

SISTERS FOR HEALTH EMPOWERS GIRLS OF COLOR TO TAKE
CONTROL OF THEIR HEALTH AND WELLNESS



Sister, Soar!

RUNNING CLUB

Girls in grades 6-8,
join us to run in
community, participate
in community service
and run a 5K!



[Learn More](#)



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This program is funded through a partnership with Howard County Youth
Engagement Programing (YEP!)