

# Attendance sheet for NRVANA 2024

	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Chair	✓	✓	✓		✓	✓		✓		✓	✓	✓
Vice Chair	(A)	✓	✓		✓	✓		✓		✓	✓	✓
Secretary	✓	✓	✓		(A)	✓	(A)	✓		✓	✓	✓
Treasurer	✓	✓	✓		✓	✓		(A)		✓	✓	✓
Outreach	✓	✓	vice chair present		✓	✓		(A)		✓	✓	✓
Policy	✓	✓	✓		✓	✓		✓		(A)	✓	✓
Activities	✓	✓	✓		✓	✓		✓		(A)	✓	✓
RCM	✓	✓	(A)		✓	✓		✓		(A)	✓	✓
RCM ALT	vacant	vacant	vacant		✓	✓		✓		(A)	✓	✓
VRCC	vacant	vacant	vacant		✓	(A)		✓		(A)	✓	✓
Literature	✓	✓	✓		✓	✓		✓		✓	✓	✓
KISS	✓	✓	✓		✓	✓		✓		✓	✓	✓
HOW	✓	✓	✓		✓	✓		✓		✓	✓	✓
OAHA	✓	✓	✓		✓	✓		✓		✓	✓	✓
Circle of Hope	✓	✓	(A)		✓	(A)		(A)		✓	✓	✓
HOPE	✓	✓	(A)		(A)	✓		✓		✓	✓	✓
PBP		✓	✓		✓	✓		✓		✓	✓	✓
Steps to Freedom		✓	✓		✓	✓		✓		(A)	✓	✓



# NRVANA MINUTES

Date : 12/1/24 @ 2pm

Highland Park Community Church

---

## Readings – Prayer – 12 Traditions – 12 Concepts- NA Purpose

Attendance sheet attached.

Area mail distributed.

All group and ASC chair reports have been attached. (Reports not turned in, will not be added to the minutes)

---

## Upcoming celebrations and announcements

1 / 4 Holiday Recovery Meeting @ PBP

12/23 HUGS @ HOW 6pm

12/20 HUGS @ KISS

12/15 Activities Sub-committee @7pm

12/13- Brooklyn celebrates @ KISS (mtg open til 11pm)

12/17 – Danny J @ KISS

1/1- "New Year New Way" area event @ HOW 12p-5p

1/5 Outreach Sub-Committee @ noon

---

## Old business

NONE

---

## New business

Please see area New YEAR Event Flyer!!

---

## Motions and Votes to take back to groups

We need servants and nominees to fill Policy, RCM Alt. and VRCC Alt.- please take back to your groups.

Area nominations for next term-take back to groups

Outreach motion – take back to groups (attached)

Activity motion – take back to groups (attached)

---

## Open Forum

NONE

---

## Next Meeting

1/5/25 @ 2pm

Highland Park Community Church





**NRVANA**  
**NEW DAY, NEW WAY**  
**Let's Taco 'bout NA**

**2025**

*New Year Day Event*

**JAN. 01 2025**  
**HIGHLAND PARK COM**  
**CHURCH - 6144 WRIGHT**  
**AVE. DUBLIN**  
**12-5PM**

**TACO BAR**  
**SPEAKERS**  
**SECRET SOCK EXCHANGE**  
**CLEANTIME COUNTDOWN**

**COME CELEBRATE!!**

**NA IS NOT AFFILIATED WITH HPCC**



How is going well. We still meet  
on Monday and Wednesday nights at  
~~7~~ 7pm. We have an average of 15  
people in attendance. We have no  
celebrations at this time but will

be having our HUGs on Dec 23rd  
at 6pm (wear PTs). We have a \$25  
donation for AREB. Thanks for letting  
me serve

Krysta M



---

**KISS GSR REPORT**

1 message

---

**Amber Raine Hollar** <amberraine1992@gmail.com>  
To: Stableserica@gmail.com

Thu, Dec 5, 2024 at 1:59 PM

KISS is doing well. We meet Tuesday's at 7pm and Wednesday's and Friday's at 8pm at the church in Christiansburg. We have an average of 10 to 15 addicts in attendance.

Our first hugs for the holidays was held on November 27th. 37 addicts attended.

December Announcements:

- Brooklyn W. celebrates 6 years on Friday, December 13th at 8PM. Patrick B from Roanoke will be speaking. Following the celebration we will leave the church open until 11pm for snacks, fellowship, and games.
- Dani J. celebrates 1 year December 17th at 7pm.
- Our next Hugs for the Holiday will be held on December 20th. Doors open at 6pm. Food at 6:30pm and meeting at 8pm. Bring a side dish if you are able.

We have a donation to area of \$10.





Erica Stables <stableserica@gmail.com>

---

## OAHA GSR report

1 message

---

**Michael Owens** <mikeomatic0229@gmail.com>  
To: stableserica@gmail.com

Sun, Dec 1, 2024 at 3:34 PM

OAHA is doing well. We meet on Thursdays at 7 and Sundays at 6. We average around 8-12 addicts per meeting. We don't have any celebrations in Dec. We have a donation of 25 dollars. Thanks for letting me serve.





Erica Stables <stableserica@gmail.com>

---

**(no subject)**

1 message

---

**Sarah Owens** <sarahowens61889@gmail.com>  
To: stableserica@gmail.com

Thu, Dec 5, 2024 at 6:44 PM

The activities committee is requesting to put the following motion into policy:

Four events every year- January, March, August, and October.

The purpose of this motion is to create more order, cohesion, and consistency within our area.



12/01/24

Proposal: To add to ASC Guidelines under Outreach:

#8 - Hospitals + Institutions

A. We suggest the following cleantime requirements:

- for Panel Leaders, 1 year
- for Chair, 9 months
- for Sharing, 6 months
- for Members, 90 days

B. All new members wanting to carry an H+I meeting into a facility should attend a regular Outreach subcommittee meeting prior to, and have knowledge of panel member orientation packet.



## December Literature Report

\$96.46 in literature was sold at November Area. \$318.95 of literature was preordered by Outreach Subcommittee. \$415.41 was turned into treasurer. An order to Freestate was placed on 11/8/24 in amount of \$485.86. I am getting ready to place another order if any groups have needs. I am also glad to get together orders I may have missed this Area meeting. Thanks for allowing me to ~~serve~~ serve.

Sharon Mc



11:15



Dec Treasure Re...



All changes saved

Treasure Report  
December 2024  
Sara B Treasurer

Beginning Balance 1372.09

Donations:

KISS 10\$

HOW 25\$

OAHA 25\$

Literature 415.41.

Total 475.41

PAID OUT:

Lauren B 43.50 CASH (website domain)

Literature Check # 341. 485.86

Deposit 431.91

Ending Balance 1318.14





# RCM REPORT

Date: December 1, 2024

From: Thomas Langston

RE: Central Area Region Of narcotics Anonymous

---

There is no report at this time, my next RCM meeting is December 20, 2024. I Will report the outcome of that meeting at the January 2025 ASC.

Thank you,

In loving service,

Thomas