



# BANANA BREAD

by Chef Queen Precious-Jewel

\*\* PREP TIME: 20MIN \*\* COOK TIME: 60MIN \*\*

## Supplies

- 2 large mixing bowls & 2 small bowls
- 1 whisk & Measuring cups
- 1 fork for mashing & 2 spoons
- 9" Bread pan/ Loaf Pan

(spray with nonstick spray for easy release after baking)

## Dark Chocolate Sauce

2 tbsp (30ml) unsweetened cocoa powder

2 tbsp (30ml) powdered sugar

3 tbsp (45ml) Bertolli Light Tasting Olive Oil (may substitute canola <u>oil)</u>

#### Instructions.

In a small bowl combine cocoa powder and powdered sugar. Add oil in a little at a time to make syrup. The mixture will be clumpy but keep adding oil until it is smooth (a pudding consistency) Set aside

## Ingredients

- 1¾ (220g) cups all-purpose flour
- 1 cup (200g) granulated sugar
- 1 tsp (5ml) baking soda
- ½ tsp (2.5ml) salt
- ½ tsp (2.5ml) nutmeg
- $\frac{1}{2}$  tsp (2.5ml) cinnamon
- 2 large eggs
- 4 medium overripe mashed bananas
- ½ cup (125ml) Bertolli Light Tasting Olive Oil (may substitute canola oil)
- 1 tsp (5ml) McCormick pure vanilla
- Frozen chocolate peanut butter cups (cut in quarters)

### Directions

- 1. Preheat oven to 325F and grease a 9×5" loaf pan.
- 2. In a large bowl, whisk together the flour, sugar, baking soda, cinnamon, nutmeg and salt.
- 3. In another bowl, mash the bananas (some lumps are fine), mix in the eggs, oil, and vanilla.
- 4. Add the wet to the dry ingredients and mix until just combined. Fold in chocolate peanut butter cups
- 5. Pour the batter into the prepared loaf pan.
- 7. Spoon chocolate sauce on top of bread and swirl lightly into batter
- 6. Bake for about 60 minutes or until a toothpick inserted into the center comes out clean.