



Clinic: Grayslake, IL
Gymnastics: Gurnee, IL
Aquatic: Pleasant Prairie, WI/Grayslake, IL
Home/Dayschool
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Cleaning Guidelines at Therapeutic Links:

This document is to outline the cleaning procedures and guidelines at Therapeutic Links (TL) during the COVID-19 pandemic and during IL phase of re-opening of businesses.

- TL will use only CDC recommended EPA-registered disinfectants for cleaning of all equipment and surfaces.

-Disinfecting procedures completed by staff, such as wet time, wiping protocols and dry time will follow CDC guidelines and product instructions for proper use.

-High touch surfaces will be cleaned/disinfected after each use as well as each night. These include but are not limited to: Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

-All used surfaces, toys and objects will be cleaned immediately after each session throughout the day.

-Soft surface equipment will not be used during this time; however use of individual washable materials may be used, however will be immediately laundered under high temperatures following individual use.

-Regular use of vacuum for carpeted areas. Vacuum is equipped with a high-efficiency air (HEPA) filter.

-Oral motor toys as well as oral motor engine changers may be used at this time, however is based upon clinical guidance and use. These are only allowed in single room sessions; not in groups or in community rooms. This includes but is not limited to: gum, chew tubes, suckers, etc. Only oral motor tools that can be put in the dishwasher will be used.

-Eating and drinking (unless otherwise noted), at TL among clients and visitors is strictly prohibited during this time. Staff are allowed to eat and drink only at their own personal desk. Staff will abide by TL cleaning procedures for correct disinfecting procedures before and after eating and drinking at their own desk spaces.

-Use of the water coolers will be allowed for staff only with use of new cups for each serving. If water is needed for clients or visitors, they will use a new cup and will only be allowed use in one area; not in communal areas such as the gym. The area will then be immediately cleaned by the client and staff member. Clients are able to bring and use their own water bottles outside and/or in individual treatment rooms.

-Continued thorough and weekly cleaning procedures with our insured and licensed cleaning company will continue and will increase upon discretion of management.

-If/when aquatic sessions reopen, all TL staff, personnel and TL clients will abide by the aquatic facility's guidelines as well as TL's consents and assessments.

-Windows will be opened throughout the day to increase air circulation, however opening of windows will be weather dependent. Doors will remain closed and locked for safety.

-High efficiency air filters will be utilized at Therapeutic Links

-Outdoor areas will be utilized when available. All high touch surfaces will be disinfected immediately following individual sessions.

-Hand washing will be performed upon entering and before exiting TL premises, will be completed before and after each session and will also be performed after blowing one's nose, coughing, or sneezing, and after using the restroom. When sessions are conducted outside, use of 70% or more alcohol hand sanitizer may be used.

-Each individual treatment room upon availability will utilize the UV light after each session.

-All staff and on-going TL personnel are trained in cleaning procedures at TL.

-Infrared/non oral thermometers will be used when temperatures need to be taken.

-Therapists will continue to assist any clients with toileting needs, however all PPE is required. Any soiled clothes will be bagged and given to caretakers immediately following sessions.

-We ask only staff members, clients, needed personal and caretakers allowed at TL during treatment hours. We ask additional family members and peers to wait outside of

the TL building.

-All individuals, including staff, clients and needed personnel entering TL will abide by all current consents and IL phase opening procedures before entering, while on and upon leaving premises.

-All able clients, staff and any on premise personnel will wear PPE as required by IL mandate including but not limited to face masks, gloves, etc.

-While on TL premises, therapist and client will abide by 6ft social distancing if needing to interact with other therapists/clients during their session. TL will follow all IL mandates in regards to the amount of individuals allowed on the premises at one time.

-Home visits and park visits have opened at this time under TL guidelines. Families must complete consent as well as daily assessment in order to conduct these services.

-Therapists have the right to decline face to face home visits due to additional exposure. However services outside of the house, in clinic, or telehealth services may be conducted. Additionally, TL management may also review availability of other staff for home visits.

- For home visits and visits outside of TL property, toys and equipment will not be provided. Use of a personal massage table, may be used upon therapist discretion. CDC cleaning procedures will be followed.

-Staff will attempt to schedule home visits on separate days of in clinic sessions whereis available. When not available, staff will attempt to change clothes before entering TL premises.

-All visits will follow insurance unit billable guidelines in order to allow for additional cleaning time. (53 minutes for 1 hour session)

Updated on 6/29/20 for phase 4.