

# THE KEY COMPASS COMIC STRIP

TheKeyPlanet.com Inner Space Guide is for anyone, anywhere, anytime.

I live the life I love. I am lovable, capable, and valuable.



Explorer's name and date

Write or draw answers to make healthy and wise choices with clarity, courage, and integrity.

## 1. THINKING

What am I thinking?

## 2. FEELING How do I feel about what I am thinking?

## 3. INTENTION (Review answers 1 & 2, then imagine what I would like to happen.) What is my intention?

## 4. CHOICE (Align Choice with Intention) What healthy and wise choice can I make with clarity, courage, and integrity?

## 5. EFFECT (what might happen) If any effect might be harmful, answer 1-5 again. What might be the effect of my choice?

## 6. THANKFUL What do I feel thankful for?