

DESERT SURVIVAL NOTE

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ITALICS ARE MINE.

BEFORE YOU LEAVE HOME

1. Leave a note and directions to where your going and when you expect to return.
2. Leave emergency key to your house or apartment with a friend or neighbor and advise them of your plans.
3. Obtain a seven day supply of non-perishable foods such as granola bars or trail mix.
4. Have emergency kit for vehicle such a duct tape, engine oil, jumper cables, cooland, tire fix kit, bar of soap to seal oil or gas leaks.
5. Take ample water supply for several days minumum of one gallon per person per day.
6. Good spare tire, fully inflated.
7. Double check everything as you load vehicle.

ON THE ROAD AND AT THE CLAIM

1. Before you grab your equipment and take off in search of the grand daddy of all nuggets, stop, look and take notes
2. Using your topa mape and compass, take sightings on major landmarks and note on your map where your base camp is A GPS reading stored in memory is better.
3. If someone will be staying at base camp arrange for a timely radio check via the hand held cb radio. Every half hour is best and normally there is no need to leave radio turned on until time is check in.
4. Very important!!!!If for what ever reason, you chnge your place and go to another site, find a phone and call your emergency contact and advise them of the change. If you have an ansering machine on your phone, call and leave a message. If you have a cell phone take it with you, it may work from the top of hills.
5. If you have done all of the above and trouble does rear its ugly head, stay where you are, let help come to you. Exceptions would depend on your particular emergency.
6. Be prepared!!Good old boy scout motto, but very good advice for anyone who loves to get away from it all. If you haven/t taken an emeergency first aid course laately then please do. These courses are available throu the American Red Cross. Remember if you invite others to share the joy of the outdoors then you must be reponsible for their safety and their welfare. Know what to do if bitten by snakes, scorpions etc:
7. Keapan eye on the sky! Flash floods can occur in a wash at any time thunderheads are in the sky even though its not raining where you are.
8. To Avoid poisoness creatures, keep your hands and feet where you can see them.