

NOVA Volleyball Parent and Player Information

2020 Season



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NOVA Volleyball Association

www.supernovavolleyball.com

(Rev 8/2019)

WHO WE ARE

Welcome to NOVA Volleyball! 2020 promises to be another exciting season for the club as we are now into our 13th year of travel volleyball!!!

The mission of NOVA is to provide an atmosphere of competitiveness, fun, athleticism and learning within the sport of Volleyball.

NOVA Volleyball offers 10U -18U teams which can vary in length of season and level of play. Our teams play in USAV, AAU, JVA and local AAU tournaments which are mostly in Michigan but can extend to Ohio, Illinois, Indiana, Pennsylvania and sometimes Nationals in Florida. We also offer year round clinics to keep players practicing and playing.

Introductions

DIRECTOR:

Jack has more than 25 years of coaching experience. He has coached over 100 sports teams over the years. He now enters his 15th year coaching volleyball. Jack has been playing volleyball his entire life, is still an active player and has a coaching endorsement and teaching degree from Central Michigan University. Jack and his wife Marnie are parents of three, active in all aspects of their competitive athletic upbringing.

DIRECTOR OF OPERATIONS:

Amanda Yaklin manages the administrative and communication aspects of our club. Amanda has an undergraduate degree in Computer Science and Engineering and a Masters and Secondary Education Teaching Certificate from University of Michigan. Her background spans from 6th grade private school to Division II college coaching, including being an indoor club owner for a decade. Her background also includes 20 years volleyball coaching and administrative experience with a focus on differentiation and inclusion for all levels – you can be kind and driven for improvement and compete to win all at the same time! She has been in partnership with NOVA through her company, AMP Beach Volleyball Academy since 2015.

COACHES:

Our coaching staff consists of experienced players, teachers and coaches from the area. They are known for being good with kids and tough on athletes. Each coach has his or her own strengths and we place our coaches based on the best fit for each team. We continue to both recruit and develop top notch coaches. If you would like to become a coach, assistant coach or intern with NOVA Volleyball, please contact Jack Barker.

Jack Barker - Director 248-467-4036 jack@supernovavolleyball.com	Program Managers 248-302-6473 SuperNOVAvolleyball1@gmail.com
<ul style="list-style-type: none">• Private lessons• Recruiting services• Coaches• Team placement	<ul style="list-style-type: none">• Registration & forms• Tryouts, clinics, programs• Payments/financial questions• Uniforms and spirit wear• Tournament info

WHEN AND WHERE WE PRACTICE

Where do we practice?

We have expanded our locations this year. Most teams practice in Clarkston school facilities. We also have teams located in Rochester Schools, Bloomfield Hills (Cranbrook) and West Bloomfield (JCC – Regional Team NOVA options under Team Detroit). As our club grows, we will be using locations outside these areas including Brandon, Waterford and Everest Academy in Clarkston. When we use schools, we do not have practice during school breaks or on days they cancel school due to snow.

What time are practices and when do they start?

Practice sessions run 2 times per week for 2 hours per session. Our normal practice days are Mon/Wed or Tues/Thurs but that can vary based on practice location and team level. Practices are approximately 2 hours long and are scheduled after 6 pm in most circumstances. Season start and end months are listed on the chart on the next page. We cannot guarantee that younger players will have the earlier practice time slots, although we always strive to do so.

TEAM LEVELS

What level team should my player try out for?

When you attend tryouts, you will be asked to select your preferred location. When given an offer, you are welcome to accept this offer or any smaller package below that may fit your needs. NOVA will use the player's evaluation from tryouts and last year's end of season evaluation scores from their coach (if applicable) to determine what level team would be best.

Refer to the below team information to help understand what level of team might be right for your family.

Under Armour (UA):

- **18U-15U** – Under Amour (UA) is our highest level team – farthest travel and highest level of competition. Both USAV and AAU membership may be necessary. Players on this team will have regular practice, position training and up to two additional practices a month for UA teams. Jerseys, knee pads and practice shirts are included in the club dues.
 - **Approx Play Dates: 18-20**
 - **Practice Schedule:** Kick off Dec 11th, up to 6 available December clinic training dates, up to 6 position training days 1.5 hrs each throughout the season, and up to 4 UA training days throughout the season. Starting week of Jan 6th practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. The additional training dates are dependent on tournament schedules. They may be Friday-Sunday. Practices conclude before the last competition date.
 - **Cost: \$2750**
- **14U-13U** – Under Amour (UA) is our highest level team – farthest travel and highest level of competition. Both USAV and AAU membership may be necessary. Players who try out for our UA team will have regular practice, position training and up to two additional practices a month for UA teams.
 - **Approx Play Dates: 16-18**
 - **Practice Schedule:** Kick off Dec 11th, up to 6 available December clinic training dates, up to 6 position training days 1.5 hrs each throughout the season, and up to 4 UA training days throughout the season. Starting week of Jan 6th practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. The additional training dates are dependent on tournament schedules. They may be Friday-Sunday. Practices conclude before the last competition date.
 - **Cost: \$2550**

Full Season:

- **18U-15U** – Players who try out for our full season teams should have a strong commitment to attending practices and tournaments, including a trip to a National tournament (Pittsburgh, Orlando or Chicago) in May/June. NOVA will consider past playing experience, this year's tryout performance and last year's coaches evaluations to determine if a player would be a good fit for a full season team. We may ask these players to attend a call back tryout to take another look at their ability before making a decision.
 - **Approx Play Dates: 18-20**

- **Practice Schedule:** Kick off Dec 11th, up to 6 available December clinic training dates and up to 4 clinic training days throughout the season. Starting week of Jan 6th practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. The additional training dates are dependent on tournament schedules. They may be Friday-Sunday. Practices conclude before the last competition date.
- **Cost: \$2150**
- **14U-13U** – Many NOVA players attend parochial, private and public schools that play volleyball during the Fall and don't need a Feb/March break. We offer full season teams for those players. Practices and tournaments start in January and go through the beginning of June.
 - **Approx Play Dates: 16**
 - **Practice Schedule:** Kick off Dec 11th, up to 6 available December clinic training dates and up to 4 clinic training days throughout the season. Starting week of Jan 6th practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. The additional training dates are dependent on tournament schedules. They may be Friday-Sunday. Practices conclude before the last competition date.
 - **Cost: \$1950**
- **12U-11U** – Since most 5th and 6th graders do not play on school teams until they are in 7th graders, we offer teams which allows them a longer season to practice and play in tournaments.
 - **Approx Play Dates: 13**
 - **Practice Schedule:** Kick off Jan 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date.
 - **Cost: \$1750**

Split Season:

- **14U-13U** – Middle School players who want to play an extended season, while having the opportunity to play for their school teams. Practices start in December and tournaments start in January, then the team stops playing in February and March to play for their school teams, returning to the same team April – June to finish the season. It is considered a National level based on the level of play and number of tournaments, they do not go to Nationals in Florida.
 - **Approx Play Dates: 13**
 - **Practice Schedule:** Kick off Dec 11th, up to 6 available December clinic training dates. Starting week of Jan 6th practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices and competitions are off between Feb 15th and Apr 5th while the Middle School season is in session. Practices conclude before the last competition date.
 - **Cost: \$1850**

Winter Season:

- **18U-15U** – Multisport athletes have the option to play a shorter 10 week season beginning in January and finishing by Spring Break in April. Players will be placed on teams based on level of ability.
 - **Approx Play Dates: 10**
 - **Practice Schedule:** Kick off Jan 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date.
 - **Cost: \$1350**
- **14U-13U** – Middle School players have the option to play a shorter 10 week season beginning in January and finishing by Spring Break in April. Players will be placed on teams based on level of ability. We offer multiple levels for our 14U/13U players.
 - **Approx Play Dates: 9**
 - **Practice Schedule:** Kick off Jan 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date.
 - **Cost: \$1250**
- **12U-11U** – A local level may be offered for our 12U players in the Spring.
 - **Approx Play Dates: 8**
 - **Practice Schedule:** Kick off Jan 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date.
 - **Cost: \$1150**
- **10U Stars** – Star teams play in local tournaments within about an hour radius, and are composed of only 4-5 team members. Tournaments are typically on Friday evenings. During competition the court has a shorter net and smaller court. Great way to get involved in the game!
 - **Approx Play Dates: 4**

- **Practice Schedule:** Kick off Jan 6th, practices are Mon/Wed or Tues/Thur 1.5 hrs each, 2 days a week. Practices conclude before the last competition date.
- **Cost: \$550**

Spring Season:

- **18U-15U** – Multisport athletes have the option to play a shorter 8 week season beginning right after Spring Break in April. Players will be placed on teams based on level of ability.
 - **Approx Play Dates: 8**
 - **Practice Schedule:** Kick off April 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date at the end of May.
 - **Cost: \$1150**
- **14U-13U** – Middle School players have the option to play a shorter 8 week season beginning right after Spring Break in April. Players will be placed on teams based on level of ability. We offer multiple levels for our 14U/13U players. A local level may be offered for our 12U players in the Spring.
 - **Approx Play Dates: 7**
 - **Practice Schedule:** Kick off April 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date at the end of May.
 - **Cost: \$975**
- **12U-11U** – A local level may be offered for our 12U players in the Spring.
 - **Approx Play Dates: 6**
 - **Practice Schedule:** Kick off April 6th, practices are Mon/Wed or Tues/Thur 2 hrs each, 2 days a week. Practices conclude before the last competition date at the end of May.
 - **Cost: \$875**
- **10U Stars** – Star teams play in local tournaments within about an hour radius, and are composed of only 4-5 team members. Tournaments are local, and typically on a Friday evenings. During competition the court has a shorter net and smaller court. Great way to get involved in the game!
 - **Approx Play Dates: 4**
 - **Practice Schedule:** Kick off April 6th, practices are Mon/Wed or Tues/Thur 1.5 hrs each, 2 days a week. Practices conclude before the last competition date at the end of May.
 - **Cost: \$550**

Team Levels:

- **Red (December to end of May/June – includes a national tournament)**
- **Black (December to end of May/June – does NOT include a national tournament)**
- **Gray/Silver (January to end of May – does NOT include a national tournament, minimal travel cost)**

NOVA Evaluations

At the end of each season, NOVA coaches meet with Jack to discuss their teams. We ask them to evaluate players on the same skills they are evaluated on at tryouts. Coaches have a whole season to assess your player's strengths and weaknesses and we use that information when making decisions on placement. Most important, coaches also provide feedback on a player's attitude, effort and teamwork.

Initial installments to hold roster spots are non-refundable.

Suggested payment schedules will be given out upon payment for the season. If an alternate plan is needed, please advise. All club dues should be collected by May 1st.

The approximate number of tournament days and locations can change by year based on availability of tournaments, holidays, school trips, etc. Tournament selection can also change within the season based on the performance of the team during the season.

TOURNAMENTS

Types of Tournaments:

- Travel Tournaments require hotel stays and may include Best of the Midwest (GR), Volleyfest (GR), States (GR), May Madness(OH), Border Battle (OH); GR= Grand Rapids, MI, etc. We also participated in tournaments in Illinois, Indiana and Pennsylvania.
- Local 2-day tournaments require no hotel stays and can include: Great Lakes Festival, Motor City Madness, Can-Am; Local 1-day tournaments are within about a one-hour drive of Clarkston
- National tournaments take place in May/June. There are multiple National tournaments – AAU Nationals in Florida (4 days) and the ASICS Jr National tournament in Chicago (3-days) and Pittsburgh Jr Nationals (3-days).

How are tournaments selected?

NOVA participates in USAV, AAU and JVA tournaments and each year the dates and choices can be different. Most of the tournaments are located in Michigan, Ohio and surrounding states. Teams may also travel to the AAU Nationals is located in Orlando Florida, ASICS Jr Nationals in Chicago or East Coast Championships in Pittsburgh. When we select tournaments, we take into consideration the team's level of play and available tournaments.

What about hotels?

Some tournaments require overnight stays. Since each family has different room needs, hotel and price preferences, each family is responsible for making their own arrangements. Travel (hotel and transportation) is not included in the club fees. If your team has a volunteer who is interested in booking multiple rooms at a lower rate, they can. Larger tournaments have travel companies (housing authorities) which will help you book rooms at lower prices. NOVA will communicate those sites to teams as that information becomes available.

When will we get a schedule?

The first schedule you receive will be at your kick off day or sooner. This schedule may only be a tentative schedule as we will need to review the teams date conflicts before firming up final schedule.

General tournament information will be given with an offer email.

Most tournaments begin between 9-10 am. Larger tournaments may have play waves where some ages play at 9, some start at 3 pm. Actual tournament play times and locations are communicated to NOVA a few days in advance of each tournament. Coaches are notified and they distribute that information to the team as soon as they get it.

EXAMPLE OF TOURNAMENT SCHEDULE – Current Season Proposed Tournaments See Separate Document

Full Season - Red	Full Season - Black	Regional	14/13U MS Split	14/13U MS Full	12U MS Full	14,13U National Spring	14,13, 12U State Spring	12U Local Spring
Power League	Power League(1)		Local (1)	Power League(1)				
(# TBD)			Local (1)					
		Local (1)						
			Local (1)					
Power League	Power League(1)			Power League(1)				
(# TBD)								
		Local (1)	Local (1)					
					Local (1)			
Power League	Power League(1)			Power League(1)				
(# TBD)		Local (1)						
					Local (1)			
Winter Break	Winter Break	Winter Break	School Season	Winter Break	Winter Break			
Power League	Power League(1)	Local (1)		Power League(1)	Local (1)			
(# TBD)								
					Local (1)			
Local 2-day	Local 2-day				Local (1)			
2-day (Local or travel)	2-day (Local or travel)	Local 2-day		Local 2-day				
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
			Local (1)	Local (1)	Local (1)	Local (1)	Local (1)	Local (1)
								Local (1)
Volleyfest GR 2-day	Volleyfest GR 2-day		Volleyfest GR 2-day	Volleyfest GR 2-day				
					Local 2-day		Local (1)	
Local 2-day		Local 2-day	Local 2-day	Local 2-day		Local 2-day		
								Local (1)
	Local 2-day				Local (1)			
Local 2-day		Local (1)	Local (1)			Local (1)	Local (1)	Local (1)
					Local 2-day	Local 2-day	Local (1)	
	Local 2-day	Local 2-day	Local 2-day	Local 2-day				Local (1)
						Local (1)	Local (1)	
Mem. Day	Mem. Day	Mem. Day	Mem. Day	Mem. Day	Mem. Day	Mem. Day	Mem. Day	Mem. Day
States (GR-2)	States (GR-2)	States (GR-2)	States (GR-2)	States (GR-2)	States (GR-2)	States (GR-2)	States (GR-2)	States (Lansing-1)
Nationals(3-4)								

January
February
March
April
May
June

FINANCIAL UNDERSTANDING

Uniforms/Swag

Jerseys and two practice shirts will be included in club dues. Additional swag such as black spandex, backpacks and spirit wear can be purchased separately. We do not require specific shoes or socks. Uniform fitting will be available on the kick off day or sooner.

Travel

Hotel and transportation costs are the responsibility of each NOVA family.

Club Fees

- **Initial Installment** – A \$500 deposit will be required to hold a roster spot. Checks cashed are *non-refundable*.
- **Club Fee Refunds** - There are a number of fixed expenses that go into the calculation of our Club Fees such as coach's fees, tournament fees, gym time and administration costs. It is for these reasons that fees are to be paid in full and are *non-refundable*. There are no refunds for tournaments cancelled by the team.
- **Payment Types** – Payments can be made online, by check, money order or cash. Cash payments should be brought to the office so a receipt can be generated. Please, do not give your coach your payment. *All payments are non-refundable*.
- **Injury**- Injuries are unfortunate as they affect not only the individual player but the whole team. Any season-ending injury should be brought to the attention of the Director (Jack Barker). NOVA will review each situation separately and determine if a prorated credit will be applied to a future clinic or future season.
- **Payment Plans**- NOVA has created payment plans as a convenience for you and will send payment reminders before the due dates. If an account becomes past due, the player may be asked not to attend practices/tournaments until a payment agreement can be made. Accounts should be paid in full before May 1st.

Office Address to send check payments to (online preferred):

Please contact the NOVA Program Manager if you want to pay by cash. If paying by check or money order, it should be made out to SUPERNOVA Volleyball and mailed to:

SuperNOVA
6745 Belmont Ct
Clarkston, MI 48348

WHAT HAPPENS NEXT?

Team Level and Team Placement Process

Players are usually very anxious to find out if they've made a team. The coaching staff goes through great lengths to put the best combination of players together to build a team that can work together to reach their potential on the volleyball court. Each tryout is different..

Finding out your team level after tryouts:

1. **OFFER LETTER:** You may be handed an offer letter before leaving tryouts that day. You can sign and accept on the spot, or you can take the letter home. The offer will be valid until the expiration date written on the offer.
2. **EMAIL:** You may be sent an email 1-3 days after the tryout with an offer. You accept by purchasing your initial installment on line.
3. **JACK WILL CALL:** After tryouts, Jack will work to call each family and discuss the evaluation results and team level your player will be placed on. If he is unable to reach you, he will leave a voice mail with the results. Please understand that this process can take time but he feels it is important to try to talk to each family personally.

Your actual team placement may change before the kick off meetings:

After all the tryouts (early July/Aug interest and final in Nov) are completed for the age group, teams will be posted. At minimum, you will receive your actual team placement, coach and practice times in an email about one week before the kick off meeting.

WHAT TO EXPECT – PARENTS

Be a Good Example

- BE A GOOD SPORT! Good Sportsmanship begins with parents. We expect you to be respectful of coaches and their spouses, officials, other players and their parents. Be a POSITIVE Parent.
- ENCOURAGE, DON'T COACH! Use words of encouragement at practices and games. Coaches are responsible for coaching the players, not the parents. Coaches determine play time, rotations and player positions, not parents.
- DEVELOP A TEAM MENTALITY! Understand that play time may not be equal. Encourage your child to do their best and ask for feedback and skill development from their coaches.
- WAIT THEN COMMUNICATE! In the event of an issue, do not approach the coach at a game. Allow a 24 hour period before you address the issue. Sports can bring out some intense feelings and taking some time to cool down before talking about it is beneficial for the coach/player/parent relationship.

Be a Parent Volunteer

Have you ever noticed that one team at a tournament that has the rowdiest crowd? The loudest fans? The really cool bags....all lined up in a row? We'll it couldn't be done without a lot of team spirit and parent volunteers. Coaches and teams are always looking for parents to help out with several different roles, whether Team Travel Coordinator, Official Ball Shagger, or even a team assistant or stat taker. Get involved. Your athlete will appreciate it. (And the coach could use the help.)

Be a Travel/Hotel Coordinator

Coaches and/or the Team Travel Coordinator may reserve a block of rooms if the team desires. While you are not required to stay in the same hotel as your team, it gives the players and your families the ability to socialize after the games. Some coaches prefer having the team in one location in order to hold team meetings, activities, and other events. Some coaches only require that players arrive at the designated location at the designated time.

Most of the larger Michigan two-day tournaments provide lists of local hotels to choose from. They are reasonably priced and centrally located to playing sites (especially for the bigger tournaments, like AAU States or Nationals, which have several hundred teams typically registered and housed somewhere the tournament.).

WHAT TO EXPECT – PLAYERS

Be a Good Example

- HAVE A GOOD ATTITUDE! A good or bad attitude can affect your play and the interaction of the team. A positive attitude both on and off the court is the most important thing that holds a team together. It is also an attribute that will be noticed by college coaches and scouts.
- BE KIND TO YOURSELF AND OTHERS! We all make mistakes. Forgive yourself, forgive your teammates, forgive your coach. Treat your coaches and teammates with respect. We do not tolerate bullying or any behavior that would alienate other players.
- COMMUNICATION IS KEY! There is a time and place to discuss problems with your coach. It is after the game or at practice, not during the game.
- Coaches have the decision to not play you a set for each practice you miss. They may use alternate ways to make up for the missed practice as well such as a “sparkle” work out on the side lines or attending another teams practice instead.

Be Team-Focused /Play time

There are no guarantees on playtime; however, our teams are typically kept to 9-10 players which means that a lot of play time is available to develop rotations that maximizes overall team and individual performance. Coaches determine play time and it may not be equal to all players. They will strive for a minimum of three rotations per game per player. Some games do not allow the team to rotate. Your player not going into the game may be a limitation based on substitution rules.

Follow the Rules at Tournaments

There are 3 tournament rules to follow:

1. Teams MUST clean up their areas following each tournament or may be charged a \$100-150 fine by the host.
2. AAU tournaments require teams to referee. Missed assignments can carry a \$100 fine.
3. Players are not allowed to bring any electronic devices with them while they referee. This includes phones, I pods, etc. Teams can be charged a fine for breaking this rule and points given to a next opponent.

“Take a Break” – Promoting Positive Attitudes and Behaviors

The Middle School/High School years are filled with physical and emotional changes that can affect a player’s ability and attitude. When a coach identifies negative behavior, he/she will:

1. Speak to the player directly and an email will be sent to the parent regarding the behavior.
2. If the behavior continues, the Club Director will become involved and the player may be asked to “take a break” from volleyball for a couple weeks.

Thank you for our interest in NOVA - It is great to have you with us!