

JULY

Weekly Meal Menu for 7/1/24-7/5/2024

<u>Meals</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast 8:00-9:00					
Lunch 11:00-12:00	CL	O	S	E	D
Snack 2:30					

All menus subject to change without notice

Berries and bananas used as fruit/vegetable for infants/toddlers as needed

Milk: 1yr olds = Whole / 2 & up = 1%

[Daily Grain]





Weekly Meal Menu for 7/8/24-7/12/24

<u>Meals</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast 8:00-9:00	[Cereal] Raisins Milk	[Oatmeal] Cantaloupe Milk	[Bagels] Bananas Milk	[Grits] Apples/Berries Milk	[Pancakes] Melon Milk
Lunch 11:00-12:00	Cheesy Chicken & Rice Carrots Applesauce Milk	Beef & Cheese Tacos Corn Peaches Milk	Eggs Biscuits Sweet Potatoes Pears Milk	Asian Chicken Fried Rice w/ Mixed Veggies Sliced Cucumber Pineapples Milk	Chicken Sandwiches Mixed Veggies Fruit Cocktail Milk
Snack 2:30	Goldfish Banana	Animal Crackers Oranges	Yogurt & Berries	Graham Crackers Pears/Bananas	Chips & Salsa/ Ritz & Sunbutter

All menus subject to change without notice

Berries and bananas used as fruit/vegetable for infants/toddlers as needed

Milk: 1yr olds = Whole / 2 & up = 1%

[Daily Grain]



JULY

Weekly Meal Menu for 7/15/24-7/19/24

<u>Meals</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast 8:00-9:00	[Cereal] Raisins Milk	[Grits] Oranges Milk	[English Muffins] Bananas Milk	[Oatmeal] Apples Milk	[Biscuits] Melon Milk
Lunch 11:00-12:00	Chicken Spaghetti Green Beans Applesauce Milk	Taco Beef & Cheese Rice Corn Peaches Milk	Baked Beans TaterTots Rolls Pears Milk	Chickpea Salad Sandwiches Carrots Pineapple Milk	Ham & Cheese [Sandwiches] Mixed Veggies Fruit Cocktail Milk
Snack 2:30	Cheese-Its Banana	Ritz & Cheese Cubes	Graham Cracker Sunbutter	Turkey & Carrot Sticks	Fresh Fruit Vanilla Yogurt Dip

All menus subject to change without notice

Berries and bananas used as fruit/vegetable for infants/toddlers as needed

Milk: 1yr olds = Whole / 2 & up = 1%

[Daily Grain]



JULY

Weekly Meal Menu for 7/22/24-7/26/24

<u>Meals</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast 8:00-9:00	[Cereal] Raisins Milk	[Grits] Oranges Milk	[Pancakes] Bananas Milk	[Oatmeal] Apples Milk	[Grits] Oranges Milk
Lunch 11:00-12:00	Baked Chicken & Rice Green Beans Applesauce Milk	Taco Pasta w/Black Beans & Corn Peaches Milk	Sloppy Joes English Peas Pears Milk	Fish Sticks Lemon Pepper Rice Carrots Pineapples Milk	Taco Pasta w/Black Beans & Corn Peaches Milk
Snack 2:30	Goldfish Banana	Cheese Sticks Pretzels	Apples Sunbutter	Cheesy Crescent Rollups	Cheese Sticks Pretzels

All menus subject to change without notice

Berries and bananas used as fruit/vegetable for infants/toddlers as needed

Milk: 1yr olds = Whole / 2 & up = 1%

[Daily Grain]





Weekly Meal Menu for 7/29/24-8/2/24

<u>Meals</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast 8:00-9:00	[Cereal] Raisins Milk	[Grits] Oranges Milk	[Pancakes] Bananas Milk	[Oatmeal] Apples Milk	[Grits] Oranges Milk
Lunch 11:00-12:00	Baked Chicken & Rice Green Beans Applesauce Milk	Taco Pasta w/Black Beans & Corn Peaches Milk	Sloppy Joes English Peas Pears Milk	Fish Sticks Lemon Pepper Rice Carrots Pineapples Milk	Taco Pasta w/Black Beans & Corn Peaches Milk
Snack 2:30	Goldfish Banana	Cheese Sticks Pretzels	Apples Sunbutter	Cheesy Crescent Rollups	Cheese Sticks Pretzels

All menus subject to change without notice

Berries and bananas used as fruit/vegetable for infants/toddlers as needed

Milk: 1yr olds = Whole / 2 & up = 1%

[Daily Grain]

