

1-13-23 ban culture is the new sexism

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Hello, hello, welcome back. Thanks so much for joining us today, I've got a really quick take. This is one that is designed to just get you thinking, this may or may not be right. Some of you are going to be like, well, that doesn't sit right with me. Some of you are gonna be great. That's fantastic. What have you I never thought of it that way. But today, today, they the quick hit for you. The band culture is the new sexism. You're like, Wait a second. That's a weird connection, but follow me. So we many of you have heard this impending ban on gas stoves. Alright, what is that? There's risk in everything that we do, right? There's risk and getting behind the wheel of a car. There's with risk on using fuel for a car. I mean, there's pollution, you know, we buy a desk, what went into making that desk, it didn't get laminated, because there's a whole plastics portion of that. Like, everything has risks. And I'll get into that a tiny bit more here in a moment. But when when we look at this ban, and we add it to things like well, the ban on guns, the ban of free speech, that's legal right now, we don't want illegal speech. That's the stuff that that truly creates danger. There's been on gas powered vehicles. Hello, California. What's next? That's the that's one of the questions we got to ask what is next? Are they going to ban hammers? I mean, hammers make lots of noise. And they could be used as a weapon. Or they're going to ban phones. Just think about this distraction that people have when they're using phones. think they've already banned them in when you're driving? I mean, and maybe that's a good thing. I'm not I'm not taking a side on that. Well, I actually do take aside, I think people generally shouldn't shouldn't text or, or, you know, beyond their phone, when they're driving if they can help it. But we lose connection because of phones with real human connection. Like if you're watching on rumble, you can see me that's not the same as being in the room with me. Right? So we're losing that because of this technology. So why don't we just ban it all? And then create the connection again? But what about lights lights? pollute? Or they give out small amounts of electricity as well. They give out small amounts of radiation basically. Should we just ban it? Then we got no electricity, we got no lights, no phones, no hammers, we can build anything. And we've got no gas powered vehicles. Free speech is gone. And well, by the way, you can't even go hunting because the guns are are banned. Now I know. You know, people are gonna say, well, not all guns will be banned. Just the semi automatic. But for those of you who know anything about guns semi automatic, is you're talking, I'm not going to get into too much detail. But you're not talking what people envision. People envision being able to put, you know, 1000 rounds downrange in a matter of a minute. That just can't

happen. You just I don't care how good you are. Now. You can use it too many. I don't know we can have that discussion. But should we be banning all of these things? Or is there another option maybe teach responsibility? And accountability and love and kindness, compassion? There's there's two sides of the coin. I know that there's there's the carrot and there's the stick. I mean, as a therapist, it's something I deal with routinely. But here's my argument for your consideration about the band culture being the new sexism. Going back to the 80s That's that's not that long ago. As I was a kid, I was a young person very young. It was not super uncommon, although it was growing less common. To hear a man say Be quiet and sit down to a woman. Whoa, whoa, whoa, hi. I bet there's some of you reacting right now because a man is telling you this now Oh, hello, are we hitting the sexism button? It wasn't uncommon. Now. I'm gonna paint it for you. This is how I'm gonna personalize it because I really want to hit the point. And then I'm gonna let you go. So if you're sticking with me anyway, if I said to my wife be quiet and sit down. Holy smokes, what is that going to do to you and your mechanism? Look, there's two things it's going to do, it's gonna do one of these two things, you're gonna go a whole bigot, sexist, stuck in the past, something like that. Or you're gonna say, leader, Head of Household firm. Those are hugely different. Takes hugely different. But let's flip the coin for a moment. And let's find out if we really are sexist. And we're just calling it banning. Instead, if I said to my wife, you know your reaction, you already had it. But what if my wife said it to me? Would you be going? Yeah. Talk to system. Your leader, you're representing all of us. Equal Rights. There's a principled woman. That's one option. The other option, you could be saying, what a female dog. By the way, I'm choosing these words carefully. Because I'm choosing words that are hopefully, kind of poking at the sexism button a little bit. You might say that is a woman, I am glad, I don't know. That's possible. There's all these other things that could be getting triggered right now. Now, here's my reality, based on what I'm seeing these days, most of the time. Now, these are generalizations, so bear with me, all right? Don't don't, you know, come and get me. I'm not the bad guy. I'm trying to create the conversation help people make progress in the right ways, the right ways being the healthy ways. Because remember, as a therapist, I look at health versus unhealthy on that scale, far more than I'm going to look at the right versus wrong. Although oftentimes, they're one in the same. But sometimes, you know, you can, you can go to the healthy and unhealthy categories, and you can sort it out, you don't even have to go to the right and the wrong categories. Just like Well, that's not healthy, then I guess I got to do the other thing. I think there is one area of progress I'm going to point out, before I move on is, if my wife said that to me, very few people today would say she's a female dog. And I think that's progress. I think it does create a kinder, more responsible or it's bottling people up. That's a possibility, too. I've seen both of those things happen. So whether it's real progress and sustainable, I don't know. But it's definitely there's a shift there because that is much less likely to go to, it's actually more likely that you would tell the male who says this, like myself, if I were to say that he's an a hole, a bigot or a sexist. So you do see that balancing or imbalancing going on there. But let's let's paint this and then I'm going to drop it and let you let you ponder this stuff. Put it into the world of bands. Who's Who is saying a whole bigot sexist? There's a political party that is saying that when it comes to bands, if you say no bands, we know who's saying that. If you say bans, you know who also is saying that's empowering. That's leader. That's, that's equal rights. It's the same party saying males are a holes bigots and sexist and empower those. So, let me let me let me just say, I'm going to be really clear here because this is my vantage point. Right or wrong? It's primarily the Democrats that are saying, if a male were to say, no bands, they're in a hole a bigot, they're sexist. I mean, they're not gonna say sexist, they're gonna be anti democracy. And if they're if they're four bands, they're saying that's empowering. That's bucking the system, the system that was designed for free speech and stuff like that, which one's really anti democracy? That's an interesting question. I hope this has you thinking. I know I challenged Democrats today, by the way, Republicans, you're next. I am throwing this all directions, not just one. Today, the whole band concept, we know it's primarily coming from one side, not the other. Like that doesn't take a genius to figure that

out. And it is the new sexism. Thanks for joining us. Have a great day. We really hope you enjoyed this episode. Please take a look at our website at [WWW dot healthy perspectives. With a dash in between the healthy and the perspectives make sure there's an s at the end.com](http://www.healthydashperspectives.com) So again, [www dot healthy dash perspectives with an s.com](http://www.healthydashperspectives.com)