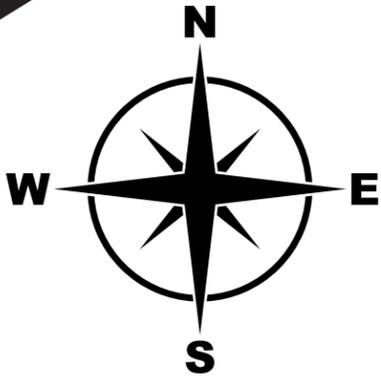


TAKE ONE!
IT'S FREE!



The Nicholas Center

NAVIGATOR NEWS

Fun news and friendly facts about your community.

Written and designed by The Nicholas Center Navigators.

tncnewyork.org

Pleasantville, NY

February 2025

Issue 033



Port Washington, NY

Est. 2023

TNC is proud to announce the launch of our new vocational skills program - TNC Chocolate Lab!

Participants will explore the world of chocolate decorating in the Lab! Watch for special creations as we get started!



Harold & Elaine
Shames
Jewish
Community
Center
on the Hudson



Agents of Humanity on Apple Podcasts and Spotify

Our Community Partners



The Nicholas Center
Innovate, Inspire & Include

516-767-7177 |

Email news@nicholascenterusa.org if you would like your event posted, or you would like to put an ad into the newsletter!



What's Happening in Westchester

Westchester Philharmonic presents Viola Madness

122 North Ridge Street, Rye Brook NY
Feb. 9 @ 2-4pm

2025 Westchester Chinese New Year Festival

Performing Arts Center, Purchase College
735 Anderson Hill Road Harrison, NY
Feb. 8 @ 1-6pm

Mutts Gone Nuts

Tarrytown Music Hall, 13 Main Street Floor 2, Tarrytown NY
Feb 23 @ 2pm

Young Artists 2025

Katonah Museum of Art, 134 Jay Street Katonah, NY
Feb. 9- March 2

Mill River Audubon Lecture

Mount Pleasant Public Library Zoom Event
Feb 6 @ 7pm-8pm

China and the Lunar New Year- by Nick

In China the Lunar New Year celebration is an ancient tradition that marks the beginning of the Chinese Calendar year. Each year is represented by a different animal. 2025 will be the year of the Wood Snake. The lunar New Year usually falls between late January and early February, and people in China are given that week off from work. The naming of each year is based on the Chinese zodiac, which has a cycle of twelve different animals representing each month which is repeated every twelve years. The twelve animals of the zodiac are the rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog, and pig. The previous years of the Snake were 2013, 2001, and 1989. A snake is considered a symbol of bad luck by the Chinese zodiac.

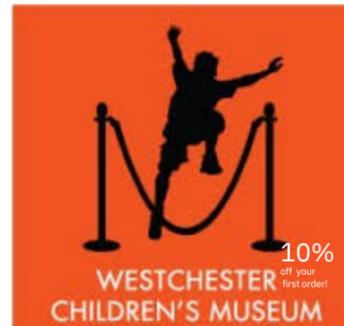
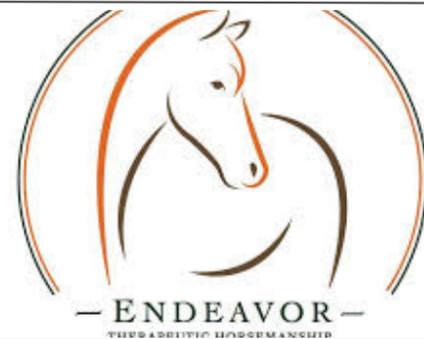
Typical celebrations of the Lunar New Year include parades and fireworks. Lion dance troupes also perform as rituals to usher in the New Year and expel evil spirits. The Lunar New Year is also a day of gift giving, where children receive money from family members.

By adding the Wood element to the Year of the Snake, 2025 is believed to represent a time of adaptability, creativity, and long-term planning.

Other Asian countries such as Japan, Korea, Vietnam, and Thailand also observe the Lunar New Year, but some of them use different animals. The Japanese Zodiac has a boar in place of the pig, Vietnam has a buffalo instead of an ox and a cat instead of a rabbit, and Thailand has a mythical creature known as the Naga in place of the dragon.

The Lunar New Year is significant in many Asian cultures, and its traditions have been brought over to the United States by the many immigrant groups that have come here over the centuries. Anyone can look up the year they were born and see which animal represented it.

-by Nick



JACOB BURNS FILM CENTER

At The Burns:
The Princess and the Frog
Sensory Friendly Screening
11 AM Sunday 2/2
Super Awesome Artland! returns for a fun activity with frog slime after the 2/2 screening. Free for ticketholders!
<https://burnsfilmcenter.org/booking/the-princess-and-the-frog/>



A Business with a Social Mission

Email: Sales@spectrumdesigns.org
 Call: (516) 767-7187

Spectrum Designs Foundation is a registered 501(c)3 Non-profit - All Donations are Tax-Deductible



INTERFAITH EMERGENCY FOOD PANTRY OF PLEASANTVILLE



Navigator News is a program of The Nicholas Center, a Pleasantville based nonprofit supporting Autistic young adults to learn, live and work in their community. This paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness of the capabilities of people with disabilities. Enjoy this complimentary monthly publication of fun, feel-good news for a good cause!

For more information: tncnewyork.org

Black History Month -by Kyle

Black History Month is an annual observance celebrating the achievements and contributions of Black people throughout history, particularly in the United States. It originated as "Negro History Week" in 1926 by historian Carter G. Woodson to coincide with the birthdays of Abraham Lincoln and Frederick Douglass, it evolved into a month-long observance, officially recognized in 1976. The month highlights key historical events and figures like the civil rights movement, Martin Luther King Jr., and Harriet Tubman, while also addressing contemporary issues within the Black community. Each year, a theme is chosen to spotlight specific aspects of Black heritage and culture through educational events and discussions.

In The Stars: February

Aquarius-You are visionary and original. Embrace your originality; it will lead you to new horizons

That's Funny!
Why did the man break up with his calendar in February?
 It had too many dates with someone else!

When is the best outfit for February 2nd?
 A tu-tu.

Which month has 28 days?
 Every month!

That's Twisted!

I have got a date at a quarter to eight; I'll see you at the gate, so don't be late.

Trivia Questions

This month is famous for Groundhog Day. What is the name of the town where this annual event is held? Punxsutawney, Pennsylvania

Words of Wisdom

**"We want more than this world's got to offer
 We want more than this world's got to offer
 We want more than the wars of our fathers
 And everything inside screams for second life, yeah"**

For December's Words of Wisdom, I chose the song "Meant to Live" by the band, "Switchfoot." I chose this song when thinking about Pearl Harbor Day, which occurs every year on December 7th. On December 7th, 1941, the Japanese had bombed Pearl Harbor. The attack on Pearl Harbor was a surprise and in retaliation the United States officially entered WWII. I chose this song and specifically the lyrics "We want more than the wars of our fathers" because it reminds me about war, patriotism, honor, homage, tribute, and remembrance. I find that admirable and I admit that this is my favorite part of this song. The song was also used for the soundtrack in the movie: "Spider Man 2". If you haven't heard or listened to this song yet, feel free to!

-by Ian



The artist of the month for February is Colin. He can be seen here displaying his work on an "I Have a Dream" art project. This project was inspired by the famous speech by Dr. Martin Luther King Jr.

Way to go Colin!



Navigator News is all Around Town

Black Cow Coffee | Frank and Joe's Deli | Pleasantville Police Department | Pleasantville Train Station | Rockefeller State Park | St. John's Church | Pleasantville Public Library | The Pleasantville Diner | Playa Bowl | Falafel Taco | Jacob Burns Film Center | Port Washington Library | Taco Project | Dunkin' Donuts | Starbucks | Shoprite Pleasantville | Spectrum Designs Foundation and more!

Contact us for advertising opportunities. (516)-767-7177

