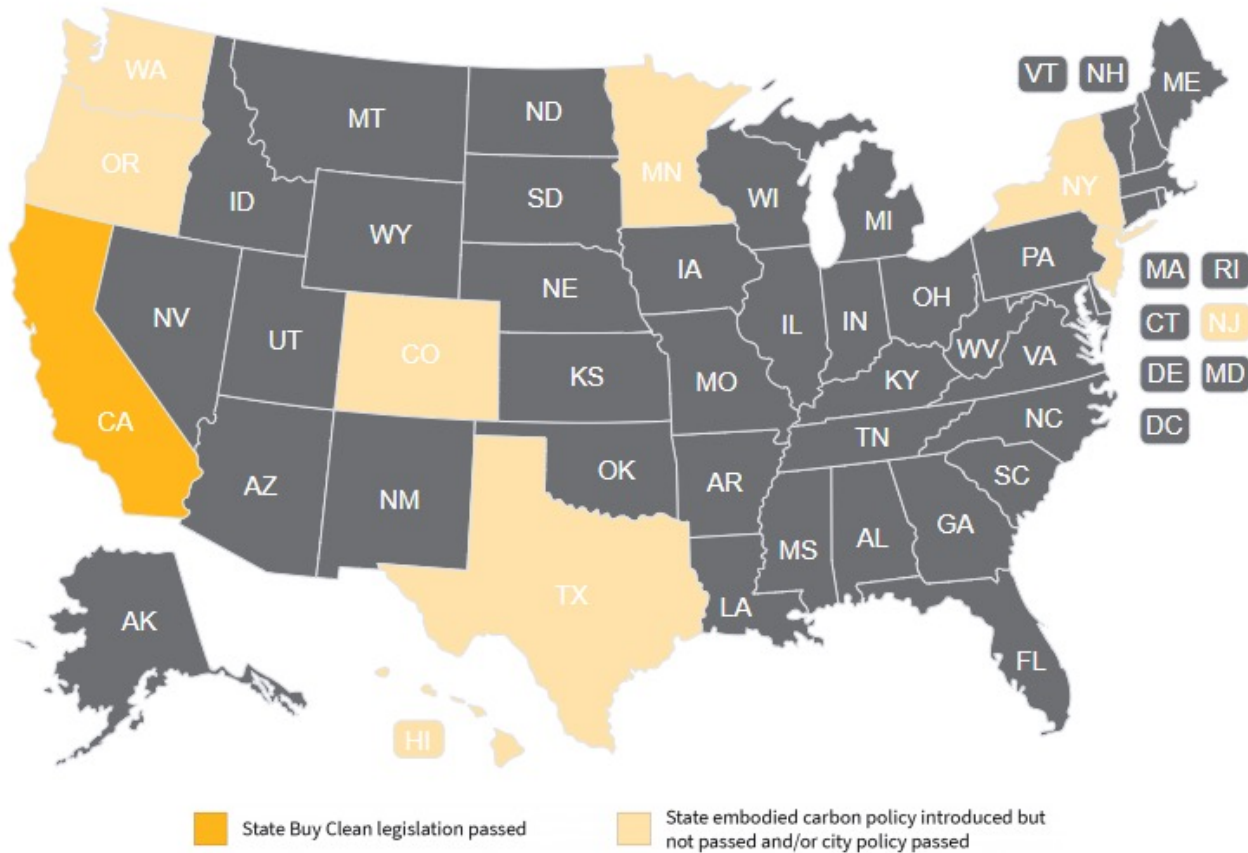
Image Credit: Architecture 2030

# Legislation on the Horizon: carbon disclosure of structural materials is coming





# State of Embodied Carbon Legislation in the USA



- Adopted or Pending Legislation in 9 States
- Action happening at the State, County and City levels
- Most, but not all affect concrete disclosure
- Legislation generally falls into two categories:
  - Track and disclose embodied carbon using third-party verified mix specific EPDs
  - Track, disclose and emit less than a legislated emissions cap
- Applicability varies: from pilots impacting a few projects to all public and private projects

Image credit: Carbon Leadership Forum

# Embodied Carbon Legislation/Public Policy Overview affecting Concrete

does not include: private owner initiatives/policy or public policy under consideration but not yet introduced or implemented. Data as of 4/19/21

## Type of Legislation Impacting Concrete

	EPDs and Embodied Carbon Disclosure Required		EPDs + Disclosure Required + Max GHG Cap or Cap Phase-in Required					
Applies to all Projects	WA	City of Seattle Expedited Permitting for EPDs		CA	Marin County Low Carbon Concrete Code			
Applied to Publicly Funded Projects	WA	HB 2608 Buy Clean Buy Fair WA	MN	B3 Requirements LCA Modeling and EPDs	OR	City of Portland Rqmts for Approved Mixes	CO	SB 159 (2020) GWP for Public Project Matls
	OR	HB 2608 EPDs and Enviro. Cost	NJ	Assembly Bill 5253 Low EC Conc. Tax Credits`	CA	AB 1365 Public Contracts Clean Conc.	CA	AB 1369 Expands Buy Clean CA to Conc
	NY	SB S542 Low EC Conc. Leadership Act`			USA	CLEAN Future Act Federal Buy Clean Program		
Pilot: Limited Projects	WA	Sound Transit EPDs on Select Projects	OR	HB 2688 ODOT and required EPDs				
	CA	Caltrans EPDs on Select Projects	NY NJ	Port Authority of NY & NJ Clean Construction Program				

Legislation Key:

Green: Legislation Passed & Law

Gray: Legislation Introduced



# Baseline and Targets:

measuring GHG and different approaches to setting reduction goals



# EPD: Environmental Product Declaration

the “food label” of material impacts

<b>Nutrition Facts</b>	
Serving Size <b>2/3 cup (55g)</b>	
Servings Per Container About 8	
Amount Per Serving	
<b>Calories</b> 230	Calories from Fat 40
% Daily Value*	
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 37g	<b>12%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 1g	
<b>Protein</b> 3g	



<b>EPD “Nutrition” Label</b>	
<b>Your Building Product</b>	
FUNCTIONAL UNIT:	<b>1 M3</b>
Primary Energy (MJ)	12.4
<b>Global Warming Potential (kg CO<sup>2</sup> eq)</b>	<b>0.96</b>
Ozone Depletion (kg CFC-11 eq)	1.80E-08
Acidification Potential (mol H <sup>+</sup> eq)	0.93
Eutrophication Potential (kg N <sup>-</sup> eq)	6.43E-04
Photo-Oxidant Creation Potential (kg O <sub>3</sub> eq)	0.121
Your Product's Ingredients: Listed Here	

EPDs can be:

- Industry-wide average or
- **Product-specific** (for a specific mix from a specific plant)

and

- **Third-party reviewed** (meeting ISO guidelines) or
- Not third-party reviewed



# Select your Baseline

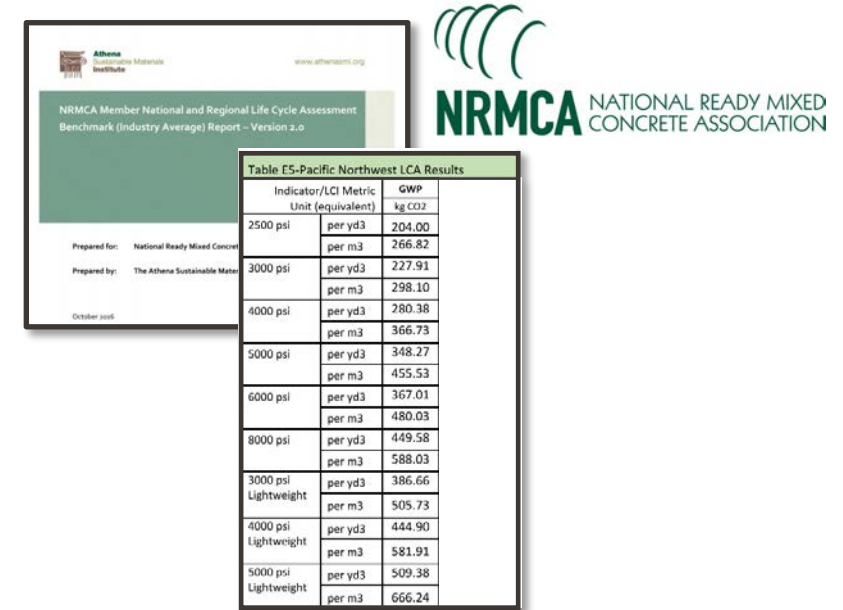
## “Lower Carbon Concrete” starts with defining a Baseline

### Option 1: NRMCA (National Ready Mix Concrete Association) Baseline, 2016

- Widely used reference and widely understood
- Has both National and Regional Data
- Is not application specific, so not always a fair comparison
- Does not include strengths above 8000 psi

### Option 2: Carbon Leadership Forum, 2019 (updated 2021)

- Published, November 2019
- Has published low, average and high baselines, be clear which to use
- Works with EC3
- No regional averages



Indicator/LCI Metric Unit (equivalent)		GWP kg CO2
2500 psi	per yd3	204.00
	per m3	266.82
3000 psi	per yd3	227.91
	per m3	298.10
4000 psi	per yd3	280.38
	per m3	366.73
5000 psi	per yd3	348.27
	per m3	455.53
6000 psi	per yd3	367.01
	per m3	480.03
8000 psi	per yd3	449.58
	per m3	588.03
3000 psi Lightweight	per yd3	386.66
	per m3	505.73
4000 psi Lightweight	per yd3	444.90
	per m3	581.91
5000 psi Lightweight	per yd3	509.38
	per m3	666.24

Image Credit : NRMCA



		Low	Avg.	High	Declared unit
Ready Mixed Concrete	2500psi	230	290	380	m3
	3000psi	260	320	420	m3
	4000psi	310	390	520	m3
	5000psi	380	490	640	m3
	6000psi	400	510	670	m3
	8000psi	470	620	790	m3

Image Credit: CLF

# Select your Baseline

## Option 3: Custom Baseline from Project-specific Historical Data

- Requires data collection from past applicable projects
- May need to be adjusted for newer cement used
- Can inform a real-world business-as-usual (BAU) baseline
- Is very location specific and very application specific – good for repetitive projects

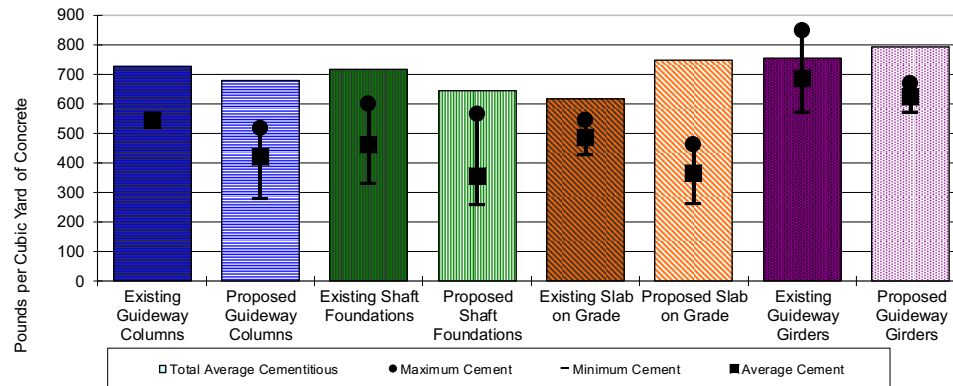


Image Credit: KPFF / Sellen



Image Credit: Sound Transit

# Set the Reduction Goal

## Option 1. Project-wide Reduction Requirement

- Requirement is a single percentage reduction
- A weighted average for all the concrete
- Each mix is compared to the corresponding baseline for its strength
- Simple to specify but hard to get set goal right
- Allows flexibility for how much each application must reduce
- What's BAU and what's ambitious depends on the proportion and types of uses in the project.

Example Calculation

Reduction multiplied by % Vol. = Weighted Reduction

Application (Use)	Mix #	Percent Below NRMCA 2016	CY in Est	% by Vol.	Weighted % below NRMCA
Drilled Shafts, 4k	Mix # *****	19.56%	44	0.3%	0.1%
SOG, 4k, F0	Mix # *****	35.92%		0.0%	0.0%
Foundation, 4k, F0	Mix # *****	35.92%	1,024	7.6%	2.7%
SOG, 4k, F1	Mix # *****	29.38%	7	0.1%	0.0%
Foundation, 4k, F1	Mix # *****	29.38%	1,769	13.1%	3.8%
Curbs/Pads/Retaining Walls, 4.5k, F2	Mix # *****	33.35%	721	5.3%	1.8%
Basement Walls and Basement Foundations, 5k	Mix # *****	39.63%		0.0%	0.0%
Mild & PT Slabs/Beams, 6k	Mix # *****	42.09%	6,243	46.2%	19.5%
Columns/Shear Walls/Basement Walls, 6k	Mix # *****	43.13%	1,620	12.0%	5.2%
Shotcrete--Tunnel and Basement Walls, 6k	Mix # *****	18.34%	555	4.1%	0.8%
Shear Wall/Columns, SCC, 8k	Mix # *****	48.81%	1,523	11.3%	5.5%
Shear Wall/Columns, SCC, 10k	Mix # *****	43.20%		0.0%	0.0%
			13,506		39.3%

Repeat for each mix and sum for project reduction

Goal is 30%

Example Specification Language  
For a project-wide reduction requirement

Provide concrete mixes such that the percent reduction in weighted average Proposed Mix GWP as compared to the weighted average Benchmark GWP shall be a minimum of 30%.

Calculate the weighted average Benchmark GWP for the volume of concrete corresponding to the Proposed Mix Designs with EPDs as follows:

$$GWP_{AVG \text{ BENCHMARK}} = \frac{\sum_{i=1}^n [GWP_{i \text{ BENCHMARK}} \times Volume_i]}{\sum_{i=1}^n Volume_i}$$

Where:

$GWP_{i \text{ BENCHMARK}}$  = benchmark global warming potential for concrete class i  
 $Volume_i$  = volume of concrete for concrete class i  
 n = total number of classes of concrete

Calculate the weighted average Proposed Mix GWP as follows:

$$GWP_{AVG \text{ PROPOSED}} = \frac{\sum_{i=1}^n [GWP_{i \text{ PROPOSED}} \times Volume_i]}{\sum_{i=1}^n Volume_i}$$

Where:

$GWP_{i \text{ PROPOSED}}$  = global warming potential for proposed mix i  
 $Volume_i$  = volume of concrete for proposed mix i  
 n = total number of proposed mixes of concrete

Calculate the percent reduction in weighted average Proposed Mix GWP as compared to the weighted average Benchmark GWP as follows:

$$\% \text{ Reduction} = \frac{GWP_{AVG \text{ BASELINE}} - GWP_{AVG \text{ PROPOSED}}}{GWP_{AVG \text{ BASELINE}}} \times 100$$

Specification Credit: KPFF Engineers



# Set the Reduction Goal

## Option 2: Required Reductions for each Application

- Requires a minimum reduction or required reduction ranges specific to each application
- Requires a good knowledge of what's possible for each application
- Does not allow flexibility for the supplier and contractor

Focus reduction effort on the applications (uses) with the highest volumes

The required design strength determines which NRMCA baseline is used

Research similar projects with the same application, strength to set min. reduction

Consider setting a stretch goal for each application. Be realistic for each condition

<i>f'c</i> (psi)	Test Age (days)	APPLICATION	Priority for Targeting Reductions	cy	Percent of Conc	2016 PNW NRMCA Baseline (kg/m3)	Compressive Strength Used for Baseline	Required Min. Goal	Required Min. Target (kg/m3)	Stretch Goal	Stretch Target (kg/m3)
5000	28	Basement Walls	Low	505	0.8%	455.53	5000	0%	455.53	-10%	409.98
6000/8000	56	Columns	Medium	530	0.9%	480.03	6000	-35%	312.02	-50%	240.02
4000	56	Conc on Stl Deck	Low	15	0.0%	366.73	4000	-35%	238.37	-40%	220.04
4500	28	Curbs, pads	Low	0	0.0%	411.13	4500	-35%	267.23	-50%	205.57
4000	28	Foundations (Footings, grade beams, mat foundations, pits)	High	3055	5.0%	366.73	4000	-45%	201.70	-70%	110.02
6000	56	Mild slabs	Medium	365	0.6%	480.08	6000	-40%	288.05	-55%	216.04
6000	56	PT slabs	High	4405	7.1%	480.08	6000	-28%	345.66	-40%	288.05

# Set the Reduction Goal

## Option 3: An “Open Ended “ Reduction Requirement

- You (the supplier) tell us what the maximum reduction is
- Requires giving enough performance based with over encumbering with constraints
- Requires active participation of General Contractor to provide constructability and schedule information
- Requires trusted and experience partners

With the criteria provided... recommend the supplier's most carbon-efficient mix for each application

### Design Team Criteria (for each application)

- Min. Design Strength ( $f'c$ )
- Exposure Class  
Note: w/cm ratio not specified
- Maximum Shrinkage
- Maximum Aggregate Size
- Modulus of Elasticity
- Is Recycled Aggregate Allowed
- Will it be Polished?



### General Contractor Criteria (for each application)

- Early Strength (Required to jump forms)
- Anticipated Time of Placement (during the day)
- Test Age (where appropriate consider extending beyond 28 days)
- Overall Project Schedule
- Method of Placement (Pumped? Bucket? Shotcrete?)
- Pump Distance
- Pump Rate



# Procurement 2.0:

carbon as a selection criteria





## Conventional Procurement vs “Procurement 2.0”

### Structural Systems Decision:

- Embodied carbon of alternative systems not modeled at concept design



### Structural Systems Decision:

- Design Team and/or general contractor models carbon implications of various structural systems using concept level Bill of Materials

### Carbon Reduction Goals:

- None



### Carbon Reduction Goals:

- Defined or Supported by the Owner
- Communicated in the specifications and in the Bid Package

### Specifications Approach:

- Prescriptive based
- w/c ratio defined in specs/general notes
- Blended Cements not permitted
- SCMs Capped or not permitted
- No EPDs required at time of bid



### Specifications Approach:

- Performance based
- w/c ratio defined by ACI and not determined by general notes
- Blended Cements Permitted
- SCMs Permitted
- RCA Permitted
- EPDs required at time of bidding

## Conventional Procurement vs “Procurement 2.0”

### Designer/Contractor Coordination

- No coordination prior to Issued for Construction Drawings



### Design Team/Contractor Coordination

- Optimization opportunities discussed at design development
- Identify tricky areas affecting mix selection: polished concrete, rebar congestion, white concrete

### Timing of Concrete Supply Bidding

- After design is complete



### Timing of Concrete Supply Bidding

- During design

### Instructions to Bidders

- Minimal construction schedule info
- Little or no information on pumping distances and pumping rates
- No requirements for EPD



### Instructions to Bidders

- Detailed construction schedule info
- Pumping distances and pump rate
- Detailed Info on early strength requirements for jumping forms
- EPDs for all mixes required with bid
- Provide Conventional Mix Solution and Carbon Optimized Mix Solution

## Conventional Procurement vs “Procurement 2.0”

### Instructions to Bidders (continued)

- All applications have 28 day f’c maturity
- No alternative bids requested with extended maturity dates



### Instructions to Bidders (continued)

- Two sets of mix solutions requested:
  - Conventional 28 day maturity
  - Carbon Optimized: extended maturity dates for some applications

### Decision Criteria and Information presented to Owner for Bid Award

- Cost
- Availability
- Successful Previous Working Experience



### Decision Criteria and Information presented to Owner for Bid Award

- Cost
- Availability
- Successful Previous Working Experience
- **Amount of GHG reduction possible by using some or all of the carbon-optimized mixes**



# The Best Mix:

General contractor, supplier and design team as allies in GHG reduction



# Use Blended Cement

## Use Type 1L Cement (aka PLC or Portland Limestone Cement)

- Immediate 10% -12% embodied GHG reduction compared to Type I
- Compatible with existing mixes
- Widely available in this region
- Widely accepted by DOTs, Sound Transit (many applications), CalTrans (pending)
- Some product specific EPDs = supply chain specific data = lower GHG data in EC3
- Long History of Successful Use:  
First in Germany in 1965
- Jurisdictions, not Science, is the limiter:  
Europe allow up to 35% limestone blended with cement

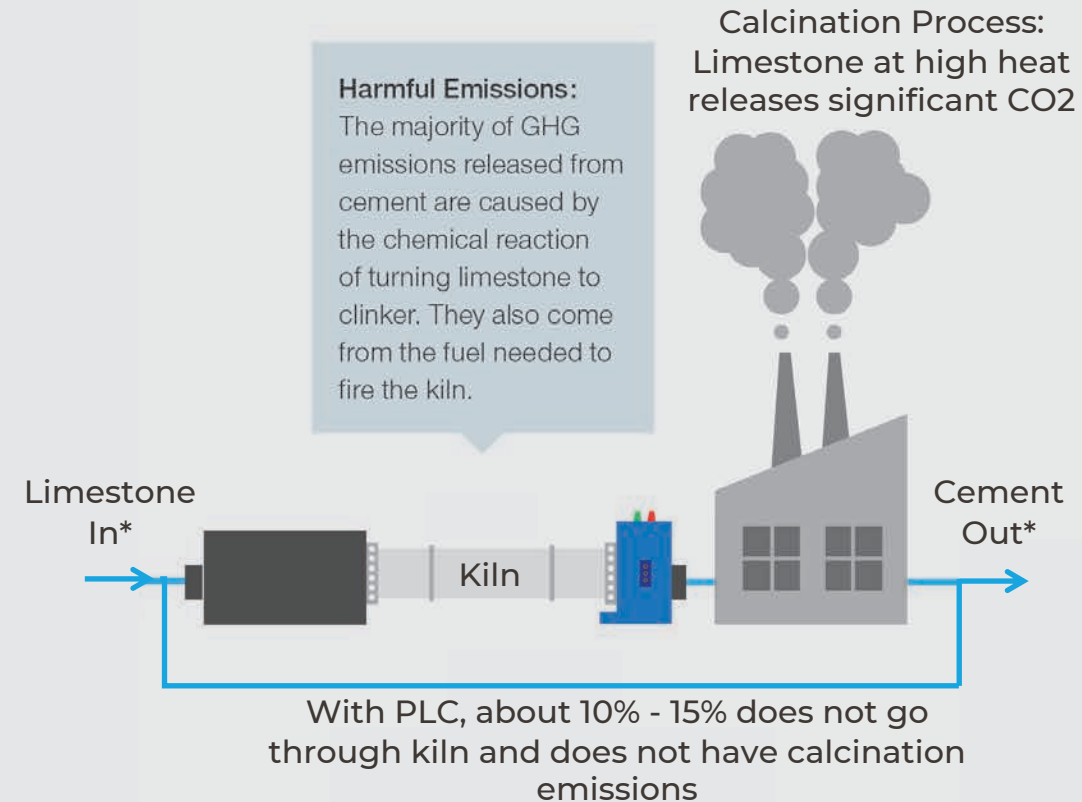


Image Credit: Sellen

\* Inputs and outputs simplified for clarity



# Do this, then...

1. Consider carbon implications of the type of concrete structural system
2. Be economical with the design; reduce quantities where possible
3. Use Performance Specification and remove prescriptive requirements
4. Allow Type 1L Cement in Specs and General Notes and use Supplement Cementitious Materials (Slag or Fly Ash)
5. Allow Recycled Aggregate where appropriate
6. Communicate Design and Constructability Criteria to Supplier during the bidding process

...then what: go further with Data and Technology

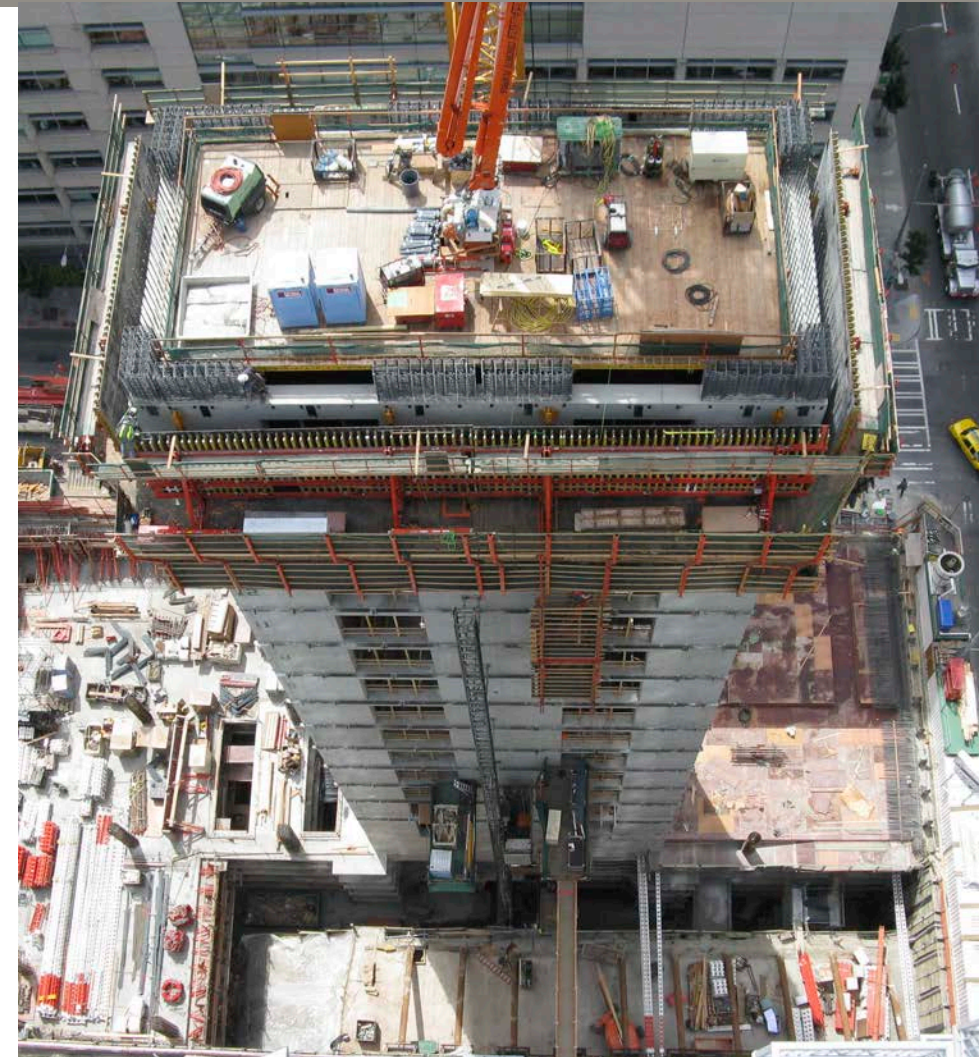


Image Credit: Sellen



# Dial it In: Maturity Meters

## Maturity Meters

- Allows for accurate strength readings by tracking temperature
- Avoids the inaccuracy of mishandled testing cylinders
- Bluetooth sensors can push data to team and alert when key values are reached
- Informs team what mix is doing the job – potentially forestalling switching to richer mix

Install Bluetooth monitors. Pour concrete



Image Credit: Giatec.com

Remote measurement of concrete temperature

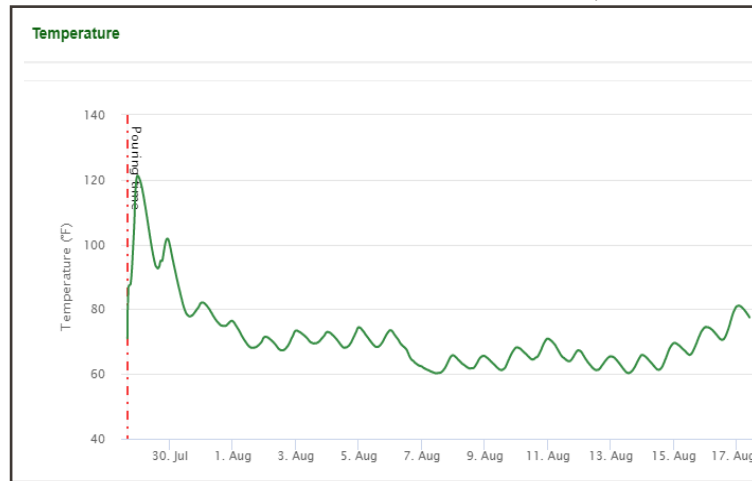


Image Credit: Giatec.com

Each mix has a unique temperature to strength curve

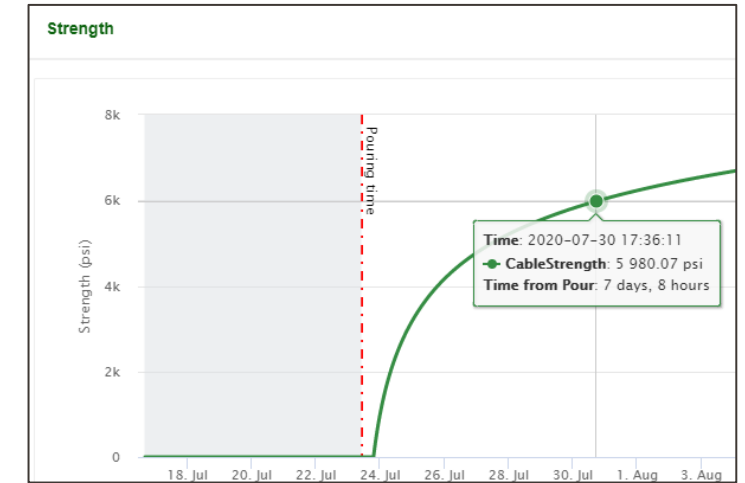


Image Credit: Giatec.com

# Forecast and Track: Electronic Ticketing

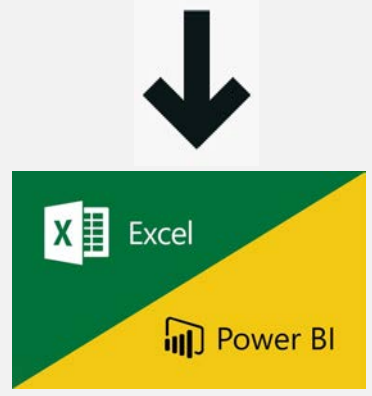
## Electronic Ticketing

- Moves us to the digital age – efficiency boon
- Digital format allows near-live time tracking of quantities, mixes. Paired with EPD info this builds a JTD carbon emissions picture
- Provides a stream of new data like truck wait times – another opportunity for GHG reduction
- Can export to Excel or Power BI for analytics such as tracking forecasted emissions to actual
- If not tracking the plan, we can ask “why” early enough to change course
- No longer “resultant sustainability” but predictive sustainability

The screenshot displays the Sellen Construction Ticketing System interface. The top navigation bar includes 'Details', 'Statuses', 'Batch Results', 'Test Results', and 'Images'. The 'Batch Results' tab is active, showing a table with columns for 'Batch Data' and 'Moisture'. A red box highlights the 'Actual W/C' value of 0.4. Below this, a table lists materials and their quantities. To the right, a 'Delivery Status' table shows a timeline of events with a red box highlighting the 'Begin Unload' event at 10:26:08 AM on 08/19/2020.

Batch Data	Moisture
Max Water/Add	Actual W/C 0.4
Material	Batched
CEMENT	6050 LB
WATER (LBS)	2882 LB
FLY ASH - TYPE F	1155 LB
HRWR ASTM C-494 A/F	275 EA
3/8" GRAVEL - RM	6941 LB
3/4" GRAVEL - RM	14289 LB
CONCRETE SAND - RM IMPORT	13343 LB

Delivery Status	Time
Ticketed	09:35:14 AM 08/19/2020
Begin Loading	09:43:23 AM 08/19/2020
Finish Loading	09:49:17 AM 08/19/2020
Leave Plant	09:58:50 AM 08/19/2020
Arrive Job	10:20:51 AM 08/19/2020
Begin Unload	10:26:08 AM 08/19/2020
End Unload	10:40:56 AM 08/19/2020
Washing	10:40:56 AM 08/19/2020
Leave Job	10:44:07 AM 08/19/2020
Arrive Plant	10:52:30 AM 08/19/2020



- Analysis to:**
- Reduce Idling Time
  - Track Optimized Mix Use

## Key Takeaways:

- There are client, business and legislative drivers for lower carbon concrete in this market.
- The demand for material disclosure (EPDs) is growing and in some projects mix-specific EPDs are required
- Today there are implementable and meaningful strategies to reduce emissions from concrete
- By designers providing performance specifications and contractors providing more constructability information at bid time, suppliers can provide carbon optimized solutions
- Beyond the mix, there are jobsite strategies to fine tune construction operations and further reduce emissions





# Thanks

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