

Developing My Will to Love

Location: Noosaville, Queensland, Austrália, in February 2016

Series: Education in Love

Presenter: Jesus

Available at: [Divine Truth¹](https://divinetruth.com/sites/main/en/index.htm#download-event-2016.htm)

¹ <https://divinetruth.com/sites/main/en/index.htm#download-event-2016.htm>

Summary

Welcome & Housekeeping

Introduction

Purpose of An Education In Love Assistance Groups

God's universe operates on God's Love
Our purpose is to educate you about God's Love

Being Educated From The Highest Source

If I am blind, then the first question to ask a person helping me is:
Before we can be educated on any subject
If God exists, then God is the highest source of Truth about Love
If we are to be educated in Love, then a connection with God is essential

Evidence of God's existence

There is a mountain of evidence of God's existence
Experimenting with the fact of God's existence
Knowing whether God exists has a large impact on your education in Love
If God exists, then:

Evidence that God's definition of love varies greatly from human's

Lets face the facts
It is fact that God is not doing what humans think love should do
It is fact that people on earth are in a huge amount of pain and suffering
It is fact that humans are frequently unloving (by any definition)
It is a fact that humans do not take responsibility for their own behaviour
It is a fact that humans don't believe in perfection

It is plain we have a lot to learn about Love

This course will hopefully be the beginning of your education in love
An Education in Love will involve
This group

Group 1 - Developing My Will To Love

Analyse my desire to love and change
Analyse my fear of love and change
Developing my will to love and change

Conclusion

Introduction

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Group 1 - Developing My Will To Love

Analyse my desire to love and change
Analyse my fear of love and change
Developing my will to love and change

Conclusion

How I Feel About Love

Introduction

If you do not sincerely answer this question:
Facing how you truly feel about love requires deep personal honesty

5 Questions to Ask Oneself

Am I going to let go of my own arrogance?
Am I going to be prepared to let go of my definitions of "love"?
Am I truly prepared to emotionally feel my own lack of love?
Do I really want to absorb God's definitions of "Love" no matter what the cost?
Am I really going to desire and follow God's way of Love?

Why My Arrogant Opinions Of My Self Are Important To Me

I desperately want to hold onto my own façade
I desperately want to hold onto my own addictions
I desperately want to hold onto lies about myself

Questions I must be willing to answer directly and honestly:

What are my own real emotional definitions of God?
What are my own real emotional definitions of God's Love?
What are my own real emotional definitions of unconditional human love?
Am I truly desirous to emotionally experience and release my real feelings out of harmony with God's Truth?
Am I truly desirous to absorb God's definitions of Love into my emotional condition, my beliefs, and my life, no matter what the consequences?

Conclusion

If I wish to grow in love, then:
Am I really prepared for that?

How I Feel About Love Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

Actual Questions Answered

Feeling distant from God
Feeling blocked towards God
The desire to believe in God in order to avoid fear
Addressing emotional blockages of doubt towards God

Family dynamics
Some reasons for not desiring a relationship with God
Addictive desires to be 'loved'
Confusing Love with addictions being met
Not having a sincere feeling to long for God's Love
Soul based knowing
The so-called 'unworthiness' emotion

How I Feel About Change

Constant Change Is Necessary To Grow
Life is full of change
As I age I may begin to deny this truth
I begin to rationalise that change is not necessary

The Truth about Change

I am created and designed to change
How fast am I able to accept the beautiful things God offers?
How fast am I able to accept the beautiful things God offers?

What Is Going To Change?

How ready am I for that?

How Do I Really Feel About This Reality?

Having emotional responses

What are the four reasons I resist change?

I lack faith in God's Goodness
I tell myself lies rather than accepting God's Truth
I justify my own fear of action
I justify my own fear of action
I justify my own fear of action

Focus On Feeling My Emotional Response To The Reality Of Change

Focus On Feeling My Emotional Response To The Reality Of Change
As I grow God always gives me greater gifts and happiness, not less

Notes:

We often associate change with loss and restriction

How I Feel About Change Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

Things to consider

How have I changed?
What have I changed?
What did I do to change?
How have I resisted change?

Actual Questions Answered

Using will-power and effort to change
Resistance to personal truth prevents change
Being exhausted in never ending cycles using will-power and intellect to change
Dealing with issues of self-worth
Basing our development and education on the world's definition of love
Choosing to be alone causes harm to others
Constant pain in our day to day life
Fear of addressing unloving behaviour of others in public

How & Why I Remain Unloving

Introduction

Analysing why and how I remain unloving

Fear is a human creation
What are the reasons why and how I remain unloving
Faith can be developed
Faith In God
Faith In How God Created Me
Faith In God's Goodness
Faith In God's Laws
Faith In God's Truth
Faith In God's Love
Faith In God's Way
Resistance To Truth is a personal soul based choice
Our personal emotional reality (personal truth)
God's Truth
Fear of emotion and action
Fear Based Thinking
Fear Based False Beliefs
Fear Based Actions
The Desire To Remain Inactive & Ignorant

The MAIN Reason

I want to keep doing what I am already doing

How & Why I Remain Unloving Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

My Denial, Excuses, Justifications, Minimizations, Blaming Others, and Lying To Myself about:

Actual Questions Answered

Denial, excusing, justifying, minimizing, shifting blame, lying are real soul injuries
Excusing the unloving choices of self or others
How to actually address an emotional excuse
Everything is about the choices we make from our soul
How the mind supports soul based choices
How we know whether the false belief is in the mind or emotional
Example of unworthiness

Session 1 Personal Feedback

Introduction

Potential Discussions

Facing What My Current Life Tells Me
Facing That I Do Not Want To Love
Facing That I Do Not Want To Change

Jesus gives personal feedback to:

Lani Reid
Elvira Gregorich

Session 1 Group Feedback

Introduction

Jesus gives group feedback about:

We do not receive God's Love because we personally reject God's Love

The barriers we place around ourselves to the reception of Love and Truth
God wants to give God's Love to every child
Having Faith That God is Good
Facing What My Current Life Tells Me
Facing That I Do Not Want To Love
Facing That I Do Not Want To Change

Session 1 Review, Conclusion & Homework

Review

Introduction
How I Feel About Love
How I Feel About Change
How & Why I Remain Unloving

Homework

How do I personally feel about love?
How do I personally feel about God?
How do I feel about change?
What are my personal methods for remaining unloving?

Conclusion

If you wish to education yourself in Love, you must:

Session 1 Reminders & Homework Review

Review

Introduction
How I Feel About Love
How I Feel About Change
How & Why I Remain Unloving

Homework

How do I personally feel about love?
How do I personally feel about God?
How do I feel about change?
What are my personal methods for remaining unloving?

Conclusion

If you wish to education yourself in Love, you must:

Facing My Resistance To Faith

Introduction

Am I an adult, or a little baby?
What is Faith?
A lack of faith is a human creation

To Change: Resistance To Faith Must Be Experienced Emotionally

What am I doing to access my emotions?
What am I doing to confront my false beliefs?
God created me as an emotional being

Lack of Faith vs Resistance to Faith

Lack of Faith
Resistance to Faith

Why I Want To Resist Developing Faith

Faith will mean that I will feel more
I need to avoid faith so that I can feel less
To avoid real faith, I manufacture False Beliefs to justify unloving behaviour
Once I justify False Beliefs, I use False Beliefs as an excuse to be unloving
BUT, all of this is SIN!

A Lack Of Faith Will Not Result In Growth

Humility is:
Unless I change my lack of Faith, I will continue to believe and act unlovingly
Talking about having Faith is not actually having Faith

Notes For Experiencing My Lack Of Faith In:

God
How God Created Me
God's Goodness
God's Laws
God's Truth
God's Love
God's Way

Facing My Resistance To Truth

Introduction

Am I an adult, or a little baby?

Resistance to God's Truth is a human creation

To Change: False Beliefs About Truth Must Be Experienced Emotionally

What am I doing to access my emotions?
What am I doing to confront my false beliefs?
God created me as an emotional being

Lack of Truth vs Resistance to God's Truth

Lack of Truth
Resistance to Truth

Why I Want To Resist God's Truth

God's Truth will mean that I will feel more
I need to avoid God's Truth so that I can feel less
To avoid God's Truth, I manufacture "my truth", and then justify it
Once I justify "my truth", I use it to excuse being unloving
BUT, all of this is SIN!

Justifying "My Truth" Will Not Result In Growth

Humility is:
Unless I change my desire for God's Truth, I will continue to act unlovingly
Talking about false personal opinions is not releasing them

Facing My Resistance To Faith Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

Actual Questions Answered

Longing for God or Jesus like a lover
Stopping ourselves from loving desire
Questions, doubt and faith
E.g. How God can have a relationship with every person in the Universe
Issues of lack of worth are not a lack of faith
Having faith in God rather than in self-reliance
Whether an 'intellectual faith' is possible
Addictions to telling stories and needing reassurance

Facing My Resistance To Truth Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

Actual Questions Answered

Longing for Truth is the most important personal quality besides faith
Why we have angry and defensive reactions to Truth
God does not place our worth upon how much we know
Humans associate personal worth or value with what we think we know
How to separate our personal worth or value from what we think we know
Using what we believe we know to control and manipulate others
Why emotional processing is still difficult when we have faith and desire for truth
Types of resistance to Truth

Facing My Fear Of Action

Introduction

Am I an adult, or a little baby?
Many take LESS action since hearing Divine Truth

In Order To Change: Fear Of Action Must Be Experienced Emotionally

I cannot expect to change unless I process emotionally
What am I doing to access my emotions?
What am I doing to confront my false beliefs?
God created me as an emotional being

Fear and Action

Fear is a human creation
Action & False Beliefs

Why I Want To Avoid Acting

Action will mean that I will feel more
I need to avoid taking action so that I can feel less
To avoid taking action, I manufacture FEAR, and then justify it
Once I justify FEAR, I use reasoning on FEAR as an excuse to remain unloving
BUT, all of this is SIN!

Actions Without Humility Will Not Result In Growth

Humility is:
Unless I change my desire to feel fear, I will continue to act in FEAR

Talking about fear is not experiencing it
In Order to Grow I must:

Facing My Fear Of Emotion

Introduction

Am I an adult, or a little baby?
Reliance on others doesn't work
Fear is a human creation
My fear is my responsibility

My Will Used in Fear of Emotions

Will Used to Avoid Fear
Two 'Roads'

What God wants me to learn

God created me as an emotional being
God gave me the gift of free will
Almost everyone present is using their will to avoid their fear of emotions

In Order To Change: My Fear Of Emotion Must Be Experienced Emotionally

What am I doing to access my emotions?
What am I doing to confront my false beliefs?

The Relationship between Truth, Emotion & Growth

Humility is:
I want to avoid emotions because they connect me to truth & I change
I avoid feeling emotions so that I can maintain the illusion of control
To avoid emotions, I manufacture Self-Deceiving Emotions, and then justify them
Once I justify Self-Deceiving Emotions, I use these to remain unloving
BUT, all of this is SIN!

Being Emotional is how I was created

Notes For Facing My Fear Of Emotion

This includes emotional beliefs about becoming a sensitive, expressive person
This includes emotional beliefs about the transient nature of my emotions (the workings of the human soul)
This includes emotional beliefs about self-reliance & control

Experiencing My False Emotional Beliefs About Holding Onto My Current Life

Emotional beliefs must be released

Experiencing My False Emotional Beliefs About Being Emotional & Overwhelmed

My beliefs about emotions must change

Experiencing My False Emotional Beliefs About Changing

My beliefs about change must be released

Notes

Making feeling my number 1 priority everyday
Belief that emotions are the problem

I Deny, Excuse, Justify & Lie To Myself To Support Living In My Fear

Fear Based Thinking
Fear Based False Beliefs
Fear Based Actions

Facing My Fear Of Action Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About

Actual Questions Answered

Getting sidetracked from taking positive action
The internal justification of negative actions
Having courage to take action ends with good results personally and collectively
Making the choice to feel emotion rather than suppressing emotion
Adult fears have accumulated and prevent us from taking future action

Facing My Fear Of Emotion Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About Fear as a human creation

Actual Questions Answered

Emotions that exist without being caused by previous personal harm
Placing a limit on feeling our painful emotions
Judging personal worth based upon sinful emotions & desires that exist within

Session 2 Group Feedback

Introduction

Session 2 Review, Conclusion & Homework

Review

Facing My Lack Of Faith
Facing My Fear Of Emotion
Facing My Fear Of Action
Facing My Resistance To Truth

Conclusion

If I wish to educate myself in Love, I must:

Homework

How am I demonstrating that I am living by Faith in my daily life?
How am I taking action to become more loving in my daily life?
How am I demonstrating humility in my daily life?
How am I demonstrating my openness to God's Truth in my daily life?

Session 2 Reminders & Homework Review

Review

Facing My Lack Of Faith
Facing My Fear Of Emotion
Facing My Fear Of Action
Facing My Resistance To Truth

Homework

How am I demonstrating that I am living by Faith in my daily life?
How am I taking action to become more loving in my daily life?
How am I demonstrating humility in my daily life?
How am I demonstrating my openness to God's Truth in my daily life?

Conclusion

If I wish to educate myself in Love, I must:

Understanding My Will

What Is Will?

Free Will is the gift God gave to all persons
My Will is the personal development and use of the Gift of Free Will
I am conceived with no will, but with the gift of Free Will
I am learning to develop my will through my experience and choices
My Will originates in the soul, it is a soul based quality
It is influenced by:

Will is NOT 'will power'

Will
Will Power

Clarifying Points Regarding My Will

My will originates in my soul, NOT my intellect or my facade
My will is always engaged
I am always in charge of how I use my will

Understanding How Negative Changes To My Will Occur

Sinning: acting in disharmony with God's Love, God's Truth or God's Laws causes
destruction of love-based
will
Sinning: allowing others to influence me to sin

Understanding How Positive Changes To My Will Occur

Not sinning: acting in harmony with God's Love, God's Truth or God's Laws causes
development of
love-based will
Becoming perfect: allowing God's Love to perfect me

Understanding my will is crucial if I wish to:

Understand who I am, as God created me
Understand how to be truly happy and loving
Make real, lasting changes to my soul and my life
Have a relationship with God
Stop pain & suffering

Understanding My Will Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About Fear as a human creation

Actual Questions Answered

Not taking personal responsibility for how we use our will
Feeling emotions is the way to discover the truth
'Listening' to Divine Truth while using will to emotionally avoid Truth
Every addiction is the desire to avoid personal responsibility for internal emotions
Using will and sin
Use our will to examine our desire to work through sinful emotions
The emotional reasons for avoidance within the audience
Engaging will to take personal responsibility for emotions
The will to avoid telling the truth
Making comparisons that are illogical in order to avoid emotion
Understanding and experimenting with the use of our will
The difficulty of 'helping' people who avoid the use of their will

Pain, Pleasure & My Will

Introduction

The majority of attendees and the world in general:
For any real progression to begin, I must:

The True Cause Of Pain & Suffering

The true cause of pain is:
The true cause of suffering is:

The True Cause Of Pleasure & Happiness

The true cause of pleasure is:
The true cause of happiness is:

The Importance Of Developing My Will To Love

My pain, and the pain of others caused by my choices, will reduce
My suffering, and the suffering of others caused by my choices, will reduce
My pleasure, and the pleasure of others caused by my choices, will increase
My happiness, and the happiness of others caused by my choices, will increase
My relationship with God is completely dependent on making loving choices

A Soul Based Understanding

What will it look like when I have a soul based understanding of these truths?

Pain, Pleasure & My Will

Demonstrated the real causes of pain and suffering, which is:
In the middle section of this course, we will present:
Question

Pain, Pleasure & My Will Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About Fear as a human creation

Actual Questions Answered

Physical pain and the place of medical intervention
Types of guilt and the danger of being motivated by guilt
Taking physical action or corrective medical procedures in addition to avoid awareness of emotional denial
The connection between sin and the avoidance of God's Truth
Measure the amount of pain then ask ourselves what sin causes the pain
Being in emotional pain and suffering
The state of refusing to experience sinful emotion causes physical pain

My Will To Love

Introduction

Three directions to grow will
Developing my will to love is the ONLY WAY to progress
How have I been 'growing' my will?

Reminders from Assistance Group in 2014

Reminder of the 'muscle'
Four ways I build a muscle
Ask myself what I have already done:
Those who really want to act, really do act!

Specific ways to build my will to love

Reminders to do the following in harmony with God's Love, Truth & Laws:
Doing above out of harmony with God's Love, Truth & Laws:
Practical examples of how I currently do this:

Using My Will to Love will mean:

- Recognising how my will is currently exercised
- Deciding to embrace my will in a positive direction
- Changing my current behaviour
- Changing everything about myself
- Changing everything about my life

My Will To Love Q&A

Introduction

I want your questions to be to the point, succinct, and direct

Potential Questions About Fear as a human creation

Actual Questions Answered

- The effects of sin on the soul and the physical and spiritual bodies
- The cause of Hereditary defects in the human body
- Sin in work situations
- The importance of developing our will with regard to sin
- Allowing oneself to feel 'I don't want to'
- Physical pain in our spirit body
- Real knowledge enters the soul
- The problem of using our will to engage our addictions
- Will related to God's Law of Attraction
- Longing for Divine Truth changes the soul
- How our emotions prevent us from actually praying to God
- The difference between will-power and will
- Dispersing the influence of spirit attack
- Using will-power rather than will
- Changing our attitude to pain
- Becoming sincere

Rewards Of Developing My Will To Love

Reminders About The True Cause Of Pleasure & Happiness

- The true cause of pleasure is:
- The true cause of happiness is:

What God Has Already Done That Proves God is Good

- Matt 5:43-48 "God Makes It Rain Upon The Righteous & Unrighteous"
- Things God has done for all no matter how we use our will

The Rewards Of Developing My Will To Love

Matt 6:33 "All These Other Things Will Be Added To You"
Gifts God gives dependent on how we use our will

Some Examples Of Things Added To Your Life When You Love

Relationship with God
The Reduction Of My Pain
The Reduction Of Other's Pain
The Increase Of My Pleasure
The Increase Of Other's Pleasure
The Quality Of My Personal Life
The Quality Of Everyone's Life

Be Motivated To Act By Having Faith In The Rewards

If none of these things are motivation enough then:
For me, each one of these things is motivation enough to make:

Using My Will To Love In The World

Opportunities To Love

The advantages of living in the world are:

Encouragement To Exercise My Desire To Love And Change While Living In The World

Unloving spirits bribe, threaten, and blackmail me into using my will unlovingly
Unloving people bribe, threaten, and blackmail me into using my will unlovingly
I attract situations because of my soul-based condition to expose my will
Loving spirit helps highlight opportunities for me to use my will lovingly
I can create opportunities to use my will lovingly
God, and God's Laws, give me opportunities to use my will lovingly

Conclusion To Developing My Will to Love

We have purposely attempted to:
Thanks

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Welcome & Housekeeping

Presenter: Jesus

Description: Jesus welcomes the participants to the Assistance Group, and outlines the general plan for the programme, along with providing some general principles for participants to follow

1. Welcome

1.1. Our Pleasure

To meet you and welcome you

To present these sessions to you

Jesus & Mary have prepared all of the sessions

Igor, Lena and Cornelius are the technical support team

1.2. Your Opportunity

To gain a much better education about love

To practice principles of Divine Truth, humility, desire for truth & love

To meet each other

To engage these sessions with all of your heart

2. Logistics

2.1. Care for the venue

Loving to keep your room clean and tidy

Rooms will not be serviced during your stay

Pay for additional servicing if you want it

Be courteous with staff and other guests

2.2. Care for the recording

We are recording all sessions

Please be aware of not walking in front of cameras

We are doing live editing

Don't talk to the technical team while they are performing their jobs

Make sure you are quiet during the session

If you use the microphones, please make sure you use them properly

Please do not hide from the video camera while in the audience. If you cannot see the camera, please stand up while asking a question and interacting.

Need volunteers for running the microphones on rotation

(Demonstrate the usage of the mics)

2.3. Care for the presenters

Remember we are talking for 4-6 hours straight per day

We do not wish to have additional conversations with you about your personal issues

We have plenty of question and answer sessions, ask about your personal issues during those sessions, or do not ask at all

Please clear this venue promptly after the conclusion of final talks each day

2.4. Care for each other

Please make sure you are loving to each other

Make sure you are not condescending, belittling or arrogant with each other

We shall remove any person who is unloving to ourselves, other guests, or the venue itself

2.5. Families with children

There are many dangerous places within the venue

You must be completely responsible for your children at all times

Please obey the rules for the resort

Please make sure that if your children create noise in this auditorium, that you immediately remove them

Make your own arrangements for baby sitting etc if you wish

3. Programme Format

3.1. Programmes posted in this auditorium

Please make sure you are here well in advance of each session

Each session is two days long, and then we have a day break

There is homework before each day break

The first day of each session begins at 10:30am

The second day of each session begins at 11:00am

3.2. Timing

Toilet breaks every one hour

We won't wait to start sessions

All toilet breaks are a maximum of 10 minutes

A single mid day session break is 20 minutes

3.3. Meal times

Up to you when you eat, what you eat, and where you eat.

There are a number of local restaurants and supermarkets

3.4. Personal Feedback Sessions

Purpose & format

Varying lengths

Only set times in the program

Register for specific issues relating to the theme of the session

Topic – initially selected by the participant but might be changed

Anger & resistance not tolerated (Jesus will cover this at length)

How to register

Microphones – 5 minutes before or miss out

3.5. Music Programme

Fab & Kate have volunteered to provide music

4. Water

Where to find it, Refill bottles

5. Rooms & Facilities

5.1. Linen change & towels

No changes unless you request and pay for arrangements

5.2. If sharing

Those sharing with strangers (hopefully new friends)

6. Love

6.1. Purpose of group – grow in love

6.2. Opportunity to display love to venue, staff, presenters, support team and fellow participants

An Education In Love & Developing My Will To Love Welcome & Housekeeping Page 4 of 4

6.3. If we find a lack of love we will address it immediately

6.4. If we find you have missed a session, then unless there are special circumstances (injury, death etc) we will ask you to leave the event

Sign of respect for the information and presenters to attend all of the sessions

Finish

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Introduction

Presenter: Jesus

Description: Jesus introduces the Education In Love Assistance Groups by talking about the Source of our education in Love, God's definition of Love in comparison to humankind's definition, and provides an overview of the coming week

Purpose of An Education In Love Assistance Groups

God's universe operates on God's Love

All laws are based around love

Every one of God's Laws from the smallest affecting our physical life and the greatest affecting our soul based life are all based on love

It makes logical sense to get an education in love, and in particular, God's Love

Our purpose is to educate you about God's Love

When we mention the word "love" everyone has a different concept

So we wish to clarify what we mean when we talk about love

Being Educated From The Highest Source

If I am blind, then the first question to ask a person helping me is:

Can you see?

If a person cannot see, then they cannot lead me anywhere

Pointless to be educated by people whose life demonstrates they also do not know

Before we can be educated on any subject

We must find a person/being with a higher amount of knowledge on that subject

We must be able to receive knowledge from that person/being with an open heart

We must have faith that the person/being is sharing with us the truth

We must be able to put into practice whatever knowledge is received

If God exists, then God is the highest source of Truth about Love

As mentioned below, there is a mountain of evidence of God's existence

If God does exist, then God created humans

Since humans are capable of Love, then God must be the highest source of Love

If we are to be educated in Love, then a connection with God is essential

Since God is the highest source, we must be educated by God

If our education is from the world, we shall end up in the same condition as the world

Since the world is in pain and suffering, listening to the world is inadvisable

Evidence of God's existence

There is a mountain of evidence of God's existence

Complex design requiring a designer

Mathematically predictable physical universe

Growing amount of evidence about other dimensions

Growing amount of evidence about life beyond death

The existence of Love's potential in the human

The ability for each human to receive love and knowledge from God

Experimenting with the fact of God's existence

Humans have avoided any real sincere experiment with God

As a result, humans avoid firm knowledge about whether God exists

Humans have little knowledge of what is loving

Humans have no idea whether God's definition of love is different from their own

Participants will have to conduct a number of their own experiments with God

Participants need desire to experiment directly with God in order to find out the truth

Knowing whether God exists has a large impact on your education in Love

If God exists, then God would know the most about Love

Many who listen to Divine Truth have not trusted what we have said about God

Many who listen to Divine Truth personally don't believe what we say about God

We present things we have discovered about God (and have done for many years)

Participants need to develop a much stronger desire to engage in getting to know God

If God exists, then:

God must be supremely powerful

God created all things

God created humans

God created the potential for all human emotion

The emotion of love exists within humans

If God exists then love must also exist in God

If love does exist in God then this love must exist in a perfected state (since God created Love itself)

Relationship with God is the essential ingredient in your education in Love

Evidence that God's definition of love varies greatly from human's

Lets face the facts

Everything that happens in the universe has a logical scientific reason behind it

Logically if there is so much pain and suffering on the planet, there must be a predictable scientific reason for it

It is fact that God is not doing what humans think love should do

God is not healing the sick, humans believe He should

God is not feeding the starving, humans believe He should

God is not stopping human wars, humans believe He should

God is not destroying the wicked (wants the wicked to be redeemed)

Humans want God to be responsible for the pain and suffering on the earth

God wants human to be responsible for their own creations

If God is Love, then why isn't God doing what humans believe love would do?

Obviously God's definition of Love is very different to the human definition

If God exists at all, there must be a reason for the differences

We believe God to be no better and sometimes much worse than the average human

What humans think love should do, God is not doing

What God does, humans do not do

Humans and God almost oppose each other on the subject of Love

It is fact that people on earth are in a huge amount of pain and suffering

We have lived for millennia with the human definition of love only to find that there is still a huge amount of pain and suffering occurring on the planet

It is not scientific to continue doing the same things over and over when the result is always pain and suffering

We have experimented with human's definition of love for many millennia

The result has been more pain and suffering

The logical scientific approach is to question how to end pain and suffering

We need to find the way to end pain and suffering

This requires us coming to terms with what we are doing does not work

It is fact that humans are frequently unloving (by any definition)

We allow terribly damaging things to occur, just so long as they occur to other people

We allow and even promote the systematic abuse of children

Religions often also promote the systematic abuse of others, including children

Many humans say that what we are doing is 'human nature' or natural

This is a justification to continue the pain and suffering that is occurring

We are proposing that the problem is a flaw in humankind's concept of love

It makes no sense to continue to agree that humankind's definition of love is correct while pain and suffering continues

Continuing to follow beliefs that have previously caused pain and suffering is not logically the best course of action to take

It is a fact that humans do not take responsibility for their own behaviour

Humans believe in a God that is wrathful, punishing

They then justify their own behaviour (if God does it, why can't we)

We even believe that God is the source of our problems, creating us imperfectly

Humans want God to rescue them from their own creations

It is a fact that humans don't believe in perfection

Humans believe in the "flawed human condition"

Most religions on the planet also believe in the same, and promote those beliefs

Science also does not support the possibility of perfection

It is plain we have a lot to learn about Love

This course will hopefully be the beginning of your education in love

We will present some basic concepts that are poorly understood on earth

We will also present some higher concepts that are important in helping you obtain perfection

An Education in Love will involve

Total program lasts 240 hours, with 8 different sessions

Developing a will to love

Developing a desire for your loving self

Understanding God's Laws of Love

Understanding what happens when you sin (break God's Laws of Love)

Understanding how to recover from sin (breaking God's Laws of Love)

Engaging God's highest Laws of Love

Having a relationship with God (receiving God's Love)

Developing loving feelings for God

These are not the only things that are involved

But these are the initial things that you need to learn if you wish to gain an education in love

This group

Group program 30 hours

In this group we will focus your attention on developing your will to love

Lasts for 6 days contact time (8 days total)

Group 1 - Developing My Will To Love

Analyse my desire to love and change

We want to assist you to analyse your personal desire to love and to change by:

Analysing how you feel about love

Analysing how you feel about change

Analysing your resistance to love and change

We cannot stay the same and expect pain and suffering to go away

It doesn't make any sense to learn more about what the world thinks love is

We must develop a real desire to love God's Way and change our current perspective

We want to change from the standard way that the world views everything

So the first two days of this group will focus your attention on these subjects

Analyse my fear of love and change

We want to assist you to analyse your fear of love and to change by:

Facing your lack of Faith

Facing your fear of emotion

Facing your fear of taking action

Facing your resistance to personal truth

Humans have lived in this condition of pain and suffering for so many millennia

Humans seem to have no real desire to truly discover the cause of pain

This is proof that humankind must be resistive to change and to love

The question then becomes – what is causing this resistance?

This resistance causes disease, war, millions of people dying year in, year out and those who are alive subsisting rather than existing or thriving

There must be major impediments within humans that causes us to live life like this

We are going to discuss with you (over 2 days) why we justify acting in our fear of love and change

Developing my will to love and change

We want to assist you to analyse your desire and will to love and to change by:

Helping you understand your will

Examining the relationship between your will, and pain and pleasure

Helping you to develop your will

Discussing the rewards of developing your will to Love

Encouraging you to develop your will to Love in your daily life

Collectively humans spend thousands and thousands of years living in the same condition without much improvement in the conditions of life on earth

This is evidence we don't have a strongly developed will to become more loving

Individually most people here on earth live from 60-100yrs of age and yet very few people have ever triggered a massive change in love

Though we have major changes and advances in the fields of science and technology, medicine, health and food production, these changes have not translated into less pain and suffering for the planet

In addition some scientific advancements have created more pain and suffering e.g. atomic bomb, weapons etc

And new problems and diseases and issues are being generated everyday which makes life difficult in new ways

Conclusion

On this planet, historically there has only been one person renowned for introducing new concepts of love to the planet

That person is me (Jesus)

However very few people have ever understood what was introduced

And even fewer have engaged the process of practising what was introduced

Part of what we would like to do in this course is to introduce and explain to you some of the very basic concepts of what I taught in the first century and to do it in a way that will hopefully be logical and succinct enough for you to decide to engage the experiments with God that you need to engage in order to become more loving and change.

This is the programme for the week

We'll take a break and be back to discuss 'how do I really feel about love?'

10min break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How I Feel About Love

Presenter: Jesus

Description: Jesus introduces 5 basic questions to ask ourselves, examines why we lie to ourselves, and details a series of truths about God and Love that we must be willing to face if we are ever going to learn about, and grow, in Love

Introduction

If you do not sincerely answer this question:

You will not begin on your quest to educate yourself about love

You will not begin to question yourself about your own definitions of love

You cannot receive any education in love (from God or others)

Facing how you truly feel about love requires deep personal honesty

Stop arrogantly believing that you already know what love is

The world that educated you is demonstrating that it does not know

Your own life is demonstrating to you that you do not know

Sickness, disease, pain and suffering are all indicators that you do not know

Unfulfilled relationships with others show that you do not know

Earth wide problems demonstrate we share the planet with others who do not know

5 Questions to Ask Oneself

Am I going to let go of my own arrogance?

Or am I going to continue to believe I already know when I do not and continue to harm myself and others as a result of my own continuing arrogance?

Am I going to be prepared to let go of my definitions of "love"?

Or am I going to hang on to my own definition while it continues to destroy my own life and the lives of people around me?

Am I truly prepared to emotionally feel my own lack of love?

Or am I going to refuse to acknowledge, accept and work through my unloving emotions which will make it impossible for any loving change to occur for me, and very difficult for those around me?

Do I really want to absorb God's definitions of "Love" no matter what the cost?

Or am I easily swayed from my education in love, which means there is basically no point wasting the time learning about Love in the first place?

Am I really going to desire and follow God's way of Love?

Or am I just going to talk about it and give it lip service?

Why My Arrogant Opinions Of My Self Are Important To Me

I desperately want to hold onto my own façade

The belief that I am already loving, when from God's perspective (and God's Laws perspective) I am definitely not

The belief that I know what love is, when I do not

The belief that I know much of anything, and others around me do not

I desperately want to hold onto my own addictions

My addictions help me avoid the truth about:

How I really feel

How I really look

How I really am

What I really believe

How I really act

I desperately want to hold onto lies about myself

While I believe these lies, I do not have to change, grow, or confront myself

I will need to let go of my own opinions

I will need to desire to gain God's opinions

We want you make a choice to do this right NOW, and for the rest of our presentations

Questions I must be willing to answer directly and honestly;

Face up to reality!!! Get real!!! Stop lying to yourself!!!

What are my own real emotional definitions of God?

Questions I need to ask myself about God. e.g.

Does God actually exist?

Does God exist to me?

Does God matter to me?

Am I angry with God?

Do I feel God cares or not?

Do God's opinions and laws matter to me?

I am only here because of what I want from God?

What are my own real emotional definitions of God's Love?

Questions I need to ask myself about God's Love. e.g.

Is God's Love real?

Does God's Love matter?

Do I wish to feel God's Love?

Why don't I want to receive God's Love?

What is the point of feeling God's Love anyway?

Do I trust God's Love?

Do I trust that God's Laws are Loving?

What are the characteristics and attributes of God's Love?

What are my own real emotional definitions of unconditional human love?

Questions I need to ask myself about my own love, and human love generally. e.g.

What do I believe about human love?

Why don't I want to give or receive love?

Do I believe love is safe or unsafe, controlled or uncontrolled, or secure or risky?

Do I value love, or believe in the power of love to change my life positively?

Do I believe unconditional human love is possible?

Do I believe love is painful, demanding or unpleasant?

Do I believe that love means I feel good all the time?

Do I believe love means duty and sacrifice?

Do I believe that meeting addictions = love? Eating a chocolate bar? Instant gratification and rush of pleasant feelings?

Am I truly desirous to emotionally experience and release my real feelings out of harmony with God's Truth?

Questions I need to ask myself about experiencing my own emotions. e.g.

How do I really feel about emotionally experiencing my unloving emotions?

Do I really believe there is any benefit at all to doing this?

Do I trust God's Way at all?

Do I really just trust my own way?

Am I prepared to feel about love?

Am I willing to give and receive love when it will sometimes feel challenging?

Am I willing to release my viewpoints of love if it requires my experience of pain?

Am I willing to do this even when my partner, family, and the world criticize?

Am I really sorry (repentant) for my unloving feelings, thoughts, words & actions?

Am I prepared to emotionally forgive others for their unloving feelings, thoughts, words & actions?

Am I truly desirous to absorb God's definitions of Love into my emotional condition, my beliefs, and my life, no matter what the consequences?

Questions do I need to ask myself about my sincerity, honesty and desire. e.g.

Am I ever really honest with myself?

Do I really have a desire to live a completely truthful and transparent life?

Am I willing to accept God's Truth even if I am the only person doing this?

Am I willing to absorb the attack that comes from others in disagreement?

Am I prepared to remain loyal to Love and Truth, even with the threat of death?

Conclusion

If I wish to grow in love, then;

I will need to be sincere about answering the 5 questions

I will need to work through many months/years of emotional resistance to Love

I will need to work through many centuries of emotional resistance to God

I will need to do this no matter what the consequence in my life

While I reject the source of education, I cannot be educated

Am I really prepared for that?

Unless I am, then there is little point participating here

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How I Feel About Love Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "How I Feel About Love"

Introduction

I want you questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

Arrogance

Letting go of my definitions of "love"

Emotionally feeling my unloving condition

My desire to absorb God's definitions of "Love" no matter what the cost

Blocking the "Source" of our education in Love

My real desire to follow and live God's way of Love

Actual Questions Answered

Feeling distant from God

We may have separated our parents from our concept of God

But while we hold onto emotions about our parents, these are projected at God

Must deal with emotions related to the family of origin to begin relationship with God

We must process through emotions in order to begin a relationship with God

God attempts to expose to us our next most important emotion from His perspective

We often want to know the answer to everything before we deal with anything

The problem with this is that we end up dealing with nothing

This is because we are attempting to control the process of emotional release

We need to trust God's Way of addressing emotion until the emotions are done

We will know when it is done, because we will be at-one with God (assumes desire)

Feeling blocked towards God

Many parents are abusive towards their children

Often it is a relief to see that our 'parents' are not the same as God

But due to emotional injuries with our parents, we still have blockages with God

We then have a developing relationship with God, but it is not complete

We can love the concept that God is not like our human parents

But we will still have emotional blockages towards God due to parental injuries

e.g. We may believe God is loving, but still not trust God

e.g. We may believe God is loving, but still not trust God's Way

We need our education in love from God

But if we cannot feel God, then no education in love is possible

So we need to focus our attention on removing our blockages with God

These blockages are emotions tied up with human relationships (family of origin)

The faster we remove blockages with God, the more rapid our education will be

The desire to believe in God in order to avoid fear

Fear is an emotion that must be experienced

God will not have a relationship with us so that we can avoid fear

Having any belief (including a belief in God) based upon fear is emotional avoidance

We need to be willing to feel the emotion we are avoiding by choosing belief systems

We must be willing to experience these emotions

If we do not, then we will not be able to become educated in love

Addressing emotional blockages of doubt towards God

Doubt is an emotional blockage towards God

Doubt is also an emotion that needs to be experienced in order to be released

Doubt is an excuse based emotion; it is an excuse to not act

We need to find the emotional reason why we want to doubt

Doubt is an emotion of choice

We prefer to feel 'doubt' than address the emotions driving our desire to doubt

We do this in order to avoid addressing the real emotions

Our mind is a tool used by the soul to justify the soul's desires

e.g. Soul does not want to act then the mind will create 'good' reasons to avoid acting

e.g. Soul wants to feel safe then the mind will justify sin in order to feel safe

Family dynamics

Often parents do not actually parent

They rely on their older children doing the 'parenting' for their younger children

We then emotionally see our parents as distant and uncaring

We also emotionally see God the way the older siblings feel about parents

Some reasons for not desiring a relationship with God

If we have trouble having a soul based longing for God then we don't want God's Love
We then need to feel about why it is we would not want God to love us
This is usually because we believe love is demanding, controlling, manipulative etc
We need to start with the acknowledgement that we do not want God's Love
Then we need to allow ourselves to discover why without judgement
We often feel that a relationship with God will result in more emotional trauma

Addictive desires to be 'loved'

This is not the same as truly longing for Love
If my definition of love is being approved, then I want that from God
But God may not be able to approve of us in our current condition
While we want things from love, we are not seeing that Love is a gift
This causes us to demand things from others and God
God cannot support these addictions
e.g. Addiction = desperate desire for God to make me feel good about myself
e.g. Addiction = desperate desire for God to approve of me
e.g. Addiction = desperate desire for God love me without sharing truth with me
e.g. Addiction = desperate desire for God to protect me
When we have demands towards God, we are not able to receive God's Love
Our demands cause us to believe that love will supply our needs and demands
But this is not true, since love is a gift, and cannot be demanded from anyone
Reference to channelling from Sonya (2016 Spirit Discussion)
Identify all of our addictions by asking a simple question:
"A person who loved me would do ... for me?"
Our list of beliefs about what love would do are our addictions about love
If God fed our addictions by giving us our own definition of love, then God would be teaching and reinforcing our false beliefs about love; God will not do this

Confusing Love with addictions being met

God knows that our bad feelings must be felt to be released
God knows that the choice to feel our emotions must be made by us
God cannot force this choice to be made since he gave us the gift of Free Will
God cannot make our bad feelings go away unless we are prepared to feel them
e.g. Allow myself to feel what I feel
e.g. Allow myself to ask the question 'why' do I feel this way about myself
Asking why tells us the truth about our childhood experiences
Many of the things we are terrified of are really minor things

Not having a sincere feeling to long for God's Love

Constructing a false belief that it is impossible to receive God's Love

Constructed beliefs justify our lack of action to refuse to long for God's Love

Ask self: "What are the real reasons why I am not longing for God's Love?"

e.g. I should get what I want from God if God really loves me

e.g. God should love me without me having to ask for it

e.g. If I don't get what I want I should be able to get really angry about it

The real reason is that I am really angry with God for not giving me what I want

God will not respond to our demands

We give up longing because we do not wish to face the addiction of our demands

We are unwilling to face the selfishness demands of 'our definition of love'

e.g. Wanting to protect our own heart while someone loves us

e.g. Wanting to receive love without giving it

These are deep fears that we are refusing to feel about with God

e.g. If I open my heart to love, I believe I will be destroyed

Many of our fears we believe are life and death matters

Soul based knowing

It is not possible to lose a soul based knowing of something

It is possible to lose an intellectual knowledge of something

It is possible to begin experiments with God but not complete them

Under these circumstances we will never resolve the issues with God

e.g. Have an experience with God

e.g. This experience challenges us emotionally

e.g. We then choose to shut down the emotional experience

e.g. By shutting down the experience we do not allow the experience to complete

e.g. By not completing the experience we never resolve what the truth is

We must learn to allow emotional processes to complete

This involves us being stretched emotionally

Process 1: Release the hurt emotion about the matter

Process 2: Accept God's Truth (an emotion from God) about the matter

If partial hurt is released, then we can only receive partial truth from God

e.g. Addiction to want others to do our emotional work for us

e.g. Addiction to wanting a mummy or daddy to be responsible for our feelings

These addictions prevent the experience of receiving Love from God

God is attempting to teach us to be self-responsible beings who understand their will

We are often arguing with God about our definition of love

We have a desire to hold onto our own definition of love & have God accept that

The so-called 'unworthiness' emotion

Constantly feeling unworthy is living in a false belief

Living in false belief of unworthiness reinforces the false belief of unworthiness

As a result the emotion will never be released

We need to ask ourselves why we feel unworthy

This is specifically related to how we have been treated by others as a child

We cannot process unworthiness emotionally without first feeling how we have been treated as children by others; we need to remember and feel about these events

Sitting in an unworthy feeling is just living in a false belief

Living in a false belief is in direct disharmony with how God is trying to educate us

e.g. Living in unworthiness opposes God's Truth that God feels we are worthy

e.g. Living in a feeling that we are nothing opposes God's Truth that we are the pinnacle of God's Creations

Someone made us feel unworthy

What did they do to us to make us feel unworthy?

These emotions are the emotions we must access and experience

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How I Feel About Change

Presenter: Jesus

Description: Jesus encourages us to consider the necessity and desirability of eternal change in our lives, how we really feel about change and growth, what is going to change if we embrace Love, and introduces the four reasons why we resist change

Constant Change Is Necessary To Grow

Life is full of change

For example, the growth of a child into an adult

I celebrate when my child changes

Except when I am challenged by the child change

As I age I may begin to deny this truth

This happens as I become arrogant and/or I live in my fear

When many or all of my addictions are met constantly

When I am able to control my external environment

When I don't deal with a challenging change that I could not control in the past

I begin to rationalise that change is not necessary

I feel entitled to comfort and purely happy emotions

I believe that others should change

I deny the impact of my errors on the world around me and other people

I think that humans can solve their problems without God

I do this because I wish to *deny truth*

I deny that my pain and suffering is caused by my own choices

But change is absolutely necessary and desired!

The Truth about Change

I am created and designed to change

Change is the eternal truth of my existence

Embracing positive change brings joy

Resisting any change actually means negative change which leads to unhappiness

How fast am I able to accept the beautiful things God offers?

Change will only continue if I accept the things that God offers

Bliss will only be possible if I accept the things that God offers

Am I being honest about my current state?

What am I currently doing to embrace change?

What am I doing to stop telling myself lies, particularly about myself?

How much have I really changed since hearing Divine Truth?

Use of time, use of resources, relationships etc.

What Is Going To Change?

My level of honesty

My pain

My needs

My beliefs

My attitudes

My perspective

My future

My life

My soul

How I think

My desire for façade

My suffering

My desires

My thoughts

My behaviour

My limitations

My relationships

My body

How I use my time

How I act

My addictions

My comfort

My self expression

My emotions

My perceptions

My possibilities

Myself

My spirit body

How I use my resources

How I feel

How ready am I for that?

I don't know how any of these things will change

I don't know what direction any of these things will take in my future

How Do I Really Feel About This Reality?

excited or terrorized

happy or sad

grateful or resentful

liberated or controlled

energised or lethargic

calm or cranky

encouraged or depressed

curious or disinterested

empowered or lost

Having emotional responses

Am I letting myself feel them?

Am I allowing God to help me with them?

Am I holding onto false beliefs about them?

Am I justifying my fear of acting in harmony or out of harmony with them?

Am I telling myself lies about them?

Am I making excuses for them?

What are the four reasons I resist change?

I lack faith in God's Goodness

What am I doing/have I done to challenge the lack of faith?

I tell myself lies rather than accepting God's Truth

What am I doing/have I done to stop telling myself lies, particularly about myself?

I justify my own fear of action

What am I doing/have I done to challenge my justification of taking no action?

I justify my own fear of being emotionally overwhelmed

What am I doing/have I done to challenge my justification of fear?

We are going to spend a lot more time on these later in Session 2

Focus On Feeling My Emotional Response To The Reality Of Change

As I grow, change will be a constant in my life

I must feel my error based emotions about continual change in order to become comfortable with change and growth

This week we will present a lot of information about beliefs, emotions and attitudes within yourself that will need to change in order for you to grow in love

An important part of growing the will to change will be to experience your emotional response to the ideas and concepts we present

If you try to suppress these responses and accept the truth with only your intellect you will not change or grow

As I grow God always gives me greater gifts and happiness, not less

My willingness to embrace change determines how quickly I can receive those gifts

Notes:

We often associate change with loss and restriction

When we are faced with giving up sin, we feel that we will experience lack or less

The opposite is true

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How I Feel About Change Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "How I Feel About Change"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

The necessity of constant change

What needs to change

How I really feel about change

What will change

Allowing my emotional responses to change

My reasons for resisting change

As opposed to my justifications and excuses

Things to consider

How have I changed?

Emotionally and spiritually

What have I changed?

Actual habits, attitudes etc

What did I do to change?

What emotions did I feel?

What desires did I grow?

How have I resisted change?

What were the effects of me resisting change?

Why did I justify a lack of change?

Actual Questions Answered

Using will-power and effort to change

Addictions to using will-power and effort to change must be processed emotionally

These come from childhood belief systems forced upon us

Change will be natural once we address the 4 primary issues that motivate change

These issues are faith, truth, action and emotion

Resistance to personal truth prevents change

Will be raising this issue in a few days time

We often view conditions within self as 'normal'

e.g. Lack of faith is 'normal' everyone has that

e.g. Resistance to truth is 'normal' no one really wants to hear the truth

e.g. Not taking action, or taking unloving action is 'normal', acceptable

e.g. Preventing painful emotions is 'normal', something everyone does

We are comfortable with a severe amount of pain

We need to become more sensitive to pain

Without truth no change or growth is possible within our lives

Most of us believe that withholding truth is loving

Most of us believe we can have love without truth

Being exhausted in never ending cycles using will-power and intellect to change

Anger => Judgement => Force Will-power => Self-attack & inaction => Anger

This results in exhaustion without change

Need to see what triggers the anger cycles

Need to develop the will to allow the experience of grief

Examine my feelings about each part of the cycle

Each part of the cycle is triggered by desires out of harmony with love

e.g. What does anger give me?

e.g. What childhood events supported suppression of anger?

e.g. What does judgement give me?

e.g. What childhood events supported judgement?

e.g. What does forcing myself do for me?

e.g. What childhood events supported my desire to try harder without feeling?

e.g. What does self-attack give me?

e.g. What childhood events supported my desire to attack myself?

e.g. What does inaction give me?

e.g. What childhood events supported developing a desire to not act?

What causes us to believe that we have to do the right thing when we don't want to?

What causes us to believe we must force ourselves to do the right thing rather than believing that all we need to do is remove from ourselves the reason why we want to do the wrong thing by feeling the emotion?

We get caught in cyclic emotions because we are unwilling to completely experience the emotions of any one or all of the events in the cycle

Each part of the cycle demonstrates where I am not accepting God's definition of Love

Each part of the cycle demonstrates where I am refusing to love myself

The main reason for refusing to love oneself is because we want someone else to love us first, we are needy for someone else's love

We need to learn to love ourselves the way God loves us

We resist that process through our addictions and false beliefs about love

Rather than punishing ourselves for the lack of love of self, we need to find the cause

These cycles will continue until we use our will to break the cycle

Dealing with issues of self-worth

Self worth is all about how others have treated us in our childhood

Most of us refused to examine how others have treated us

The main reason for this is that we still want relationships with the people from our childhood who treated us badly

We are still looking for 'love' from the people who treated us badly

To do this, we must accept the bad treatment of others and blame ourselves for it

We need to experience emotionally the truth about how we have been treated

Most of us avoid the pain of how we have been treated by others in childhood

We then accept the false belief systems of those people who treated us badly

We also impose the false belief systems on ourselves

Choose to surrender to the real pain of how we were treated

If we do this, our unworthy emotions will disappear through the emotional experience

Basing our development and education on the world's definition of love

We do this because we are really afraid of what people think of us

Parents are happy for the child to change as long as the child becomes like the parent

Society is happy for us to change as long as we conform to society

But all this is just avoidance of the emotion of fear about parents and society

If we take loving action outside of family or society norms, and then get attacked, this is an indication the attackers know they can get us to re-conform to their demands

This happens because we are primarily driven by avoiding pain

A person who loves is not driven by avoidance of pain, but rather is driven to make decisions in harmony with love and truth, even if the result is intense personal pain

We do not change on this issue because we are afraid of others

People on earth are willing to kill others who do not conform

Having courage without having a relationship with God completed is difficult
The best time for others to attack us is at the beginning of our relationship with God
I see attack of myself as a good indication I am doing what's right
If I am being attacked it means my definition of love is different to the world's
If I am being attacked it means that my actions are different to what the world wants

Choosing to be alone causes harm to others

A person who loves themselves and others shares themselves with others
Fear is the main emotion driving us to live alone
Fear is obviously out of harmony with love
Being alone is caused by angry emotions from childhood we are unwilling to process
If we are unwilling to process the emotion then change is not possible
If we are unwilling to process the emotion our will is not engaged to love

Constant pain in our day to day life

Fear of change
Fear of taking action
Many feel frozen in terror about making definite changes
Jesus draws 3 scales, pain, will or desire, and fear
For most, fear is high, desire is low, and pain is high
But the pain is not high enough to overcome fear
I need to change how I feel about pain (be willing to experience it emotionally)
I need to change how I feel about fear (be willing to experience it emotionally)
I need to change how I feel about desire or will (I need to grow my will)
If I take these three actions, I will no longer be manipulated by fear or pain
Unfortunately we wait until we are in extreme pain before we release fear emotionally
Unfortunately we also wait until we are in extreme pain before we have any will
Even once we are in extreme pain, most of us feel it is still not worth feeling fear
So the result is more pain and suffering physically and emotionally
We are basically willing to die rather than feel fear
All women on the planet currently are in this state
Most men on the planet are also in this state
We are afraid of feeling the emotion of fear and terror
We need to learn to act and choose to feel the emotional fear as a result
We need to learn to truly want all of our emotion
Prayer to feel all of our emotion is a true desire to feel all of our emotion
We are basically just using our will to live in fear, to avoid the emotion of fear
We need to change to use our will to experience our fear, rather than avoiding it and acting to prevent it
Fear = False Expectations Appearing Real (false beliefs about love and truth)

God's Truth (truth about love and truth) destroys fear

To feel fear, all we need to do is choose to act harmonious with concepts of love and truth, and allow the fear that is triggered to be experienced emotionally

If I refuse to act, I am living in terror, my desire will be squashed, and my pain and fear will increase, and my suffering will increase

e.g. I know I should not feed other's addictions, but I do it anyway, then I am acting in fear

e.g. To trigger this fear, I just need to stop feeding other's addictions and choose to feel the emotions I am afraid of

Our definition of love needs to change

If the contemplated action is in harmony with love and truth, then the action **MUST** be taken no matter how much fear you have about the action, and the choice to feel the emotion of fear **MUST** also be made at the same time to reduce the fear itself

Fear of addressing unloving behaviour of others in public

God is letting people behave badly in public without taking any action, why?

God has the power to act, but does not act in many situations, why?

Firstly there is the issue of Laws governing the Free Will of people involved

Secondly God is giving us (using our Free Will) an opportunity to act

Who created the opportunity to physically, emotionally or sexually abuse children?

In most countries on the planet, it is not unlawful to assault a child

In most countries on the planet, it is unlawful to assault an adult

Why is this the case?

Society approves of this behaviour in the guise of discipline, ownership of children, training children, allowance of parental anger, and so forth

If we observe unloving actions towards children, then there is an unloving viewpoint inside of ourselves that has attracted that event and our observation of it

Feelings of guilt, shame, anger etc all exist within us about these events

We need to first release the feelings, and then we will know how to act lovingly

Finish For Day

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How & Why I Remain Unloving

Presenter: Jesus

Description: Jesus encourages us to consider why we do not make Love the highest priority of our lives, introduces the main denials, excuses, and justifications we use to remain unloving, and outlines the most severe problem of a lack of personal will

Introduction

Analysing why and how I remain unloving

We must come to see that this is a personal choice

We have direct responsibility for how and why we remain unloving

Fear is a human creation

I create fear to justify unloving thoughts, words, feelings and behaviour

Fear must be confronted, and released before I can become loving

What are the reasons why and how I remain unloving

I Deny, Excuse, Justify, Minimize, Blame Others & Lie To Myself About My Resistance To Developing Faith

Faith can be developed

Any lack of faith is our own fault and responsibility

What are the messages we tell ourselves to support our own lack of faith

Faith In God

I tell myself God does not exist

I tell myself I am already a part of God

I tell myself I can never really know God

I tell myself knowing and having faith in God is not important

Faith In How God Created Me

I tell myself that God did not create me

I tell myself that human evolution is the survival of the fittest

I tell myself that God created me imperfect, and justify the imperfection

I tell myself that God's creation of me is flawed

I tell myself that I do not have the capacity to become perfect

I tell myself that perfection is unattainable

I do not trust that God created me with the ability to cope with anything

I do not trust that God created me with the ability to feel everything emotionally

I tell myself that I cannot change

I tell myself that while I live on earth, I must conform

I tell myself that God and the world do not reward goodness

Faith In God's Goodness

I tell myself God does not care about anything

I tell myself God created a harsh and dangerous universe

I tell myself God is punishing and cruel

I tell myself God is worse than the average human

I tell myself that God is a despot, tyrant, and a narcissist

I tell myself that human pain is God's responsibility

I tell myself that human pleasure is fleeting and based upon getting addictions met

Faith In God's Laws

I tell myself that my version of law is the correct version

I tell myself that there is no law but human law

I tell myself God's Laws can be manipulated and broken with impunity

I tell myself that God's Laws are inconsistent and unreliable

I tell myself that there are no benefits from following God's Laws

I tell myself that God's Laws are not loving or kind

Faith In God's Truth

I tell myself that it is impossible to find out the Absolute Truth

I tell myself that what I believe is the real "truth"

I tell myself that what I know about myself is the real "truth"

I tell myself that the truth hurts

I tell myself that the truth is scary

I tell myself that ignorance is bliss

I tell myself that truth is not that important

I lie and withhold truth justifying the act as loving

I tell myself that others will never accept God's Truth, so I only care about my safety

Faith In God's Love

I tell myself God does not care about me

I tell myself God is harsh towards me

I tell myself God is punishing and cruel towards me

I tell myself God gets angry and wants to hurt me

I am angry with God for causing my pain
I tell myself that God's Love is just a concept, an idea fixed in human need
I tell myself that God's Love is not powerful or strong; it is weak
I tell myself that Love can be taken from me
I tell myself that God's Love is not an Emotion of God

Faith In God's Way

I tell myself that there is no such thing as sin
I tell myself that there are no penalties for sin
I tell myself that sin is just a concept
I tell myself that addictions and façade are not sins
I tell myself that sin is only dependent on human perception
I tell myself that I can use my intellect to become perfect
I tell myself that my intellect is the strongest part of me
I ignore my emotional condition
I do not believe that emotional release is important for my progression in Love
I talk about God's Love without feeling it
I want to believe I am following God's Way when it is plain I am not

I Deny, Excuse, Justify, Minimize, Blame Others & Lie To Myself About My Resistance To Truth

Resistance To Truth is a personal soul based choice

Resistance to Truth can be released, and error never acted upon
Acting upon error, living in error, and refusing to accept Truth is our responsibility

Our personal emotional reality (personal truth)

I deny what my feelings really are
I deny that I have a façade
I deny that I have addictions that are ALL damaging
I choose to live in a façade depending upon the circumstances
I choose to keep my addictions which help me deny and avoid fear
I deny I am arrogant, since my arrogance protects me from feeling fear I also deny
I excuse myself by saying everyone else thinks, feels, and acts the same as me
Everyone is the same as me, so why should I have to accept some truth
When I feel pain, it is other people's fault
When things go wrong, it is other people's fault
When I am sick, or have a disease, that is God's fault
I avoid situations, experiences and people who will expose the truth to me
I choose to doubt, rather than resolve primary questions and issues

I choose to blame, rather than take personal responsibility

God's Truth

I doubt God's existence

I doubt God's important to my life

I blame God for things that are not God's fault

I deny the existence of Absolute Truth (while also relying on it e.g. Gravity)

I deny that God has Laws that are in harmony with Love

I deny God's concept of sin

I deny, misinterpret, and intellectualise what God's Laws show me

I choose to ignore emotion

I choose to avoid and block God

I take actions in my life to avoid knowing God's Truth

I refuse to spend time contemplating God's Truth

I busy my life so that I do not have to think about God's Truth

I talk about God's Truth but I do not feel about it

I Deny, Excuse, Justify, Minimize, Blame Others & Lie To Myself About My Fear Of Action & Emotion

Fear of emotion and action

Fear can be released, and never acted upon

Actions can be taken to confront the fear

Acting upon fear, or refusing to release fear is our own fault and responsibility

Refusing to take positive loving action is an exercise of our will

Fear Based Thinking

Everything I am afraid of is real

My perspective of everything I am afraid of is true

I cannot cope with feeling terror or fear

I must avoid feeling fear at all costs

Even if the cost is another human life, I must avoid feeling fear

My anger about what made me afraid is justified

I cannot be expected to do things I am afraid of

I cannot be expected to be loving when I am afraid

I cannot be expected to be truthful when I am afraid

Acknowledging my fear means to acknowledge that there is no hope

Acknowledging my fear makes me weak, powerless or stupid

There is no better life than the one I have made for myself

Fear Based False Beliefs

I am not afraid
I don't feel fear
My fear does not control my life
Fear is a normal human emotion
Fear is essential for survival and my protection
A loving God would never expect me to feel my fear
A loving God would help me avoid my fear
If I sin when I am afraid, that is excusable

Fear Based Actions

I must always respond to what my fear demands
I must avoid anything that makes me feel afraid
I will enjoy only those things that make me feel safe and secure
I must control and manipulate everything to avoid fear
I get angry when events trigger my fear
I must take risks to confront my fears
I want someone else to take responsibility for my fear
I am willing to be unloving when I am afraid to protect myself
I must avoid any knowledge that makes me afraid
I will present arguments that support my denial of fear
I cannot let go of what I have, because there is nothing better

The Desire To Remain Inactive & Ignorant

I avoid the discovery of truth (because this allows me to be inactive)
I avoid knowing the truth about love
I desire to continue believing in my own definition of love
I desire to be ignorant about love so that I can avoid taking action
I avoid taking action that is loving I choose to take actions that are unloving

The MAIN Reason

As we can see, all of the reasons why and how we remain unloving are our own fault and responsibility.
So, the main reason why we remain unloving is:

I want to keep doing what I am already doing

We have many illogical and unloving reasons for this choice
But we need to see it as a choice, an exercise of our will

I Deny, Excuse, Justify, Minimize, Blame Others & Lie To Myself About My personal responsibility to develop a strong emotional will to change all of the above

Why don't I make a firm choice to become loving? I don't want to!

Why don't I take action to become loving? I don't want to!

Why do I allow myself to remain in an unloving condition? I want to!

Why do I want someone else to rescue me from my unloving condition? I want to!

Why should God make it easy for me to remove my unloving condition? I want him to!

Why do I ignore that I am responsible for my own pain? I want to!

Why do I ignore that I am contributing to the collective pain of humanity? I want to!

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: How & Why I Remain Unloving Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "How & Why I Remain Unloving"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

My Denial, Excuses, Justifications, Minimizations, Blaming Others, and Lying To Myself about;

Faith

Fear

Truth

Emotions

The MAIN Reason

My lack of developed will to love

My lack of desire to take real personal responsibility to develop a strong emotional will to change and become loving

Actual Questions Answered

Denial, excusing, justifying, minimizing, shifting blame, lying are real soul injuries

We justify these feelings remaining in our soul rather than taking action about them

e.g. God does not exist is a real feeling within the soul

e.g. Justifying not believing in God is an excuse used to not experiment

Things don't change because we want to make excuses about removing emotions that resist our change

We are able to release emotion

We are able to have faith

We are able to receive truth

We are able to take action

We need to put the emotion with the person who created it (self or others)

If we do not truthfully place the creation of the emotions with the right person, we will not be able to actually release the emotional injury

e.g. A lack of belief in God did not come from God, it came from family of origin

e.g. Blaming God for that emotion prevents us from feeling its true source

God created us to experience and release our emotions

Our decision to not do this is the choice of our will

It is our will being exercised to refuse the emotional experience

Stop telling ourselves that we have no control over the emotional experience

Giving excuses to ourselves is just a method for not taking responsibility

Justifying the emotion remaining in self is worse than the emotion being there

We need to feel how much we want to avoid the emotional experience

We need to desire to know why we wish to keep them within the soul

How do these emotions support our current life choices and decisions?

e.g. Serial monogamy = addiction = immorality. What emotions justify those actions?

The fact I have them is less important than my desire to release them

My desire to excuse them prevents me from ever identifying or releasing them

Excusing the unloving choices of self or others

From God's perspective, no matter what has happened to us, there is no good reason for being unloving or untruthful

On earth we feel there are good excuses to be unloving

That is why wars happen: Participants believe the excuse justifies the unloving action

From God's perspective there is no reason to ever take an unloving action

Humankind believes in retribution

God believes in repentance and forgiveness

Our unloving emotional responses are about ourselves, and not about others

The concept of justified violence is one of the most damaging on the planet

We need to make an internal decision to shift from this concept

We need to give up our own definition of love rather than justifying those definitions remaining within us and causing pain to ourselves and others

We need to see how our excuses keep us in an unloving condition

How to actually address an emotional excuse

My false belief: I cannot cope with my emotional experience

God's Truth: I was created to cope with any emotional experience

We have proof of that truth, which means we should have faith about that truth

Examine your investment in the false belief

What does retaining the false belief help me accomplish?

Retaining a false belief helps us avoid the associated painful childhood emotions

We desperately want our own false belief to be true so that we can avoid emotion

I want the false belief to be true, I created the false belief for a purpose

I don't need to process the false belief emotionally

I need to see what emotions the false belief has been constructed to avoid

I want to avoid my childhood pain, I am allowed to avoid my childhood pain

I am allowed to construct belief systems that help me avoid my childhood pain

But the real question is: Do these choices help me progress in love? Do these choices create happiness?

Do these choices create pleasure?

Self-lie: I cannot cope with emotions (false belief, delusional)

Self-truth: I do not want to have that emotion (truth, reality)

The false belief supports the avoidance of the painful emotion

The false belief supports the avoidance of the experience of pain

So we wish to retain our false beliefs

But the results of retaining false beliefs are more pain, unhappiness, no relationship with others, no relationship with self, and no relationship with God the source of truth

How much pain is going to be necessary before I make a different choice?

Faith in God will help us overcome these self-defeating choices

A self-responsible being will always tell themselves truth

A self-responsible being will always feel their own emotions

Everything is about the choices we make from our soul

At any moment I can choose love and truth

Life is not predetermined by our previous experiences

Emotional reasons stop us from making choices

But a person who has chosen will definitely deal with those emotions

e.g. Spirit discussion with Glen (eventually he surrendered to grief)

Why didn't I surrender to grief years ago?

This is a part of building our faith in God's Way

God created us to feel emotions

Work out why you are shutting down emotions out of harmony with love

The false belief is the mind's construction to support the soul's choice

Jesus example: Did everything he could to feel and experience his own emotion

How the mind supports soul based choices

Soul: I want to avoid all of my childhood emotional pain

Mind: Creates belief systems to make sure the soul decision is supported

e.g. Soul: I want to avoid emotional pain

e.g. Mind's false belief: Pointless to feel emotional pain

e.g. Mind's false belief: Others will attack you feeling emotional pain

e.g. Mind's false belief: Feeling emotional pain just causes more pain

The mind's false belief constructions help the soul with its goal of avoidance

Conundrums exist when we hear from another source that another choice is possible

The mind now is in two states, receiving information that it suspects is truth from another source, while at the same time receiving information from the soul to continue with the current choice of avoidance

False beliefs support the avoidance of specific emotions

How we know whether the false belief is in the mind or emotional

Most false beliefs come from multiple sources including self

These include own choices, childhood, spirits, society etc

The false belief can be emotional (from childhood)

The false belief can also be intellectual to support the avoidance of emotions

Where the false belief comes from is not the real problem

The real problem is the purpose of the false belief, what we believe the false belief accomplishes for us in our life

The false belief is an excuse we are making because of the choice at the soul level to avoid the emotional experience

Example of unworthiness

My false belief: I am unworthy

God's Truth: I am the highest of all of God's Creations

Question: Is my belief the same as God's Truth? No!

Does not matter where my belief came from, it matters that I change it!

My investment: I avoid emotion about abuse and attack, I avoid action

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 1 Personal Feedback

Presenter: Jesus

Description: Jesus gives personal feedback to regarding terror of taking loving actions and the false beliefs that drive this state, and beliefs that we must earn love and how that prevents the flow of God's Love

Introduction

Purpose of this feedback is to help you grow in love

Potential Discussions

Facing What My Current Life Tells Me

How I use my time

How I use my resources

How I think, feel, and act

Facing That I Do Not Want To Love

I have been listening to my excuses

I have been unwilling to take responsibility for my own development

Facing That I Do Not Want To Change

The denial I have

The fear I have

The false beliefs I have

Jesus gives personal feedback to:

Lani Reid

Question: "I feel a huge gulf between where I am and where I want to be. I am really afraid of embracing change. I am terrified of taking the action that love would direct and often the results are so left field and unexpected that I shut the process down. Why do I do this?"

Jesus discusses the need to be willing to feel the emotions of terror and fear, and also how to address and release from within oneself the false beliefs that make us feel so terrified of love and change.

Jesus gives personal feedback to:

Elvira Gregorich

Question: "Even though I have heard Jesus say that Love is a Gift, in my heart I believe that Love has to be earned. I have been chasing my tail trying to earn love, and obviously not succeeding. I cannot let God's Love in. Why am I in this cycle?"

Jesus discusses the truth about Love being a gift, and then points Elvira to her personal emotions about why she feels she must earn love. Her false beliefs about love are emotions within herself that she needs to allow herself to feel.

Group Feedback

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 1 Group Feedback

Presenter: Jesus

Description: Jesus gives group feedback regarding the fact that God is doing everything He can do to educate us in God's Love and Truth and help us feel more pleasure and happiness in our lives, and it is only the exercise of our own will that prevents this education

Introduction

Purpose of this feedback is to help you grow in love

Jesus gives group feedback about:

We do not receive God's Love because we personally reject God's Love

To receive an education from God we must have a personal connection with God

The education comes through the reception of God's Love and Truth

God can tell us the Truth about every issue

God desires to tell us everything

The barriers we place around ourselves to the reception of Love and Truth

The largest barriers and the barriers to God's Truth

We become judgemental of others or self when we receive truth

Judgement is a barrier around the soul

Holy Spirit is the spirit of truth, depends upon whether the individual rejects truth

"Open" to receiving love, but "closed" to receiving truth

Truth results in emotions coming up that we do not wish to feel

This is totally under our own control

God is already making everything happen

Only we ourselves can prevent the flow of God's Love

We believe that love is possible without having to feel or hear any truth

We refer to reject truth rather than accept love

God wants to give God's Love to every child

If we think we are asking, but not receiving, then we cannot be asking

There must be something within oneself that is blocking

We are determining the flow through the exercise of our will

The power of exercising our will

Having Faith That God is Good

How this kind of faith changes our perspective about God's Love

How God demonstrates His Goodness in our daily life

Facing What My Current Life Tells Me

How I use my time

How I use my resources

How I think, feel, and act

Facing That I Do Not Want To Love

I have been listening to my excuses

I have been unwilling to take responsibility for my own development

Facing That I Do Not Want To Change

The denial I have

The fear I have

The false beliefs I have

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 1 Review, Conclusion & Homework

Presenter: Jesus

Description: Jesus reviews and concludes the "Analyse My Desire To Love & Change" session, and gives some homework to the participants for the following day

Review

Introduction

God needs to become the source of our education

For God to become the source, we must be able to receive truth from God

What within us is preventing the reception of God's education

Evidence that God's definition of love varies greatly from human's

We need to see that our definition of love is severely flawed since it has created millennia of pain and suffering

How I Feel About Love

Are my attitudes going to change?

Am I going to let go of my own arrogance?

Am I going to be prepared to let go of my definitions of "love"?

Am I truly prepared to emotionally feel my own lack of love?

Do I really want to absorb God's definitions of "Love" no matter what the cost?

Am I really going to desire and follow God's way of Love?

What are my feelings and emotions?

Love generally

God himself

God's Love

Where do these feelings and emotions come from?

The world we grew up in

Our childhood experiences

Our choices and decisions we have made since childhood

How I Feel About Change

What should be my attitude to change?

Constant Change Is Necessary To Grow

What are my feelings and emotions about change?

Am I being honest about my current desire to change?

How do I really feel about the reality of change?

What is going to change?

Everything, absolutely everything

My pain will become pleasure, my suffering will become happiness

What are the 4 reasons I resist change?

What are the four REAL reasons I resist change?

I resist faith in God's Goodness

I tell myself lies rather than accepting God's Truth

I justify my own fear of action

I justify my own fear of being emotionally overwhelmed

Focus on feeling your emotional response to the reality of change

How & Why I Remain Unloving

I deny, excuse, justify, minimize, blame others for, & lie to myself to avoid;

Developing Faith

Hearing and responding to Truth

Taking positive loving Action

Allowing myself to feel and experience all Emotion

Faith

Faith can be developed

Any lack of faith is our own fault and responsibility

Truth

Truth can be accepted

My refusal to accept truth is my own fault and responsibility

Action

Positive loving actions can be taken

Negative unloving actions can be avoided

My refusal to act lovingly is my own fault and responsibility

Emotion

Unloving emotions can be felt and released

Loving emotions can be felt and acted upon

My refusal to feel and experience emotion is my own fault and responsibility

I deny, excuse, justify & lie to myself about my personal responsibility to develop a strong emotional will to change all of the above

The real reason why I remain unloving is that I want to!

Personal & Group Feedback

Homework

How do I personally feel about love?

Am I willing to actually experience these feelings rather than talk about them?

How do I personally feel about God?

Am I willing to actually experience these feelings rather than talk about them?

How do I feel about change?

Am I willing to actually experience these feelings rather than talk about them?

What are my personal methods for remaining unloving?

Am I willing to actually experience these feelings rather than talk about them?

Conclusion

If you wish to education yourself in Love, you must;

Be much more honest about yourself, your condition, and your desires

Examine the use of your will

Do you really want to take responsibility?

Are you going to stay where you are, or be motivated to make some major changes?

Next session: Face My Resistance To Love & Change

We are going to talk about how to face our own resistance

Finish For Day

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 1 Reminders & Homework Review

Presenter: Jesus

Description: Jesus works through reminders from the previous "Analyse My Desire To Love & Change" session and reviews the homework of the participants

Review

Introduction

God needs to become the source of our education

For God to become the source, we must be able to receive truth from God

What within us is preventing the reception of God's education?

Evidence that God's definition of love varies greatly from human's

We need to see that our definition of love is severely flawed since it has created millennia of pain and suffering

How I Feel About Love

Are my attitudes going to change?

Am I going to let go of my own arrogance?

Am I going to be prepared to let go of my definitions of "love"?

Am I truly prepared to emotionally feel my own lack of love?

Do I really want to absorb God's definitions of "Love" no matter what the cost?

Am I really going to desire and follow God's way of Love?

What are my feelings and emotions?

Love generally

God Himself

God's Love

Where do these feelings and emotions come from?

The world we grew up in

Our childhood experiences

Our choices and decisions we have made since childhood

How I Feel About Change

What should be my attitude to change?

Constant change is necessary to grow

What are my feelings and emotions about change?

Am I being honest about my current desire to change?

How do I really feel about the reality of change?

What is going to change?

Everything, absolutely everything

My pain will become pleasure, my suffering will become happiness

What are the 4 reasons I resist change?

What are the four REAL reasons I resist change?

I resist faith in God's Goodness

I tell myself lies rather than accepting God's Truth

I justify my own fear of action

I justify my own fear of being emotionally overwhelmed

Focus on feeling your emotional response to the reality of change

How & Why I Remain Unloving

I deny, excuse, justify, minimize, blame others for, & lie to myself to avoid;

Developing Faith

Hearing and responding to Truth

Taking positive loving Action

Allowing myself to feel and experience all Emotion

Faith

Faith can be developed

Any lack of faith is our own fault and responsibility

Truth

Truth can be accepted

My refusal to accept truth is my own fault and responsibility

Action

Positive loving actions can be taken

Negative unloving actions can be avoided

My refusal to act lovingly is my own fault and responsibility

Emotion

Unloving emotions can be felt and released

Loving emotions can be felt and acted upon

My refusal to feel and experience emotion is my own fault and responsibility

I deny, excuse, justify & lie to myself about my personal responsibility to develop a strong emotional will to change all of the above

The real reason why I remain unloving is that I want to!

Personal & Group Feedback

Homework

How do I personally feel about love?

Am I willing to actually experience these feelings rather than talk about them?

How do I personally feel about God?

Am I willing to actually experience these feelings rather than talk about them?

How do I feel about change?

Am I willing to actually experience these feelings rather than talk about them?

What are my personal methods for remaining unloving?

Am I willing to actually experience these feelings rather than talk about them?

Conclusion

If you wish to education yourself in Love, you must;

Be much more honest about yourself, your condition, and your desires

Examine the use of your will

Do you really want to take responsibility?

Are you going to stay where you are, or be motivated to make some major changes?

Next session: Face My Resistance To Love & Change

We are going to talk about how to face our own resistance

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Resistance To Faith

Presenter: Jesus

Description: Jesus encourages us to go through the process of emotionally removing our resistance to faith in God, God's Love, God's Truth, and God's Laws, and the need to take action to develop more faith in order to use our will in a loving manner

Introduction

Am I an adult, or a little baby?

Babies sit and cry that someone else is not looking after them

Babies expect others to feed them, and to nurse them

Am I complacent, apathetic, or do I have a passion for Love?

What is Faith?

"Faith is what may be called a tele-microscopic faculty the soul discovers in the depth of being, which, pressed into service, penetrates and illuminates the interior darkness, and enables the soul to live in the future as if that future were already present."

Aphraar, The Gate Of Heaven

"Faith is the assured expectation of the things hoped for, the evident demonstration of realities though not beheld."

The Bible, Hebrews 11:1

A lack of faith is a human creation

I ignore faith to justify unloving thoughts, words, feelings and behaviour

A lack of faith must be confronted, and released before I can become loving

To Change; Resistance To Faith Must Be Experienced Emotionally

I cannot expect to change unless I process emotionally

What am I doing to access my emotions?

Am I stopping my addictions?

Am I stopping my façade?

Am I giving myself time to feel daily?

Do I do things that make me feel?

Am I confronting my fears?

Do I allow myself to be emotionally overwhelmed?

Am I emotionally repentant for my sins?

Do I remind myself of what I have intellectually learned about God's Truth?

What am I doing to confront my false beliefs?

All of my false beliefs are emotional!!!

Do I minimize or justify them?

Do I blame others for them?

Or do I really grieve them emotionally, asking God for forgiveness for them?

God created me as an emotional being

God created all souls to be fully emotional, sensitive and regularly overwhelmed

If I am not allowing this process, I am not on the path to God or following God's Way

Lack of Faith vs Resistance to Faith

Lack of Faith

Caused by inter-generational injuries that predispose us to not have faith in God

Caused by events in childhood that predispose us to no longer have faith in people

Choices we personally make demonstrate others cannot have faith in us

These are all emotional injuries that can be reversed

Resistance to Faith

We make a personal choice to not focus on developing faith

We do this for many reasons, but ultimately this is our own fault and responsibility

Why I Want To Resist Developing Faith

Faith will mean that I will feel more

I avoid faith because if I have faith I am forced into accepting God's Truth

I avoid faith because it confronts my own false beliefs

I avoid faith because real faith causes me to take action in harmony with Love

I avoid faith because real faith causes me to take action even when I am afraid

I avoid faith because it results in consistent and unpredictable change

I avoid faith because it means confronting the truth in my life

I avoid faith because it means confronting the truth about myself

I avoid faith because I have the illusion of safety doing so

I need to avoid faith so that I can feel less

I will do ANYTHING to justify my avoidance of emotions

To avoid real faith, I manufacture False Beliefs to justify unloving behaviour

I (or others) make false beliefs up

Once I make them up, I teach them to myself and others
Once I have learned and accepted them, I justify them
Once I justify them, they help me avoid feeling my real emotions
I do this to distract and prevent myself from feeling the real truth
e.g. I tell myself cannot trust God
Then I can avoid following God's Laws
e.g. I tell myself cannot trust God's Laws
Then I can break God's Laws anytime I want

Once I justify False Beliefs, I use False Beliefs as an excuse to be unloving

I tell myself that my false beliefs are real when I have no evidence
I tell myself that my false beliefs are logical and rational
I tell myself that my false beliefs should not be confronted
I get angry when situations confront my false beliefs
I protect my false beliefs at all costs, since protecting them maintains the ability to distance myself from my own emotional condition and truth

BUT, all of this is SIN!

I avoid developing faith so that I do not have to act in harmony with faith
If I acted in harmony with faith, I would desire to experience and release emotion
If I acted in harmony with faith, I would take positive loving action
So I choose a lack of faith so that I can stay in my current condition of fear
Belief in anything other than God's Truth is SIN!
Wanting to believe false beliefs is FEAR!
Apathy, complacency and doubt is FEAR!
FEAR is SIN!
Maintaining FEAR is SIN!
Justifying FEAR is SIN!
Acting in FEAR is SIN!
Believing in FEAR is SIN!

A Lack Of Faith Will Not Result In Growth

Humility is:

The sincere and passionate desire to feel and experience every emotion whether those emotions are painful or pleasurable. The willingness to face all of God's Truth, no matter what thoughts, words, feelings and actions will need to change in order to accept God's Love.

Unless I change my lack of Faith, I will continue to believe and act unlovingly

Maintaining a lack of faith is a demonstration of a lack of humility
Having real faith in God and God's Goodness will cause me to take sincere action

Faith gives me a reason to continue development under all circumstances

But I must be willing to develop faith, otherwise I shall never obtain it

If I never act in harmony with faith, then I will always act in false beliefs

E.g. When I have faith, I will act in harmony with love even if my current soul condition is not in harmony with my action. This causes a temporary rise in soul condition, which allows me to perceive new truth which was not available to me before. While acting in this manner may feel quite distressing, it will allow the release of emotional error, and allow the reception of more Love.

E.g. When I lack faith, I act in harmony with my false beliefs and opinions. Nothing inside me is confronted, and I remain in my personal error.

Talking about having Faith is not actually having Faith

Talking about false beliefs generally just makes the belief appear real

Talking about faith only retains an illusion of faith

Real faith motivates actions in harmony with the faith itself

My time here is pointless if I refuse to develop faith NOW!

No growth towards God is possible unless you are willing to develop faith

No growth towards God is possible unless you are willing to act in faith

What actions do I take daily to challenge the lack of faith?

What actions do I take daily to grow faith in God?

What actions do I take daily to experiment with God?

What actions do I take daily to follow God's Way?

What actions do I take daily to experience everything emotionally?

I have not done any work on this! Why?

10min Break

Notes For Experiencing My Lack Of Faith In:

God

What does it feel like to believe that:

God does not exist

I am already a part of God

I can never really know God

Knowing and having faith in God is not important

How God Created Me

What does it really feel like to believe that:

God did not create me

Human evolution is the survival of the fittest

God created me imperfect, and justify the imperfection

God's creation of me is flawed

I do not have the capacity to become perfect

Perfection is unattainable

God created me without the ability to cope with anything

God created me without the ability to feel everything emotionally

I cannot change

While I live on earth, I must conform

God and the world do not reward goodness

God's Goodness

What does it really feel like to believe that:

God does not care about anything

God created a harsh and dangerous universe

God is punishing and cruel

God is worse than the average human

God is a despot, tyrant, and a narcissist

Human pain is God's responsibility

Human pleasure is fleeting and based upon getting addictions met

God's Laws

What does it really feel like to believe that:

My version of law is the correct version

There is no law but human law

God's Laws can be manipulated and broken with impunity

God's Laws are inconsistent and unreliable
There are no benefits from following God's Laws
God's Laws are not loving or kind

God's Truth

What does it really feel like to believe that:

It is impossible to find out the Absolute Truth
What I believe is the real "truth"
What I know about myself is the real "truth"
The truth hurts
The truth is scary
Ignorance is bliss
Truth is not that important
It's fine I lie and withhold truth justifying the act as loving
Others will never accept God's Truth, so I only care about my safety

God's Love

What does it really feel like to believe that:

God does not care about me
God is harsh towards me
God is punishing and cruel towards me
God gets angry and wants to hurt me
God deserves my anger for causing my pain
God's Love is just a concept, an idea fixed in human need
God's Love is not powerful or strong; it is weak
Love can be taken from me
God's Love is not an Emotion of God

God's Way

What does it really feel like to believe that:

There is no such thing as sin
There are no penalties for sin
Sin is just a concept
Addictions and façade are not sins
Sin is only dependent on human perception
I can use my intellect to become perfect
My intellect is the strongest part of me
I can ignore my emotional condition

Emotional release is important for my progression in Love

I think I feel God's Love when I don't

I think I am following God's Way when it is plain I am not

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Resistance To Truth

Presenter: Jesus

Description: Jesus encourages us to go through the process of emotionally removing from ourselves our own resistance to truth, whether it be feeling the truth of our personal emotions, or our emotional resistance to accepting God's Truth

Introduction

Am I an adult, or a little baby?

Babies sit and cry that someone else is not looking after them

Babies expect others to feed them, and to nurse them

Am I complacent, apathetic, or do I have a passion for Love?

Am I actively resistive to growth?

Resistance to God's Truth is a human creation

I deny & resist God's Truth to justify unloving thoughts, words, feelings and behaviour

Error must be confronted, and released before I can become loving

To Change; False Beliefs About Truth Must Be Experienced Emotionally

I cannot expect to change unless I process emotionally

What am I doing to access my emotions?

Am I stopping my addictions?

Am I stopping my façade?

Am I giving myself time to feel daily?

Do I do things that make me feel?

Am I confronting my fears?

Do I allow myself to be emotionally overwhelmed?

Am I emotionally repentant for my sins?

Do I remind myself of what I have intellectually learned about God's Truth?

What am I doing to confront my false beliefs?

All of my false beliefs are emotional!!!

Do I minimize or justify them?

Do I blame others for them?

Or do I really grieve them emotionally, asking God for forgiveness for them?

God created me as an emotional being

God created all souls to be fully emotional, sensitive and regularly overwhelmed

If I am not allowing this process, I am not on the path to God or following God's Way

Lack of Truth vs Resistance to God's Truth

Lack of Truth

Caused by inter-generational injuries that predispose us to lack desire for truth

Caused by events in childhood that predispose us to live in our façade

Choices we personally make create further beliefs that truth should be avoided

These are all emotional injuries that can be reversed

Resistance to Truth

We make a personal choice to not focus on resisting God's Truth at all costs

We do this for many reasons, but ultimately this is our own fault and responsibility

Why I Want To Resist God's Truth

God's Truth will mean that I will feel more

I avoid God's Truth because if I know God's Truth I will act upon it

I avoid God's Truth because it confronts my own false beliefs

I avoid God's Truth because it confronts my own excuse to remain unloving

I avoid God's Truth because it causes me to take action in harmony with Love

I avoid God's Truth because it causes me to take action even when I am afraid

I avoid God's Truth because it results in consistent and unpredictable change

I avoid God's Truth because it means confronting the truth in my personal life

I avoid God's Truth because it means confronting the truth about myself

I avoid God's Truth because I have the illusion of safety doing so

I need to avoid God's Truth so that I can feel less

I will do ANYTHING to justify my avoidance denial of God's Truth

Denying God's Truth helps me to avoid my emotions, fears and lack of action

To avoid God's Truth, I manufacture "my truth", and then justify it

I live in the self delusion of my own manufactured opinions (often called "my truth")

Once I make my opinions firm, I teach them to myself and others

Once I have learned "my truth", I justify it

Once I justify it, it helps me avoid feeling my real emotions

I do this to distract and prevent myself from feeling my real unloving condition

e.g. I tell myself cannot trust God

Then I can avoid following God's Laws
e.g. I tell myself cannot trust God's Laws
Then I can break God's Laws anytime I want

Once I justify "my truth", I use it to excuse being unloving

I tell myself that my opinions and beliefs are real when I have no evidence
I tell myself that my opinions and beliefs are logical and rational
I tell myself that my opinions and beliefs should not be confronted
I get angry when situations confront my opinions and beliefs
I protect my opinions and beliefs at all costs, since protecting them maintains the ability to distance myself from my own emotional condition and truth

BUT, all of this is SIN!

Resisting God's Truth means that we remain in error on purpose
Then we act upon the error, which creates sin, and then pain and suffering in our lives
We miss the mark of Love by choosing to remain in our own false beliefs
Belief in anything other than God's Truth is SIN!
Wanting to believe false beliefs is FEAR!
Apathy, complacency and doubt is FEAR!
FEAR is SIN!
Maintaining FEAR is SIN!
Justifying FEAR is SIN!
Acting in FEAR is SIN!
Believing in FEAR is SIN!

Justifying "My Truth" Will Not Result In Growth

Humility is:

The sincere and passionate desire to feel and experience every emotion whether those emotions are painful or pleasurable. The willingness to face all of God's Truth, no matter what thoughts, words, feelings and actions will need to change in order to accept God's Love.

Unless I change my desire for God's Truth, I will continue to act unlovingly

Believing God's Truth will assist me to confront my error based personal opinions
I must be willing to feel the reasons for personal opinions to release them
If I never release my personal opinions, then I will always be drawn to act upon them
E.g. It is possible to have a façade of a desire to face fear and take some limited actions in areas that you are afraid of. However if you remain shut down you will only project your fear in the process or enter another addiction so as to avoid experiencing your fear. In this way you will also avoid taking the truly loving actions (which involve challenging addictions, honouring truth no matter what and in all situations) that truly expose your fears

Talking about false personal opinions is not releasing them

Talking about false personal opinions generally just makes the opinion appear real

My time here is pointless if I refuse God's Truth NOW!

No growth towards God is possible unless you are willing to receive God's Truth

No growth towards God is possible unless you are willing to act in God's Truth

Sincere Desire and Aspiration to Love are necessary in order to love God's Truth

What actions do I take daily to challenge my opinions?

What actions do I take daily to accept God's Truth?

What actions do I take daily to experiment with God's Truth?

What actions do I take daily to follow God's Way?

What actions do I take daily to experience everything emotionally?

I have not done any work on this! Why?

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Resistance To Faith Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Facing My Resistance To Faith"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

What is faith?

Emotions relating to a lack of faith

How I personally avoid faith

Why I personally avoid faith

The sin of a lack of faith

My personal responsibility to develop faith

Actual Questions Answered

Longing for God or Jesus like a lover

God is not your sexual lover

Longing for God like a lover is caused by many soulmate based injuries

Longing for Jesus like a lover is caused by many soulmate based injuries

Stopping ourselves from loving desire

Is this a lack of faith in self, or in God?

It is an inability to determine what is love and what is not

Because we do not know what love is, we constantly withdraw from engaging in our desires, being uncertain as to the outcome

You can long for and have 'faith' in things that are unloving for you and others

You can long for and have 'faith' in things that are loving for you and others

You need to be able to tell the difference

Many are longing for things out of harmony with love and truth

e.g. Longing to have your addictions met by God or others

e.g. Longing for a partner so that you don't have to feel some personal pain

We need to first obtain the correct definition of love and develop faith in God's definition of love

We also need to remove from ourselves the world's definition of love

Receiving God's Love is the thing that will help us determine what love is

My highest priority is to focus on receiving some of God's Love

Once God's Love has been received, it will help you determine what love is

e.g. Most believe that someone satisfying your addiction actually loves you

e.g. God's Truth is that if someone satisfies your addiction they do not love you

Questions, doubt and faith

There is a difference between having a valid question and then using our lack of desire to investigate the answer to the question as a doubt we based our life upon

Question: How God can have a relationship with every person in the Universe?

Doubt: A belief that it is pointless to experiment with a relationship with God because I don't understand how God can have a relationship with every person in the Universe

Questions: Are valid and can all be answered

Doubts: Living our life like we already know the answer, prevent us from accepting answers to valid questions

The purpose of doubt is to keep us in the same place and not allow action to change

Faith: That my questions are valid and all of my questions can be answered by God

E.g. How God can have a relationship with every person in the Universe

Truth: I can have a relationship with many people at the same time

Truth: I have a relationship with many people even though I am a finite being

Truth: I can create a device which interfaces with many people at the same time e.g. computer, communication networks, TV and radio transmission, internet etc

Faith & Logic: If I can do these things, even though I am a limited being, surely, if God exists and is an infinite being, God could also do these things to an infinite degree

Therefore it makes sense to attempt an experiment with God to determine whether God can communicate with every one of God's children simultaneously

It does not make sense to doubt the possibility, and then live your life in that doubt

All questions have answers

We need to ask questions like a child asks a question

A child is open to receiving answers

Most adults actually make statements through their questions

Most adults have already made decisions as to the answer before they question

A discussion about our beliefs and doubts is a different discussion than a discussion about whether something is possible or not

Our predisposition towards a lack of faith causes us to want to believe that we already know the answers to questions that we have never fully investigated answers for

Thinking we know the answers to questions when we don't prevents us from ever having to act upon the truthful answer of the same question

This is a method we use to control whether we feel or act

As children if an answer is logical and makes sense the child builds upon that

As adults we are cynical and doubtful, and we like to avoid faith and taking action

Adults asking questions are mostly just making personal statements about their current belief systems and emotions, supporting a lack of desire to act

When asking questions we need to be open to answers, using logic to determine whether we want to make a further investigation

Issues of lack of worth are not a lack of faith

Issues of a lack of worth are created from being attacked or neglected in childhood

We then are taught as a child to blame ourselves for the attack or neglect

We then lie to ourselves by believing ourselves to be unworthy

We do this to avoid emotionally processing about the childhood treatment

So this is an issue of avoiding experiencing painful emotion rather than a lack of faith

God's Truth: I am worthy

Faith in God's Truth: I am worthy

False belief: I do not feel worthy

Reason for false belief: I have been treated as if I am not worthy

Reason to retain false belief: Avoidance of the painful emotion of childhood experience

We are attributing to God an emotion that actually came from our family of origin

We resist God's perspective because we do not want to feel the pain from childhood

Having faith in God rather than in self-reliance

With God everything is possible

Even if I have doubts in my own abilities I can still rely on God

Believing in this truth can carry you through many difficult times and emotions

If I rely on self, then I can only rely on my own abilities which are limited

When I rely on God, then I rely on a person who is unlimited in ability

Faith pulls you through any hard, difficult, or overwhelming periods of time

Whether an 'intellectual faith' is possible

We have a developed emotional faith in many physical things

But we do not have a developed emotional faith in God

'Intellectual faith' is not possible

We choose to remain in a state where we do not want more faith

We need to examine our motivations for purposeful avoidance of developing faith

Many emotions drive this state: Fear, anger, shame etc

The emotion we prevent the most becomes out God

e.g. Desire to prevent experience of shame causes actions that support this decision

We have an emotional imperative to resist development of faith

We do this to support our avoidance of other painful emotions

Addictions to telling stories and needing reassurance

Questions totally driven by addiction

Formulating statements as questions in an attempt to get approval is addiction

Driven by the addiction needing to be satisfied is not an intention to ask questions

If someone loves us they must avoid responding to our addictions

Trust that when my beliefs are false God will show me the Truth

God is also attempting to show me whether my interpretation of my own experiences is true or not

This is not the same as being self-reliant and trusting myself

I must learn to trust God, and not focus on getting my addictions met from others

My time here is pointless if I refuse to develop faith NOW!

No growth towards God is possible unless you are willing to develop faith

No growth towards God is possible unless you are willing to act in faith

Sincere Desire and Aspiration to Love are necessary in order to develop faith

Next Q&A

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Resistance To Truth Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Facing My Resistance To Truth"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

What is God's Truth?

Emotions relating to resistance to God's Truth

How I personally avoid God's Truth

Why I personally avoid God's Truth

The sin of believing lies by choice

My personal responsibility to search for Truth

Actual Questions Answered

Longing for Truth is the most important personal quality besides faith

The longing for truth comes from within you

Without truth nothing else can come to you

Truth opens up every door

Being shut down emotionally is due to not understanding truth

Truth is also the antidote to fear

Fear = False Expectations Appearing Real

Truth = What is real in reality

Truth will confront every fear emotionally

Truth is essential for our future life and progress

Many have a desire to know the external truth about the Universe

Knowing external truth usually makes our heart glad

But few have a desire to know the personal truth

We have deep resistance to hearing any personal truth

We have this resistance because we do not wish to feel emotions that truth exposes

Why we have angry and defensive reactions to Truth

Internal soul based association between personal worth and receiving truth

We believe that knowing truth is what supplies our personal worth

We believe our personal worth is associated with how much we know

We can feel completely worthy even though we have little knowledge

Our 'truth' = Our false beliefs or our fear (from God's perspective)

Since our personal worth is gained from what we believe we know, we then feel emotionally confronted every time someone presents something we do not know

Every time we are confronted we get angry, because we believe our worth is being attacked, even though someone is just trying to share with us what we do not already know

This is an emotional investment in our personal opinion being right

When our personal opinion is right, we believe we have personal worth

When our personal opinion is wrong, we believe we have less personal worth

This attitude makes us emotionally closed towards our personal opinion being wrong

A person who loves truth does not feel this way, does not believe that what they know now makes them have value or worth

A person who loves truth understands that worth is possible without any knowledge

e.g. A new-born child, who knows next to nothing, has worth from God's viewpoint

From God's perspective, how much truth I know has no bearing on my personal worth

From a human perspective, how much I know determines my value or worth

We measure our value from how much we think we know

This emotional dynamic began in childhood

We were measured and graded by what we knew

This causes an addiction to 'higher education'

This causes a lack of respect for people who work in jobs that require less knowledge

This problem causes us to respond negatively when confronted with personal truth

As soon as we hear personal truth in variance with our personal belief about oneself, we believe that our worth is being attacked and degraded

Once we feel our worth is being degraded, we become angry and defensive

We instantly want to argue, fight, defend, attack in kind, etc due to the emotion

We also become very judgemental of ourselves and others due to the same emotion

God does not place our worth upon how much we know

God does not care about what we know

God would like us to know everything God knows

But God believes you have supreme worth even when you know nothing

God does care about how loving you are

Many of us believe making a mistake is the end of the world

God knows you will make mistakes because you do not know what He knows

God knows that humans making mistakes is a normal condition of not knowing

God's perspective: The only real mistakes are being unloving or untruthful

In order to love accepting personal truth we must break the internal connection we have between our worth and our personal opinions of what we think we know

Accepting personal truth is a key part of our education in Love

Humans associate personal worth or value with what we think we know

Reminder: A new-born child who knows next to nothing has worth from God's viewpoint, and also from the viewpoint of most humans

In fact many persons with children would die for those children, which is really placing the value of the child's worth above the value of their own life

Why is it that the child who barely knows anything is valuable, but we as adults, who barely know anything more, have lost value?

Because parents and society through emotional injuries teach the child that its worth is dependent upon what it learns and knows intellectually

This causes the problem of the child linking its worth/value to what it thinks it knows

This linkage needs to be broken in order for us to receive personal truth from God

How to separate our personal worth or value from what we think we know

During our childhood we were punished for not knowing things

Punishment in the form of: violence, abuse, attack, ridicule, removal of approval etc

We need to work through the memory and emotions of those events

God never punishes us for not knowing things

God knows He is the only being who knows everything

Example of how Jesus gets punished for not knowing things:

Jesus does not know the future, but is expected to know

Jesus does not know all truth, but is expected to know

Jesus does not know all of God's Laws, but is expected to know

Jesus cannot solve all of humankind's problems, but is expected to be able to

Jesus is not God, but is expected to be God

If Jesus could do all of these things, he would be God and not Jesus (God's creation)

We get attacked for saying the wrong thing even if we did not mean to say it

This is one of the main reasons why we are resistive to truth

This is also one of the main reasons why we are resistive to experimentation

The only people who are allowed to experiment is scientists, but even then they must get as much right as they possibly can otherwise funding is removed

God allows us to make mistakes

God allows us to not know

God knows we will make mistakes

God created us to make mistakes

God created us with no knowledge

We can experiment with what we know without a value being diminished

To reverse this we must grieve that our worth is associated with what we know

Jesus: I am stupid a lot. I experiment with many things that do not work.

When my motivation is pure and in harmony with love, whether the outcome of my experiments fails or not, I should retain worth and value

As children, when we were told we were wrong, we were generally also told that we are stupid, an idiot, ridiculed and often violently abused; this pulls down the worth and internal value of the child

As a result, whenever we hear we are wrong, we automatically emotionally associate that with also being told we have less value and worth

To undo this we need to feel the associations between how we were treated when we did not know, and how our value and worth was denigrated under those conditions

Using what we believe we know to control and manipulate others

This is just manipulation of the connection in humans between knowledge & worth

When someone manipulates us into do what they want, they are being unloving

We must use our will to stop listening to others who are being unloving

It does not matter how much those people think they 'know'

If they are being unloving, then they are making mistakes from God's perspective

It would be our mistake to follow them when they are being unloving

Why emotional processing is still difficult when we have faith and desire for truth

When we develop faith and a desire for truth this is only a part of the equation

We also have a fear of action, and a fear of being overwhelmed emotionally

Unless these additional fears also are removed, we will still avoid emotions

Resistance to using our will for an education in love is dependent on 4 factors; faith, truth, action and emotion. At this stage we have only discuss two of these factors

Types of resistance to Truth

Resistance to truth is felt spiritually, emotionally and physically

Some resistance is also like a protective barrier, a wall we stand behind

Other resistance is an attack, a barrage of emotions either suppressed or expressed

Both of these methods are used to control the effect that truth has on our lives

The attack method is also used to control the person who is sharing truth with us

The attack method is a rapid way of stopping another person from doing what they are doing, or controlling another person into doing what we want them to do

All of these emotions can be felt physically

My time here is pointless if I refuse to develop a love of God's Truth NOW!

No growth towards God is possible unless you are willing to love God's Truth

No growth towards God is possible unless you are willing to act in God's Truth

Sincere Desire and Aspiration to Love are necessary in order to love God's Truth

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Fear Of Action

Presenter: Jesus

Description: Jesus discusses how we create fears in order to avoid action, the importance of learning to act even though we are afraid, never using our fear as an excuse to become unloving, and refusing to revert to inactivity on the issue of learning and growing in Love

Introduction

Am I an adult, or a little baby?

Babies sit and cry that someone else is not looking after them

Babies expect others to feed them, and to nurse them

Am I complacent, apathetic, or do I have a passion for Love?

Am I actively resistive to growth?

Many take LESS action since hearing Divine Truth

This is not humble

Being passive does not equal less sin

In Order To Change, Fear Of Action Must Be Experienced Emotionally

I cannot expect to change unless I process emotionally

I need to discover what emotions drive my creation of fear

What am I doing to access my emotions?

Am I stopping my addictions?

Am I stopping my façade?

Am I giving myself time to feel daily?

Do I do things that make me feel?

Am I confronting my fears?

Do I allow myself to be emotionally overwhelmed?

Am I emotionally repentant for my sins?

Do I remind myself of what I have intellectually learned about God's Truth?

What am I doing to confront my false beliefs?

All of my false beliefs are emotional!!!

Do I minimize or justify them?

Do I blame others for them?

Or do I really grieve them emotionally, asking God for forgiveness for them?

God created me as an emotional being

God created all souls to be fully emotional, sensitive and regularly overwhelmed

If I am not allowing this process, I am not on the path to God or following God's Way

Fear and Action

Fear is a human creation

I create fear to justify unloving thoughts, words, feelings and behaviour

Fear must be confronted, and released before I can become loving

Fear must be removed by us, since it is a human creation

We can remove it by fully experiencing it

Action & False Beliefs

Illustration of Pavlov's Dog

I believe

My belief; The world's definition of love = love

But actually; The world's definition of love = sin

I then am convinced I have acted lovingly when I have actually sinned

Because I have sinned, the result is pain and suffering

I then make the assumption that love = pain and suffering

But the world's definition of love is what brings pain and suffering

I believe

If I continue to act in sin I will be happy

If I act in harmony with God's Laws I will have more pain and hardship (not less)

If I avoid acting problems will just resolve themselves (magical thinking)

If I avoid acting things will resolve through "trying" and "crying" (about effects)

The choice to act out of harmony with God's Laws is driven by my false beliefs

The choice to not act at all is driven by the belief that any action causes pain

But there is more!

Why I Want To Avoid Acting

Action will mean that I will feel more

I avoid action because it results in being overwhelmed, confronted, and stretched

I avoid action because it results in consistent and unpredictable change

I avoid action because it means confronting the truth in my life

I avoid action because it means confronting the truth about myself

I avoid action because I have the illusion of safety doing so

I avoid action because I want to avoid my terror about the potential results of acting

I need to avoid taking action so that I can feel less

I will do ANYTHING to justify my avoidance of emotions

To avoid taking action, I manufacture FEAR, and then justify it

I make fears up

Once I make them up, I teach them to myself and others

Once I have learned them, I justify them

Once I justify them, they help me avoid feeling my real emotions

I do this to distract and prevent myself from feeling my real emotional condition

e.g. I tell myself I am afraid to fail

When I am just afraid feeling that people will laugh at me when I fail

e.g. I tell myself I am afraid to make a mistake

When I am just afraid feeling that people will judge me for my mistakes

e.g. I tell myself I am afraid to cry

When I am just afraid of being powerless and sensitive, and being judged for it

e.g. I tell myself I am afraid to connect sexually because I may hurt others

When I am just afraid of my own sexual shame

Once I justify FEAR, I use reasoning on FEAR as an excuse to remain unloving

I tell myself that my fears are real

I tell myself that my fears are logical and rational

I tell myself that my fears should not be confronted

I get angry when situations confront my fears

I protect my fears at all costs, since protecting them maintains the ability to distance myself from my own emotional condition and truth

BUT, all of this is SIN!

Acting out of harmony with love and truth is acting upon the desire to sin

When I no longer sin, I shall also ALWAYS act in harmony with Love and Truth

I will not be concerned about consequences because I am no longer be afraid of them

Apathy, complacency and doubt is FEAR!

All false beliefs are FEAR!

FEAR is SIN!

Maintaining FEAR is SIN!

Justifying FEAR is SIN!

Acting in FEAR is SIN!

Believing in FEAR is SIN!

Actions Without Humility Will Not Result In Growth

Humility is:

The sincere and passionate desire to feel and experience every emotion whether those emotions are painful or pleasurable. The willingness to face all of God's Truth, no matter what thoughts, words, feelings and actions will need to change in order to accept God's Love.

Unless I change my desire to feel fear, I will continue to act in FEAR

Taking action will assist me to confront my emotional fear

But I must be willing to feel the fear otherwise I will never release it

If I never release my fear, then I will always be drawn to act upon it

E.g. It is possible to have a façade of a desire to face fear and take some limited actions in areas that you are afraid of. However if you remain shut down you will only project your fear in the process or enter another addiction so as to avoid experiencing your fear. In this way you will also avoid taking the truly loving actions (which involve challenging addictions, honouring truth no matter what and in all situations) that truly expose your fears

Talking about fear is not experiencing it

Talking about fear generally just makes the fear appear real

In Order to Grow I must;

Confront my current inaction and the fear based (SINFUL) beliefs that I use to justify my passivity or action in sin;

Begin to take action in harmony with love and truth;

Be humble throughout!

My time here is pointless if I refuse to take action NOW!

No growth towards God is possible unless you are willing to take action

Sincere Desire and Aspiration to Love are necessary in order to act

Finish For Day

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Fear Of Emotion

Presenter: Jesus

Description: Jesus discusses the importance of dealing with false beliefs about emotion, having faith in God's Truth about emotions, and the need to experience and release false emotional beliefs before change is possible

Introduction

Am I an adult, or a little baby?

Babies sit and cry that someone else is not looking after them

Babies expect others to feed them, and to nurse them

Am I complacent, apathetic, or do I have a passion for Love?

Am I actively resistive to growth?

Reliance on others doesn't work

I must take personal responsibility if I am to grow

I must discover for myself why I resist growth

I must discover for myself why I resist emotion

Fear is a human creation

I create fear to justify unloving thoughts, words, feelings and behaviour

Fear must be confronted, and released before I can become loving

My fear is my responsibility

My fear is under my control

I choose to maintain the belief that my fears are real by living by my fears

I can choose to not do what fear commands and this will expose my fear as untruth

My Will Used in Fear of Emotions

Will Used to Avoid Fear

When I use my will to avoid fear, this dominates the entire expression of my will

I am not using my will to love

I am not using my will to express my nature or personality

All I am doing is making choices to avoid fear

Two 'Roads'

Will used to avoid fear

Routine, predictable

Decisions are made to avoid feeling pain

Decisions are made to avoid fears and feed addictions

Life seems restricted, confined, limited, hopeless, and confusing

End up doing what others want

Dependent on others for happiness

Dependent on others to act first and waiting for others to act

No growth, regression

Fears grow and become 'insurmountable'

Feeling lost, "what do I want?", no desires

Always trying to find ways to distract myself from the truth that life holds no real satisfaction or joy

Will used to feel emotion

Infinite road, opportunities everywhere

Unpredictable, invigorating

Decisions are made based upon love and truth, whether the outcome is painful or pleasurable

Decisions are made based upon desires and passions; fear is not considered, and addictions are denied

Always learning, perspective and understanding is always expanding

My personality and desires are expressed, I do what I want in harmony with Love and Truth

Independent, free feeling, happy no matter what others feel or how they act

Dependent on God and self, always taking action and feeling alive

Constant growth

Fears are exposed for the lies that they are and are always removed

I create, lead, give, and always have direction

I am connected, real, actually satisfied and joyful

What God wants me to learn

God created me as an emotional being

God created all souls to be fully emotional, sensitive and regularly overwhelmed

God wants me to learn that I can use my will to experience emotion!

God gave me the gift of free will

I am a child of God

Given a precious gift (my own will)

When I use that gift to avoid fear and avoid my emotions I am denying the creation that God made me to be

And I am missing the lesson that God wants me to learn, which is that,

The power of my will is that I can use it to experience fear

This will mean that fear no longer limits me

I can begin to experience myself as an emotional soul and to develop my will to love

Almost everyone present is using their will to avoid their fear of emotions

I am going to have to do things differently if I want to grow

What am I going to do to change?

In Order To Change, My Fear Of Emotion Must Be Experienced Emotionally

I cannot expect to change unless I process emotionally

What am I doing to access my emotions?

Am I stopping my addictions?

Am I stopping my façade?

Am I giving myself time to feel daily?

Do I do things that make me feel?

Am I confronting my fears?

Do I allow myself to be emotionally overwhelmed?

Am I emotionally repentant for my sins?

Do I remind myself of what I have intellectually learned about God's Truth?

What am I doing to confront my false beliefs?

All of my false beliefs are emotional!!!

Do I minimize or justify them?

Do I blame others for them?

Or do I really grieve them emotionally, asking God for forgiveness for them?

The Relationship between Truth, Emotion & Growth

Humility is:

The sincere and passionate desire to feel and experience every emotion whether those emotions are painful or pleasurable. The willingness to face all of God's Truth, no matter what thoughts, words, feelings and actions will need to change in order to accept God's Love.

I want to avoid emotions because they connect me to truth & I change

I avoid emotions because they tell me how I really feel

I avoid emotions because they tell me how things really are

I avoid emotions because they tell me how others really feel

I avoid emotions because releasing them results in consistent, unpredictable change

I avoid emotions because it means confronting the truth in my life

I avoid emotions because it means confronting the truth about myself

I avoid emotions because I have the illusion of safety doing so

I avoid feeling emotions so that I can maintain the illusion of control

I will do ANYTHING to justify my avoidance of emotions

Including rationalising sinful behaviour and living in total denial about my life

To avoid emotions, I manufacture Self-Deceiving Emotions, and then justify them

I make emotions up

Once I make them up, I teach them to myself and others

Once I believe them, I live in them

Once I believe them, they help me avoid feeling my real emotions

I do this to distract and prevent myself from feeling my real emotional condition

e.g. I tell myself I am afraid to fail

When I am just afraid feeling that people will laugh at me when I fail

e.g. I tell myself I am a victim and have been hurt by others

When I am actually harming and abusing others

Once I justify Self-Deceiving Emotions, I use these to remain unloving

I tell myself that my self-deceiving emotions are real when I have no evidence

I tell myself that my self-deceiving emotions are logical and rational

I tell myself that my self-deceiving emotions should not be confronted

I get angry when situations confront my self-deceiving emotions

I protect my self-deceiving emotions at all costs, since protecting them maintains the ability to distance myself from my own emotional condition and truth

BUT, all of this is SIN!

Once I no longer miss the mark of love (sin) I will no longer deceive myself

Apathy, complacency and doubt is FEAR!

All false beliefs are FEAR!

Self-deception is FEAR!

FEAR is SIN!

Maintaining FEAR is SIN!

Justifying FEAR is SIN!

Acting in FEAR is SIN!

Believing in FEAR is SIN!

Being Emotional is how I was created

When I continually live in fear of emotion I deny my true nature

While I deny emotion and construct false emotions I isolate myself from everyone and everything around me

Emotion is the only way that God has to communicate with me
Exchange of emotion forms the basis of any REAL relationship
Feeling emotion is the only way to eventually know truth

My time here is pointless if I refuse to feel emotions NOW!

I can use my will to experience my fear of emotion and this will lead me down the expansive and joyous road that leads to God

This will involve sincere Desire and Aspiration to Love

While I do nothing to confront and feel my fear of emotion

I live in SIN and I cannot progress

I cannot connect to God

What actions do I take daily to feel my emotions?

What actions do I take daily to grow in my emotional capacity?

What actions do I take daily to experiment with emotions?

What actions do I take daily to follow God's Way of dealing with emotions?

What actions do I take daily to experience everything emotionally?

I have not done any work on this! Why?

20min Break

Notes For Facing My Fear Of Emotion

This includes emotional beliefs about becoming a sensitive, expressive person

When my emotional expression has been judged I take on that judgement towards myself

This includes;

Using 'reasoning' as a way to rationalise sin or to shut down emotion

Living in fear of being perceived as weak if I experience my emotion

Living in fear that someone will call me stupid to feel what I feel

Living in fear that someone will be angry or reject me for feeling what I feel

This includes emotional beliefs about the transient nature of my emotions (the workings of the human soul)

Any emotion out of harmony with love will dissipate and leave us if I surrender to it

I will not believe this until I am willing to feel that it is not true I to believe it (in order to feel reassured) before I embrace emotion

But I will never be able to feel it is true until I feel the opposite emotion within me

Any emotion in harmony with love will increase if I surrender to it

Many people live in fear of being overwhelmed by feelings of love and desire

Unless I challenge that fear I will never experience the truth about emotion

This includes emotional beliefs about self reliance & control

I often associated control over my environment and my emotions with safety

Control over what I feel

Control over how others may feel in response to my feelings and being myself

Control over outcomes and situations I am in

Management and manipulation of people and relationships (co dependence)

Entering barter in relationships (instead of just feeling and being myself)

Experiencing My False Emotional Beliefs About Holding Onto My Current Life

Emotional beliefs must be released

Sometimes this will involve stopping being self-delusional

Sometimes this will involve stopping choosing to believe things that are false

Sometimes this will involve releasing emotional beliefs that are false

Experiencing My False Emotional Beliefs About Being Emotional & Overwhelmed

My beliefs about emotions must change

Some of my "beliefs" are just excuses for inaction

Some of my beliefs are real emotions from my childhood

Both must be released before we will allow emotional overwhelm

Experiencing My False Emotional Beliefs About Changing

My beliefs about change must be released

Some of these "beliefs" are just excuses to remain the same

Some of these beliefs are real emotions from my childhood

Both must be released before we shall enjoy change

Notes

Making feeling my number 1 priority everyday

Each day spending time focussing on what I honestly feel
It takes time; it is a part of strengthening my will to love muscle
I must tailor my lifestyle, habits, activities and attitude to allow for feelings
I must stay 'with' myself and my feelings
I must continually allow greater and greater states of emotional overwhelm
Giving up distractions & addictions
Taking time for reflection
Giving up my façade to myself and others

Belief that emotions are the problem

It is not other people's treatment of me that is the problem; it is my emotional response to it that is
It is not a lack of truth that is the problem; it is my feelings about that that are the problem
It is not a lack of love in others that is the problem; it is my feelings about their lack of love that is
If I just deny my feelings about any situation it will improve
If my body and mind will do the 'right' thing (avoid other people's displeasure) then everything will be better.
My feelings don't matter, they are a problem that gets in the way of me being happy, of me pleasing others and of me avoiding rejection from others

I Deny, Excuse, Justify & Lie To Myself To Support Living In My Fear

Fear can be released, and never acted upon
Acting upon fear, or refusing to release fear is my own fault and responsibility

Fear Based Thinking

Everything I am afraid of is real
My perspective of everything I am afraid of is true
I cannot cope with feeling terror or fear
I must avoid feeling fear at all costs
Even if the cost is another human life, I must avoid feeling fear
My anger about what made me afraid is justified
I cannot be expected to do things I am afraid of
I cannot be expected to be loving when I am afraid
I cannot be expected to be truthful when I am afraid
Acknowledge my fear means to acknowledge that there is no hope
Acknowledge my fear makes me weak, powerless or stupid
There is no better life than the one I have made for myself

Fear Based False Beliefs

I am not afraid I don't feel fear
My fear does not control my life
Fear is a normal human emotion
Fear is essential for survival and my protection
A loving God would never expect me to feel my fear
A loving God would help me avoid my fear
If I sin when I am afraid, that is excusable

Fear Based Actions

I must always respond to what my fear demands
I must avoid anything that makes me feel afraid
I will enjoy only those things that make me feel safe and secure
I must control and manipulate everything to avoid fear
I get angry when events trigger my fear
I must take risks to confront my fears
I want someone else to take responsibility for my fear
I am willing to be unloving when I am afraid to protect myself
I must avoid any knowledge that makes me afraid
I will present arguments that support my denial of fear
I cannot let go of what I have, because there is nothing better

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Fear Of Action Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Facing My Fear Of Action"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

Fear as a human creation

Fear experienced emotionally

Real fears versus manufactured fears

All fears are manufactured

Some are manufactured by others, and have entered us

All are retained by ourselves

How I avoid actions

Why I avoid actions

The sin of a inaction, and fear

Being humble while I act

Actual Questions Answered

Getting sidetracked from taking positive action

Examining the issues of resistance to faith and lack of action

Fear of taking action in certain environments is often a fear of others & their emotions

Fear of taking action in certain environments is often a lack of faith in God's Way

We often do not fear emotions when by ourselves, but rather when we are with others

The fear of the response of others causes us to not act when in the company of others

Afraid of partner and how the partner may respond to truth or our emotions

Afraid of children and harming the children through the experience of emotion

Letting other people's feelings about us stop us from acting

Both fears cause us then to resist taking actions we feel will challenge others

The internal justification of negative actions

We emotionally justify being enraged with others

This justification causes us to believe that rage with others is deserved

We need to discover the real emotional reason why we justify unloving behaviour

Sometimes it is because we lie to ourselves about the source of our pain

e.g. Blaming pain on our partner when the pain was caused by opposite gender parent

Sometimes it is because we just want to control a personal emotion

e.g. Getting angry enables power based control over someone triggering our grief

Issue discussed further in the Fear of Emotion Q&A

Having courage to take action ends with good results personally and collectively

Once we develop courage, it affects many areas and aspects of our life

It also helps us build more personal worth, which also affects other areas of life

We take action when we take more responsibility for our life and decisions

We also often do not actually see the changes we have made

A change in the Law of Attraction always indicates that a personal change occurred

Just making a soul based decision to change will expose the emotions involved

If we keep feeding the addictions we will never expose the emotions underneath

We must stop our addictions and this process exposes the emotions underneath

Taking positive action to no longer feed addiction will always have positive results

Taking positive action to no longer feed addiction is using will in harmony with love

e.g. Addiction: Pandering to women to feel good about self and get a sexual response

e.g. Action: No longer allowing self to pander to women to get any response

e.g. Result: Feel better about self, partner has to confront the demand

e.g. Result: Move love and truth present in the relationship, less pain & suffering

People taking advantage of us is our allowance of unloving behaviour towards self

By stopping the addiction of allowing poor treatment of self, we will expose our hurt emotions underneath that addiction

Making the choice to feel emotion rather than suppressing emotion

Suggestions for handling depression and the repression of rage

1. When we are depressed, make sure to remember death is not an option. Anger often drives us to the point of wanting to suicide.

2. Feeling emotion is the option. Feeling emotion is the action needing to be taken. We need to stop choosing to avoid the pain.

3. We need to develop the will to choose to feel emotional pain rather than acting upon the emotion. Depression is a choice to suppress the anger.

It is much better to experience anger than to suppress the anger & become depressed

Allow self to work way through the blockages to experiencing anger

Addiction: Pandering to women and their demands

Addiction: Allowing women to treat self badly

Addiction: Wanting women to stop treating self badly without taking personal action

Feeding addictions stops action and emotions from flowing

Feeding these addictions causes a build up of anger about the poor treatment of self

God and God's Laws are exposing to self the lack of love of self

Suppressing this anger causes the depression and avoids correcting the addictions

Adult fears have accumulated and prevent us from taking future action

Often the thought of doing something causes more fear than actually doing it

Taking action is often less difficult than we thought it would be

By emotionally feeding fear through supportive thoughts, we build up the fear inside

We need to find the reason why we support our fears through our thoughts

There will always be a reason which supports our avoidance of taking action

e.g. Fear of making mistakes => better to avoid action

e.g. Fear of looking stupid => better to not look stupid

e.g. Fear of being physically hurt => better to not act

e.g. Fear of feeling sickness => better to not act

e.g. Fear of past experiences remaining true => better to not act now

e.g. Fear of feeling self-conscious => better to now act

These are the excuses we use to justify not taking actions

A child would not use the same excuses if it really wanted to do something

A child does not generally have personal impediments for doing things

A child is governed by the impediments imposed by his/her environment

A child does not need to be convinced by others to do something it finds enjoyable

A child generally is allowed to process emotion from harmful events

This then allows the child to not be governed by the same fear with a new event

Adults impose personal impediments upon themselves to prevent hurt emotions

Adults usually have to be convinced to do things because of past unreleased fear

There is always an emotional reason for not taking action

We need to confront & feel these emotions so that we can begin taking more action

My time here is pointless if I refuse to take action NOW!

No growth towards God is possible unless I am willing to take action

No growth towards God is possible unless I am willing to feel fear and still act

Sincere Desire and Aspiration to Love are necessary in order to act

Next Q&A

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Facing My Fear Of Emotion Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Facing My Fear Of Emotion"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About Fear as a human creation

Fear experienced emotionally

All fears have been manufactured by humans, we accept them as real

Real emotion versus manufactured emotion (self-deception)

Some emotion is real, and other emotion is manufactured to avoid real emotion

Some emotions are manufactured by others, and have entered us (making it real)

All are retained by our decision or choice

Why I manufacture false emotion

How I avoid emotion

Why I avoid emotion

The sin of a not feeling my truthful emotions

Being humble to emotion

Actual Questions Answered

Emotions that exist without being caused by previous personal harm

Question: Where do emotions of rage come from if we have not been harmed?

Question: How to I process through emotions of rage when I have not been harmed?

Rage and anger often comes from a childhood of our own expectations and demands

Many parents feed the demands and addictions of their children

This creates children who have strong demands and addictions

The child associates love and worth with getting addictions met by others
The child associates love and worth with having their demands satisfied by others
The child is given things from others (parents, friends) when it has demanded
This taught the child that demands are rewarded (this is not love or truth)
Adults with this childhood experience choose anger & rage to control others
Adults with this childhood experience are easily manipulated to anger & rage by spirits
The rage comes from a demand to get what I want when I want
The emotions that must be released are the emotions associating love and worth with addictions being met, and feeling that our demands should be satisfied by others
The anger and rage identifies the extent of the will used to be unloving to others
Discussion of inter-generation inter-gender emotional injuries that cause this problem
Love and worth has been associated with getting what we want from others
Our definition of 'love' has been distorted in childhood to be 'love' = demand satisfied
Our definition of love must change
Love: Someone NOT meeting my addictions
Love: Someone NOT meeting my demands
Love: Someone NOT letting me have power over them
Love: A gift that cannot be demanded
The more truthful we become with ourselves, the more uncomfortable addiction is
Emotions avoided are feeling we are not loved when others do not satisfy demands
Judging these emotions helps us avoid feeling them
We must feel how much we want the addictions and demands satisfied
We must see how unloving these desires are by feeling the lack of love in them
Engaging the unloving actions degrades our soul condition rapidly
Remember the large danger of giving children exactly what they want without considering what is loving to others, God, the environment or self
This produces children with large amounts of demand and expectation upon others, who will also justify rage, anger and violence when these demands are not satisfied

Placing a limit on feeling our painful emotions

Being afraid to feel the depth of painful emotions including rage, hatred & grief
We have severe problems with experiencing overwhelming emotion of any kind without using the emotion to act harmfully towards ourselves or others
We have a cut-off limit on the experience of painful emotion
This is a choice of our soul based will to avoid emotion
Question: Is hate the most negative emotion we can experience?
Answer: We are judging the emotion, and qualifying and quantifying it
Truth: Judging emotion prevents the experience of the same emotion
Truth: Qualifying and quantifying emotion prevents the experience of the emotion
Making intellectual choices to avoid the depths of emotional despair

Using judgement as a method to deny our painful emotions

Judging emotion is a choice to inevitably act upon the denied emotion

Important to separate our worth from the emotions that exist within us

Judging personal worth based upon sinful emotions & desires that exist within

When we judge our emotion, we really believe we should not have the emotion

We are feeling the emotion should not exist within us when it already does exist

If it is already there, judging the emotion will not release the emotion

Judging emotion only causes us to suppress the emotion even more

It is worse to act upon an unloving emotion than it is to have the emotion within

It would be better to judge the action than it would to judge the emotion within

It would be even better to not judge at all, since judging is a suppression technique

Judging emotion is a choice to suppress the emotion and do what the emotion dictates

It is inevitable that we will act upon every emotion within us that we judge

Judging emotion is worse than acknowledging the emotion and choosing to release it

We associate emotions we judge to our worth

We believe that while such emotions exist we are worth less

e.g. The fact that I have hatred within me means I am a bad person

God's perspective: Having hatred within me does not change my value or worth

God's perspective: Hatred is just another human emotion that can be released

Our false belief: Having hatred within me means I am bad

Our false belief: It is impossible to release the emotion of hatred

Our false belief: The emotion defines who I am

We must separate who we are (our worth and identity) from the emotion we feel

All emotions within came from our personal choice or the personal choice of others

All emotions within can be released by our personal choice to experience them

It is what we choose to do with an emotion that will make us more sinful or not

Choose to experience & release the emotion, then sin & badness will be released

Choose to deny and suppress the emotion, then sin & badness continues

e.g. Every time we judge hatred within we continue hating others

e.g. Every time we judge hatred within we continue sinning

e.g. Every time we judge hatred within we continue our life with hatred remaining

e.g. Every time we judge hatred within we inevitably act upon the hatred

We often also then use will-power to create a façade where we don't have the emotion

This is then a choice to avoid the truth (which is that the emotion still exists within us)

We then become afraid that the good bits of ourselves are contained within façade

We then become afraid to give up our façade

Our darkest unloving emotions are not a part of our true nature

Our darkest unloving emotions are only our hurt which can be released

The more emotion we feel and process, the more we realize that our dark emotions are not who we are, but rather, what happened to us

Emotions are feelings that come and go, emotions pass through us

References to the following personal and group feedback sessions

We have become selective and self-delusional with our emotions and questions

My time here is pointless if I refuse to feel emotions NOW!

No growth towards God is possible unless you are willing to feel emotions

Sincere Desire and Aspiration to Love are necessary in order to feel emotion

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 2 Group Feedback

Presenter: Jesus

Description: Jesus gives group feedback regarding facing our lack of faith, and our fear and resistance about feeling emotion, our fear of taking action, our resistance to accepting God's Truth, and the main issue of how we use our will

Introduction

Jesus gives potential group feedback about:

The use of my will to remain unloving

Facing my lack of faith

Facing my fear of emotion

Facing my fear of action

Facing my fear of God's Truth

Jesus gives actual group feedback about:

No group feedback given due to time constraints

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 2 Review, Conclusion & Homework

Presenter: Jesus

Description: Jesus reviews and concludes the "Facing My Fear Of Love & Change" session, and gives some homework to the participants for the following day

Review

Facing My Lack Of Faith

A lack of faith is a human creation

Lack of faith must be experienced emotionally

Why I want to avoid faith

Faith will mean that I will feel more

I need to avoid faith so that I can feel less

To avoid real faith, I manufacture false beliefs to justify unloving behaviour

Once I justify false beliefs, I use false beliefs as an excuse to be unloving

But, all of this is sin!

A lack of faith will not result in growth

My time here is pointless if I refuse to develop faith now!

Facing My Fear Of Emotion

Fear is a human creation

My fear of emotion must be experienced emotionally

Why I want to avoid emotions

Emotions will mean that I will feel more

I need to avoid feeling emotions so that I can have control

To avoid emotions, I manufacture self-deceiving emotions, and then justify them

Once I justify self-deceiving emotions, I use these to remain unloving

But, all of this is sin!

Emotions without truth will not result in growth

My time here is pointless if I refuse to feel emotions now!

Facing My Fear Of Action

Fear is a human creation

Fear of action must be experienced emotionally

Why I want to avoid acting

Action will mean that I will feel more

I need to avoid taking action so that I can feel less

To avoid taking action, I manufacture fear, and then justify it

Once I justify fear, I use reasoning on fear as an excuse to remain unloving

But, all of this is sin!

Actions without humility will not result in growth

My time here is pointless if I refuse to take action now!

Facing My Resistance To Truth

Resistance to God's Truth is a human creation

False beliefs must be experienced emotionally

Why I want to avoid God's Truth

God's Truth will mean that I will feel more

I need to avoid God's Truth so that I can feel less

To avoid God's Truth, I manufacture my truth, and then justify it

Once I justify "my truth", I use "my truth" as an excuse to be unloving

But, all of this is sin!

Justifying personal opinions will not result in growth

My time here is pointless if I refuse God's Truth now!

Personal & Group Feedback

Conclusion

If I wish to educate myself in Love, I must;

Be passionately developing and living by Faith

Be passionately experiencing all of my personal emotions, painful or pleasurable

Be passionate about taking action in harmony with Love

Be passionate about discovering and applying God's Truth in everyday life

Next session: Engage My Will To Love & Change

We are going to talk more about understanding and developing your will

Homework

How am I demonstrating that I am living by Faith in my daily life?

Or do I just have faith in the world's viewpoint of things?

How am I taking action to become more loving in my daily life?

How much of my time is spent doing this?

Am I really sincere about doing this?

What am I really spending my time on?

How am I demonstrating humility in my daily life?

Am I feeling my real emotions, or just manufactured emotions?

Am I emotionally accepting and living in God's Truth, or do I still avoid it?

How am I demonstrating my openness to God's Truth in my daily life?

Am I honest with myself and with all other people, no matter what?

Am I honest with God, or do I just present my façade to God?

Finish For Day

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Session 2 Reminders & Homework Review

Presenter: Jesus

Description: Jesus works through reminders from the previous "Analyse My Fear Of Love & Change" session and reviews the homework of the participants

Review

Facing My Lack Of Faith

A lack of faith is a human creation

Lack of faith must be experienced emotionally

Why I want to avoid faith

Faith will mean that I will feel more

I need to avoid faith so that I can feel less

To avoid real faith, I manufacture false beliefs to justify unloving behaviour

Once I justify false beliefs, I use false beliefs as an excuse to be unloving

But, all of this is sin!

A lack of faith will not result in growth

My time here is pointless if I refuse to develop faith now!

Facing My Fear Of Emotion

Fear is a human creation

My fear of emotion must be experienced emotionally

Why I want to avoid emotions

Emotions will mean that I will feel more

I need to avoid feeling emotions so that I can have control

To avoid emotions, I manufacture self-deceiving emotions, and then justify them

Once I justify self-deceiving emotions, I use these to remain unloving

But, all of this is sin!

Emotions without truth will not result in growth

My time here is pointless if I refuse to feel emotions now!

Facing My Fear Of Action

Fear is a human creation

Fear of action must be experienced emotionally

Why I want to avoid acting

Action will mean that I will feel more

I need to avoid taking action so that I can feel less

To avoid taking action, I manufacture fear, and then justify it

Once I justify fear, I use reasoning on fear as an excuse to remain unloving

But, all of this is sin!

Actions without humility will not result in growth

My time here is pointless if I refuse to take action now!

Facing My Resistance To Truth

Resistance to God's Truth is a human creation

False beliefs must be experienced emotionally

Why I want to avoid God's Truth

God's Truth will mean that I will feel more

I need to avoid God's Truth so that I can feel less

To avoid God's Truth, I manufacture my truth, and then justify it

Once I justify "my truth", I use "my truth" as an excuse to be unloving

But, all of this is sin!

Justifying personal opinions will not result in growth

My time here is pointless if I refuse God's Truth now!

Personal & Group Feedback

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Next session: Engage My Will To Love & Change

We are going to talk more about understanding and developing your will

10 min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Understanding My Will

Presenter: Jesus

Description: Jesus helps us understand what our will is, where our will comes from, what influences our will, will versus will-power, and how negative and positive changes to our soul based will occur

What Is Will?

Free Will is the gift God gave to all persons

This gift is already given to everyone who has ever existed

My Will is the personal development and use of the Gift of Free Will

God has given me the opportunity to develop my will for many loving reasons

So that I can be a free-acting, free-thinking, free-feeling individual

So that I am not a robotic externally controlled being

It gives me the potential pleasure to give and receive love

It gives me the potential joy to create in harmony with love

It gives me the potential to have relationships with others and with God

I am conceived with no will, but with the gift of Free Will

By the time I am born, I am already influenced by the will of others

Since I have been influenced, I already have parts of my will in harmony, and other parts of my will out of harmony with love

But I still need to learn that how I choose to use my will is my responsibility

I still don't understand that I can develop my will and use it however I want to

I am learning to develop my will through my experience and choices

Changing my will can be as simple as making a different soul based decision

Changing my will can also be very complex and involve many competing emotions

Only I myself can change my will, but I can be easily influenced

My Will originates in the soul, it is a soul based quality

It comes from the soul, and commands my thoughts, words, and actions

It is the soul's true desire, passion, aspiration, longing and intention

It is the most obvious decision I make based upon my condition

It governs every emotional choice and decision, including even fear based decisions

It is influenced by:

Thoughts, beliefs and ideas in or out of harmony with love
Longings and desires in or out of harmony with love
Aspirations and intentions in or out of harmony with love
Emotions and feelings in or out of harmony with love
Actions taken in harmony or disharmony with love
Externally generated sources of the same in or out of harmony with love
External pressures in or out of harmony with love

Will is NOT 'will power'

Many people have been attempting to achieve soul progression through the use of will power.
Since this is an attempt to ignore and over-ride the soul's will and current condition it will never work

Will

Soul-based quality that reflects my current soul condition, including injuries, aspirations, desires, passions & fears.

It commands my thoughts, words, actions and even my inaction

It comes from emotions in or out of harmony with love

It is my soul's true desire

Generally happens without thought or consideration (I can grow my awareness of my true will if I choose)

Only through the use of will can I grow my soul in love and truth

Will Power

Soul-based desire to attempt to OVERRIDE my soul's will and current condition by using effort

Drives my attempts to *modify* the thoughts, words, actions & inactions that naturally arise from my soul's will

It comes from the use of my intellectual desire to emotionally deny my current emotions

It is the façade I would like to believe I have

Takes a lot of thought and consideration

I can never grow my soul in love and truth through the use of will power

I must develop a soul based aspiration to change, and then only by choosing to release the emotions, feelings, desires, passions, longings, aspirations and intentions out of harmony with love will my soul-based will actually change

Only through the use of will can I grow my soul in love and truth

Clarifying Points Regarding My Will

My will originates in my soul, NOT my intellect or my facade

It is impossible to generate will for something that the soul resists

My will is always engaged

I am constantly using my will even if I wish to deny that I am or wish to do nothing

My will is always used in harmony with the condition of my soul

It is possible to use my will to challenge false beliefs within my soul, but the desire or aspiration to challenge these false beliefs also originates in my soul

I am always in charge of how I use my will

I may wish to say that my will feels 'out of my control' but this is only because I wish to continue to remain disconnected from my soul

I usually have this attitude because I live in my fear and am willing to sacrifice loving principles in order to avoid fear

Understanding How Negative Changes To My Will Occur

Sinning: acting in disharmony with God's Love, God's Truth or God's Laws causes destruction of love-based will

Listen to, absorb, and accept thoughts, beliefs & ideas

Develop, respond to, and act upon, longings & desires

Develop, respond to, and act upon, aspirations & intentions

Develop, respond to, and act upon, emotions & feelings

Plan, decide, and engage actions

Sinning: allowing others to influence me to sin

Allow externally generated sources to do the above

Allow external pressures to modify the above

Understanding How Positive Changes To My Will Occur

Not sinning: acting in harmony with God's Love, God's Truth or God's Laws causes development of love-based will

Listen to, absorb, and accept thoughts, beliefs & ideas

Develop, respond to, and act upon, longings & desires

Develop, respond to, and act upon, aspirations & intentions

Develop, respond to, and act upon, emotions & feelings

Plan, decide, and engage actions

Allow externally generated sources to do the above

Allow external pressures to modify the above

Becoming perfect: allowing God's Love to perfect me

Will require repentance for past sin

Will require a desire for God's forgiveness

Understanding my will is crucial if I wish to:

Understand who I am, as God created me

Come to know myself and my potential as God's creation

Understand how to be truly happy and loving

Cease sinning

Give and receive love

Make real, lasting changes to my soul and my life

Without embracing my will, I can never change

Have a relationship with God

Stop pain & suffering

10min Break

Q&A Next

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Understanding My Will Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Understanding My Will"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

What Will is

What Will is influenced by

Will versus 'will power'

Clarifying points regarding Will

Understanding how the Will is changed negatively

Understanding how the Will is changed positively

Actual Questions Answered

Not taking personal responsibility for how we use our will

Example of a woman who had 3 abortions over a 5 month period

She blames her boyfriend for trying to shut down her grief with sex

No such thing as a complete lack of will

We use our will to give our will to others; it is our choice to do this

We give our will to others in order to not take personal responsibility for our choices

We or others have developed our will to make others responsible for our choices

This gives us the excuse that we cannot be held responsible for our own actions

We need to learn to take responsibility for every personal action

The choice to have the abortions was not driven by other people's will

The justification to murder 3 children came from within

She is not taking responsibility for that choice

She avoided using her will to take responsibility for the decisions she personally made

She made the choice to have sex

She made the choice to abort the children

She made unloving choices, and used her will to do so

She needs to desire to discover why she allowed herself to have the abortions

She needs to desire to discover why she wants to blame her boyfriend for her actions

She is justifying why she chose to abort (murder) 3 children

She is blaming others for her choice to abort (murder) 3 children

This is not taking personal responsibility for her own choices and decisions

She also exercises her will to do what other people want

She calls this giving up her will, but this is not what is happening

Feeling emotions is the way to discover the truth

We will only know the truth after we have felt the emotions

It is only by allowing emotion to flow that we find out the truth about matters

We will not complete feeling our real emotions unless we get to know God's Truth

God's Truth about Child abuse: harmful, wrong, detrimental to child's development, taking power over innocents is wrong etc

Knowing this is independent of a person knowing they personally have been abused

If a person has really been abused, they will have emotions pertaining to the abuse

These emotions prove whether a person has been abused or not

Until a person feels these emotions, they will not know the truth about what happened

Most abuse victims prefer to not know the truth about the abuse

They prefer this because they do not wish to experience the emotions of abuse, which are very difficult emotions to experience and feel

Preferring to not know by experiencing emotion, causes us to believe based upon suggestion and other emotional injuries

Once we feel the emotions we know the truth about the subject

She wants to know what she will feel about abuse, before she allows herself to feel her emotions about abuse

But this has nothing to do with the same person avoiding self-responsibility for having 3 abortions, even if she has personally been abused she chose to abuse others

She does not want to take responsibility for the previous choices she made

She wants someone else to be responsible for those choices

She does not want to take responsibility for the choice to have sex

She does not want to take responsibility for the choice to murder 3 children

She was unwilling to make a choice that was loving and then she also wants to make a choice to blame other people for the choices she has personally made

Her view of love is that people who 'love' her should make the right choices for her

Her view of love is that people should rescue her from the unloving choices she makes

'Listening' to Divine Truth while using will to emotionally avoid Truth

Why we don't want to hear truth that affects us personally

Reasons include: I'll have to take action I don't want to take, I want to avoid pain, I want to avoid personal responsibility

World's definition of love: I should be able to share responsibility with others, share my emotion with others, share my pain with others, blame others for my actions etc

God's definition of love: I am personally responsible for every action I take, for every emotion I feel, for all pain within me, for how I act

e.g. Unemployment benefits: wanting others to be responsible for my life & welfare

e.g. Legal action: with someone for a personal injury resulting from a personal action

e.g. Relationship: he/she made me angry, that's why I became violent

God desires us to know: Use will to love results in positive benefits and happiness

God desires us to know: Using will to sin results in negative consequence & pain

Humankind is adept at avoiding personal responsibility

Having faith in God's Laws

Every addiction is the desire to avoid personal responsibility for internal emotions

Addiction: Soul based emotion of hurt that needs to be satisfied from someone else

Choice to release the emotion is taking responsibility for the emotion within us

Choice to feed the addiction is a desire to make others responsible for our emotion

Hurt emotion we refuse to release from inside us will cause a demand upon others

Hurt emotion we refuse to release from inside us will generate an addiction

Hurt emotion we refuse to release from inside us will generate more sin

God's Laws then force us to take responsibility for our desire to create sin

Only we ourselves can make the choice to release our hurt emotions

No-one else can take this action for us, even if they wanted to

There are very few situations in life where we do not bear personal responsibility for outcomes that affect us personally

e.g. A child is not responsible for physical, emotional or sexual abuse from adults

e.g. A falsely accused person in prison is not responsible for their imprisonment

However, they are responsible for releasing the emotions that exist as a result

Using will and sin

Explanation of a person who has a stroke

Avoidance of emotions cause physical sickness and disease

Making allowances for sinful decisions is only going to cause more pain

Telling ourselves the story without understanding the causes of all issues

Jesus: Interrupts the story many times to correct the false beliefs

We often learn in our childhood that no adult wants to hear the truth

Use our will to examine our desire to work through sinful emotions

Using will-power to overcome emotion is not the answer

Teaching ourselves to avoid the consequence is a lack of responsibility

I need to take full personal responsibility for the choices and decisions I personally make that are unloving or untruthful and there have painful consequences

I need to take full personal responsibility for the choice to avoid painful emotions

I need to take full personal responsibility for the choice to avoid being truthful

I need to find the emotional reasons within me that cause me to be unloving

No-one else can do this for me

Others can help me, but unless I decide for myself, I will not do it

The emotional reasons for avoidance within the audience

Most are avoiding taking personal responsibility for their own emotional condition

Most want someone else to love them rather than loving themselves

Most do not want to be responsible for loving themselves

This opens us up to external influences and people that meet our addictions

Demanding that others 'love' me causes me to enter addictions with others

Demanding that others 'love' me causes me to not be responsible for my decisions

Demanding that others 'love' me causes me to not understand that love is a gift

Demanding that others 'love' me causes me to create pain for others

Engaging will to take personal responsibility for emotions

This begins with choosing to feel the reasons why I don't want to feel

This means engaging my will in the process of discovering why I don't want to feel

Begins with feeling 'I don't want to'

Ask myself all of the reasons why I don't want to feel emotion

Ask myself what are my beliefs about emotion

Use my will to access my false beliefs

Recognize that we do not wish to feel emotion, and ask 'why'

We can develop faith in processing emotion

Find the will based reasons why we don't want to be loving

Recognize that not feeling emotion is the result of our soul based choice to avoid

Recognize that not wanting truth is the result of our soul based choice to love lies

Recognize that not wanting action is the result of our soul based choice to honour fear

Recognize that not developing faith is the result of our soul based choice to lack faith

We need to take responsibility for how we are choosing to exercise our will

We prefer to have physical pain rather than emotional pain

We prefer to die painfully rather than feel emotional pain

Most would rather lie to self about doing something about our unloving or untruthful condition, rather than actually do something about the same condition

We need to use our will to identify the reasons why we do not want to be loving
The aspiration to address the 'I don't want to' emotion comes from the soul
If that aspiration is not present, then it can be developed
Seeing the personal and universal benefits will help us develop the aspiration to love

The will to avoid telling the truth

'Sugar coating' the truth so that no one listens or is confronted by the real truth
Truth is powerful, and people may respond negatively
The real addiction is not wanting to feel attack from others and wanting to control others' responses to truth so that we do not have to feel a personal emotion
To overcome will need faith, truth, action and emotion
Our fears govern our desire to avoid action
To act, we need to be willing to feel the fears that actions trigger

Making comparisons that are illogical in order to avoid emotion

Illogical comparison between cutting down a tree and war

Understanding and experimenting with the use of our will

We need to spend time experimenting with the use of our will
We need to stop avoiding the use of our will (which is a sin)
We need to examine why we wish to avoid using our will
We need to examine how we are using our will out of harmony with love and truth
We need to examine how to use our will in harmony with love and truth
We need to measure the results of our experiments

The difficulty of 'helping' people who avoid the use of their will

Avoiding the use of and the development of our will is a lack of personal responsibility
It is very hard to convince people who have never used their own will or developed their will to use it in any direction, positively or negatively
It is often easier to convince people who have used their will or developed their will negatively to change and use their will positively
People who do not use their will are afraid of engaging their will and experimenting
People who make others responsible for their will are also avoiding responsibility

My time here is pointless if I refuse to understand my will NOW!

Question

Am I going to understand how I use my will and the power of my will, or am I going to continue avoiding the use of my will, or using my will negatively to harm myself and others?

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Pain, Pleasure & My Will

Presenter: Jesus

Description: Jesus talks about gaining a soul based understanding of the true causes of pleasure and pain, sin, the results of sin, and encourages us to be sensitive to the true cost of using our will unlovingly

Introduction

The majority of attendees and the world in general:

Do not understand how much pain they are causing to themselves or others
Believe feeding addictions has the result of pleasure when it actually creates pain
Believe living in façade has the result of pleasure when it actually creates pain
Believe that unloving behaviour is actually loving
Believe that loving behaviour is unloving
Believe that living in truth is harmful
Cannot see the damage they are doing to their own soul
Cannot see the damage they are doing to the souls of others
Cannot see how their soul based choices are damaging the world
Have little or no desire to stop the damage they are personally causing

For any real progression to begin, I must:

Truly understand what causes my own pain and the pain of others
Truly understand what causes my own suffering and the suffering of others
Truly understand what contributes to my own pleasure and the pleasure of others
Truly understand what contributes to my own happiness and the happiness of others
Cease causing pain and suffering
Begin creating pleasure and happiness
Understand that happiness = no pain + pleasure + relationship with God

The True Cause Of Pain & Suffering

The true cause of pain is:

Having inside of myself (my soul) the desire, aspiration or intent to sin, or;
Using my will out of harmony with God's definition of Love, or;
Using my will to break God's Loving Laws

Notes

- Notice that pain is not selective about where the sin came from (either from my own choices, or the choices of others), but rather, pain is caused by the fact that I have not awakened to sin and sin remains inside of my soul
- This definition applies to **all** pain, including pain caused by; emotions, disease, accidents, sickness, violence, and natural disasters, etc

The true cause of suffering is:

Refusing to remove from inside of myself (my soul) the desire, aspiration or intent to sin, over a long period, or;

Using my will out of harmony with God's definition of Love over a long period, or;

Using my will to break God's Loving Laws over a long period

Notes

- Notice that suffering (long term pain) is not selective about where the sin came from, but rather, suffering is caused by the refusal to awaken to and remove sin from my soul, and to continue to deny and ignore the true cause of pain itself, which is always sin
- This definition applies to **all** suffering, including suffering caused by; emotions, disease, accidents, sickness, violence, and natural disasters, etc

The True Cause Of Pleasure & Happiness

The true cause of pleasure is:

Engaging my life passionately and emotionally while having inside myself (my soul) no desire, aspiration or intent to sin, or;

Using my will in harmony with God's definition of Love over a long period, or;

Using my will to obey God's Loving Natural Laws over a long period

Notes

- I am perfected in Natural Love when my own definition of love of others matches God's definition of Love of others
- A person can have pleasure without true happiness; this is the condition of all 6th sphere spirits

The true cause of happiness is:

Engaging my life passionately and emotionally having removed from inside myself (my soul) all desire, aspiration or intent to sin, and having received God's Love to the point of at-onement with God, over a long period of time, or;

Using my will in harmony with God's definition of Love over a long period of time, or;

Using my will to obey all God's Loving Divine Laws over a long period

Notes

- I am perfected in God's Love (Divine Love) when I have received enough of God's Love that my own definition of love of myself, and love of God, match God's definition of Love in both areas
- A person needs God's Love in order to have pleasure with true happiness; this is the condition of all Celestial spirits

The Importance Of Developing My Will To Love

My pain, and the pain of others caused by my choices, will reduce

Most people selfishly only consider their own pain

My suffering, and the suffering of others caused by my choices, will reduce

Most people selfishly only consider their own suffering

My pleasure, and the pleasure of others caused by my choices, will increase

Most people selfishly only consider their own pleasure

My happiness, and the happiness of others caused by my choices, will increase

Most people selfishly only consider their own happiness

My relationship with God is completely dependent on making loving choices

Most people ignore God completely, or give lip service to God, and believe that relationship with God is not going assist their personal pleasure and happiness

A Soul Based Understanding

What will it look like when I have a soul based understanding of these truths?

Would I choose to remain ignorant about love?

Would I choose to believe & act upon untruths about love?

Would I choose to purposefully ignore my own conscience about love?

Would I choose to avoid personal responsibility for my life?

Would I choose to make others responsible for my life?

Would I choose to make others responsible for my unloving choices and decisions?

Would I choose to harm others purposefully?

Would I choose to harm others through my addictions and façade?

Would I continue to lie to myself about my sin?

Would I tell myself that my pain has been caused by someone else?

Would I think that physical remedies are the solution to my pain and suffering?

Would I waste time learning about matters unrelated to love and truth?

Would I continue to suggest to myself that God's Laws are not just because my own pain and suffering has nothing to do with my own choices?

Pain, Pleasure & My Will

Demonstrated the real causes of pain and suffering, which is;

Sin

My personal desire to avoid becoming sensitive to sin

My personal desire to leave sin inside of me

My personal desire to sin more, and acting upon the sin that already exists

In the middle section of this course, we will present;

Understanding God's Laws Of Love

Understanding Sin and Its Causes

Removing the Causes of Sin

Engaging God's Laws of Love

Each group will focus on giving you more understanding about pain, suffering, pleasure and happiness

Question

Am I going to use my will to choose to continue reaping the harvest of sin, or am I going to choose to remove the causes of my sin and sin no more?

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Pain, Pleasure & My Will Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "Pain, Pleasure & My Will"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

The true cause of pain

The true cause of suffering

The true cause of pleasure

The true cause of happiness

A soul based understanding of the destructive power of sin

A soul based understanding of the supreme power of God's Love

Actual Questions Answered

Physical pain and the place of medical intervention

Being learners in love, and not being perfect yet

If people are willing to address the cause, which are emotions within themselves they are resistive to releasing, then surgery is appropriate

If people avoid addressing the cause, then they are making others responsible for their own unloving choices, and the outcome of those choices, which is a lack of personal responsibility

Our medical system is often paid for by others, there is a sharing of costs for medical intervention amongst the general community

There is a loving and unloving use of medical intervention

There is also an aspect of mercy and justice

Education also must occur, but this education needs to revolve around God's Truth & Love, and God's Laws rather than the acceptance of the world's definition of love

The medical treatment would include mandatory education on what emotions and desires caused the accident or disease that required medical intervention

In today's society many physicians become such to avoid many of their own personal emotions. With almost all professions on earth there are a mixture of personal and society based addictions the profession satisfies, and loving intentions.

The general population places huge demands upon the medical industry to help the general population avoid pain and suffering caused by its own choices and to avoid the emotions that create such pain and suffering, and expect the medical industry to create methods of making this pain and suffering disappear.

Types of guilt and the danger of being motivated by guilt

Guilt: Conscience or God's Truth informing you that you have acted unlovingly. This is a statement of Truth; the person is either guilty of a sin or not

This type of 'guilt' (the acknowledgement of the truth that a sin has been committed) is necessary for the beginning of repentance

This type of guilt is the beginning of having an awakening to sin, and an awakening to the need for repentance, which involves discovering the original reason for the sin.

Guilt: An addiction to acting due to feeling we must do something for ourselves or others when the motivation is to avoid experiencing emotions or helping others avoid experiencing their emotions. This type of guilt avoids the recognition of truth. This type of guilt is a desire to punish self or feel bad about self without correcting the original causes for unloving behaviour.

This kind of guilt is pointless, narcissistic & self-involved, and assists us or others to avoid the experience of unloving desires or unloving emotions, and allows us to continue unloving behaviour without any real correction.

This type of guilt engages an additional sin from God's perspective.

Being motivated by the second type of guilt, which is the guilt we have been discussing in questions associated with the subject, will not result in any correction of our behaviour.

Taking physical action or corrective medical procedures in addiction to avoid awareness of emotional denial

Question about cosmetic surgery, makeup etc

The desire to do this is driven only by addiction, and therefore the desire is a sin

Addiction: A desire to avoid my personal true state or condition

Addiction: A desire to stop others from seeing my personal true state or condition

Addiction: A desire to present a façade to the world and to myself

Physical degradation of the body is caused by emotional issues

e.g. Jesus hair loss: Avoiding the emotion of worth

It is better to address the unloving emotions that create the physical degradation than engage a corrective medical procedure which does not address the cause

This is different to surgery to help with physical pain or body function, which has been discussed in a prior question.

The connection between sin and the avoidance of God's Truth

Sin and its connection to lack of faith, truth, action and processing emotion

Most do not believe that releasing the desire to sin is a good thing for us

Most do believe that acting in harmony with the desire to sin creates happiness & joy

Obviously there are a lot of false beliefs about sin itself and its causes

This is why we must spend 60 hours or so on the subject of sin during this education in love programme
We need to study the relationship between sin and the cause of pain & unhappiness

Measure the amount of pain then ask ourselves what sin causes the pain

Most of our personal pain comes from a lack of love of self

It is a sin to continue to feel that abuse during childhood is our own fault

Wanting to hang onto false beliefs about ourselves is a sin that causes pain

Not wanting to release the emotion that causes our false beliefs about ourselves is a resistance to God's Truth, and a resistance to God's Love

What happens emotionally when pain abates rather than disappears

Pain is the result of resistance to feeling emotions out of harmony with love

We need to identify the sin that is causing the physical pain

Often the causes relate to how we feel about ourselves as a result of abuse done to us

e.g. Wanting to continue to believe that abuse was our own fault is a sin

e.g. We need to release this emotion, so that we can accept God's Truth

e.g. Wanting to hang onto a false belief about oneself is a sin that causes pain

e.g. Wanting to continue to treat oneself abusively is a sin

Many refuse to see ourselves truthfully (sin), because that will trigger emotional pain we wish to avoid about how other persons have treated us in our life

Some of the most difficult sinful emotions to address are attitudes we have towards ourselves that we do not wish to remove due to the emotional pain involved

People who have been taught that they are already beautiful and wonderful by their parents obviously will not have these emotions to address

Being in emotional pain and suffering

One cause of physical and emotional pain is fear of experiencing emotions that we believe will be too painful to feel

Another cause of pain is reaping the results of the Law of Compensation from past decisions made that were out of harmony with love of self, others or God

Another cause of pain is the sin of punishing ourselves for past unloving choices

Another cause of pain is the sin of avoiding the full consequence of our decisions

Breaking each law has the consequence of different penalties, and therefore different types of pain associated with each sin

We need to understand the relationship between sin, law, penalties and pain

Become sensitive to the full consequences of what we sowed

This is a part of having the awakening to sin

Without an awakening to sin, it is impossible to repent

We need to know the reasons why we took the unloving actions

To engage the Law of Repentance we must go through this process

We must see the relationship between what we sow and what we reap

Many of the things we are trying to avoid by sinning will actually happen due to the sin being engaged to avoid them; the law of attraction determines this

We do what we think is best (sin of feeding our addictions) attempting to avoid pain (the result of previous sin) when we are actually creating more sin and therefore more future pain and suffering

The only way to avoid the Law of Compensation (pain that results from sin) is to engage the Law of Repentance which requires having the awakening to the sins committed

Understanding Law, understanding the causes and effects of sin, removing sin and engaging God's Laws of love are future subjects involve in our Education in Love

Repentance and forgiveness is the best method of dealing with sin

The state of refusing to experience sinful emotion causes physical pain

Each physical pain is related to emotion that is out of harmony with love that is within us that we refuse to experience and feel

This is the true cause of the compensatory pain

We are not sensitive enough to pain

Pain is a messenger of truth to us that we remain in sin and have sinned

We usually make decisions to avoid immediate pain which is an additional sin

When we are in a lot of pain (a lot of denial of sin), it becomes very difficult to feel the actual causes of each pain (each individual sin)

The use of our will determines whether we release pain or engage more pain

We have positive and negative influences on our will

We even use our will to listen to and make decisions in harmony with influences

Only listen and act upon influences from people who are in a better condition of love

Carefully listen to and act upon influences from people who are in a similar condition of love to yourself, since these people know very little more than you know about love

Refuse to listen and act upon influences from people who are in a worse condition of love than yourself, since these people obviously know less about love than you do

We frequently listen to and act upon advice from people we cannot trust (due to their lack of love), while at the same time avoiding listening to and acting upon advice from people we can trust (due to their deeper understanding and practice of love)

Tomorrow's program

My time here is pointless if I refuse to change the use of my will NOW!

Pain and suffering will continue to dominate my life, and my future spirit life

I will remain selfishly driven to meet addictions at the expense of others' pain

True pleasure and happiness will continue to be elusive

Perfection will be impossible

Question

Am I going to use my will to choose to continue reaping the harvest of sin, or am I going to choose to remove the causes of my sin and sin no more?

Finish For Day

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: My Will To Love

Presenter: Jesus

Description: Jesus discusses the three possible directions to develop your will and how two of these directions continue to be harmful, reminds us of the specific ways to develop our will to love, and challenges us to consider what is the true state of our will right now

Introduction

Three directions to grow will

No action

Sin remains in my soul

I continue to live out of harmony with God's Loving Laws

Action in a negative direction

I create more sin in my soul

I desire to live out of harmony with all of God's Loving Laws

I rebel against all of God's Loving Laws

Action in a positive direction

I awaken to sin and remove sin

I live in harmony with all of God's Loving Laws

Developing my will to love is the ONLY WAY to progress

As Jesus pointed it out it is also the only way to achieve happiness or true pleasure

How have I been 'growing' my will?

If I want to see an example of an underdeveloped will to love I can look at my life right now (this applies to most people in attendance)

Understanding Sin & Removing Sin Assistance Groups will outline this in detail

Reminders from Assistance Group in 2014

Reminder of the 'muscle'

Will is something I develop

It is different from will power

Four ways I build a muscle

Overwhelming stimuli
Food (nourishing input)
Water (truth)
Repetition

Ask myself what I have already done:

Have I stretched myself emotionally and sought opportunities to love?
Have I stretched myself regularly and repetitively?
Have I changed my daily activities and relationships towards those that uphold love?
Have I exposed myself to, and engaged, truth every moment in my day to day life?

Those who really want to act, really do act!

We will see those who have a sincere desire to strengthen their will to love by the habits and actions they embrace

Many of you are demonstrating your own insincerity and lack of desire, rather than the reverse

Specific ways to build my will to love

We have already covered this material in the 2014 Australian Assistance Groups
So, no real point going through that same material

Reminders to do the following in harmony with God's Love, Truth & Laws:

Release emotions that negatively control beliefs, thoughts, and actions
Awaken to sin, and repent for past sin
Ask for God's Love & Forgiveness
Listen to, absorb, & accept thoughts, beliefs & ideas
Develop, respond to, and act upon, longings & desires
Develop, respond to, and act upon, aspirations & intentions
Develop, respond to, and act upon, emotions & feelings
Plan, decide, and engage actions
Allow externally generated sources to encourage me to do all of the above

Doing above out of harmony with God's Love, Truth & Laws:

Destroys my will to love

Practical examples of how I currently do this:

Living in negative emotions, rather than feeling them
Seeking approval and validation from people in a dark spiritual condition
Not seeing my addictions and façade as sin
Justifying my sins as 'minor' and continuing to act in them
Ignoring my pangs of conscience about past sin
Blaming others (including my parents) for my anger and other sins

Judging others and myself

Refusing to acknowledge God's Truth even when it is shown to me (via God's Laws)

Giving up on loving endeavours to avoid attack or disapproval from people around me

Using My Will to Love will mean:

Recognising how my will is currently exercised

No action

Sin remains in my soul

I continue to live out of harmony with God's Loving Laws

Action in a negative direction

I create more sin in my soul

I desire to live out of harmony with all of God's Loving Laws

I rebel against all of God's Loving Laws

Action in a positive direction

I awaken to sin and remove sin

I live in harmony with all of God's Loving Laws

Deciding to embrace my will in a positive direction

I currently have a weak will to love muscle, so this will take effort on my part

Changing my current behaviour

Confronting my own and other people's addictions

Seeking opportunities that will speed up my change and growth

Not automatically agreeing with commonly held false beliefs of the world

Spending my time on activities that nurture my spiritual development

Speaking truthfully no matter what the outcome

Stopping pandering to other people's unloving demands

Changing everything about myself

Letting go of façade based concepts of who I am

Experiencing my resistance to change, truth and surrendering emotionally

Changing my current addiction based values to become values based on love & ethics

Experiencing my desires, passions and longings

Desiring to experience my painful emotions

Opening up to God's concept of who I am

Changing everything about my life

Completely changing my lifestyle so that it is in harmony with God's Way

Giving up addictions

Giving up comfort (short term)

Facing potential rejection and criticism from everyone in my life (and the world)

Changing the way I spend time

Do I really want to develop my will to love?

Questions

Am I right now doing what is required to develop my will to Love?

How have I been exercising my will to date?

In passive, negative or positive direction?

What have I done with my opportunities to begin developing my will muscle to date?

What opportunities have I wasted?

What will I do from NOW to begin to develop my will to Love?

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: My Will To Love Q&A

Presenter: Jesus

Description: Jesus answers questions from the audience about the material covered in the previous presentation "My Will To Love"

Introduction

I want your questions to be to the point, succinct and direct

Stop telling stories, raise the issues directly

Stop parroting what you think, rather than telling me what you feel

Potential Questions About

Any matter raised throughout the entire group

Denial, apathy, complacency, and hopelessness

Faith, hope, trust, love, and truth

Fear, resistance, emotion, and action

Pain, suffering, pleasure, and happiness

Actual Questions Answered

The effects of sin on the soul and the physical and spiritual bodies

Diagram of soul, physical and spiritual bodies

Effects of sin resides within the soul

Energy to both bodies comes from the pain

When we sin there are instant effects on our body, the spirit body and the soul

Sin is issues related to love of self, love of others, and love of God

Every single sin has an emotional effect, and a physical and spiritual effect

Often we are not sensitive to the effects, or we label the effect as 'normal'

The cause of Hereditary defects in the human body

Sin passed down through the generations

Working through the sin that causes this damage

Sin in work situations

The ethics of sinning in work situations

The importance of developing our will with regard to sin

Most are still using their will to sin

Most are still using their will to avoid awakening to sin

Allowing oneself to feel 'I don't want to'

The importance of allowing ourselves to see how much we want to rebel

Stop punishing self

Begin deconstructing all the reasons why we do not want to love

The will comes from the soul, the will-power from the mind of the spirit body attempting to overcome the will of the soul

Give up the concept that the mind can change everything

Physical pain in our spirit body

Explanation of how pain is transmitted between the bodies

Explanation of what happens with pain when the physical body dies

Pain exists in the spirit world, but it is a human creation

Real knowledge enters the soul

Focus on developing soul based will

Allow the limitations

Grow and develop

Engage a plan

Fully engage your own will for change to occur

The problem of using our will to engage our addictions

Use your time to develop your will to give up addictions

Will related to God's Law of Attraction

Law of attraction operates consistently

A sincere desire to address an issue is a prayer

The prayer results in God's response

Exercising our desire to receive through prayer

Longing for Divine Truth changes the soul

Divine Truth must enter your soul first

Getting intellectual understanding of Divine Truth is impossible

Feel the precluding emotion first, then truth can enter

How our emotions prevent us from actually praying to God

Often we want an intellectual connection with God rather than an emotional one

The difference between will-power and will

Go back to the discussions in 2014

Prayer to God often feels emotionally painful

Contrast between the emotions of God and our own emotions

We turn of the emotional process

The experience of physical pain relating to emotional processing

Dispersing the influence of spirit attack

Allow yourself to feel emotions relating to parents

This disconnects you from spirits who have the same emotions as your parents

Using will-power rather than will

Law of compensation pain must be felt, it is not a bad thing to feel pain

We are going to feel physical and emotional pain while processing emotion

Changing our attitude to pain

Physical pain is caused by further sin

Physical pain is also caused by the release of past sin

We need to be willing to feel pain if we want to progress in love

Becoming sincere

Becoming more truthful with ourselves

Analysing ourselves truthfully

Desire to understand why 'I don't want to' become loving

Judgement of self prevents us from being sincere

20min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Rewards Of Developing My Will To Love

Presenter: Jesus

Description: Jesus encourages us to see that God is Good, and offers many gifts no matter what we do, but also offers additional personal and collective rewards that come from our choice to develop our will to love and obtain an education from God

Reminders About The True Cause Of Pleasure & Happiness

The true cause of pleasure is:

Engaging my life passionately and emotionally while having inside myself (my soul) no desire, aspiration or intent to sin, or;

Using my will in harmony with God's definition of Love over a long period, or;

Using my will to obey God's Loving Natural Laws over a long period

Notes

- I am perfected in Natural Love when my own definition of love of others matches God's definition of Love of others
- A person can have pleasure without true happiness; this is the condition of all 6th sphere spirits

The true cause of happiness is:

Engaging my life passionately and emotionally having removed from inside myself (my soul) all desire, aspiration or intent to sin, and having received God's Love to the point of at-onement with God, over a long period of time, or;

Using my will in harmony with God's definition of Love over a long period of time, or;

Using my will to obey all God's Loving Divine Laws over a long period

Notes

- I am perfected in God's Love (Divine Love) when I have received enough of God's Love that my own definition of love of myself, and love of God, match God's definition of Love in both areas
- A person needs God's Love in order to have pleasure with true happiness; this is the condition of all Celestial spirits

What God Has Already Done That Proves God is Good

Matt 5:43-48 "God Makes It Rain Upon The Righteous & Unrighteous"

Many gifts God has given are independent of how we use our will

God has already proven that God is good

God does things for people whether they are good or evil

Things God has done for all no matter how we use our will

Gift of Free Will

Gift of Life

Gift of Natural Love

Laws that educate us

Laws that benefit us

Laws that love us

Universal playground

Supportive of growth

Supportive of life

Equality

Allows us to create

This list is not exhaustive, but proves to us that God is better than any human

The Rewards Of Developing My Will To Love

Matt 6:33 "All These Other Things Will Be Added To You"

These are gifts God gives dependent on how we use our will

These gifts are only given if a person uses their will to love

Gifts God gives dependent on how we use our will

Relationship with God

Gift of God's Personal Love

Immortality & everlasting life

Soul union with soulmate

Transference of God's Qualities to us

Soul based education

Seeking first God's Love will always result in expansion in EVERY area of life

The benefits range from:

Minor & physical to massive and soul based scale

Personal & intimate through to global then universal in scope

Immediate to everlasting in timing

In fact ALL other things will be added to you through the relationship with God

The list is not exhaustive, but gives some ideas of what we gain

Some Examples Of Things Added To Your Life When You Love

See talk "Relationship with God - The Eternal Benefits"

These examples are only some of the many eternal benefits of becoming more loving

Relationship with God

I discover and understand Absolute Truth

I discover and understand God's Love

I get to know and understand the Creator personally

I get to trust and have faith in God implicitly

I am educated in all things by the Source of all Love

I come to understand the essential personal qualities such as humility

I become an eternal student and constant teacher of God's Truth

I grow and expand eternally and without limit

I become immortal and personally aware of my own immortality

I come to understand the design of my soul and God's purpose for creating me

I observe the real affects I have on the Universe

The Reduction Of My Pain

I avoid physical accidents and injuries

I avoid the experience of disease, sickness and physical pain

I no longer limit my own enjoyment of life or pleasure in harmony with love

I no longer limit my own expansion and growth

I no longer limit my own life or my own experiences

I avoid becoming earth bound or living the hells after I pass

I no longer have to pay penalties for my unloving and untruthful choices

I am never afraid, angry, resentful, or hateful

The Reduction Of Other's Pain

I no longer contribute to the physical accidents and injuries of others

I no longer contribute to disease, sickness and physical pain in others

I no longer limit others' enjoyment of life or pleasure in harmony with love

I no longer limit others' expansion and growth

I no longer limit others' life or experiences

I help others to avoid becoming earth bound or living the hells after they pass

Others are not harmed by my unloving and untruthful treatment of them

I no longer stop others from expressing themselves or being themselves

I no longer control, manipulate, bribe or blackmail others

I no present a façade to others, or expect them to satisfy my addictions

I will become less dependent on others

The Increase Of My Pleasure

I become healthy physically, emotionally and spiritually

I get to completely know myself

I live more and more in my passions, desires and emotions
I attract my soulmate
I embrace my childlike nature
Pleasure becomes soul-based and more intense
I get to live in higher spheres of happiness after I pass
I am capable of true logic

The Increase Of Other's Pleasure

I help others be healthy physically, emotionally and spiritually
I help others to completely know themselves
I help others live more and more in their passions, desires and emotions
I help others attract their soulmates
I help others embrace their childlike nature
I assist others to get to live in higher spheres of happiness after they pass

The Quality Of My Personal Life

I no longer worry or am anxious about what is happening in my life
I get to live in more enjoyment of my life on earth
I get to live in higher spheres of love after I pass
I will come to completely know myself
My power to create expands
I am no longer limited by space or time, since I am immortal
My connection with all other creation grows
Everything becomes more effortless
I no longer need others to satisfy my own "needs" and desires

The Quality Of Everyone's Life

I no longer demand or expect others to be involved in what is happening in my life
I no longer need others to satisfy my own "needs" and desires
I give others more freedom in their enjoyment of life on earth
I help others live in higher spheres of love after they pass
I no longer restrict others from their experience of themselves or myself
I help others completely know themselves
I assist others in their ability to create
I become more sympathetic and compassionate for others and their problems
My connection with all other creation grows

Be Motivated To Act By Having Faith In The Rewards

If none of these things are motivation enough then:

I suggest that having an awakening towards your own hopelessness must begin

For me, each one of these things is motivation enough to make;

Developing my will to love my highest priority in life

10min Break

Assistance Group

Series: An Education In Love

Group: Developing My Will To Love

Theme: Using My Will To Love In The World

Presenter: Jesus & Mary

Description: Jesus & Mary encourage us to apply what we have learned from the "Developing My Will to Love" group of the "Education In Love" series and to see the opportunities to use our will to Love in day to day life

Opportunities To Love

The advantages of living in the world are;

We have more opportunities to love those who do not love us (Matt 5:43-48)

We can create ventures that focus on giving our love to the world

We can take opportunities to let our light shine in the world (Matt 5:14-16)

We build a strong will to love and change when we have opposition

We prove that it is possible to live in the world and not be of the world (John 17:18)

We cannot be manipulated, bribed, blackmailed or threatened into becoming unloving

We hope that this has an effect in your future life, but that will depend almost completely on whether you listen and develop your will to love

Encouragement To Exercise My Desire To Love And Change While Living In The World

Unloving spirits bribe, threaten, and blackmail me into using my will unlovingly

Are they able to use my addictions and fear against me?

Do I accept their bribes?

Do I listen to their threats?

Do I accept their blackmail?

These are opportunities to develop my will to love

Unloving people bribe, threaten, and blackmail me into using my will unlovingly

Are they able to use my addictions and fear against me?

Do I accept their bribes?

Do I listen to their threats?

Do I accept their blackmail?

These are opportunities to develop my will to love

I attract situations because of my soul based condition to expose my will

Do I notice these situations or ignore them?

Do I act in harmony with love, or revert to unloving behaviour?

These are opportunities to develop my will to love

Loving spirit helpers highlight opportunities for me to use my will lovingly

Do I listen to these spirit helpers, or ignore them?

Do I act in harmony with their prompts, or revert to unloving behaviour?

These are opportunities to develop my will to love

I can create opportunities to use my will lovingly

Am I afraid of creating circumstances and situations where I do this?

Fearlessly create opportunities to develop my will to love

God, and God's Laws, give me opportunities to use my will lovingly

God is doing this every moment of my life!

What do I do with these opportunities?

Do I even see them or ignore them?

Do I squander them or honour them?

Fearlessly respond to opportunities God's offers me to develop my will to love

Conclusion To Developing My Will to Love

We have purposely attempted to;

Love and honour you

Love and honour God, God's Love, God's Truth and God's Laws

Confront you with your denial, addictions, façade, apathy and complacency

Feed you with life giving truth that we have learned

We hope that this has an effect in your future life, but that will depend almost completely on whether you listen and develop your will to love

Thanks

To the venue for having us, and Raj and Suzanne for finding the venue

To Cornelius, Lena and Igor for assisting us

To Lena and Igor for their work recording, editing, and producing the videos

To all of those who were courageous enough to receive feedback from us

To those who donated to make the event happen

To the participants for engaging the program

This is the end of "Developing My Will To Love"

Go out and use your will to love in the world!

Finish for Day

