

THE KEY COMPASS COMIC STRIP

TheKeyPlanet.com Inner Space Guide is for anyone, anywhere, anytime.

I live the life I love. I am lovable, capable, and valuable.



Explorer's name and date

Write or draw answers to make healthy and wise choices with clarity, courage, and integrity.

1. THINKING

What am I thinking?

2. FEELING

How do I feel about what I am thinking?

3. INTENTION (Review answers 1 & 2, then imagine what I would like to happen.) What is my intention?

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4. CHOICE (Align Choice with Intention)

What healthy and wise choice can I make with clarity, courage, and integrity?

5. EFFECT (what might happen)

If any effect might be harmful, answer 1-5 again.

What might be the effect of my choice?

6. THANKFUL

What do I feel thankful for?