

**COVID 19 ISOLATION AND QUARANTINE GUIDANCE
ACCEPTING ADMISSION AND READMISSION**

ADMISSION

If a facility currently has COVID 19 Positive residents.

1. **If No:** Is the admission/readmission a COVID-19 positive resident requires ongoing isolation?
2. **If Yes:** Isolate to private room for 14 days using COVID-19 isolation precautions
3. **If Unknown:** Quarantine to private room for 14 days using COVID-19 isolation precautions

READMISSION

1. **If Yes:** Is the admission/readmission a COVID-19 positive resident that requires ongoing isolation?
2. **If Yes:** Cohort COVID-19 positive residents by room or isolate to private room for 7 days from specimen collection OR 72 hours until symptoms of acute infection***resolve, whichever is longer
3. **If Unknown:** Quarantine to private room for 14 days using COVID-19 isolation precautions

ADDITIONAL FACTORS FOR CONSIDERATION

- Patients may be released from quarantine and cared for within the general patient population once quarantine has been completed and no signs or symptoms of disease have developed.
- If a patient develops COVID-19 during the 14 day quarantine, care for the patient in isolation until 7 days from specimen collection OR 72 hours until symptoms of acute infection resolve, whichever is longer.
 - If COVID-19 positive patient started isolation in a higher acuity facility and admitted/readmitted to facility that currently has COVID-19 positive residents requiring isolation precautions, continue isolation precautions and do not have the patient start their isolation period from the beginning. For example, if a patient is transferred to your facility on their 4th day of isolation from specimen collection, have the patient complete the remaining 3 days (total of 7) OR 72 hours until symptoms of acute infection resolve, whichever is longer.

RELEASE FROM ISOLATION AND QUARANTINE GUIDANCE

- COVID-19 positive residents or staffs are considered infectious 48 hours prior to symptom onset until seven days from specimen collection OR until 3 days (72 hours) after fever is gone and symptoms of acute infection resolve, whichever is longer.
 - If tested positive for COVID-19, remain at home or under isolation precautions for 7 days from specimen collection OR until 3 days (72 hours) after fever is gone (without the use of fever-reducing medication) and symptoms of acute infection resolve, whichever is longer.
 - If tested negative for COVID-19 and have compatible symptoms (fever, cough, shortness of breath), stay at home or under isolation precautions until 3 days (72 hours) after all symptoms of acute infection resolve.
 - If not tested for COVID-19 and have compatible symptoms (fever, cough, shortness of breath), stay at home or under isolation precautions until 3 days (72 hours) after all symptoms of acute infection resolve.
 - If not tested for COVID-19 and have other non-compatible symptoms, stay at home or under isolation precautions until 24 hours after all symptoms are gone without the use of medicine.

**VISITATION GUIDANCE
POLICY and PROCEDURE**

POLICY: To establish and implement COVID 19 mitigation strategies. To adopt Benchmarks for allowing progressive re opening of assisted living facilities.

Benchmarks:

- **Minimal Community Spread:** Evidence of isolated cases or limited community transmission, case investigations underway; no evidence of exposure in large communal setting.
- **Moderate Community Spread:** Sustained transmission with high likelihood or confirmed exposure within communal settings and potential for rapid increase in cases.
- **Substantial Community Spread:** Large scale, controlled community transmission, including communal settings (e.g., schools, workplaces).

PROCEDURES

Pre-visit

- Visitors should call ahead to arrange or schedule a visit. Prior to arrival for the scheduled meeting, the visitor should be provided information on the terms of the visit through a means provided by the facility (web, email, text, etc.). The information must contain:
 - Information on COVID-19 and how the spread of the virus is minimized.
 - Instructions for self-screening on the day of the visit along with information as to when the results of the screening would require a cancellation of the visit.
 - Instructions for social distancing and requirements for wearing a mask.
 - Instructions on where to arrive and wait at the facility for staff accompaniment to the designated meeting area. This information must include a notice that the visitor will be restricted from entering the facility and may not leave the designated visiting area to interact with any other residents or staff.

These Facilities may opt to allow visits under written policies and implementation plans that include all of the following restrictions and minimum requirements:

Restriction

- Facilities may NOT offer or allow visitation on the premises if:
 - The resident has symptoms of COVID-19.
 - The resident is in isolation or quarantine.
 - The facility has an active outbreak.
 - The facility with a history of a recent COVID-19 case or outbreak has not completed the required isolation period of 14 days.
 - The county or the city where the facility is located is under the Stay-at-Home orders related to COVID-19.
 - Statewide restrictions are implemented due to increased cases of COVID-19.

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Upon arrival (Visitor Access to Resident Living Space)

- The visitor must be greeted at a designated area by facility staff, and the staff member will:
 - Perform temperature check and symptom screening in accordance with current CDC guidelines. Visitors with symptoms in the previous 14 days should not be allowed to visit.
 - Ensure and required hand washing, the visitor has a face mask or cloth covering, and is wearing it appropriately.
 - Collect and verify name and contact information of the visitor for the purposes of contact tracing.
 - Escort the visitor to the designated visiting area. Visitation is from _____ to _____. Visitors are only allowed in the living quarters for less than 15 minutes.
 - Total number of visits permitted by day is no more than _ visitors. Appointment is encouraged.
 - Escort the visitor out of the designated visiting area at the conclusion of the visit through the same path they arrived.
- The resident must have been screened on the day of the scheduled visit, prior to the visit occurring.
- ***Note: additional guidance on How to conduct a facility Health screening is on page 3 of this Policy and Procedure***

Designated outdoor/indoor area/during visitation

- As a part of the facility's existing resident outdoor/indoor area, the separate designated meeting area should be isolated. The facility should ensure that residents not participating in visits, continue to have access to separate outdoor space.
- The designated outdoor/indoor area must be monitored to ensure it remains separated from the facility population and from facility staff.
- The number of visitors should be determined by implementing 6 feet social distancing. Any codes, regulations, or ordinances by Public Health must be followed. This number of maximum visitors allowed must be documented in the visitation plan.
- Furniture used for external/internal visits should be appropriately disinfected between visits.
- The visitor must wear a face mask or covering for the duration of the visit. All staff and the resident must wear face shield, a surgical or cloth mask unless medically contraindicated.
- This facility must document the outdoor/indoor visitation on a daily basis
- The facility must also document evidence of staff training regarding the visitation policy. These documents must be made available for review by Department Health Services.

Additional Visitation Types:

The State of Arizona continues to monitor infection rates across the state and may further relax or restrict visitation policies as the COVID-19 emergency evolves. Furthermore, nothing in the guidance should be seen as limiting visitation that is already allowed including but not limited to: essential health care providers (e.g. Home Health, Hospice, etc.), compassionate care situations, essential vendors (entertainers, educators, volunteers, LTC Ombudsman, etc.) Therapy dogs should be permitted, however, any handler will adhere to visitation policy.

These Rules are communicated to Residents and Families Regarding Visitation Policies.

This Policy and Procedure reviewed by: _____, _____
Licensee or Manager Date

ADDENDUM:

How to conduct a facility health screening

Equipment

- Temple thermometers.
- Alcohol swabs (to clean thermometer heads).
- Bleach wipes (to clean thermometer bodies) and work surfaces.
- Hand sanitizer.
- Disposable medical gloves.
- Computer with network and Google access.
- Data entry form.(electronic)
- Paper data entry forms (back-up).
- Room near the entrance with:
 - Adequate space to establish a line with people spaced 6-feet apart.
 - 1 table for supplies and data entry

Personnel

- manager
- 1-2 temperature takers
- 1-2 people to ask screening questions (Depending on the size of the facility, and the number of people needing to be screened, one person may be sufficient to take temperatures, ask about symptoms)

Set-up

Set up equipment on the table so that the temperature takers screen first. The screening question personnel will be at the opposite end of the table (if using 2 personnel). Clean all surfaces and equipment with bleach wipes or disinfectant wipes.

Line management

Remind all people in line to stay 6 feet apart.

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Temperature screening

- Temperature takers ensure that they put medical gloves on.
- Using a temple thermometer, take the person's temperature.
- Log the temperature on the data entry Form
- **A fever is defined as a temperature of 100.4 or above.** Ask people who have a fever to return home and notify their supervisor.
- If no fever is present, have the person proceed to screening questions.

Screening questions

If the computer is not accessible, the manual paper form will be completed as data entry daily or weekly.

An Employee Screening Form for record keeping will be utilized.

Enter name and other information, record temperature, and ask about symptoms.

- **If the person answers yes to any of the following, ask the person to return home and notify their supervisor.**
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- If recording data, complete data entry, and allow the person to proceed.

Important:

- Clean thermometers after each use.
- Maintain a clean work space.
- Clean and disinfect all surface areas at the end of the day.
- Wash your hands frequently.