

Attendance sheet for NRVANA 2024

	JAN	FEB	MARCH	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Chair	✓	✓	✓		✓	✓		✓		✓	✓	
Vice Chair	(A)	✓	✓		✓	✓		✓		✓	✓	
Secretary	✓	✓	✓		(A)	✓	(A)	✓		✓	✓	
Treasurer	✓	✓	✓		✓	✓		(A)		✓	✓	
Outreach	✓	✓	vice chair present		✓	✓		(A)		✓	✓	
Policy	✓	✓	✓		✓	(✓)		✓		✓	✓	
Activities	✓	✓	✓		✓	✓		✓		✓	✓	
RCM	✓	✓	(A)		✓	✓		✓		✓	✓	
RCM ALT	vacant	vacant	✓		✓	(✓)		✓		(✓)	✓	
VRCC	vacant	vacant	vacant		✓	(A)		(A)		✓	✓	
Literature	✓	✓	✓		✓	✓		✓		(A)	✓	
KISS	✓	✓	✓		✓	✓		✓		✓	✓	
HOW	✓	✓	✓		✓	✓		✓		✓	(A)	
OAHA	✓	✓	✓		✓	✓		✓		✓	✓	
Circle of Hope	✓	✓	(A)		✓	(A)		(A)		✓	✓	
HOPE	✓	✓	(A)		(A)	(A)		(A)		✓	✓	
PBP		✓	✓		✓	✓		✓		(A)	✓	
Steps to Freedom		✓	✓		✓	✓		✓		(A)	✓	

NRVANA MINUTES

Date : 11/3/24 @ 2pm

Highland Park Community Church

Readings – Prayer – 12 Traditions – 12 Concepts- NA Purpose

Attendance sheet attached.

Area mail distributed.

All group and ASC chair reports have been attached. (Reports not turned in, will not be added to the minutes)

Upcoming celebrations and announcements

11/18 Michael @ HOW

11/10 Activities Sub Committee meeting @7pm

11/7 Matt celebrates @ OAHA

Outreach Sub Committee meeting 12/1 @ noon @OAHA

12/13 Brooklyn celebrates @ KISS

11/18 HUGS @ HOW @ 6

11/27 HUGS @ KISS 6pm

1 / 4 Holiday Recovery Meeting @ PBP

Old business

PBP will be closing Friday night meetings due to poor attendance. Saturday's remain the same and support is encouraged.

Steps to Freedom has closed it's meeting due to lack of attendance.

New business

NONE

Motions and Votes to take back to groups

We need servants and nominees to fill Policy, RCM Alt. and VRCC Alt.- please take back to your groups.

Open Forum

NONE

Next Meeting

November Area

11/03

\$103.10 was turned in from literature via Michael P. at last area. ~~\$210~~

\$210.21 of literature was sold since last area and monies have also been turned into treasurer today. An order was placed to Freestate in the amount of \$160.19 in October. I apologize for my absence at last area and I appreciate you all allowing me to serve.

Sharon Mc

RCM REPORT

Date: November 3, 2024

From: Thomas Langston

RE: Central Area Region Of narcotics Anonymous

The October 20 RCM meeting was a two day in person workshop, I was unable to attend the in person and unfortunately had technical difficulties with no Internet the day of the workshop. If you would like to copy email to you, please just email you your request to the email below and I will email them to you

thomas@thomaslangstonphd.com

Thank you,

In loving service,

Thomas



Welcome to



The Northeastern Zonal Forum (NEZF)

Hello! We wanted to roll out the red carpet and introduce ourselves. We are the NEZF, and we are glad you've joined us as one of the many regions that have made us who we are. We would like to let you know some important resources!

About Us

The Northeastern Zonal Forum is excited to be expanding beyond our current footprint - into a demographic area that includes your region as well! The NEZF is currently made up of the entire Northeastern part of the USA - including Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, New Jersey and Pennsylvania.

Need Help?



We got you! If you need any help (or if you're available to help others), please consider filling out a service request form at the following link

<https://nezf.org/nezf-service-request/>



Contact Information:

<https://nezf.org/contact-us/>



Dates and Times

All dates, times and meeting links are available @ nezf.org - but the NEZF as a whole" meets...

Virtual : 4th Sunday of Jan. and July

Hybrid Weekends : 4th Weekend of Apr. / Oct.
Friday 8PM - 10PM / Saturday 9AM - 6PM /
Sunday 9AM - 1PM

Opportunities to Serve!

Fellowship Development Committee

Public Relations Committee

IT Services Committee

NESSNA

H&I Workgroup (PR Committee)

Video Tools Workgroup (FD Committee)

Strategic Planning Videos (Video Tools)

Guidelines Workgroup

Financial Guidelines Workgroup



Erica Stables <stableserica@gmail.com>

Oaha gsr report

1 message

Michael Owens <mikeomatic0229@gmail.com>
To: stableserica@gmail.com

Thu, Nov 7, 2024 at 12:04 PM

OAHA is doing well. We meet on Thursdays at 7. And Sundays at 6. Matt B. Is celebrating 6 years on Nov. 17th. And we have a 40 dollar donation for area. Thanks for letting me serve.

Circle of Hope report

1 message

Jeff Brown <pippidemon@gmail.com>

Sun, Nov 3, 2024 at 11:48 PM

To: Erica Stables <stableserica@gmail.com>

Circle of Hope still meets every Monday at 7:00 at 706 Harding Ave. in Blacksburg. We have regular attendance of 4 to 6 persons. We are working on setting up a regular group conscience meeting and maybe try to set up a few events. We had 16 dollars for donations for the month of October.

Thank you for letting me serve,
Jeffrey B. Addict

Kiss is doing well. We have 10-15 members at any given meeting. We meet on Tuesdays @ 7pm and Wednesdays and Friday's @ 8pm. We do not have any celebrations in November, We have HUGS for the Holidays on 11/27 @ 6pm.

We made a \$20 donation to area.

Thanks for letting me serve,

Amber H

Area Report Sunday, November 3rd, 2024 for PBP

PBP continues to meet every Saturday from 6:00 until 7:00 PM. Unfortunately PBP has closed it's doors on the meeting that used to meet on Fridays from 6:00 until 7:00 PM. The reasons PBP has dropped this meeting is as follows:

1. For the last year or so there has been little participation on Friday evenings. Attendance averaged 3 people at best with those three people tending to be the three active group members only. Occasionally new Life would attend but not consistently or very often.
2. There are only 3 active home group members and it is difficult for those three to commit to handling the responsibilities that come with being home group member (committing to opening the doors each weekend night, etc.).
3. There is already a meeting in existence on Friday evenings (KISS) and Saturdays there are no available NA meetings. New Life is more consistent in attending the Saturday night meeting.

We are sad to close the doors on Friday nights but this allows us, the home group members to better support the Saturday night meeting. That said our Saturday night attendance averages anywhere from 4 to 20 people.

PBP is planning an event we are calling Holiday Recovery on January 4th, 2025. This will be a speak and eat meeting to celebrate the New Year. PBP will supply the pizza and we are asking everyone to bring a side dish to share. The speaker is to be announced. I have a flier announcing this event and we look forward to seeing everyone there.

Once again PBP asks area for its continued support and we thank area for its service to the New River Valley.

Respectfully submitted, Amy B. GSR

Join us for

Holiday

Recovery

at PBP

on Saturday, January 4th, 2025

from 5:30 to 7:00 PM

Speaker... Food... Fellowship

Pizza will be provided

Bring a side to share

Steps To Freedom

Date: November 3, 2024 (Final Report)

From: Thomas Langston

RE: Steps To Freedom

It is with a sad and heavy heart that I report that this will be my final and last report that I give four steps to freedom.

September 17 was the final meeting that we held for steps to freedom as close the doors and turned in the keys and emptied the materials from the church and turned the keys over to the Pastor.

After seven years, almost 8 years. It was a bittersweet moment, but for the past year attendance had dwindle down to two people, Amy, B and myself

In our closing letter that Amy B and I wrote to the pastor, we told him that if the community ever needs another, NA meeting brought back to them

Amy and I would be there willing and able to do such with open arms and loving hearts.

I have a closing donation of \$5.80 for area today. On behalf of Amy and I I would like to say thank you for letting us serve the Pearisburg Area over these past seven years. The meeting has definitely been a blessing to us seeing the people come and go through the doors and the changes in their Lives some have succeeded, unfortunately somehow relapsed , but at least we know the seed has been planted

In loving service, I remain

Thomas