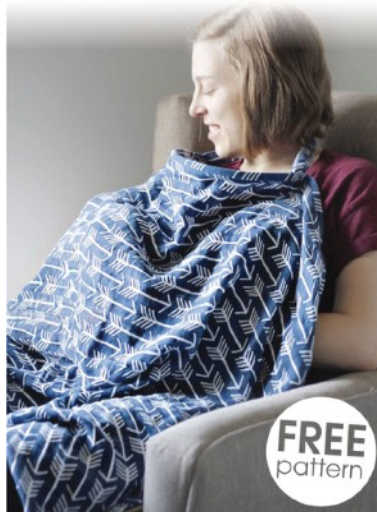


How to Make a NURSING COVER



Supplies

- 35" x 56" lightweight fabric
- 4" x 26" strap fabric
- 4" x 8" for d-ring strap fabric
- 16" boning (I like this **1/2 covered poly boning**...I find it's still flexible to fold up your nursing cover and put easily in your diaper bag but also provides enough support to give you easy viewing access to your little one without it flopping down.)
- 2 1" **d-rings**
- Iron & ironing board

You can choose to use different fabric for the main cover and the straps or use all the same fabric. I typically choose to just use the same fabric so that it all looks well coordinated.

Instructions

1. Cut

Start by cutting out your fabric to the dimensions listed above.

2. Iron

On all edges of the main fabric, fold 1/4" and iron and then fold over 3/4" and iron again.

3. Stitch

On the top edge, stitch about 3/4" from the edge making sure there is enough room for you to slide in the 1/2" boning.



4. Boning

After you've top stitched all the way across, measure in 20" from the edge and pinch the fabric. On the opposite side, slide in the boning until it hits your pinched fingers. With the 56" wide fabric and 16" boning this will get your boning centered on the fabric.

Now, while holding the boning in place, stitch a line on each edge of the boning on the folded seam to hold it in place at the center.



5. Top Stitch

Next, top stitch around the other three sides about 3/4" from the edge to make nice, clean edges.

Ok, now it's time to make your straps.

6. Straps



Take your 4" x 8" piece of fabric, fold it in half, and iron along the crease. Now open it up and fold in the long sides to the center and iron the creases as shown below.

This gives you a two inch wide strap.

7. Add D-rings

Now fold the strap in half with the open seams in the middle. Place your strap through the d-rings and stitch along the edges and as close to the d-rings as you can get to hold them in place.

8. Iron Straps

Iron the long 26" strap the same as you did with the short strap. Before you top-stitch, fold in the top and bottom ends of each strap to make a neat edge.



9. Stitch Straps

Next, top-stitch all along the sides as shown below.



10. Add Straps

Once your straps are secured, it's time to attach them to the nursing cover. First, take your short strap with the d-rings and sew it as shown below directly to the right of the boning on the inside of the cover.

Then, sew the long strap on the left side of the boning just as you did with the d-ring strap. This ensures that the straps are secure and will not come off the nursing cover when you pull it to tighten the straps

Iron your nursing cover, cut off any loose strings, and you're done!

<https://acraftedpassion.com/how-to-make-a-nursing-cover/>

