
COMMUNICATION
in Marriage

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Dedication

*“We want to dedicate the efforts of this Writing to the ONE who loves us, forgave us,
and gave his life for us. It is our privilege to further his cause in our day.”*

--Galatians 2:20

Grace Christian Ministries

Focus on the Objective

In Who's Image?

So God created man in his own own image, in the image of God created he him; male and female created he them. Genesis 1:27

God created both you and your spouse in his image; therefore, it is important to recognize this when you are communicating. Do you know you are investing words into your spouse's spirit, which is the part that resembles God? Do you know your spouse is a living expression of God himself? That was his (God's) intentions from the very beginning of time. Your words not only affect your spouse's thoughts and emotions, but also their spirit. Can you imagine God saying, "Be careful of what you say; your spouse is created in my image?" Is it possible that we can miss this important reality and only see the physical parts? Is it possible that we can be harsh with our words toward our spouse and not realize that we are speaking to the creative work of the very God we love and worship? Are there times when husbands and wives lose sight of God's image in one another through faultfinding and arguing whose right or wrong on certain matters?

Making Spiritual Investments

Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. Galatians 6:7

The above passage is sharing with us that what we put into something is what we will get out of it. If you want a fruitful marriage in Jesus Christ, than it is important to make the appropriate investments that will increase your chances for such results. One important area that needs strong spiritual investments is communication. Do you know that every time you speak words to your spouse you are investing in the quality of your lives together? If those words are healthy, productive, and spirit-filled you will build a strong emotional bond that you both can enjoy; however, if those words are unhealthy, contentious, and by the flesh you will tear down the emotional security in your marriage.

Avoid Communicating from the Flesh

For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. Galatians 6:8

Let's face it, things can become intense when disagreements arise in marriage; however, the idea is to handle

them in a manner that does not invite corruption. Think of a beautiful diamond. How brilliant can it shine if covered under a heavy residue of corrosion? God meant for your marriage to be a shining reflection of the joy that two people can share if they entreat one another through his nature. Making the appropriate choice to communicate your differences is critical toward your emotional growth in Christ. We can choose to employ the old rugged and defiled nature or we can choose the spiritual nature that we have been born into to communicate our marital concerns.

Respect Diversity

*Search me, O God, and know my heart: try me, and know my thoughts.
Psalm 134:23*

No two people are the same. This is especially true when it comes to married couples. One important area where respecting diversity is important is communication. You and your spouse will have different views on matters from time to time. Therefore, it is important to find common ground where you both feel comfortable and safe to communicate your heart. One effective way to meet on a common ground is to invite

God into your conversation. If you both know you have certain subjects that you do not see “eye to eye” on then why continue to debate or argue your position? Why not see what God’s Word says about the matter so you both can have an accurate perspective? This will eliminate the need to control or force the other to see it your way and help respect the fact that you are both different.

There must be a Willing Attitude

Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof. Proverbs 18:21

It is difficult to have effective communication without cooperation and openness. Have you ever had challenging moments in your marriage and tried to communicate with your spouse only to realize that your spouse refused communication with you? This keeps a wall between you both until the situation is resolved. God does not want communication barriers to exist; therefore, make sure that you are not the one rejecting communication. Instead, protect your marriage from cold, distant, and broken interaction by allowing God to help you overcome all obstacles. There are times when we allow the

smallest differences to keep us from healthy interaction with our spouse. These kinds of things escalate and before long, we close off our ears to listening and refuse to open up. The idea is to rationally discuss any matter and keep in mind the importance of being open.

Reference

The Holy Bible: King James, Amplified, New American, New International Parallel Bible. Grand Rapids, MI: Zondervan Publishing, 1999.
