

History

In 1921, the Heitman family constructed the Heitman Hotel on eight acres of land in the heart of what is now Old Bonita. The family was developing property to the west and the 25-room hotel provided potential users a place to stay while their new homes were constructed. The natural spring for which the town is named is located on the grounds and flows into Oak Creek.

The Depression brought hard times and the hotel was sold to the Haverfields and later to Walter Mack of the Cadillac family, who did elaborate remodeling and expanded the hotel to 50 rooms with the name, Villa Bonita.

The next owner was Dr. Charles Gnau, an osteopath interested in the health benefits of the mineral water from the springs. He added a spring-fed pool complete with a statue, "the Indian Maiden of the Springs."

The property was purchased in 1964 by R.J. Cheatham who was also interested in health practice, particularly natural hygiene. He obtained diplomas in Naturopathy, Homeopathic Medicine, Osteopathy Life Science and Metaphysics. He improved the eight acres of ground to provide places for recreation and points of interest conducive to peace of mind and called the health spa, Shangri La.

In 1993, Leo Dahlman bought the property with the goal of developing Shangri La into a first class health resort. With a background in historic restoration and hotel management, he restored much of the property to its original grandeur.

In 1998, when the property became available for purchase, Addison Fischer, a long-time conservationist, acquired the property through the Lama Hana Land Trust, to protect the integrity of this important landmark in Bonita Springs.



SHANGRI-LA SPRINGS WAS ESTABLISHED IN 1921



"Shangri-La celebrates the warm radiance of Sun and Spirit with the grounded stable life-giving essence of Earth and Nature--providing a Community which supports health, happiness and well-being."
—Addison Fischer



Shangri-La Springs



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The Spa ORGANIC SERENITY

Organic Spa Services

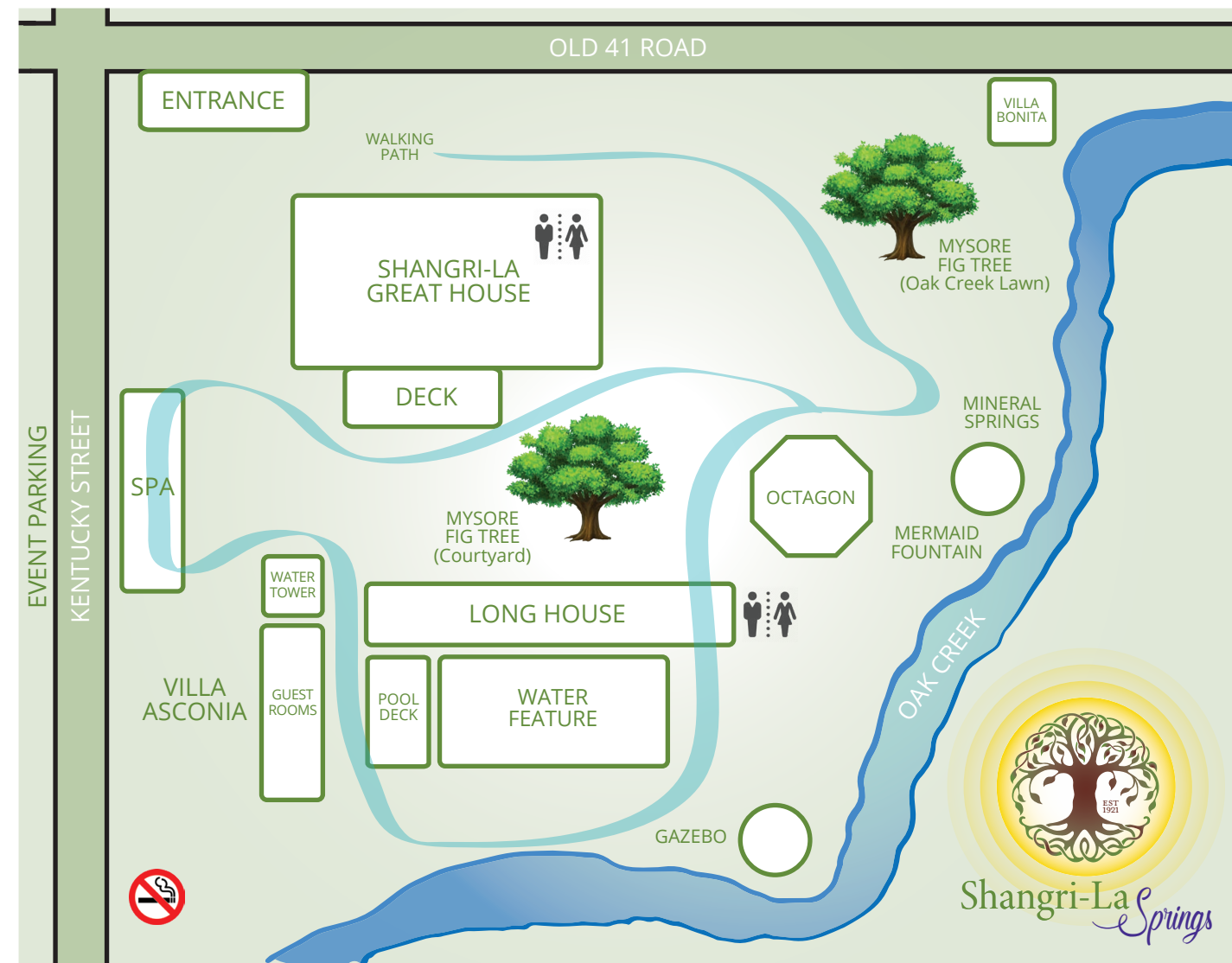
The Spa at Shangri-La Springs welcomes guests to experience the serenity and healing benefits of all our spa offerings including massage, facials, enhancements, infrared sauna and steam room, and more. Spend an hour or spend a day. We are a unique spa experience. *"relax in health, healing, and wholeness"*



Shangri-La Springs Awakening

Following the path of our roots, Shangri-La Springs continues as a center for vitality through healing arts and nature. We integrate this tradition into everything that we currently offer.

Welcome to our world



Guided Tours

Walk through the memorable history of these magical grounds and learn about those who walked before you as well as the botanical varieties on these 8.5 preserved acres tucked in the heart of downtown Bonita Springs. Historic, Botanical and Garden Tours conducted by knowledgeable staff by appointment.

Weddings & Events

Shangri-La Springs offers a selection of unique indoor and outdoor meeting and event spaces that appeal to the senses. When guests enter the gates, the stage is set; lush gardens are perfect for those special moments that take one's breath away. This tropical paradise provides abundant opportunities for unique, customized events and weddings. Come to Shangri-La and feel special!



Organic Dining

2019 marks the exciting re-launch of our newly-renovated kitchen and dining room. We will be offering regular lunch and brunch every week, unique dining events, and catering for weddings and special occasions. Expect a fresh, organic, farm-to-table menu of culinary delights. *"eat wisely, live long"*

Unique Gift Shop

The Gift Shop at Shangri-La Springs features artisan jewelry, locally made, distinctive selections, unique one of a kind items, a variety of products sure to please. Hand crafted soaps, essential oils, crystals, clothing, greeting cards, accessories, original art and much more. Treat yourself or your favorite people in your life!

