

1-23-23 Jumping to conclusions

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SUMMARY KEYWORDS

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Hello, hello, welcome back. Thanks for joining us, as always, we appreciate your time. Today, I'm gonna hit super quick, and then we're gonna get out of here, it's gonna be a very, very fast one over the weekend, we've had a bunch of news like a whole bunch, we've had things from gun violence, mass shooting in California, there's more stuff coming about, you know, the secret documents that Biden has an Tifa. In Atlanta, there's just been a bunch, a whole bunch of stuff going on. And, you know, as is typical for me, I'm going to stick to the therapeutic stuff I'm going to stick to, you know what I know best, which is, you know, I'm gonna give you a different take on on what you might be seeing out there, I'm fumbling around a little bit because I got tangled up in my court. For those you who are watching, I'm going to, I'm going to provide you a a glimpse at something that I'm hoping you find super interesting. But along the lines of the gun violence, secret documents and Tifa violence, the stuff that's going on in our world, in our culture in the United States, I'm going to highlight something that I have highlighted before, I'm going to do it in a slightly different manner. Hopefully, it'll hit home for some or many of you. And that is confirmation bias, the idea that we look to fill in gaps, where we want to, I mean, essentially is what it comes down to, or where we think we are supposed to. And with that, I'm going to jump right into a screen that I have already set up, I'm going to share it with all of those that are following me on rumble or YouTube. And there's this creepy set of images in front of us angry and placid. That's what they're called the angry face. You can see if you're watching, you're probably looking at this going oh yeah, one of those is definitely angry. And the other one is definitely kind of in the neutral category. But here's a funny thing, the way that our brain works, ie you may not be right. Now let me paint this for you. Where you sit right now you're going oh, it's pretty obvious one of them's gritting their teeth, and their mouth is slightly open and their eyes are and it's blurry, and all of that kind of good junk, because it's not the cleanest of pictures on purpose, because our brains will fill in gaps. So what I want you to do, if you are so inclined, and you're in a place that's safe to do this or not, if you're driving, please don't do this. But if you are in a good spot, what I want you to do now is set your device down and back up about five or six feet. And you're going to notice this is not a gimmick at all. This is your brain designed a way in which you are made, you will back up you will be thinking, well, the one on the left is angry, angry, angry, back it up, back it up, back it up, and all of a sudden the one on the right is the one that's angry. Now that's not a technical gimmick, that is a brain issue. We confirm our own bias, we fill in

gaps based on information coming in. So if we have a B, C, D, E, F, G, I, J, K, L, M, what did I just skip? Ah, I skipped the H for those you who didn't catch that, go back and listen again. The reason that we skip those things is because in the world of making puzzles or narratives make sense in our, in our mind in our system, the way in which we create our reality. Whenever we have a gap, our tendency is to fill it in. Well, if I said a B, E, F, G, and I left out the D, on purpose, because the D didn't belong there, this time for some reason, in other words, something of my my need said leave it out. And you go ahead and you fill it in. What you're missing is the point. Okay, so if you back up you're gonna see that These faces switch and that is your brain doing what it is supposed to do. It is filling in gaps. However, the downside to that is sometimes we fill in gaps unnecessarily. So let me tell you how that plays out in the real world. I went ahead and I saved a few images from Twitter today. And there, I'm gonna just quickly go over them and show you the leaps that people take. These are leaps, these are not going from A to B to C to D, and getting all the facts these are leaps a Te, right, it's, it's a skip. And that's a filling in based on our bias. I'll give you some examples. And I'm going to be honest, I didn't, I didn't actually look to see which ones were left and right. So I'm assuming actually that there's going to be a bunch of left leaning ones today because there's there's just some really aggressive content on Twitter, but I I'm hoping I threw in some a good mix here. There's a guy named Robert Reich and I don't know most of these people I'm being real I'm transparent with the blue checkmarks no blue checkmarks. I just don't know very many of these people says the same Republicans rat railing against abortion in the name of being pro life oppose a civil or a living wage, climate action, gun safety mask mandates universal health care home care for the elderly food stamps, ending the death penalty, the GOP GOP is not pro life. Well, that is, well, that's just a leap. Because there are plenty of people on the left and the right who don't necessarily go with the status quo of their political party. They may support it because they think the ends justify the means, but they are not for it. So that would be an example of a leap, a fill in the gap. Just like the image that's in front of you Victors Shi, he says I don't want to hear a single thought or prayer from Republicans, again against Republicans about the mass shooting in Monterey Park. I just want action I want Republicans to finally act to perform or to reform our nation's broken gun laws and condemn anti Asian hate in all its forms. Until then spare me the condolences? Well, a couple of things about this. Number one, it's a giant leap. There was an assumption in behind there, that it was anti Asian hate, which he literally said could you know we need to condemn anti Asian hate? Well, I agree. And in this situation, I think he made that probably prematurely because it was an Asian on Asian violence as my understanding I that's that's what I found out since then. There's another one devastated to hear about the mass shooting at Monterey. I've been saying it for years, but this country needs real gun reform. This is a person not a gun that did the shooting. There are very few legitimate reasons to own a gun. Well, that's not true. That's the leap. There are lots of legitimate reasons that people own guns. Another one, this one's Hillary Clinton. Every mass shooting is a tragic policy failure. It's a it's a tragic life failure. The LEAP is to this this or this leap is a political leap saying that politics decide the people's behavior. That's a huge leap. Whether you agree with her leanings or not. That's a huge leap again, filling in blanks based on she she's a hammer, CNN now. Another one a tailor roads? I don't know these people. I knew the last one. Well, I knew of the last one. How stupid do you have to be to think gun control actually works? There are plenty of places and evidence that suggests that gun control can work in certain ways. And in other ways, not so much. Just look at the evidence. So that is a huge leap. It's saying gun control doesn't work. That's also a big leap and not necessarily true. A gun the same guy, I guess a gun in the hand is better than a cop on the phone. Not necessarily a gun in the hand could lead to, you know, a lifetime of PTSD and major issues, even if you do it correctly. So maybe, maybe not. It depends on the scenario. So that's again, a major leap, and it looks like we got a couple more. When healthcare is free doctors and nurses will still be paid. When college is free teachers and staff will still be paid, they will be paid the same way we pay our military members, teachers, cops and firefighters. The question there see that's a leap too, because the question there is not about will they be paid? It's what will they be paid and at what cost? They're just making the

assumption that all of a sudden we're just going to produce a bunch of money out of somewhere. That's a leap. And the last one I'm going to give you as the COVID vaccine is now the most profitable drug in history. It is also the most deadly, holy, ginormous leap, the most deadly drug.

We don't know that. Just like we don't know, factually, whether it works or not effectively, much of the time, we know that it has some efficacy, and we know that it seems to have some problems. Well, almost all drugs do. These are giant leaps. Remember, build bridges between ideas, build the bridges. Awesome. That's what I got for you today. Hopefully it makes you think have a great day.

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