



Meet Chef Al ■■■■■

Chef Al grew up in the kitchen with her grandmother, where her love for soulful food began. Inspired by those moments, she honed her craft and, five years ago, took a leap of faith to share her passion with the world. AMaysNEats (A-M-A-Y-S-N Eats) was founded on Juneteenth, 2021. As a single mom of eight, Chef Al is the beating heart of this family-owned and operated gem. You can find items on the menu such as “Rosemary’s Greens” (her aunt) or the infamous “Wese Meal,” named after her grandmother Ellawese Brown-Smith.

AMaysNEats, with its signature stuffed smoked turkey legs that put us on the map, is where soulful food meets seafood.

A Love Note From Chef Al:

Everything we create is made with love, and our motto says it all:
AMaysNEats — Food Made with Love!