

Presented By:



We asked:

What is the most valuable coaching lesson that you have learned?

And

Coaches from ALL over respond.....

Most valuable lesson I have learned is that kids respond to genuine affirmation or clear constructive correction. They do not respond to sarcasm

Irv Sigler
Jenison High School

Hold everyone to the same standard. Each student-athlete is different but can all be held to the same standard and expectation level. Being consistent and strong in your convictions will help you meet that goal.

Dave Lawson
University of Cincinnati

From Legendary Strength Coach Johnny Parker, "Coach the kid, not the weight." Johnny had the best people skills of anyone I've ever known in the strength business. His players wanted to work for him.

Stay Strong,
Mike Gentry
Virginia Tech.

What is the most valuable coaching lesson you have learned?

Coaching is about solutions. Anybody can tell an athlete what they are doing wrong; Coaches offer solutions. If you offer a solution to an athlete and it does not work a great coach will offer another solution and another until athlete is successful.

Chris Krivos
Oakdale High School

You can learn what to do as well as what not to do; take a lot of notes!

Be yourself! Be the best that you can be

Steve Barrows
The College of Mount St. Joseph

Never say Never, or give up on a kid.
Care about your job and keep teaching principles that will help your players when they are long gone from your team.

Bart Stevens
Ponderosa High School

The most valuable lesson I ever learned is that all the kids are somebody's child, and with that in mind, I coach my players and treat them the same way I would want my own kids treated in the same situation.

David Mahaffey
Washington County Public Schools

Be yourself, don't try and coach like someone else. You have to be natural and consistent, if you are trying to be like someone else, you will not be able to be natural. You will always be thinking what "they" would do. Your team will take on your personality, but if you are always changing or hard to read then your team will flounder as well. God Bless

Bryan Burdette

What is the most valuable coaching lesson you have learned?

I would suggest surrounding yourself with the very best assistant coaches as you possibly can. Develop a format for hiring what you need to satisfy your philosophy. Do your homework on referrals and spend time asking questions about the candidates. Lay everything out for them and don't hold back so they can make the correct decision and then if they are hired, hold them to it. Finally, evaluate, evaluate, evaluate. It takes time, but it will pay off.

Mark Uhiren
Marion High School

I have learned that the players are very helpful in establishing my role and the way I coach. I realized that I could always do the best with the best I had.

Perry Nichols
The Chelsea School

Keep an open mind and learn from every experience.

Michael Doscher
Valdosta State University

Discipline, educate & document.
Be disciplined in writing your workouts, and make sure you are following your plan. Educate your sport coaches on what your plan is and why you are doing it, so they can understand how it fits into their master plan. Finally document everything. It always helps!

Tracy Prosser
University of Central Florida

The most valuable lesson I have learned is that the football field is a classroom. If you will approach football as a teacher, the players as students, football as the subject, and game night as the test you will be successful. While players all have not played football their entire lives - they have been in classrooms learning from 3-4 years old. I learned that if I approach the game as I would as a teacher and teach the players how and why then they become more successful. I love teaching and I love coaching and I could never do one without the other.

Jason Jackson
Ravenswood High School
