

STEP 1: ACTION PLAN



Gather your eGFR (kidney function) values for the past 2-3 years

Check to see if your values dropped by over 15 in 3 years

Discuss your kidney transplant goals with your Nephrologist

Decide on your Transplant Center of choice

Get a referral to the Transplant Center

STEP 2: ACTION PLAN

- Prepare to travel for a visit with Transplant Nephrologist (some offer remote consultations)
- Gather up to date information on your medical history, surgical history, and social history
- Receive your recommendation as "an ideal candidate" or "not an ideal candidate"
- If you are considered "not an ideal candidate", make sure to understand why for reconsideration

STEP 3: ACTION PLAN



Prepare your schedule to meet with other members of the Transplant Team (some offer remote)

Complete lab testing for immunity profile

Finish imaging tests to evaluate various organs

Meet with mental health and social work specialists (some offer remote)

Discuss plans with Financial Counselor

STEP 4: ACTION PLAN



Portfolio is presented to the Transplant Review Committee



Results will be sent to you and explained by Transplant Nephrologist



If denied, express interest for reconsideration by deadline

STEP 5: ACTION PLAN

Celebrate your approval of joining the wait list

Get creative with your search for a
Living Kidney Donor

Carefully avoid changes in your immunity

Refer potential Living Donors to your
Transplant Center

Consider being listed at more than one
Transplant Center