## Preventative Outreach



Provide At-Risk youths a Preventative Outreach Mentor who will help them identify their target behavior by examining potential negative internal and external influences via correspondence

Prison- From-TheInside-Out Inc.

PO Box 4853, Antioch, CA 94531

From-theinside-out.com

## **CURRICULUM**

The curriculum of this program is an establishment of therapeutically correspondences between at risk youth and Preventative Outreach Mentors. A Preventative Outreach Mentor is a rehabilitated inmate who meets a certain criteria, (which is elaborated on more below), who utilizes their leisure time making a contribution to society by working with the at-risk youth to help identify their target behaviors through correspondence and introspection. Preventative Outreach Mentors will teach the at-risk youth how to examine potential negative internal and external influences via correspondence, in an attempt to prevent substance abuse and criminal thinking, which are two behaviors among many that leads to gang membership and crime. This, inevitably, ends with incarceration. This program is a twelve 12 week course.

## **LOCATION**

This program will be an in-cell correspondence course.

## **PURPOSE**

The purpose of this program is to provide at risk youth with additional therapies and preventative measure programs in an attempt to reduce crime and recidivism. The Preventative Outreach Program is an option of support, similar to a community center, that legal guardians and Juvenile Detention Centers can rely upon to provide minors with coping skills, cognitive awareness, and self-discipline. A Preventative Outreach Mentor's most virtuous contribution to an at-risk youth is their intuitive understanding of consequence, combined with a discerning nature. Such enlightenment during a primitive stage of maturity can avert unscrupulous behaviors from a minor, which would restore paternalism within the household of the legal guardian or provide rehabilitative services to the juvenile facility.

Statistics prove that majority of the incarcerated men/ women committed their offense during their youth. This program provides the at risk participants with avenues to express themselves, which will inadvertently open them up to suggestion. This process will award the Preventative Outreach Mentor, who themselves are victims of their own self-destructive behaviors, with the unique opportunity to provide insight and juvenile alignment.

#### PROGRAM INSTRUCTIONS

The curriculum of the Preventative Outreach Program breaks down into
Two different sections of criteria

#### **SECTION 1. Juvenile Detention Centers**

This section of the Preventative Outreach Program caters specifically To the at-risk youth who are incarcerated

#### STEPS:

Here are the steps to follow once class is in session.

- Read the "Juvenile Detention Center" introduction aloud.
- Pass out the weekly essay, along with a pen/pencil and the weekly survey, to all of the participants in attendance.
- Make the following announcement:

"After reading this week's essay, we will have a brief open
Discussion about its contents. Then we will fill out a survey before
Closing each meeting. Please keep in mind that all of the surveys will be
Collected and forwarded to Prison From-TheInside-Out Inc."

- Select participants to read the weekly essay out loud as everyone else in attendance follows along.
- Initiate the open discussion by asking the class, "What's your take on this essay?"
- After an appropriate time, conclude the open discussion.
- Instruct the participants to begin the weekly survey.
- Collect the weekly survey from all the participants.
- Dismiss the group.
- Place all of the weekly surveys inside of a manila envelope and then mail them to Prison From-TheInside-Out Inc.

## JUVENILE DETENTION CENTER

## INTRODUCTION

Welcome to FTIO Preventative Outreach Program. This program was created by a young man named E'drick Brown V-70186, who is incarcerated within CDCR. E'drick reached out to his peers who were all tried, convicted, and sentenced as youth to sentences of a minimum of 25 years determinate sentences to a maximum of LWOP/death row.

The group of Men/ Women came together, set aside any political, racial, or gang differences, and decided to work with one another to build this program. There will be no correctional officers, law enforcement, nor any staff who works for CDCR or any agency employed by the state, involved with the curriculum of this program. The Men/ Women designed this program for, in their own words, "Our little brothers and sisters who got caught up in the justice system."

The sentimental value of this program to all the Incarcerated men/ women who started it derived from their own experiences as youth offenders incarcerated in California's maximum security institutions. Through candid hand written essays, they will share all of the trials and tribulations of their life stories and how the choices they made in their youth has plagued them with life in prison.

## THE PREVENTATIVE OUTREACH MENTOR'S OATH.

"I solemnly swear, to abide by every rule and regulation, stipulated in this Preventative Outreach Program, and to uphold, the prestige duty and responsibility of protecting our generations of youth."

Crime, gangs, drugs, alcohol, sex, money, and violence are all topics that will be discussed in this program. The essays written by the Preventative Outreach Mentors will reveal the consequences of not seeking help to deal with internal and external influences, as well as how it can lead to engaging in the topics mentioned above, ending in incarceration.

Incarceration does not cease criminal thinking.

In fact, Evidence Based studies shows that incarceration will only subject youth to more crime, which makes them more prone to committing violence. When every penalty for an infraction results in punishment, instead of counseling or therapy, youth offenders become rebellion and hopeless. Hopelessness leads to thoughtless alcohol and substance abuse. The mental effects of those external influences creates volatile behavior. A major disadvantage the youth offenders have by being housed in adult institutions is suggestibility, which makes them susceptible to manipulation. All of those factors combined with a life sentence is what causes the youth offenders to become indifferent to consequences. Solitary confinement is where many of the Preventative Outreach Mentors spent years of their lives. **Years** without visits. **Years** without phone calls. Even **years** without letters.

In solitary confinement, a death in the family can go unnoticed for years. A person's hygiene standards can become inhumane. Intolerable conditions can deteriorate a person's mental health to the point where, a once rational individual, suddenly entertains ideas of taking their own life. Suicide is an epidemic in solitary confinement, with youth offenders being most predisposed.

The real life unbearable and untold truths of the Preventative Outreach Mentors journey's to self-rehabilitation, will finally be revealed after nearly two decades of struggle, sacrifice, and imprisonment. Will their past mistakes prevent our generations of youth? There's only one way to find out, by sharing their essays.

#### PROGRAM INSTRUCTIONS

The curriculum of the Preventative outreach program breaks down into two different sections of criteria

#### **SECTION 2. Legal Guardian**

Protecting Our Generations (**POG**)

This section of the Preventative Outreach Program caters specifically to at-risk youth Who are in group homes, community centers, and society?

#### STEPS:

Here are the steps to follow

- 1. Read the legal guardian's informational packet.
- 2. Complete and submit the legal guardian questionnaire.
- 3. Complete, sign, and submit the legal guardians consent form.
- 4. Familiarize yourself with the following documents.
  - The application process.
  - The Preventative Outreach Mentor application.
  - The profile, (tips and regulations.)
  - The Preventative Outreach Mentor's Pledge.
  - The Preventative Outreach Mentor's questionnaire.
- 5. View all of the online Preventative Outreach Mentor's profiles.
- 6. Select a Preventative Outreach Mentor for your minor to correspond with.
- 7. Initiate contact with Prison From-TheInside-Out Inc. staff to select the Preventative Outreach Mentor that you've chosen.

## THE LEGAL GUARDIAN'S INFORMATIONAL PACKET

The Preventative Outreach Program exclusionary criteria.

Preventative Outreach Mentorship will not be permitted for inmates convicted of a violent offense involving a minor or family member or any sex offense, which includes but is not limited to the following Penal Code sections: 187 (when a victim is the family member or a minor); 192 (when victim is a family member or a minor), 243.4; 261, 261.5, 262, 264.1, 266c, 266j, 273a, 273d, 273.5, 273.6, 285, 286, 288, 288a, 288.2, 288.5, 289, 289.5, 311.1, 311.2, 311.3 311.4, 313.1, 314, or 647.6

Inmates may be prohibited from Preventative Outreach Mentorship where substantial documented evidence or information of the misconduct described above exists, without a criminal conviction. The evidence or information appropriate for the purpose of this regulation shall include Rules Violation Reports as well as the standard described in the California Code of Regulations Section 317 3.1

All inmates who apply for Mentorship have a "Review of Cases Factors" performed in their files by their assigned Correctional Counselor or a higher authority prior to being eligible to even submit the application for Mentorship to Prison From-TheInside-Out Inc. Once the reviewing staff approves the inmate's eligibility, then the application is forwarded straight to Prison From-theInside-Out Inc. So no minor that participates in this Preventative Outreach Program will be susceptible to the danger of any kind of convicted sex offender.

- Prison from-TheInside-Out Inc. Requires that all legal guardians read the profiles, as well as the case factors of the selected Preventative Outreach Mentor, prior to initiating contact, to ensure compatibility.
- All personal information solicited in the legal Guardians questionnaire is confidential and will only be accessible by Prison From-theInside-Out Inc.
- All mail between the minor and their Preventative Outreach Mentor will be mediated by Prison From-TheInside-Out Inc. The F.T.I.O. mailing address will be used to receive all correspondences between both parties. This method ensures confidentiality and privacy of the minor's residence.

- It is at the legal guardian's discretion whether or not to forward the Preventative Outreach Mentor any photos of the minor, themselves, Etc. (Not Recommended) However, Preventative Outreach Mentors are permitted from forwarding personal photos, visiting questionnaire, or asking any personal questions.
- A legal guardian can elect to use a pseudonym name for the minor to conceal their true identity.
- If the legal guardian ever wishes to discontinue communication between the minor and their Preventative Outreach Mentor, the only step that needs to be taken is for the legal guardian to contact Prison From-TheInside-Out Inc. Via email, or by writing a letter, and Mentorship will be terminated.

#### **CONFIDENTIAL USE ONLY**

ONLY PRISON FROM-THEINSIDE-OUT INC. STAFF WILL HAVE ACCESS TO THIS DOCUMENT, NO INMATES.

## THE LEGAL GUARDIAN QUESTIONNAIRE

(Print your name exactly as indicated on your photo identification)

CONTACT#:	() -
	EASE IDENTIFY THE AGENCY
CITY:	STATE:
-MAIL:	
dents only, pseudonym nam	e only for minor, etc)
	IF YES, PLI

## **INFORMATION ABOUT MINOR**

(PSEUDINYM IF APPLICABLE)		
MINOR'S NAME:	AGE:	GENDER:
IS THE MINOR YOUR: BIOLOGICAL: _	STEP CHILD:	FOSTER CHILD:
ADOPTED CHILD: SIBLING: O	THER:	
WAS THE MINOR RAISED IN A HOUSEHO	OLD WITH: BOTH PAR	ENTS SINGLE PARENT:
DOES THE MINOR HAVE A HISTORY OF: GANG ACTIVITY: SUSBSTANCE AB PHYSICAL ABUSE:		
IF YOU CHECKED ANY OF THOSE SELECT	IONS, PLEASE ELABO	RATE:
HAS THE MINOR EVER BEEN: ARRESTED  IF YOU CHECKED YES TO ANY OF THOSE		
	·	
HOW IS THE MINOR PERFORMING IN SC EXCELLENT:	CHOOL: BELOW AVER	AGE: AVERAGE:
IN YOUR OPINION, WHERE DOES THIS B	EHAVIOR STEM FROM	M:
WHAT ARE YOUR ASPIRATIONS FOR OUTREACH PROGRAM:		

## THE LEGAL GUARDIAN CONSENT FORM

l,,		
	I give my full consent to rison From-TheInside-Out Inc.'s Preventative Ou	
Program, where a qualified inmate v	will become ( child's name)	
each other. I am aware that all I have	they will utilize correspondence to communicat e to do to discontinue the correspondence be tive Outreach Mentor is contact Prison From-The	etween
Out Inc. and request termination of conf	tact between all parties through writing. I am we te in the Preventative Outreach Program in an a	villfully
to rectify his/her behavior.		
My signature validates my approval and	d consent for to participate	in this
Prison From-TheInside-Out Inc.'s Prevent		
X		
SIGNATURE	DATE	

#### THE APPLICATION PROCESS

- Inmates must write Prison From-TheInside-Out Inc. with a SASE (self-addressed stamped envelope), and request an application for the Preventative Outreach Program.
- Once the inmate receive the Preventative Outreach Program application, he/she must answer all of the questions correctly, as well as sign both signature blocks. (The oath and application).
- No prison official below the level of a Correctional Counselor will be permitted to review and authenticate the case factor information submitted by the applicant.
- The applicant must submit his/her fully completed and signed application, along with a SASE, to their Correctional Counselor or higher authority for review.
- Once his/her Correctional Counselor or higher authority examines the applicant's criminal history, relevant case factors, and prisons central file, they will determine if the applicant has violated any of the Preventative Outreach Program's exclusionary criteria. (See California Code of Regulations Sections 3177 (I) had 3177 (A))
- After the Correctional Counselor or higher authorities' application review, the applicant will either be approved or disapproved to meet the criteria to become a Preventative Outreach Mentor (P.O.M.).
- If the applicant gets approved by his/her Correctional Counselor or higher authority to become a Preventative Outreach Mentor (P.O.M.) the reviewing staff must sign the application and then forward the completed application to the Prison From-TheInside-Out Inc. contact address themselves.
- No applications submitted from inmates will be accepted.
- Once the Prison From-TheInside-Out Inc. staff received the application directly from the reviewing staff, signed by both, the applicant and the reviewing staff, the Prison From-TheInside-Out Inc. staff will then use the SASE provided by the applicant to mail them a Preventative Outreach Mentor's (P.O.M.) pledge and a Preventative Outreach Mentor's (P.O.M.) Questionnaire.
- Both documents are required to be completed and sent back to the Prison From-TheInside-Out Inc. directly from the applicant, along with the applicant's profile introductory and photo. (See profile tips and regulations.)

- The P.O.M. Pledge and P.O.M Questionnaire will be reviewed by the Prison From-TheInside-Out Inc.'s staff once received. If approved, the applicant's profile will be uploaded to the Prison from-The Inside-Out Inc.'s website (www.from-theinside-out.com) and then the applicant will be mailed their credentials certifying them as an Apprentice Preventative Outreach Mentor (P.O.M.).
- If the P.O.M. Pledge and/or P.O.M. Questionnaire is denied, then either a notice of error highlighting what needs to be corrected will be sent to the applicant, or a notice of disapproval that briefly states the reason behind the denial.
- Only approved Apprentice P.O.M.'s profiles will be uploaded to Prison From-theInside-Out Inc.'s website.
- A data file will be created to track and maintain copies of all activity pertaining to each Preventative Outreach Mentor's profile. (E.g.; interaction, views, likes, comments, etc.)
- For a P.O.M. to receive a print out of their profile, they would have to send a letter to Prison From-TheInside-Out Inc. requesting one, along with a SASE.
- This concludes the application process.

## THE PREVENTATIVE OUTREACH MENTOR'S (P.O.M.) APPLICATION

**OATH:** I solemnly swear to abide by every Rule and regulation stipulated in this Preventative Outreach Program and to uphold the prestige duty and responsibility in protecting our generations of youth.

## **GENERAL INFORMATION/CASE FACTORS**

NAME:	CDCR#:	
Gender:	Date of Incarceration:	Release Date:
Committed Offense(s):		
Penal Code(s) violation(s):	Length of S	Sentence:

Preventative Outreach Mentorship will not be permitted for inmates convicted of a violent offense involving a minor or family member or any sex offense, which includes but is not limited to the following Penal Code sections: 187 (when a victim is the family member or a minor); 192 (when victim is a family member or a minor), 243.4; 261, 261.5, 262, 264.1, 266c, 266j, 273a, 273d, 273.5, 273.6, 285, 286, 288, 288a, 288.2, 288.5, 289, 289.5, 311.1, 311.2, 311.3 311.4, 313.1, 314, or 647.6

Inmates may be prohibited from Preventative Outreach Mentorship where substantial documented evidence or information of the misconduct described above exists, without a criminal conviction. The evidence or information appropriate for the purpose of this regulation shall include Rules Violation Reports as well as the standard described in the California Code of Regulations Section 317 3.1

## MENTAL HEALTH ASSESSMENT LEVEL OF CARE

If you are a participant in the Mental Health Services Delivery System (MHSDS) please put a checkmark at your level of care:

Correctional Clinical Case Management Syste Enhanced Outpatient Program (EOP): Developmental Disability Program (DDP): Other: None of the above (General Population):		
None of the above (deficial ropulation)	<del></del>	
EDUCATION		
Please put a checkmark at your highest level	of education:	
High school Diploma: General Equivale	ency Diploma (GED)	
Some college education: Associate i	in Arts Degree:	
Bachelor of Arts Degree (BA): Master'	's Degree: None of th	e Above:
I,(applicant), herektout codes aforementioned and I give the Prevent Codes aforementioned and I give the Prevent Out Inc. my full consent to utilize and discompositions and personal history on their TheInside-Out Inc. from any and all liability wo factions, including, but not limited to libel, in any way may arise from the undersigned's Inc.'s programs or media publicity pages and	ach Program. I have never vative Outreach Program and splay my information, pho ir media pages and forevewhich may accrue on account, slander and invasion of the sparticipation in any of Pris	iolated any of the penal Prison From-TheInside-tographs, case factors, release Prison From-tof any claims or causese right to privacy, which
	[ ] Approved	[ ] Disapproved
Applicant's Signature.	Reviewing Staff Signature (	no official lower than a CC1)

# APPRENTICE PREVENTATIVE OUTREACH MENTOR OFFICIAL PREVENTATIVE OUTREACH MENTOR (P.O.M.) PROTECTING OUR GENERATIONS (P.O.G.)

- Each child/teenager who is a youth participant in the Preventative Outreach Program will be referred to as a P.O.G., which is an acronym for "Protecting Our Generations."
- An Apprentice Preventative Outreach Mentor is a certified P.O.M. who has zero to three P.O.G.'s on their correspondence roster.
- An Official Preventative Outreach Mentor is a P.O.M. who has four more P.O.G.'s on their correspondence roster.
- Once they become an Official Preventative Outreach Mentor, staff at Prison From-TheInside-Out Inc. will forward the reviewing staff who signed Preventative Outreach Program's application a laudatory chrono with instructions to place the chrono into the Preventative Outreach Mentor's Central File.
- Once the file that tracks and maintains copies of all activity pertaining to each P.O.M.'s profile on the Prison From-TheInside-Out Inc.'s website shows 10 correspondence with either the same P.O.G., or with a combination of P.O.G.s, Prison From-TheInside-Out Inc.'s staff will forward the reviewing staff and updated laudatory chrono highlighting the P.O.M.'s consistency within the Preventative Outreach Program.
- The same reward applies if a P.O.M. adds four or more P.O.G.s to their correspondence roster. Every additional four P.O.G.s, Prison From-TheInside-Out Inc.'s staff will forward updated laudatory chronos to the same reviewing staff, highlighting the number of P.O.G.s on the P.O.M.'s correspondence roster, as well as the P.O.M.'s consistency within the Preventative Outreach Program.

#### **CLARIFICATION**

- Preventative Outreach Mentor's children, stepchildren, or relatives do not count as P.O.G.s in their correspondence roster.
- The ten correspondences are only calculated using the P.O.G.'s reply letters, not the P.O.M's.

## **PROFILE** (Tips and Regulations)

Tips – the Preventative Outreach Mentors should properly introduce themselves and then be transparent when explaining why they chose to become a Preventative Outreach Mentor to the at-risk youth. Also, highlighting any involvement in positive activities (such as religious services, Inmate Leisure Time Activity Groups, education services, in cell study courses, e t c...) And/or reveal one's own healthy relationship with their children or family members can also be helpful.

#### **REGULATIONS:**

- Profiles will only be active for a one year calendar. Once the year has expired, application pre-approval will be required.
- Only one photo of the Preventative Outreach Mentor, by them self and fully dressed, will be uploaded to their profile with a maximum of 100 words for the introductory paragraph.
- All language in the introductory paragraph pertaining to the Preventative Outreach Mentor's case factors must coincide with the facts authenticated by the reviewing staff of the Preventative Outreach Program's application.
- No obscene language, cell phone numbers or other inmate's names and/or CDCR # will be allowed to be mentioned in the introductory paragraph.
- Only handwritten or typed letters and cards that arrive at the Prison From-TheInside-Out Inc.'s contact address, stamped by the institution the Preventative Outreach Mentor resides in, will be forwarded to the youth participant's residence.
- The only communication that will be permitted between a Preventative Outreach Mentor and a youth participant in this Preventative Outreach Program will be by correspondence using only the Prison From-TheInside-Out Inc.'s contact address for all the parties.
- Any violation of the Preventative Outreach Program's by-laws, oath, pledge, exclusionary criteria, or rules and regulations will result in the Preventative Outreach Mentor's immediate termination from this program.

#### **MEDIA EXPOSURE:**

 All Preventative Outreach Mentor's profile will be uploaded to www.from-theinsideout.com anyone with the internet will have access to the P.O.M.'s profile.

## The selection process of a Preventative Outreach Mentor by a youth participant's legal guardian.

- Guardians who log on to the website seeking a Preventative Outreach Mentor will have to fill out their own questionnaire electronically and then submitted it to the Prison From-TheInside-Out Inc. staff online for approval.
- The questionnaire for the guardian will inform them of their rights and the terms of the Preventative Outreach Mentor's bylaws, oath, pledge, exclusionary criteria, and rules and regulations, as well as any other policy in this Preventative Outreach Program.
- Guardians will be required to read up on their selected Preventative Outreach Mentor's
  case factors, as well as to read and monitor all incoming and outgoing correspondences
  between P.O.M.s and P.O.G.s to ensure all terms of regulations are being adhered to by
  all parties.
- Guardians have the right to use pseudonyms names for the youth to protect their identities.
- Once the Guardians Questionnaire is approved, they will have to sign a consent form.

#### **MAILING PROCEEDURES**

- The only address the Preventative Outreach Mentor will have is the Prison From-TheInside-Out Inc.'s contact address.
- Preventative Outreach Mentor's will send their letters to the Prison From-TheInside-Out Inc.'s contact address, and then Prison From-TheInside-Out Inc.'s staff will retrieve the mail and forward the letter to the address provided by the youth participant's Guardian, with the Prison From-TheInside-Out Inc.'s contact address as the senders information on the envelope.
- The same process mentioned above will be followed when forwarding a youth participant's letter to the Preventative Outreach Mentor.

## THE

## P.O.P.

## **PROGRAM**

#### THE PREVENTATIVE OUTREACH MENTOR'S CONTRACT

T	To ensure the credibility and main	tain the integrity	, of the Prevent	ative Outreach	Program,
I,	l,, pledge r	ot to:			

- 1. Solicit any funds, favors, or personal information from any of the youth participants in this program pertaining to the youth or their Guardian's privacy or identity, which includes their residential, schooling, or employment addresses; nor inquire about individuals who are not participants in this program such as friends, associates, or relatives of their family.
- 2. Forward any personal photographs and/or institutional visitation questionnaires in correspondence with the youth participants.
- 3. Encourage any negative behaviors such as condoning any type of violence against others or themselves, promote any gang activity or a controlled substance abuse, nor provide any information that can lead to the youth participant's injury, mental deterioration, or demise.
- 4. Make any racial or sexual remarks, comment on the youth participant's mental stability, nor criticize their parent's parenting skills.
- 5. Make any derogatory, demeaning, or discriminating statements; use obscene language during correspondence; lie or fabricate; nor write graphic details about crimes in an attempt to scare the youth participant straight.
- 6. Share any of the youth participants mail with anyone; issue out or approve of any one to write the contact address; write more than two consecutive letters to the youth participant without receiving a reply letter in return.
- Discuss any personal matters that can be considered or misconstrued as being inappropriate or unlawful conversations, nor use any suggestive language or innuendo statements.
- 8. Slander law enforcement, nor degrade the education or justice system despite your personal perspectives, beliefs, and/or encounters.
- 9. Use the Preventative Outreach Program for any personal or monetary gain, nor associate the Preventative Outreach Program with any illegal, illicit or immoral activities.

If any concerns surface pertaining to a youth participant's admission of being suicidal, physically abused, or engaged in any illegal activities, the Preventative Outreach Mentor has a duty and responsibility to report that information to either their Correctional Counselor or a Prison From-TheInside-Out Inc. representative at their earliest opportunity to do so. This is where being a P.O.M. can save a life.

My signature below verifies that I agree Program pledge.	with all of t	the terms of this	s Preventative	Outreach
X				
Applicant's Signature			Date	е

## THE PREVENTATIVE OUTREACH MENTOR'S (P.O.M.) QUESTIONNAIRE

**OATH:** I solemnly swear to abide by every rule and regulation stipulated in this Preventative Outreach Program and to uphold the prestige duty and responsibility in protecting our generations of youth.

1.	How did you hear about the Preventative Outreach Program?
2.	What made you want to become a P.O.M. and what are your goals if accepted?
3.	Do you have any children? if yes, would you consider yourself to be a positive role model to them even from your incarcerated stance?
4.	Have you ever maintained correspondence with anyone while incarcerated for purpose of mentorship? If yes, what was your relationship to them?
	how long did the correspondence last?
	X
	Applicant's Signature