

# THE KEY COMPASS COMIC STRIP

TheKeyPlanet.com Inner Space Guide is for anyone, anywhere, anytime.

I live the life I love. I am lovable, capable, and valuable.



Explorer's name and date \_\_\_\_\_

Write or draw answers to make healthy and wise choices with clarity, courage, and integrity.

**1. THINKING**  
What am I thinking?

**2. FEELING**  
How do I feel about what I am thinking?

**3. INTENTION** (Review answers 1 & 2, then imagine what I would like to happen.)  
What is my intention?

**4. CHOICE** (Align Choice with Intention)  
What healthy and wise choice can I make with clarity, courage, and integrity?

**5. EFFECT** (what might happen)  
If any effect might be harmful, answer 1-5 again.  
What might be the effect of my choice?

**6. THANKFUL**  
What do I feel thankful for?