



HOW DOES YOUR GARDEN GROW?



JOIN US IN OUR VEGETABLE GARDEN

Middle school girls are invited to reap the many benefits of vegetable gardening:

Health: learn about gardening and nutrition

Fitness: exercise by planting, feeding, and harvesting your own food

Community Service: donate some of the vegetables to those in need in our community

Come Grow With Us!

Register **here** to meet us in our Long Reach garden
Saturdays 11:30am-1:00pm
6/13/26-7/25/26

