

+ JOY + to the WORLD +



time: 5-8 minutes
(about as long as it takes to flip a good pancake
without burning it)
You'll need:

Your Joy to the World sprinkled pancake mix + a Bible + a hungry crew

Start Here
Before y'all dig in, take a second and look at those sprinkles.
Say it together:

"Sprinkles make it fun... Jesus makes it JoY."

Read

Luke 2:10-11

the angel said, "I bring you good news of great joy...
today a Savior has been born... Christ the Lord."

A Little Kitchen talk

1) Christmas joy ain't just a "woohoo!" feeling.

It's not only lights, treats, and that one song that gets stuck in everybody's head.

Real joy is good news joy—
the kind that sticks around even when
things get messy, loud, or a little burnt on the edges.

2) Jesus is the reason our joy is real.

God didn't just send a holiday—He sent a Savior.

That means we can be joyful because:

Jesus loves us on our best days and our grumpiest ones

Jesus forgives us when we mess up

Jesus stays with us—always

3) We can choose joy on purposelike adding extra sprinkles.

Joy shows up when we:

thank God out loud

Speak kind (even to siblings before breakfast...)

Look for ways to bless somebody-small and sweet

AROUND THE TABLE

What's one thing Jesus did that makes you smile inside?
What's a "joy choice" you can make today?
Who can we sprinkle a little kindness on this week?

Sprinkle Moment

While you eat, point to the sprinkles and say: "Joy isn't just in the pancakes-joy is in Jesus."

Prayer

"Jesus, thank You for coming.

You are the reason we've got real joy-today and every day.

Help us choose joy with thankful hearts,
kind words, and loving hands.

And Lord... help us not to fuss before breakfast. Amen."

Joy Challenge (pick one)

Joy Around the Table: Everybody says one thing they're thankful for.

Joy in the House:

Do one helpful thing without being asked (big-time Christmas miracle).