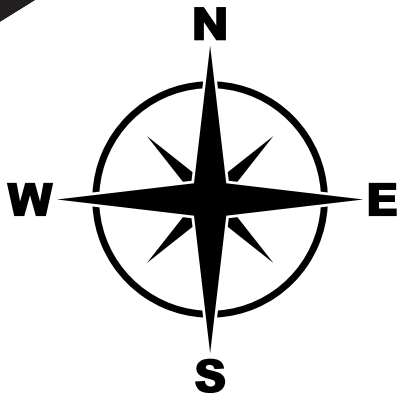


**TAKE ONE!
IT'S FREE!**



The Nicholas Center

NAVIGATOR NEWS

Fun news and friendly facts about your community.

Written and designed by The Nicholas Center Navigators.

tncnewyork.org

Port Washington, NY

October 2023

Issue 259

T.N.C. Chocolate Lab
Port Washington, NY
Est. 2023

TNC is proud to announce the launch of our new vocational skills program - TNC Chocolate Lab!

Participants will explore the world of chocolate decorating in the Lab! Watch for special creations as we get started!

SMUSHT

Fresh made ice cream and cookies.
Proud to be Neuro-Inclusive
516-234-0580 | info@smusht.com
smusht.com

AGENTS of Humanity

Agents of Humanity on Apple Podcasts and Spotify

Our Community Partners

The Nicholas Center
Innovate, Inspire & Include
516-767-7177 |

Email news@nicholascenterusa.org if you would like your event posted, or you would like to put an ad into the newsletter!

For more information check out tncnewyork.org

Come to Prism Med Spa and Reveal Your Inner Light

PRISM MED SPA

Mention this ad and receive \$50 off your 1st treatment and 25% Off your first package.

41 Main St, Roslyn NY
Tel: 516-277-2293 www.prismmedspa.com

What's Happening in Port Washington

October 1st- Fiesta in the Park, 2pm- 6pm, Blumenfeld Family Park

October 3rd- Nicholas Center Golf Outing, 11am- 8pm, North Hempstead Country Club

October 8th- Growing Love Community Sunday Garden Class, 2pm- 3pm, Manorhaven Blvd behind Lady of Fatima's

October 12th- Autumn Treat, 6pm- 8pm, 1801 Evergreen Ave, New Hyde Park

October 14th- Port's Got Talent, 7:30pm- 9:30pm, Jeanne Rinsky Theater

History of: Vampires

Vampires are nocturnal people of the night that feed on the blood of the living. None of them started out that way. The original vampire was named Vlad III also known as Vlad the Impaler, Son of the Dragon. He was born in Transylvania in 1431. His nickname was Count Dracula and he wore a cape. Unlike his horror movie counterpart, he wasn't undead, didn't have fangs, drink blood or sleep in a coffin. There was a Hungarian rabies epidemic in the 18th century. It was a disease called porphyria. It gives its victims vampire-like appearances. Vampires are legends in America, Europe, and Australia as a face of terror. According to legend, the only things that can destroy a vampire are holy water, a crucifix, a wooden stake to the heart, and sunlight.

Nick P.

The Origin of: Jack O' Lanterns

Pumpkins have always been a very big part of Halloween in so many ways. One example is that people decorate the pumpkins by carving faces on them, put candles inside for light, and turn them into Jack O'Lanterns. It has been a major tradition for centuries. Where did Jack O'Lanterns originate, and where did they come from? It all started with an Irish folktale about a man named Stingy Jack. In Ireland and Scotland, people began carving scary faces onto turnips or potatoes, and placing them by windows or doors to ward off evil spirits including Stingy Jack himself. Irish immigrants then brought the tradition with them when they arrived in America. Soon after, they discovered that pumpkins would be perfect to carve into jack o'lanterns. Since then, the jack o'lantern has been the most iconic image for Halloween. Even though they can look terrifying, they also provide a welcoming feeling. This tradition for the spooky holiday remains very popular to this day. Jack o'lanterns definitely have a way to bring light to a very dark Halloween night.

Brandon B.

Facts About: Evil Dead Rise

Evil Dead Rise the movie is a reunion between two estranged sisters who get cut short by the rise of flesh-possessing demons, thrusting them into a primal battle for survival as they face the most nightmarish version of family imaginable. It's weird when a super-low-budget cult movie like 1981's "The Evil Dead" gets a well-funded sequel. So many elements are bound to be better with a properly-paid crew of professionals, as opposed to amateurs with a scraped-together budget. The 1981 film cost \$350,000, though I'd believe if you told me it never got beyond five digits. "Evil Dead Rise" cost \$19 million, and it looks like a perfectly-competent modern horror movie.

Matt V.

PAINTING WITH FLOWERS
AN ENCHANTING BOUTIQUE FOR WOMAN AND HOME

298 Main Street
Port Washington, NY 11050
(516) 883-4164
paintingwithflowers@msn.com

GREENS IRISH PUB
Manhasset, New York

- 436 Plandome Road -

Greater Port Washington Business Improvement District
www.portwashingtonbid.org 516-883-8890

Spectrum Suds
THE LAUNDRY SERVICE THAT OFFERS LOADS OF OPPORTUNITIES
48 HOUR TURNAROUND
10% off your first order!

Boutique Laundry Service
416 Main Street, Port Washington
Contact us - 516-767-7187 (ext. 2)

ARNIE HERZ
ATTORNEY AT LAW

14 Vanderventer Ave #255
Port Washington, NY 11050
516-767-0800
arnie@arnieherz.com

Plant A Row for the Hungry
Port Washington

A local charitable organization which provides home grown fresh fruits and vegetables to those in need.

Join us on Facebook
516-510-8408



menonthemove.com



As New York State's largest health care provider and private employer, Northwell Health's mission is to improve the health of our communities. Our focus is on prevention, wellness, and providing the full continuum of diagnosis, treatment and after-care services to all those we serve.

COMMUNITY CHEST OF PORT WASHINGTON



The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

Alper's Karmacue - May 20, 2018
Citizen of the Year - Apr 16, 2018
Golf & Tennis Outing - May 14, 2018
Thanksgiving Day Run - Nov 22, 2018
PW-Manh Bay Kayak Run - July 21, 2018

382 Main Street | Port Washington, NY 11050 516-767-2122 DONATE TODAY: info@portchest.org | www.portchest.org



A Business with a Social Mission

Email: Sales@spectrumdesigns.org
Call: (516) 767-7187

Spectrum Designs Foundation is a registered 501(c)(3) Non-profit - All Donations are Tax-Deductible



PO Box 121
Port Washington NY 11050



Providing music lessons for students of all ages and skill levels living in Port Washington, Manhasset, Great Neck, Roslyn, Glen Cove & the surrounding areas.

1015 Port Washington Blvd
Port Washington NY 11050
(516)-441-5526

Navigator News is a program of The Nicholas Center, a Port Washington based nonprofit supporting Autistic young adults to learn, live and work in their community. This paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness of the capabilities of people with disabilities. Enjoy this complimentary monthly publication of fun, feel-good news for a good cause!



For more information: tncnewyork.org

The Legend of: Sleepy Hollow

The Story takes place in 1790 in the countryside around the Dutch settlement of Tarrytown (Tarrytown, New York) Known as Sleepy Hollow. Sleepy Hollow is renowned for ghosts and the Haunting atmosphere that pervades the imaginations of its inhabitants and visitors. Some residents say this town was bewitched during the early days of the Dutch settlement. Ichabod Crane, is the local schoolmaster & strongly believes in all things supernatural including headless horseman , A lean , lanky and extremely superstitious schoolmaster from Connecticut. The spell -bound region " of sleepy hollow. A source of " fearful pleasure " for crane is to visit the old dutch wives and listen to their " marvelous tales of ghosts and goblins", Haunted locations , and the tales of the headless horseman or galloping hessian of the hollow as they sometimes called him .

Nick S.

★ Horoscope's For October

Aries: You will face opportunities to experience spiritual growth.
Taurus: You will experience hope and inspiration this month.
Gemini: Pause and reflect this month. Embrace a new outlook.
Cancer: This month creativity will flow.
Leo: Be open to changes, and transformation.
Virgo: Embrace the cycles of life.
Libra: Be open to deep connections, and important choices.
Scorpio: Break free from destructive patterns. Be prepared for possible temptations and challenges.
Sagittarius: Use your energy to overcome obstacles and pursue goals.
Capricorn: Seek solitude and introspection.
Aquarius: Find courage and resilience within.
Pisces: Explore hidden realms of your psyche.

That's Funny!

What kind of rocks do ghosts collect? Tombstones.

What's a vampire's favorite TV show? "Big Fang Theory."

What kind of muffins do ghosts prefer? Boo-berry.

Why don't zombies eat clowns? They taste funny.

Why don't zombies eat clowns? They taste funny.

Matt N.

That's Twisted!

- Several spooky slimy spiders spun sulking by the sea
- Ghostly ghouls gather gleefully to golf on ghostly golf courses.
- Professional Pumpkin Pickers are prone to pick the plumpest pumpkins.

Jason C.

Trivia Questions

1. What were jack o lanterns made of before people started using pumpkins? A. Potatoes B. Bananas C. Tomatoes
2. What type of halloween monster has something to do with ectoplasm? A. Vampire B. Ghosts C. Zombies
3. What are mummies wrapped up in? A. Linen cloth B. Loo roll C. Crepe paper

ABA Max C.

Pet of the Month!



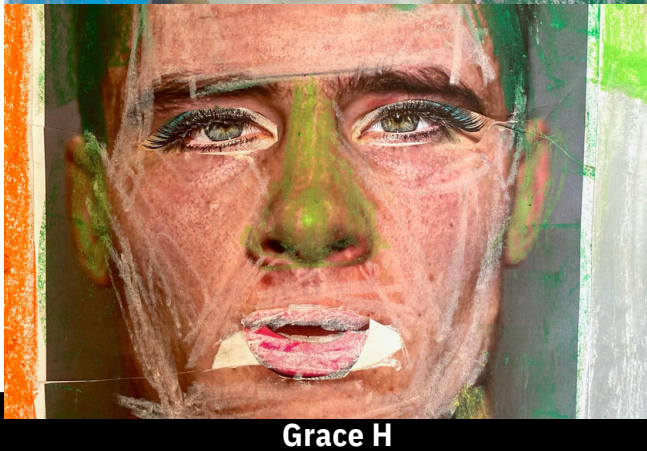
The Town of North Hempstead Animal Shelter

Sweet Moonbeam is between 8 months to a year old and came to us from an overcrowded shelter in Georgia through TSC's rescue program. This lovely girl is a bit unsure in new places and will seek assurance from you until she is comfortable- she has made significant progress in her short time at the shelter and is now up to exploring our play yard and nature trail! Moonbeam is petite at only 32 pounds (will likely not grow to over 40), silly and playful, affectionate, and enjoys the company of both people and other dogs. We believe with just a little bit of patience in the beginning she would make a wonderful addition to just about any home.

75 Marino Avenue
Port Washington, NY 11050
theshelterconnection.com
(516-869-6311)

Make an appointment and take me home today!

Artist Of The Month



Grace H

Bubba Brown's Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

302 Main St, Port Washington, NY 11050
(516) 767-6200



Twin Pines Charitable Thrift Shop & Community Food Pantry

(516)-883-9777
382 Main St

Port Washington NY 11050

ISLANDPHOTOGRAPHY

Preserving the Moment for over 20 Years

Graduations • School Portraits
Sports • Panoramic Group Photos
All Yearbook Needs



www.islandphoto.com 516.767.1234 800.869.0908

Navigator News is all Around Town

Bach to Rock | Prism Med Spa | Diane's Place | PW Train Station | Harbor Deli | Shield's Hardware
Bubba Brown's Treasures | The Shelter Connection
Port Washington Diner | North Shore Farms
Port Washington Library | Port Washington Dunkin Donuts
Twin Pines | Starbucks | Stop & Shop Port Washington
Salt Cave | Spectrum Designs Fd. | and more!

Contact us for advertising opportunities. (516)-767-7177