

# What is ...



## Central Auditory Processing Disorder (CAPD)

### CAPD is:

According to The Nemour's Foundation ([Kids Health](#)), CAPD is a condition in which kids "can't understand what they hear in the same way other kids do. This is because their ears and brain don't fully coordinate. Something interferes with the way the brain recognizes and interprets sounds, especially speech."

### What Can I Do to Help This Child?

- Get the child's attention before giving directions
- Reduce background noise
- Speak clearly (not too quickly)
- Chunk information - Repeat key words
- Have the child repeat or rehearse the directions
- Use visuals when possible

### What does that look like?

- difficulty hearing speech in noisy environments
- difficulty maintaining attention
- problems locating the source of a sound
- difficulty following directions
- commonly asking for information to be repeated
- inability to detect subtle changes in tone
- distracted and inattentive behavior
- difficulty learning to read
- academic difficulties, including poor reading and spelling

For more information about the diagnosis or treatment of CAPD please speak to your child's doctor, a speech pathologist or an audiologist.

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