

Check List for Emmaus Weekend

Revised 8/22/08

Sheets

Team Member Needs

Pillows

Alarm clock, Name tag, Lanyard/Cross

Comforter/Blankets

Can bring rug, coffee pot, night light

Sleeping Bag or egg crate mattress (for under sheet on mattress)

Towels and wash cloths

Toiletries (shampoo, hair dryer, curling iron, make-up, toothbrush, toothpaste, etc.)

Contact lens solutions, containers, glasses

Clip-on fan (optional)

Clip on light (optional)

Extension cord

Shower shoes or flip flops (You may not wear flip flops out of the cabin.)

Medications (prescription meds, Tylenol, sinus, etc)

Flashlight with extra batteries

Closed toe shoes

Old shoes or rain boots

Umbrella

Light jacket or sweater

Casual, comfortable clothes and shoes (Don't forget underwear.)

Bible (optional)

Money for books

Money for any unpaid registration fees

Please refrain from wearing any strong colognes or scents as there may be people with allergies.