

# **Community Roots Support Services** New Beginnings – Transitional Independent Housing Program

<u>Community Roots Support Services</u> is a local agency that provides support to Individuals in the greater Victoria area, from Sooke to Sidney and everywhere in-between. We support Individuals with diverse abilities to achieve independence and community participation, with service delivery that responds to an Individual's changing circumstances. Experienced, well-trained staff and natural supports will come alongside to help the Individual to overcome challenges and to reach positive personal outcomes which improve their quality of life.

At Community Roots Support Services, we do not abide by a one-size fits all approach. We recognize that for some Individuals, reaching set goals and improving quality of life will be more readily achieved outside the home share umbrella. The ability to adapt to meet the needs of the Individuals we serve is the driving force behind our New Beginnings Transitional Independent Housing Program.

## **Our Partnership**

Through our partnerships with various housing providers, including <u>M'akola Housing Society</u>, <u>Greater Victoria</u> <u>Housing Society</u>, and <u>Victoria Cool Aid Society</u> we are able to provide Individuals receiving support hours though <u>Community Living BC</u> independent housing in combination with one-to-one and group support from a highly skilled and trained Community Support Worker.

## **The Program**

In the New Beginnings program, Individuals will have their own affordable, independent apartment suite and will meet with a Community Support Worker for a predetermined amount of time each week with intention of maintaining the living space, learning the required life skills to succeed in independent housing, and build community.

The units within this program fall under the category of transitional housing. Transitional housing is designed to provide a supportive living environment where Individuals can build skills and resources for independent living. These homes are not considered tenancies under the Residential Tenancy Act because they are part of a broader support program with the goal of helping residents transition to more permanent housing solutions. Instead, we have our own set of guidelines and policies designed to ensure a safe, respectful, and supportive environment for all our residents.

As part of our partnerships with our housing providers, if an Individual in our transitional program demonstrates success in achieving their individual goals and independence, they may be offered the opportunity to transition into a regular tenancy.

Transitional housing is about more than just providing a place to live. It's about **building a community**. Our homes are places where Individuals can form meaningful relationships with staff and fellow Individuals, fostering a sense of belonging and mutual support. This community aspect can greatly enhance Individuals' quality of life and their success in achieving independent living.

## Eligibility

- Individuals must be 19 years of age or older;
- Individuals must have outreach or community inclusion hours from CLBC, with a minimum support amount to be determined by CRSS based on individual need.
- Individuals must be willing to sign a Program Participation agreement, agreeing to work with a Community Support Worker for the hours provided by CLBC

## **Type of Supports**

A Community Support Worker provides a supportive environment to assist the Individual in their personal growth, including personal healthcare, community involvement, life skills, communication and goal setting. These may be offered in a 1-1 or small group setting with other participants, based on need.

Groups include: food security (lunch and dinner programs), group outings (swimming, gym, library, hiking, shopping), and other activities decided on by the group. All group activities are driven by the Individuals participating in the program.

#### For more information

#### Casslyn Krohn, Organization Manager

Email: casslyn@communityroots.ca or www.communityroots.ca

Cell: 236-508-8001