

NRVANA Area Minutes- July 7, 2024

Next date and time will be at Highland Park Church on 08/04/2024 at 2:00 p.m.

Attendance:

Chair- Present Vice Chair- Present Treasurer- Vice Chair appeared on behalf of Sara F.

Secretary- Vice chair appeared on behalf of Erica S.W. Activities- Brooklyn W. appeared on behalf of Sarah O.

Outreach- Michael S. appeared on behalf of Michael P. RCM- Present

Policy- Vacant VRCC- Present RCM Alternate- Vacant

Home Groups

KISS- Present Steps to Freedom- Present Circle of Hope- Present HOW- Present

PBP- Present OAHA- Present

Celebrations:

Michael O. 2 Years at OAHA Sarah O. 18 Months at OAHA Frank M. 17 years at KISS

Hailey B. 2 years at HOW

There will be an activities subcommittee meeting on 8/3/2024 after PBP. Activities is also looking for a Vice Chair for their subcommittee.

There will be an outreach subcommittee held on 7/14/24 after OAHA.

No open forum

No new business

No old business

The Annual Skaghead Olympics will be on 08/18/24 from 12:00-6:00 p.m.

Please ask home groups to sign up for the BBQ supplies they will be bringing. The area will be providing hotdogs and medals.

Please see attached reports.

In loving service,

Jessi J.

Outreach:

Today 1:18 PM

I'm an addict, my names Michael. The website and meeting list was updated for the month of June. Our H&I meeting at Pyramid continues to be successful. Our Outreach subcommittee will meet next week at OAHA on July 14th, 12:00. We will conduct a video chat on Facebook messenger for those who would like to attend but can not do so in person. Thank you for letting me serve!!

Our balance is \$339. We voted in Michael S. for Treasurer. We are in the beginning stages of planning PI Outreach events in Floyd and on the Virginia Tech Campus later this summer. Support is welcomed.



Erica Stables <stableserica@gmail.com>

HOW area service

1 message

Ferletta Martinez <fdmartinez314@gmail.com>
To: stableserica@gmail.com, thomas@thomaslangston.com

Sun, Jul 7, 2024 at 2:30 PM

How is doing well
We meet on Monday and Wednesday @ 7:00
Average about 20 people per meeting
Celebration:
July 29th Haily B 2 years Jessie J speaking.
Area donation \$39.00

Thank you for letting me serve,
Ferletta M

RCM REPORT

Date: July 7 , 2024

From: Thomas Langston

RE: Central Area Region Of narcotics Anonymous

- All GSR'S will receive a copy of the Regional Meeting Minutes today at AREA. If anyone else would like a copy, please request a copy by e-mailing at the email listed below, and I will be happy to forward you a copy.
- treasurer tenure is up and new treasurer has not yet to be nominated or elected. Vice chair will be filling in as temporary treasurer until the position has been nominated and elected and filled.
- The region has joined a new association called the north east zonal form of narcotics anonymous or the acronym NEZF, and they were present to give a virtual introduction of themselves who they are and what they will do for our region, slides are attached to the minutes.

- The treasurers report was given the ending balance as of June 15, 2024 was \$23,062.22 and the prudent reserve was \$18,149.25 The full report is attached to the minutes for further review.
- I would like to bring your attention to the regional delicates report which takes place at 12:09 which discusses information concerning DRT on the international stage and how it is affecting NA as a whole some very interesting and possibly useful information that you might want to bring back to your home groups as a discussion topic
- I would like to bring your attention to the regional delicate alternate number two report which happens at 12:40 regarding the world convention happening in Washington DC. There is some information that is handy for those that will be attending the world convention if you want to review that information and bring any of that information back to interested parties at your home group I would recommend you do so.
- Starting at 12:54-11:27 all the area groups starting to give their individual group reports some very interesting information as well as flyers that are attached by those groups for

events going on in their areas. Some good information to take back to your groups of different events going on in different parts of our region in case anyone is interested in those events

- 129 nominations for vacant regional office positions were announced. These will be announced at our area as well for anybody interested in serving in the region that these positions are open and available and accepting nominations from the areas.
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- Two motions to be voted on by our area that are motions 277.1 and 277.2
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- The next RCM Meeting is August 17, 2024 from 10a-4p. (Virtually)
- GAR'S & Group Chairs, please remember to send all your events, flyers etc. and anniversaries to me. So I can include that in my report at the next RCM Meeting. This is imperative so our information gets out to the region to show that we are an active and productive area within our region.

Please email to:

thomas@thomaslangston.com

Thank you,

In loving service,
Thomas

July Literature Report

\$ 182.28 of literature was sold at the June area service meeting. This included \$50.90 in preorders. An order was placed to freestate in the amount of \$150.03. \$182.28 was turned into treasurer today. Thanks for allowing me to serve.

Sharon Mc.

Steps To Freedom

Date: July 7 , 2024

From: Thomas Langston

RE: Steps To Freedom

Steps to freedom continues to meet at the first United Methodist Church of Pearisburg ,Virginia. Each Thursday evening from 7 to 8 PM.

Currently, we are doing a book study of the green and gold how and why we are currently on step seven of our study and encourage those who would like to join us to do so we would love to support.

We have no anniversaries or celebrations at this time.

We have no donation at this time.

Thank you,
In loving service
Thomas