



COVID-19 SAFETY PLAN

Nicholas Center Protocol

Staff and participants as well as any essential visitors, will be screened prior to entry into the program site and monitored for signs and symptoms of COVID-19 thereafter.

NC requires that all staff and participants be tested for COVID and have negative results before returning to work or receiving services.

NC will designate supervisory level staff to conduct daily screenings. Screener will be provided and use PPE, which includes a face mask and gloves. The screener will take temperature checks of all participants and staff prior to entering the site. NC will use no-touch thermometers. Temperatures will not be recorded. Anyone who has a fever of 100.4 degrees will be sent home and may not return until they are fever free for at least 24 hours.

Staff screenings will also consist of completing a daily self-attestation. No health information will be recorded. NC requires participants and staff to self-report, to the extent they are able, any changes in symptom status throughout the day. Staff and or participants will be given the contact person they are to report to if they are experiencing COVID-19-related symptoms.

Any participant or staff exhibiting signs or symptoms of COVID-19 upon arrival will not be allowed to enter the program building. They will be required to return home until they are fever free for 72 hours without the use of fever-reducing medications (e.g., Advil, Tylenol)

If symptoms begin while at the program, the participant or staff will be sent home as soon as possible. NC will keep sick participants and staff separate from well participants and staff.

Participants or staff that are sent home will be instructed to contact their healthcare provider for assessment and testing. NC will provide participants and staff with information on healthcare testing resources and sites. Staff sent home shall comply with appropriate return to work guidance and shall consult with their supervisor and human resources department prior to returning to work.

NC Staff should take the following actions related to COVID-19 symptoms and contact:

Knowingly Exposed

If you have been knowingly exposed, you must self-quarantine for 10 days. (if you are within 6 ft or less for 15 minutes or more with someone that has tested positive for the virus).

Unconfirmed COVID-19 with illness

If you had a fever and cough, but did not get confirmation you were infected with COVID-19 and have fully recovered from your illness you may return to work only if all of the following condition is met:

- At least 10 days have passed since recovery, with no symptoms or fever (for a minimum of 72 hours, without the use of any fever-reducing medicines aspirin, acetaminophen, or ibuprofen)

Confirmed COVID-19 with no illness

If you have tested positive with COVID-19 but have not become ill you must remain in isolation.

You may be able to return to work if all of the following condition is met:

- After at least 14 days have passed since the date of your positive COVID-19 test and have not become ill.

Confirmed COVID-19 with illness not requiring hospitalization

If you have tested positive by a medical professional and are ill due to the virus. If you self-isolated for 14 days and medicated at home and did not require hospitalization you should be able to return to work if all of the following conditions are met or a note from a medical provider clearing you to work must be provided.

- At least 3 days have passed since your recovery, with no abnormal fever for a minimum of 72 hours without the use of any fever-reducing medicines (aspirin, acetaminophen, or ibuprofen)
- Respiratory symptoms have improved
- No continuing illness: you exhibit no symptoms of COVID-19

Confirmed COVID-19 with illness requiring hospitalization

You have tested positive by a medical professional with COVID-19 and have become ill due to the virus, requiring hospitalization, you may be at higher risk of spreading the infection. Testing will be required before returning to work. A note from a medical provider clearing you to work must be provided.

Additional Safety Procedures

- All staff are required to wear a mask at all times.
- Staff will adhere to social distancing practices, including maintaining, at least, six feet distance from others.
- Staff and participants will disinfect and clean their designated areas.
- Shared workspaces or equipment will be cleaned and disinfected between use.
- Staff and participants must perform hand hygiene immediately upon entering the NC site program and throughout the day.
- NC will provide adequate space for required staff to adhere to social distancing while completing independent tasks such as completing paperwork.
- All staff and individuals should wash their hands frequently with soap and water, for at least 20 seconds.
- NC will provide and maintain cleaning supply stations throughout each location: Hand sanitizing: alcohol-based hand sanitizer containing at least 60% alcohol, paper towels and disinfectant spray.
- At least six feet of physical distance will be maintained among participants and staff, unless safety of the core activity requires a shorter distance or a participant's treatment plan requires that closer contact be maintained with a staff member.
- Participants attending the program must wear face coverings unless for medical reasons they cannot tolerate one.