



# WEEK 1 – CONSECRATION & CLEANSING

Setting our hearts before the Lord

## **Day 1 – A Surrendered Life**

Scripture: Romans 12:1-2

Prayer Focus: Total surrender

Pray that your life would be fully yielded to God this year.

## **Day 2 – Repentance & Forgiveness**

Scripture: 1 John 1:7-9

Prayer Focus: Clean hearts

Confess sins, release guilt, and forgive others.

## **Day 3 – Renewed Mind**

Scripture: Philippians 4:8

Prayer Focus: Godly thinking

Ask God to remove negative and unfaithful thought patterns.

## **Day 4 – Hunger for God**

Scripture: Psalm 42:1-2

Prayer Focus: Spiritual desire

Pray for renewed passion for prayer and God's Word.

## **Day 5 – Holiness & Obedience**

Scripture: 1 Peter 1:15-16

Prayer Focus: Holy living

Ask God to help you live set apart for His glory.

## **Day 6 – Trusting God Completely**

Scripture: Proverbs 3:5-6

Prayer Focus: Faith over fear

Surrender control and trust God's direction.

## **Day 7 – Thanksgiving**

Scripture: Psalm 103:1-5

Prayer Focus: Gratitude

Thank God for mercy, provision, and faithfulness.

**UNITED IN CHRIST 21 DAY FAST JANUARY 18 – FEBRUARY 7**



# **WEEK 2 – STRENGTH, DIRECTION & FAITH**

Preparing for the journey ahead

## **Day 8 – Strength for the Journey**

Scripture: Isaiah 40:28–31

Prayer Focus: Renewed strength

## **Day 9 – Walking by Faith**

Scripture: 2 Corinthians 5:7

Prayer Focus: Obedient faith

## **Day 10 – Wisdom & Guidance**

Scripture: James 1:5

Prayer Focus: God's direction

## **Day 11 – Peace & Stability**

Scripture: Philippians 4:6–7

Prayer Focus: God's peace

## **Day 12 – Victory Over Temptation**

Scripture: 1 Corinthians 10:13

Prayer Focus: Spiritual victory

## **Day 13 – Perseverance**

Scripture: Galatians 6:9

Prayer Focus: Endurance

## **Day 14 – Faith for the Future**

Scripture: Jeremiah 29:11

Prayer Focus: Hope and trust

**UNITED IN CHRIST 21 DAY FAST JANUARY 18 – FEBRUARY 7**



# **WEEK 3 – FAMILY, CHURCH & FRUITFULNESS**

Living out our faith together

## **Day 15 – Family & Homes**

Scripture: Joshua 24:15

Prayer Focus: God-centered families

## **Day 16 – Healing & Restoration**

Scripture: Jeremiah 30:17

Prayer Focus: Healing and Wholeness

## **Day 17 – Church Leadership**

Scripture: Colossians 1:9–11

Prayer Focus: Pastors and leaders

## **Day 18 – Unity in the Church**

Scripture: Ephesians 4:1–3

Prayer Focus: Unity and love

## **Day 19 – Evangelism & Witness**

Scripture: Matthew 28:19–20

Prayer Focus: Souls and outreach

## **Day 20 – Fruitfulness & Growth**

Scripture: John 15:5

Prayer Focus: Spiritual fruit

## **Day 21 – Celebration & Commitment**

Scripture: Psalm 126:3

Prayer Focus: Praise and dedication

Thank God for what He has done and commit to move forward by faith.

**UNITED IN CHRIST 21 DAY FAST JANUARY 18 – FEBRUARY 7**