



SMOOTHIES & JUICES

JUNGLE DETOX Kale, ginger, celery, cucumber, coriander, lime, green apple, cayenne	₱5,000
SUNSHINE Turmeric, ginger, pineapple, carrot, celery, orange, lime	₱4,900
ENERGY BOOST Beetroot, ginger, pineapple, carrot, lime	₱5,000
PINK SMOOTHIE Strawberries, banana, watermelon	₱5,000
FRESH BLUE Celery, green apple, red apple, pineapple, blue spirulina	₱5,000
FROZEN COFFEE SMOOTHIE Espresso, banana, dates, nut butter, cinnamon, almond milk	₱5,100
BLACK CHARCOAL LEMONADE Lime, pineapple, charcoal	₱3,800
HERBAL & FLOWER INFUSED TEA	₱3,700

D R I N K S

APEROL SPRITZ Aperol, bubbles, soda	₱7,900
MOJITO Rum, lemon, mint	₱7,000
GIN & TONIC	₱8,500
PALOMA Mezcal, grapefruit juice, lime, soda	₱8,000
MARGARITA Tequila, grand marnier, lemon	₱8,800
NEGRONI Campari, rosso vermouth, gin	₱7,500
MOSCOW MULE Ginger beer, vodka	₱7,000
CABERNET SAUVIGNON	₱3,800
SAUVIGNON BLANC	₱3,500
CHARDONNAY	₱3,500
MERLOT	₱3,500

10% SERVICE WILL BE ADDED TO YOUR BILL



S A L A D S

ALL SERVED WITH FRESH BREAD

GOAT CHEESE SALAD \$7,000

Crispy beet & goat cheese, organic greens with toasted seeds and a honey-balsamic dressing

SUPER GREEN ROASTED VEGETABLE SALAD \$6,900

add feta/add tofu \$7,400/\$7,600

Mixed quinoa, kale, organic greens, roasted vegetables, mixed seeds and minty citric dressing.

WARM AVOCADO BLUE CHEESE / add bacon \$7,000/\$7,500

Melted avocado & blue cheese with croutons, organic greens and a basil dressing.

GREEK SALAD \$7,100

Traditional tomato, cucumber, bell peppers, red onions, feta & mixed greek olives served with lemon & olive dressing

ARTICHOKE AND LABNEH SALAD \$7,900

Sautéed artichokes with Labneh cheese & sumac served with organic mixed greens.

S A N D W I C H E S

CHOICE OF FARMHOUSE WHITE, WHOLEWHEAT, BRIOCHE, FOCACCIA, PITA

ROASTED VEGETABLES / add feta \$6,900/\$7,400

Mixed roasted vegetables with kale & hummus

TOMATO & MOZZARELLA \$6,900

Juicy tomatoes, mozzarella cheese & homemade pesto drizzled with a balsamic glaze

JALAPENO CHICKEN \$7,700

Marinated chicken, bacon, arugula with a jalapeno mayonnaise

CHICKEN CAESAR SANDWICH \$8,100

Crispy chicken, lime caper mayo, organic greens & parmesan

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FALAFEL PITA / BOWL	฿6,000
Homemade falafel served with mixed selection of ESH Salads	
SHAWARMA PITA / BOWL	฿6,900
Chicken marinated with middle eastern herbs & spices served with a selection of ESH Salads	
SCHNITZEL	฿8,000
Crispy chicken schnitzel, served with fries & a Greek salad	
HUMMUS PLATTER	฿6,400
Homemade hummus served with pita, mixed olives and veggie sticks	
WARM QUICHE	฿5,800
Warm quiche of the day served with salad	
FALAFEL BURGER	฿7,800
Brioche bun, falafel burger, labneh with zaatar, chilli beer caramelized onions, arugula & fig tapenade	
MEDITERRANEAN BURGER	฿9,000
Brioche bun, 200gr Angus beef, Labneh with zaatar, chili beer caramelized onions, arugula & fig tapenade	
ROASTED TOMATO PESTO SOUP	฿4,900

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B R E A K F A S T

CHOICE OF FARMHOUSE WHITE, WHOLE WHEAT, BRIOCHE,
FOCCACIA, PITA

SHAKSHUKA	₪6,600
Homemade tomato sauce with simmered eggs, served with bread	
BACON EGG SANDWICH	₪6,800
Fried eggs, crispy bacon, fresh tomatoes & lettuce	
SMASHED AVOCADO / add feta	₪6,400/₪6,900
Smashed avocado & Greek yogurt with chili flakes on a toast	
GREEK OMELETTE	₪6,900
Three free range organic eggs, feta, onions, tomato & olives	
MOZZARELLA SPINACH BURRITO	₪6,800
Flour tortilla with free range eggs, bacon, mozzarella, spinach, avocado	

S M O O T H I E S & J U I C E S

JUNGLE DETOX	₪5,000
Kale, ginger, celery, cucumber, coriander, lime, green apple, cayenne	
SUNSHINE	₪4,900
Turmeric, ginger, pineapple, carrot, celery, orange, lime	
ENERGY BOOST	₪5,000
Beetroot, ginger, pineapple, carrot, lime	
PINK SMOOTHIE	₪5,000
Strawberries, banana, watermelon	
FRESH BLUE	₪5,000
Celery, green apple, red apple, pineapple, blue spirulina	
FROZEN COFFEE SMOOTHIE	₪5,100
Espresso, banana, dates, nut butter, cinnamon, almond milk	
BLACK CHARCOAL LEMONADE	₪3,800
Lime, pineapple, charcoal	
HERBAL & FLOWER INFUSED TEA	₪3,700

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