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# COVID-19 SAFETY PLAN
# as of March 2024

**Masks are no longer required for fully vaccinated or unvaccinated individuals. It is at each person's discretion whether or not to wear a mask.**

***The Nicholas Center Protocol***

TNC requires participants and staff to self-report, to the extent they are able, if they are experiencing COVID related symptoms during the work day.

Any participant or staff exhibiting signs or symptoms of COVID-19 upon arrival will not be allowed to enter the program building. They will be required to return home until they are symptom/ fever free for 24 hours without the use of fever-reducing medications (e.g., Advil, Tylenol).

If symptoms begin while at the program, the participant or staff will be sent home as soon as possible. TNC will keep sick participants and staff separate from well participants and staff.

Participants or staff that are sent home will be instructed to contact their healthcare provider for assessment and testing. Staff sent home shall comply with appropriate return to work guidance and shall consult with their supervisor and human resources department prior to returning to work.

***TNC Staff and Participants should take the following actions related to COVID-19 symptoms and contact:***

***Knowingly Exposed***
If you were knowingly exposed and are fully vaccinated you do not need to quarantine as long as you reman asymptomatic.

***Confirmed COVID-19 with no illness***
If you have tested positive with COVID-19 but have not become ill you do not need to quarantine and may return to work/program if you are symptom free.

***Confirmed COVID-19 with illness not requiring hospitalization***
If you have tested positive by a medical professional and are ill due to the virus which did not require hospitalization you should be able to return if:

At least 24 hours have passed, and you are fever free without the use of any fever-reducing medicines (aspirin, acetaminophen, or ibuprofen).