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Nurture's Programs

At Nurture, we provide comprehensive, developmentally appropriate, and neurodiversity affirming support for neurodiverse children and their families. Each family and child are different and will benefit from different types of support. We are here to learn alongside you about your child and your family.

We can provide the following services:

- Speech language pathology
- Occupational therapy
- Parent coaching/behaviour consulting
- Behaviour Interventionists

Our therapists are highly trained and have ongoing professional development in many specialized areas including naturalistic developmental interventions such as JASPER and the Early Start Denver Model.

This overview provides more information for you as you consider whether Nurture is the right fit for your family:

JASPER Program:

This 16-week program is a play based, developmental program to help your child with their shared engagement, self-regulation, play, and communication. This is usually our first therapy for children, and often children will do JASPER again after a break. More details about JASPER are available on our JASPER handout. JASPER is provided by an SLP or OT, or a JASPER trained therapy assistant working under the supervision of our SLPs or OTs.

Cost:

\$215 per session with Therapy Assistants

\$256.25 per session with SLP/OT

Total Cost is \$6880 for JASPER with Therapy Assistants, and \$8200 for JASPER with SLP/OT.

Cancellations due to illness are deducted from the cost of the program.

A shortened block can be offered for children over the age of 6, or who have already completed a block of JASPER.

SLP Services:

Our SLPs can provide clinic or home-based sessions supporting speech sounds, language, AAC, play, friendships, eating, literacy, and self-regulation and behaviour. Sessions are usually provided 1-2x weekly. Sessions include 45 minutes of therapy with 15 minutes for preparation and follow up. Sessions can be booked on an ongoing basis, or in "blocks" of therapy to allow for breaks or a shift in



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focus. Home or community sessions are provided with an additional 15 minutes charged for driving time within the City of Vancouver.

Cost:

Clinic or Online: \$205/session

Home or Community: \$205/session + travel time. We bill 15 minutes (\$51.25) of travel time for visits within the City of Vancouver.

OT Services:

Our OTs can provide clinic or home-based sessions supporting fine and gross motor development, sensory processing, play, friendships, eating, toileting, dressing and other self-care skills, and self-regulation and behaviour. Sessions are usually provided 1-2x weekly. Sessions include 45 minutes of therapy with 15 minutes for preparation and follow up. Sessions can be booked on an ongoing basis, or in “blocks” of therapy to allow for breaks or a shift in focus. Home or community sessions are provided with an additional 15 minutes charged for driving time within the City of Vancouver.

Cost:

Clinic or Online: \$205/session

Home or Community: \$205/session + travel time. We bill 15 minutes (\$51.25) of travel time for visits within the City of Vancouver.

BCBA Services:

Our BCBAs can provide clinic or home-based sessions supporting a range of developmental areas, including self-regulation, friendships, daily living and self-care skills, and academic skills. Sessions are usually provided 1-2x weekly. Our BCBAs work with a developmental perspective to ensure all care is neurodiversity affirming. Sessions include 45 minutes of therapy with 15 minutes for preparation and follow up. Sessions can be booked on an ongoing basis, or in “blocks” of therapy to allow for breaks or a shift in focus. Home or community sessions are provided with an additional 15 minutes charged for driving time within the City of Vancouver.

Cost:

Clinic or Online: \$205/session

Home or Community: \$205/session + travel time. We bill 15 minutes (\$51.25) of travel time for visits within the City of Vancouver.

Parent Coaching/Behaviour Consulting:

Our clinicians can provide support to you in learning new ways to engage your child and help them navigate everyday life more smoothly. Sessions may be organized as online meetings, or as in person or virtual coaching sessions so that we can help you in real life! Sessions are organized as needed, based on the preferences of the family.

Cost:



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Clinic or Online: \$205/session

Home or Community: \$205/session + travel time. We bill 15 minutes (\$51.25) of travel time for visits within the City of Vancouver.

Community Interventionist Program:

Our highly skilled interventionists (therapy assistants) work under the supervision of an SLP and OT to provide more time for your child to be engaged, participating, and learning new skills. Interventionists provide 2-hour sessions 2-3 times weekly. Sessions are planned on an ongoing basis, with family meetings every 16 weeks to identify goals and priorities and review your child's progress. Nurture speech language pathologists and occupational therapists work closely with you and your interventionist to ensure the best therapy for your child. Interventionist programs can be combined with any of our other services. Children must be enrolled in, or have already completed, our JASPER program to qualify for interventionist programs.

Cost:

Frequency x1 or x2 sessions per week:

\$250/session (clinic or home based, 2-hour session). Sessions include 1 hour and 45 minutes of therapy, with 15 minutes for preparation and follow up. *The cost of sessions includes SLP and OT supervision for your child's interventionist program.*

Frequency x3 sessions per week:

\$236/session (clinic or home based, 2-hour session). Sessions include 1 hour and 45 minutes of therapy, with 15 minutes for preparation and follow up. *The cost of sessions includes SLP and OT supervision for your child's interventionist program.*

The estimated yearly costs for a calendar year of interventionist sessions are:

\$21,500 (2 sessions per week)

\$30,444 (3 sessions per week)

Playgroups:

Nurture's inclusive playgroups will be open to up to 4 children each. Two of our Therapy Assistants will support the group with a variety of fun opportunities to engage, build communication skills, and experience positive peer interactions.

Groups will be organized by age group and by play styles. Booking options may be limited to certain times.



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Cost:
\$110/session