

THE KEY COMPASS COMIC STRIP

TheKeyPlanet.com Inner Space Guide is for anyone, anywhere, anytime.

I live the life I love. I am lovable, capable, and valuable.



Explorer's name and date _____

Write or draw answers to make healthy and wise choices with clarity, courage, and integrity.

1. THINKING

What am I thinking?

2. FEELING

How do I feel about what I am thinking?

3. INTENTION (Review answers 1 & 2, then imagine what I would like to happen.)
What is my intention?

4. CHOICE (Align Choice with Intention)
What healthy and wise choice can I make with clarity, courage, and integrity?

5. EFFECT

(what might happen)
If any effect might be harmful, answer 1-5 again.
What might be the effect of my choice?

6. THANKFUL

What do I feel thankful for?