

# Washing and drying 101

(The basics)

Our planet and everyone's health reacts to what we put into the water table below. Earth/Urantia can only recycle and clean when we respect and love it. Yes, everyone drinks water and needs it to clean, wash, swim, skate, etc.

## You do not need expensive soaps/detergents.

### 1) Washing

Use – 1/3 cup of Baking Soda per load or find a natural product without chemicals

Use - 1/3 cup of household bleach for whites

### 2) Fabric softener

Use - 1/3 cup of vinegar in the softener compartment, or a ¼ cup of natural Epson salts in the tub/tumbler

### 3) Drying

Use - a drying rack or make a mini clothes line outside or inside your home/apartment/shack

**Don't** overcook your clothes - they last longer when you dry them correctly. The many microfibers also go into the air, water, soil, etc which we all need to function and survive.

**\*Planet Disclaimer – All our energies come from the planet - every gram, penny, milliliter, which you save to repair our scared home is equivalently added to your permanently recorded celestial advancement account and the individual(s) inner-light bearing consciousness, recycling inside our infinite universe.**