

Client Information and Acknowledgment of Informed Consent to Coach

Unclustered Coaching LLC provides Narcissistic Relationship Recovery Coaching Services (Cluster B Disorders).

This Agreement applies to the coach you will be working with. It will also describe some of the business practices of the coach at Unclustered Coaching LLC.

Coaching Services

You have taken a very positive step by deciding to seek coaching services. The purpose of recovery and our coaching services is to help you better understand your situation, set recovery goals, and move toward reaching your goals. Using your coach's knowledge and personal experience drawn from his / her own relationship recovery and coaching skills training. He / she will make observations about situations and help you develop new ways to approach them. It will be important for you to examine your own thoughts, feelings and behavior and to try the new approaches to work towards your goals.

The services offered can have RISKS as well as BENEFITS. The outcome of your coaching depends largely on your willingness to engage in this process, which may, at times, result in considerable discomfort. Remembering unpleasant events and by acknowledging your own role and becoming aware of feelings attached to those events which can bring on strong feelings of anger, sadness, guilt, loneliness, etc. Know that there are no miracle ways to reach your goal. We cannot guarantee that your behavior or circumstance will change, but we can promise to create a supportive environment for you and do our very best to understand you and help you clarify what it is that you want for yourself. Recovery coaching may often lead to better relationships, solutions to specific problems, and significant reductions in feelings of distress.

Coaching Relationships

The therapeutic relationship is unique in that it is highly personal and at the same time, a contractual and professional agreement. Given this, it is important to reach a clear understanding about how the relationship will work, and what can be expected. This consent will provide a clearer framework for working with your coach. We encourage you to discuss any of this with your coach. Please read and indicate that you have reviewed this information and agree to it by filling in the checkbox at the end of this document.

To preserve the coaching relationship, it is imperative that your coach does not have any other type of relationship with you. Personal and/or business relationships undermine the effectiveness of the coaching relationship. We ask that you do not attempt to "friend" your coach or anyone else in the practice on Facebook or any other social media site.

Also, know that you have the right to terminate services with your coach for any reason.

Goals

There may be alternative ways to effectively coach through the circumstances you are experiencing. It is important for you to discuss questions you may have regarding the coaching your coach recommends and to have input into the setting the goals of your coaching sessions. As coaching progresses these goals may change. You and your coach will jointly determine how to affect the changes you are seeking to make.

Your coach will also let you know if you are not a good fit and if you might obtain better results with somewhere else. Your coach will always retain the right to terminate coaching. Some examples of when this may happen is if he / she / they feel you would be better served with another coach, for rude or abusive behavior, for a pattern of repeated missed or cancelled appointments or if payments due remain unpaid. If your coach terminates services with you, he / she / they will offer you referrals. Note, you will automatically be considered terminated in the event you do not call or schedule an appointment for more than a 6 week period (unless the gap in sessions was previously discussed with your coach). If you are terminated for that reason, you may request a return to future work with your coach if that specific coach has openings in their schedule.

Confidentiality

In most situations the session content and all relevant materials to the client's coaching will be held confidential unless the client requests in writing to have all or portions of such content released to a specifically named person. Examples of some limitations of such client held privilege of confidentiality are listed below:

1. If a client threatens or attempts to commit suicide or otherwise conducts self in a way there is a substantial risk of incurring serious bodily harm.
2. If a client threatens grave bodily harm or death to another person.
3. If the coach has a reasonable suspicion that a client or other named victim is the perpetrator, observer of, or actual victim of physical, emotional or sexual abuse of children under the age of 18 years.
4. Suspicions as stated above in the case of an elderly person who may be subjected to these abuses.
5. If you file a complaint or lawsuit against a coach, we may disclose relevant information about you to defend the coach.
6. If a court of law issues a legitimate subpoena for information stated on the subpoena.

7. If a client is in coaching or being treated by order of a court of law, or if information is obtained for the purpose of rendering an expert's report to an attorney.

Furthermore, you agree that from time to time your coach may need to consult with the practice attorney regarding legal issues regarding your coaching. The practice attorney is bound by confidentiality rules also. Your coach will only reveal minimal information to receive appropriate legal advice.

Occasionally your coach may need to consult with other professionals in their areas of expertise to provide the best coaching for you. Information about you may be shared in this context without using your name or other identifying information unless you have signed a specific release of information. In addition, the practice may employ administrative staff and be contracted with billing or other administrative services. All staff members will have had training about protecting your privacy and have agreed not to release any information outside of the practice without permission.

If we see each other accidentally outside of the coaching office (virtual), your coach will not acknowledge you first. The client's right to privacy and confidentiality is of the utmost importance and we do not wish to jeopardize your privacy. However, if you acknowledge your coach or staff first, we will be more than happy to speak briefly with you but feel it appropriate not to engage in any lengthy discussions in public or outside of the coaching office (or virtual).

Finally, if you do not want your coach or the office to contact you at a certain address or phone number, please let your coach know and document this at the first meeting with him / her / them.

This summary is designed to provide an overview of confidentiality and its limits. It is important that you read the Notice of Privacy Practices form that has been provided to you for more detailed explanations and that you discuss with your coach any questions or concerns you have.

Fees for Service

Payment for services is an important part of any professional relationship. This is even more true in coaching; one significant goal here is to make relationships and the duties and obligations clear. You are responsible for seeing that your coaching services are paid for. Meeting this responsibility shows your commitment and maturity. We have verbally explained the fees for service agreement during our initial intake call. You will find more detailed information regarding fees / payments and billing on our website: unclusteredcoaching.com

Incapacity or Death of Coach

If your coach is incapacitated or dies, it will not be necessary for another coach to take possession of your files and records. Your coaching agreement will terminate immediately. By signing this consent, you understand and agree with this policy without dispute.

Disclosing Information to Family Members or Close Friends or Other Third Parties

If you are incapacitated, in an emergency / dangerous situation or not available you agree that your coach may contact a family member or a close friend you identify as well as medical and law enforcement personnel to disclose your personal information that relates directly to that person's involvement in your coaching service. This information will be disclosed as necessary only if your coach determines that it is in your best interest based on his / her / their professional judgement. We also may ask that you complete a separate consent form for this reason.

Acknowledgement of Informed Consent to Coach

I voluntarily agree to receive coaching, assessments, communication, or services for myself and I authorize the coach that I will be seeing at the practice to provide such coaching, assessment, communication, or services as are considered necessary and advisable.

I understand and agree that I will participate in the planning of my coaching, assessments, communication, and services and that I may stop at any time. I also understand that there are no guarantees of the coaching outcome, goal attainment, or success.

BY SIGNING BELOW I, the client, acknowledge that I AM AGREEING THAT I HAVE READ, UNDERSTOOD, AND AGREE TO ALL THE ITEMS / TERMS / CONDITIONS / INFORMATION CONTAINED HEREIN THIS DOCUMENT. I AGREE TO BE BOUND BY THE PROVISIONS IN THIS AGREEMENT. AMPLE OPPORTUNITY HAS BEEN OFFERED TO ME TO ASK QUESTIONS AND SEEK CLARIFICATION OF ANYTHING UNCLEAR TO ME.

Client:

Signed by:

Print:

Date: