

## Disclosure Form

**OBHS SERVICES:** Outpatient Behavioral Health Services include medication evaluation and management, mental health professional services (therapy), mental health paraprofessional services, and/or psychological services. AR Nextstep Counseling Services is a certified OBHS provider which means that we provide Outpatient Behavioral Services to persons who have been assessed as meeting the criteria for medically necessary services. OBHS are available to all Medicaid and Medicaid eligible (who have applied) recipients if they are determined through independent assessment to meet the criteria for Tier 1, 2, or 3 services. These persons currently have, or at any time in the past year, had a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the DSM 5 (other than v codes), substance abuse or developmental disorders (including pervasive developmental disorders and mental retardation, which are excluded unless they co-occur within another diagnosable condition). These services are provided with the goal of returning the client back to their original level of functioning. OBHS services must be medically necessary and may be discontinued at any time by the client. If you wish to file a complaint, you may contact the AR Nextstep Counseling Services Grievance Officer at 870.277.4357. Further, you may contact the Arkansas Division of Behavioral Health Services (by phone at 501-682-1001 or The Joint Commission by calling 800-994-6610.

Client Initial: \_\_\_\_\_ Guardian Initial: \_\_\_\_\_

**ENROLLMENT IN AR NEXTSTEP COUNSELING SERVICES OBHS SERVICES:** In making this choice, I understand that my previous OBHS Provider (if applicable) will no longer be authorized to provide mental health services except to the extent these future services may be authorized by newly chosen OBHS Primary Provider.

Client Initial: \_\_\_\_\_ Guardian Initial: \_\_\_\_\_

**ALTERNATIVE TREATMENT MODALITIES:** I understand that AR Nextstep Counseling Services staff provide services that are based upon published treatment guidelines. In keeping with research findings, AR Nextstep Counseling Services provides a wide array of services which includes but is not limited to medication management I understand that alternative options may exist which are not available at AR Nextstep Counseling Services. I understand that if I am interested in alternative treatment options, I can discuss referral options with a AR Nextstep Counseling Services mental health professional, supervisor, or physician.

Client Initial: \_\_\_\_\_ Guardian Initial: \_\_\_\_\_

**CONFIDENTIALITY:** I understand that the Information and materials obtained during therapy, evaluations, consultations, or other mental health services will be treated confidentially by AR Nextstep Counseling Services staff, subject to the following limitations:

- You provide a release of information in writing;
- Your insurance carrier requests information to assist in payment for services (third party payers such as Medicaid, Medicare, Private Insurance, etc.);
- Court order or HIPAA order is presented;
- Information must be released by mental health professionals in response to legal requirements to report suspected child abuse or abuse of an impaired adult, suicidal or homicidal Intent;
- Appointment reminders in whatever means you choose;
- To coordinate necessary treatment with other health providers;
- To conduct necessary consultation and/or supervision (either as required by state licensure guidelines, educational program, or the clinician's assessment);
- As otherwise required by law.

Client Initial: \_\_\_\_\_ Guardian Initial: \_\_\_\_\_

**CONSENTS.** I hereby agree to and acknowledge receipt of information pertaining to the confidentiality of my records, Notice of Privacy Practices, Client Rights and Notice of 24-hour Access.

Client Initial: \_\_\_\_\_

Guardian Initial: \_\_\_\_\_

## Treatment Team Signatures

(Please sign and date in appropriate box)

Client	Guardian (if applicable)
Mental Health Professional	Qualified Behavioral Health Provider