

A prayer for beginning our work

Mantle of Love, Healer of Hearts,

I light this candle as a reminder of Your presence as I begin.
I ask a blessing from all who have come before me;
whose hands have been instruments of creation and beauty;
who have used humble tools and hand-spun wool in order to provide cover and warmth
for
themselves and those they loved;
who have felt, as I will feel, the yarn in their fingers;
who have seen, as I will see, the growth of the fabric;
who have heard, as I will hear, the click of the needles.

Guide my attention to stay on course.
Hold me close and ground me.
Bless, also, this yarn and these knitting needles.
May any negative energy connected to them be cast away as I cast on;
and all positive energy bound in as I bind off.
In their simplicity, may I find comfort and solace.

Bless my hands...
Often just appendages at the end of my arms...
workers doing their job without appreciation...looked at, yet not really seen.
These instruments of love have done mundane tasks, yet also create beauty.
They reach out, touch, stroke, scrub, lift, grasp, gesture and guide.
These hands, my hands, gifts of great importance,
Blessings be on them and in them as I begin.
May the fruits of their labor be good!

Blessing for a completed shawl

May God's grace be upon this shawl...
warming, comforting, enfolding and embracing.
May this mantle be a safe haven... a sacred place of security and well-being...
sustaining and embracing in good times as well as difficult ones.
May the one who receives this shawl be cradled in hope, kept in joy, graced with peace,
and wrapped in love.
Blessed Be!

© 2020 All rights reserved. By: Janet Severi Bristow - 2000

You can find more prayers at shawlministry.com



St. Lawrence
Episcopal Church

125 W. Church Street
Libertyville, IL 6048
847.362.2110 • stlawrencechurch.org

Basic Knitted Prayer Shawl

Cast on stitches in multiples of three- 54, 57, or 60.

Row 1: Knit 3, Purl 3, to end.

Row 2: Always start the next row with opposite stitch of what you see. For instance, if the first stitch on the needle is a knit, then start with a purl.

KNIT THE PURLS AND PURL THE KNITS!!! It should NOT look like ribbing.

Knit until the piece measures approximately 57-58 inches long.

Bind off with a knit row.

Use what you have left to cut fringe.

Finish with fringe.

Basic Crocheted Prayer Shawl

Chain 54 stitches or desired width of shawl.

Row 1: Chain 1, turn. single crochet in each of the stitches to end. Chain 3 and turn.

Row 2-4: Double crochet in top of each single crochet. Repeat this row 2 more times.

Row 5: Chain 1 and do 1 row of single crochet to end. Chain 3 and turn.

Do 3 rows of double crochet.

Repeat pattern to end (1 row single crochet, 3 rows double crochet)

End with 1 row single crochet.

Crochet until the pieces measures approximately 57-60 inches long.

Use what you have left to cut fringe.

Finish with fringe.



St. Lawrence
Episcopal Church

125 W. Church Street
Libertyville, IL 6048
847.362.2110 • stlawrencechurch.org