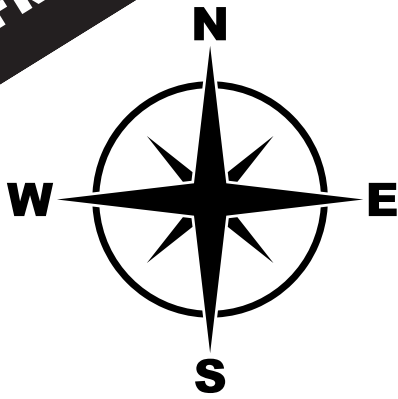


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The Nicholas Center

NAVIGATOR NEWS

Fun news and friendly facts about your community.

Written and designed by The Nicholas Center Navigators.

tncnewyork.org

Port Washington, NY

September 2023

Issue 258

What's Happening in Port Washington

September 1st - Sousa Bandshell, 329 Main St, 8pm-10pm, **U.S Coast Guard Auxiliary Band**

September 3rd - North Hempstead Beach Park, 10am- 11am, **Walk and Talk With a Doctor: Heart Disease and Cholesterol**

September 7th/ 9th - North Hempstead Beach Park, 6pm- 11pm, **Italian Festival**

September 11th - Manorhaven Blvd, 2pm-3pm, **Growing Love Community Garden Sunday Class**

How it's Possible: How to Make a Lollipop

The ingredients that are needed to make homemade lollipops are:

- Cooking Spray
- 1 cup Sugar
- ½ cup light corn syrup
- ¾ cup water
- 1 ½ teaspoons extract of choice, such as vanilla, mint, or cinnamon
- Food coloring is optional

Steps to Making a Homemade Lollipop:

1. Gather all of the ingredients needed.
2. Spray lollipop molds with the cooking spray. Then, with a paper towel wipe any excess oil in the mold.
3. Push one lollipop stick in each hole in the mold.
4. Mix the sugar, corn syrup, and water together. Then, slowly pour it into a saucepan over medium-high heat.
5. Continue to mix until sugar completely dissolves while smoothing out the sugar crystals that stick to the edge of the pan with a pastry brush.
6. Once the mixture begins to boil place a candy thermometer inside the saucepan. Without stirring, wait until the candy reaches 300 degrees Fahrenheit.
7. Turn off the heat and remove the saucepan from the stovetop. Allow the candy to cool until it stops bubbling completely. Stir in the extract and/or food coloring of choice.
8. Slowly pour the candy into each mold cavity until it fully covers the stick.
9. Let lollipops sit for 10 minutes or until completely cooled and hardened. Remove lollipops from molds and enjoy.

Matt N.

That's Inspirational: The Rolling Stones

In 1964, there was a major British Invasion in the United States. It's nothing like the Revolutionary War though, this invasion was musical because there were famous British rock bands who had scored some big hits in the States. First it started with The Beatles, and then there was The Dave Clark Five. In June of that year, there was the arrival of what would become one of the biggest bands in the whole world, The Rolling Stones.

At the time, the lineup consisted of Mick Jagger on vocals, Keith Richards on guitar, Brian Jones (who founded the band)

on guitar and harmonica, Bill Wyman on bass, and Charlie Watts on drums. Along with their concerts, they also made several television appearances and recorded some songs at Chess Studios in Chicago. However, the tour wasn't one of their best because the attendance at some of their concerts wasn't up to par. Even though the band encountered screaming fans, there were also people who still weren't used to the new style of music that was emerging, and made fun of how they looked.

Their concerts in San Bernardino, and at Carnegie Hall were considered two of their best throughout the tour. After the band finished the tour, Mick and Keith went to the Apollo Theater to see James Brown. Overall, this tour was a success because it helped them set their footing in a new country, and according to Charlie they had an audience by the time they left. The Rolling Stones had plenty of successful U.S. tours since then. I actually saw them at MetLife Stadium during the summer of 2019 and they were amazing!

Brandon B.

Fun Shows! Pound Puppies

Pound puppies is an animated children's television series that first aired on The Hub on October 10th, 2010. The pound puppies are a group of dogs who spend most of their time at shelter 17. The team of dogs work together to help other pups get a new home to live in, but first they have to find a match to the right human to go home to but sometimes it can be hard to find. Lucky is the boss that handles everything with Cookie the boxer. She helps him sometimes and the other dogs help in the show as well. This show is so cute, I've seen it all.

Tara W.

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For more information check out tncnewyork.org

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Citizen of the Year - Apr 16, 2018
Golf & Tennis Outing - May 14, 2018
Thanksgiving Day Run - Nov 22, 2018
PW-Manh Bay Kayak Run - July 21, 2018

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Navigator News is a program of The Nicholas Center, a Port Washington based nonprofit supporting Autistic young adults to learn, live and work in their community. This paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness of the capabilities of people with disabilities. Enjoy this complimentary monthly publication of fun, feel-good news for a good cause!



For more information: tncnewyork.org

**That's Incredible:
Keep Calm and Love Evanescence**

If you ask me if I have a favorite band, I will most likely say Evanescence. Evanescence is a band founded in 1995 by lead singer and musician Amy Lee and guitarist Ben Moody. They play genres such as hard rock, metal, gothic rock, gothic metal, alternative metal, symphonic metal and industrial rock. Their first album was titled Fallen and other albums were made such as The Open Door, Evanescence, Synthesis, and The Bitter Truth while also making a demo album titled Origin.

I first heard Evanescence back in my years of Elementary School. I thought their music was pretty cool. A little hardcore but it was still good. As I grew into Middle school, I realized some of the songs were those of someone struggling with depression and such and I found Amy singing exactly what I was feeling and going through on a personal level and it brought me great comfort knowing that there was a band, music and a singer who knew the struggles of my like. I felt less alone as I listened to more of their music.

Natalya F.

**Sagittarius Horoscope For
September**

Sagittarius people have the most fun because they get along with others well and they have no problem getting along with others because they are very down to earth people. No matter how much other people piss them off they know how to keep their cool with people. In general one can keep their cool by suggesting to themselves to take deep breaths and think positive thoughts instead of negative thoughts. Just enjoy your life to the fullest by believing in yourself and trusting others and not trying to make enemies with people that care about you.

Steph P.

That's Funny!

What does a hen say when she lays an egg?

Egg-scuse me

What's a duck's favorite ballet?

The Nut-quacker

Why don't skunks have to pay taxes?

Because, They only have one scent

Why does a milking stool only have three legs?

The cow has the udder.

What is a whale's favorite game?

Swallow the leader!

Nick S.

That's Twisted!

If Practice makes perfect and Perfect needs practice, I'm Perfectly practiced & Practically perfect.

Nick S.

Trivia Questions

Max C.

C, A, B

Pet of the Month!

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