Burp Pad for Heartbeat of Nacogdoches

Materials:

½ yard Flannel or terry cloth for one side ½ yard Cotton fabric for the other side

Directions:

You can cut four burp pads from ½ yard of fabric. Place each cut of fabric on top of the other, right sides together. Using the drawing, cut out a pattern of paper. Cut out the pads. Sew together with ¼ inch seam leaving an opening for sewing. Turn right side out and top stitch. Girly pads could be trimmed with lace if desired.

10 inches