

BREAKFAST

V=VEGETARIAN - VG=VEGAN - GF=GLUTEN FREE

SERVED 7:00AM - 10:30AM

BREAKFAST BURRITOS

MAKE ANY BURRITO A GF BOWL WITHOUT TORTILLA

CLASSICO

Slow scrambled eggs, pinto beans, cheddar, jack, sausage, applewood smoked bacon, or turkey bacon, and house made chile de arbol salsa 10

STANDARD

Slow scrambled eggs, garlic home fries, cheddar, jack, sausage, applewood smoked bacon, or turkey bacon, house made chile de arbol salsa 10

NEXT LEVEL

Slow scrambled eggs, garlic home fries, brie, fig jam, sausage, applewood smoked bacon, or turkey bacon, house made chile de arbol salsa 10

PALESTINE (V)

Slow scrambled eggs, garlic home fries, hummus, crumbled feta, house made chile de arbol salsa 10

PERU

Slow scrambled eggs, roasted sweet potatoes, sausage, applewood smoked bacon, or turkey bacon, spicy huancaína sauce, house made chile de arbol salsa 10

BREAKFAST ADD-ONS

Avocado, Double Meat, extra egg 2

SANDWICHES & TOASTS

BACON EGG AND CHEESE

Slow scrambled eggs, provolone, cheddar, or american cheese, applewood smoked bacon or turkey bacon, on toasted and buttered ciabatta, everything bagel, sliced sourdough, sliced organic whole grain, or croissant (\$11) 10

SAMMY'S BREAKFAST SANDWICH (V)

Slow scrambled eggs, hummus, crumbled feta, extra virgin olive oil, in warm fluffy pita 10

LOADED BAGEL & CREAM CHEESE (V)

Toasted everything or plain bagel, cream cheese, avocado, cucumber, ripe tomato, red onions, extra virgin olive oil, salt, pepper 10

BASIC BAGEL & CREAM CHEESE (V)

Toasted everything or plain bagel with cream cheese 6

AVOCADO TOAST (V)

Two slices of whole grain or sourdough toast topped with guacamole, sliced egg, feta, extra virgin olive oil, sea salt, cracked black pepper 10

HUMMUS TOAST (V)

Two slices of whole grain or sourdough toast topped with hummus, sliced egg, feta, extra virgin olive oil, za'atar, sea salt, cracked black pepper 10

SANDWICHES/BURGERS/BURRITOS LUNCH

ALL SANDWICHES AND BURGERS ARE SERVED WITH ZA'ATAR SEASONED FRIES. SUBSTITUTE SIDE SALAD OR SWEET POTATO FRIES \$1

BURRITO (V/VG/GF AVAIL.)

Choice of marinated steak, grilled chicken, lamb, falafel or vegetarian with pinto beans, seasoned rice, cheese, and pico de gallo wrapped in a flour tortilla then toasted on the griddle. SUPER (with guacamole & sour cream) - \$2 | MAKE IT A BOWL - \$0 Served w/ tortilla chips and house made chile de arbol salsa

12

QUESADILLA

Choice of marinated steak, grilled chicken, lamb, falafel or vegetarian folded in a flour tortilla with cheese and caramelized onions wrapped in a flour tortilla then toasted on the griddle. SUPER (with guacamole & sour cream) - \$2 Served w/ tortilla chips and house made chile de arbol salsa

11

SHAWARMA SANDWICH

Marinated slow roasted lamb, steak, kefta, or chicken w/ hummus, garlic yogurt sauce, Palestinian pico de gallo, shredded purple cabbage, and sumac red onions, folded in warm fluffy pita

14

FALAFEL SANDWICH (V/VG AVAIL.)

Crispy spicy garbanzo fritters w/ hummus, garlic yogurt sauce, Palestinian pico de gallo, shredded purple cabbage, and sumac red onions, folded in warm fluffy pita

14

PAN CON CHICHARRON SANDWICH

Braised and seared tender and crispy pork belly, cilantro-pickled onion, roasted sweet potato, rocoto aioli, on a toasted ciabatta roll

14

LOMO OR POLLO SALTADO SANDWICH

Marinated sliced steak or chicken seared with red onions and tomatoes, tossed in a soy-vinegar sauce, topped with cilantro, melted provolone, and rocoto aioli on a toasted ciabatta roll

14

CHEESE STEAK SANDWICH

Simple classic. Marinated diced steak seared with grilled onions, mushrooms, and choice of cheese (american, cheddar, or provolone) with rocoto aioli on a toasted ciabatta roll

14

LAMB BURGER

1/3 lb hand formed lamb patty seasoned with herbs and spices, seared to perfection with grilled onions, melted provolone, lettuce, tomatoes, and rocoto aioli on a toasted brioche bun

14

CHEESEBURGER (V/VG AVAIL.)

1/3 lb hand formed beef patty or plant based beyond meat patty seared to perfection with choice of cheese (american, cheddar, or provolone), rocoto aioli, ketchup, mustard, lettuce, tomatoes, and onion on toasted brioche bun

14

CHICKEN & BRIE SANDWICH

Blue Dish Cafe's famous staple sandwich with marinated grilled chicken, pesto, sun dried tomato vinaigrette, triple cream brie cheese, tomato, spring mix on a toasted ciabatta roll

14

BLTA

Applewood smoked bacon, lettuce, ripe tomato, avocado, and rocoto aioli on choice of toasted bread

14

SALADS

SERVED WITH FRESHLY BAKED BREAD AND BUTTER

THE BLUE DISH SALAD (V/VG/GF AVAILABLE)

Crisp romaine, spring mix, shredded purple cabbage, tomato, carrots, red onion, cucumber, garbanzo, feta, with our famous Blue Dish House Vinaigrette Topped with choice of protein: marinated grilled chicken, steak, lamb, or 3 falafel (VG)

15

COBB SALAD (GF)

Marinated grilled chicken, crisp romaine, spring mix, shredded purple cabbage, tomato, ripe avocado, hardboiled egg, applewood smoked bacon or turkey bacon, crumbled gorgonzola with our famous Blue Dish House Vinaigrette

15

AVOCADO CAESAR SALAD (V/VG AVAIL.)

Crisp romaine, ripe avocado, house made garlic croutons, cr shaved parmesan w/ creamy caesar dressing.

15

Topped with marinated grilled chicken, steak, lamb, or 3 falafel

THE ANCESTORS SALAD

Everything in The Blue Dish Salad with addition of roasted sweet potato, chopped olives, and crouton crumbs with our famous Blue Dish House Vinaigrette

17

Topped with choice of protein: marinated grilled chicken, steak, lamb, or 3 falafel

SANDWICH/BURGER/BURRITO/SALAD ADD-ONS

Avocado, Bacon, Croutons, Roasted sweet potatoes, Extra Cheese, Sour cream, Guacamole, Hardboiled egg

2

Double Meat

4.5

PLATES

LOMO OR POLLO SALTADO PLATE

Marinated sliced steak or chicken seared with red onions and tomatoes, tossed in a savory soy-vinegar sauce, topped with cilantro, Topped with cilantro and served over garlic rice pilaf with fries on the side. Add over easy egg \$2

18

SAMMY'S LUNCH PLATTER (V/VG/GF AVAIL.)

Garlic hummus, feta, Palestinian pico de gallo, sumac red onions, drizzled with extra virgin olive oil, topped with marinated slow roasted lamb, chicken, kefta or falafel. Served with warm pita

15

SOUPS

LENTIL-TOMATO (VG/GF)

A Palestinian classic. Family recipe with tomato, carrots, and spices.

8.5

16 oz. Served with freshly baked bread & butter

AGUADITO DE POLLO (GF)

A Peruvian classic. Family recipe w/ a spicy cilantro broth, carrots, potatoes, rice and chicken

8.5

16 oz. Served with freshly baked bread & butter

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