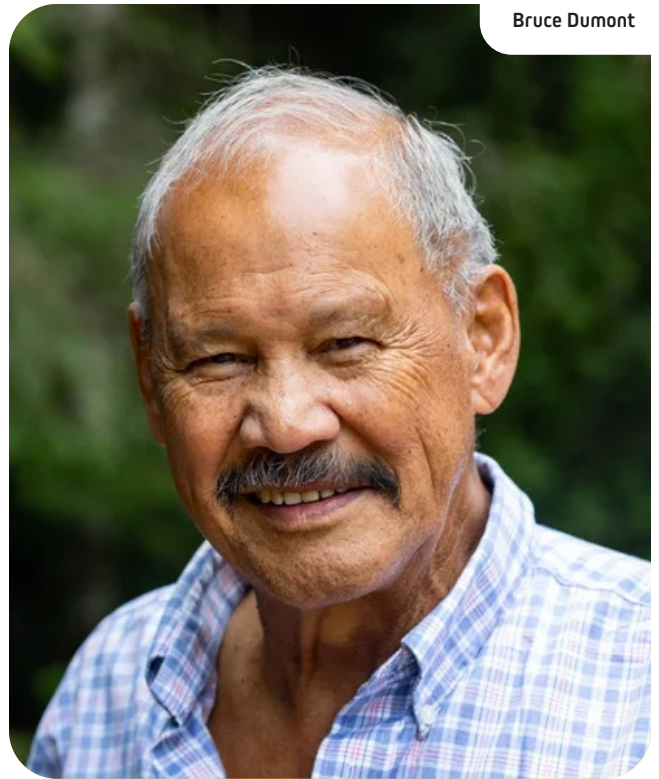




June Johnson



Bruce Dumont

K'omoks Fusion Arts Fest

JOHNSON, MACLEAN, DUMONT + EZZY FACILITATING WELLNESS TEACHINGS AT
UPCOMING K'OMOKS FUSION ARTS FESTIVAL!

Kealy Donaldson

With Fall harvesting and gathering beginning on the West Coast, Queneesh Indigenous Community Society is offering Indigenous Food Security Workshops at the K'omoks Fusion Arts Festival, September 25-26-27 at Filberg Park. Queneesh is honoured to host June 'Umagalis Johnson and Dianne 'La Bouche' Maclean, both incredible knowledge holders and well-known facilitators in this regard. Also being offered at K'omoks Festival is the 'Wellness Circle'; special guest facilitators include Bruce Dumont, past President of MNBC, Metis Elder and Knowledge Keeper and Compass Magazine's wellness contributor Cameron Ezzy. A drumming circle and smudging / brushing offering will also be on site. Bringing your own drum and join in the fun.

These workshops and offerings are complimentary at the festival and pre-registration is recommended for the Food Security Workshops. QICS raises their hands to ISPARC for their generous funding support of the workshops. The 'Wellness Circle' schedule will be posted at www.queneeshsociety.ca and Food Security Workshop registration link can be

found there with link to Eventbrite.ca. General admission to the festival is BY DONATION and the upper Filberg Park is an inclusive zone, where ALL are welcomed to attend; unfortunately dogs are not permitted in the park.

JUNE JOHNSON | Workshop: Elders Tea Party

Saturday + Sunday 2.15pm, Masters' Circle Workshop Tent

June's traditional name 'Umagalis', she is the daughter of Charles Peters and Elizabeth 'Dick' Peters from the Wewaiwai Nation. She has learned the Culture and Medicinal plants from her parents. She is an Elder in the Community, the mother of two and grandmother of six. June completed her Development Standard Term Certificate in language revitalization at UVic12009. She has taught at School District 72, today she is Elder in Residence in North Island College plus teaches the Kwakwaka/Likwala language. She believes that teaching and learning fosters sense of pride and belonging. She is Coordinator for the Elders and Youth Culture Group whereas she teaches cultural protocol of the Bighouse and

traditional dances plus regalia making. Her heart has been teaching about our traditional plants and medicines. Her mother used a lot of the medicines on my older sister and I because where we lived didn't have a car ferry to take us to the doctor if you had a bad cut or sore throat. Recently she took a group of Doctors in our community on a plant walk to introduce them to our medicinal plants. She believes if pharmaceuticals don't work try the traditional. Today she does group plant walks for schools and workshops to introduce the participants to the different teas and salves.

DIANNE 'LA BOUCHE' MACLEAN

Workshop: Local Edibles + Medicinals

Friday 1pm + Saturday 12pm, Masters' Circle Workshop Tent

Dianne Maclean is a Metis Elder and Cross- Cultural Educator. Maclean's Native Ancestry is from the Red River region in Manitoba. She had a diverse background including being Storyteller, a Former RN in Private Practice, Wildcrafter, Community Activist and Cross-Cultural Environmental Educator. Maclean highly honours all her Ancestors, both Native and European.

Her Metis name is La Bouche and she was given the responsibility to Talk for those who aren't being Heard. She offers a very unique understanding of the deep connection to Comox Valley and Vancouver Island edible and medicinal flora and fauna.

Spending her youth in Prince Rupert and Haida Gwaii, where her father was a Halibut Fisherman, a trapper and a diver. Maclean spent much of her early life in the wilderness where she learned hunting, trapping and fishing skills as well as a basic knowledge of Traditional Foods and Medicines. Traditional Foods and Medicines have become an incredibly important focus in her journey.

BRUCE DUMONT | Workshop: The Sacred Circle

Saturday + Sunday 12pm, Wellness Circle, Upper Meadow

Bruce Dumont is the former President of the Métis Nation British Columbia (MNBC) and former Board of Governor at the Métis National Council. He received his education at the Northern Alberta Institute of Technology and Southern Alberta Institute of Technology, completing a Red Seal designation as an Electronic Technician. He also has experience working in the British Columbia forestry industry and is a Certified Safety Professional, with experience working with the British Columbia Workers' Compensation Board as an Occupational Safety Officer. His grassroots start was in Campbell River, where he and others formed North Island Metis Association, which has sprouted many other regional organizations throughout the Island region.

Bruce is now semi-retired but continues to support community as an Elder with the Cowichan Valley Métis Nation and the Indigenous Lead for Cedars Recovery at Cobble Hill,



Cam Ezzy

supporting First Nations, Inuit, and Métis in recovery. Bruce is a proud Mosom (grandfather) and "Papa Bruce" to twelve grandchildren and is passionate about sharing his family's stories and history. He believes Métis youth are the future of their communities and strives to support youth to carry on Métis traditions and culture.

CAMERON EZZY | Workshop: Sound + Ground: Holistic Healing through Vibrational therapy and Barefoot Grounding

Saturday 3pm, Wellness Circle in the Upper Meadow

"What you think and feel about yourself creates a belief system about yourself. This belief system governs the choices you make and leads to the perspective of reality you create". Open to those curious to experience a holistic approach to grounding and for those who already know. Ezzy's practice focuses on forest bathing, yoga, vibrational therapy, art therapy, breathe connection and connection back to self. Ezzy is originally from Australia and is currently residing on Hornby Island. He is facilitating/assisting at Halo Ridge Recovery at Forbidden Plateau.

FOR THE FULL FUSION ARTS FEST LINE UP, HEAD TO
www.queneeshsociety.ca

Queneesh Indigenous Community Society looks forward to hosting the 4th Annual K'omoks Festival, now known as K'omoks Fusion Arts Fest. QICS invites you to the historic Filberg Lodge and Park property on September 25-26-27 this fall! The event will run rain or shine and is outdoors.

K'omoks Fusion Arts Fest | admission by donation
FB @QueneeshSociety | queneeshsociety@gmail.com
www.queneeshsociety.ca