

# Mental Health Crisis Contact Information & Community Resources

*In the event of an Emergency, call 911.*

Service	Agency	Location/Website	Phone Number
<b>Crisis Hotline. Intervention &amp; referrals for suicide, sexual assault, &amp; general crisis situations 24 hours.</b>			
	Rape and Suicide Crisis of Southeast Texas	<a href="http://www.rapesuicidebeaumont.org/">http://www.rapesuicidebeaumont.org/</a>	1-800-793-2273 or (409) 835-3355
	National Suicide Prevention Hotline		1-800-SUICIDE or 1-800-784-2433
	Texas Health and Human Services Commission	<a href="http://www.211texas.org/">2-1-1 Texas</a> or <a href="http://www.211texas.org/">http://www.211texas.org/</a>	dial 2-1-1 or (877) 541-7905
	Spindletop Crisis MHMR (Crisis Line 24 hrs. a day/7 days a week)	<a href="http://www.stmhmr.org/">http://www.stmhmr.org/</a>	(409) 838-1818 or 1-800-937-8097
	National Youth Crisis Hotline		1-800-448-4663
	Gay and Lesbian National Hotline		1-888-THE-GLHN or 1-888-843-4564
	GLBT National Youth Talkline		1-800-246-PRIDE or 1-800-246-7743
	Rape, Abuse & Incest National Network	<a href="https://www.rainn.org/">https://www.rainn.org/</a>	1-800-656-HOPE or 1-800-656-4673
<b>Evidence collection for sexual assault, domestic violence, child and elder abuse. On call 24 hours each day.</b>			
	Christus St. Elizabeth, Beaumont Forensic Nurse Examiner	2830 Calder Str., Beaumont, TX 77702	(409) 892-7171
<b>LSCPA Title IX Coordinator</b>			
	Susan Cook	<a href="mailto:cooksl@lamarpa.edu">cooksl@lamarpa.edu</a> Madison Monroe Educational Building, Room 2081 Lamar State College Port Arthur, Port Arthur, TX 77640	(409) 984-6146
<b>Mental Health, Counseling, &amp; Substance Abuse</b>			
	Dean of Student Services (LSCPA students can obtain referrals for local counseling services)	<a href="mailto:hebertda@lamarpa.edu">hebertda@lamarpa.edu</a> Deborrah Hebert, Ph.D. Dean of Student Services Lamar State College-Port Arthur, Port Arthur, TX	(409) 984-6157
	Family Services Counseling Program	<a href="http://www.weststrengthenfamilies.org/programs/family-services-counseling">http://www.weststrengthenfamilies.org/programs/family-services-counseling</a>	(409) 833-2668 ext. 100
	Samaritan Counseling Center of Southeast Texas	(Port Arthur, Beaumont, Orange, Vidor, Silsbee & Kirbyville) <a href="http://www.sccset.org/">http://www.sccset.org/</a>	(409) 727-6400 or 1-877-385-3347
	Alcoholics Anonymous	<a href="http://www.aadistrict90.org/">http://www.aadistrict90.org/</a> <a href="http://aa-intergroup.org/">http://aa-intergroup.org/</a> Beaumont, Texas (information about online group meetings)	(409) 832-1107
	Substance Abuse and Mental Health Services Administration	<a href="http://www.samhsa.gov/">http://www.samhsa.gov/</a>	1-877-726-4727 or 1-800-487-4889 (TDD)
	South East Texas Council on Alcohol and Drug Abuse Community Coalition Partnership	<a href="http://setcada.org/">http://setcada.org/</a> 4675 Washington Blvd., Ste. C, Beaumont, TX 77707	(409) 842-2408 or 1-800-221-8328
	The Depression and Bipolar Support Alliance	<a href="http://www.dbsalliance.org">http://www.dbsalliance.org</a>	1-800-826-3632
	The Anxiety and Depression Association of America	<a href="http://www.adaa.org">http://www.adaa.org</a>	(240) 485-1001

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	The National Alliance on Mental Illness Serving Southeast Texas	<a href="http://www.nami.org">http://www.nami.org</a> Mr. Claude Guidroz, <a href="mailto:cguidroz@qt.rr.com">cguidroz@qt.rr.com</a>	(409) 835-7121
	Post-Traumatic Stress Disorder - National Institute of Mental Health	<a href="https://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml">https://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml</a>	
<b>Veteran's, U.S Military Personnel, and Military Families Assistance</b>			
	Veterans Crisis Line	<a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a>	1-800-273-8255 (press 1)
	Jefferson County Veteran's Center	<a href="http://www.va.gov/directory/guide/facility.asp?ID=6128&amp;dnum=All&amp;stateid=TX&amp;v=1">http://www.va.gov/directory/guide/facility.asp?ID=6128&amp;dnum=All&amp;stateid=TX&amp;v=1</a> 990 IH10 North, Suite 180, Beaumont, TX 77702	(409) 347-0124
	Orange County Veteran's Office	<a href="http://www.co.orange.tx.us/Veterans_Office.html">http://www.co.orange.tx.us/Veterans_Office.html</a> 10984 FM 1442, Orange, Texas 77630	(409) 745-1535
	Texas VA Health Care Systems and Outpatient Clinics	<a href="https://www.va.gov/directory/guide/region.asp?map=1&amp;ID=17">https://www.va.gov/directory/guide/region.asp?map=1&amp;ID=17</a>	
	Department of Defense Safe Hotline	<a href="https://www.safehelpline.org/">https://www.safehelpline.org/</a>	1-877-995-5247
	Health.mil (official website of the military health system)	<a href="https://health.mil/">https://health.mil/</a> 7700 Arlington Boulevard, Suite 5101, Falls Church, VA 22042	1-866-966-1020
	U.S. Army's Intervene, Act, and Motivate (I. A.M.) STRONG	<a href="http://www.sexualassault.army.mil">http://www.sexualassault.army.mil</a>	
	Families OverComing Under Stress (FOCUS): Resiliency Training for Military Families	<a href="http://focusproject.org">http://focusproject.org</a> UCLA Semel Institute, 760 Westwood Plaza, Room A8-159, Los Angeles, CA 90024	(310) 794-2482
	Military.com Spouse (all military branches represented)	<a href="http://www.military.com/spouse">http://www.military.com/spouse</a>	
	Military Kids Connect	<a href="http://www.militarykidsconnect.dcoe.mil">http://www.militarykidsconnect.dcoe.mil</a>	
	National Guard Family Program	<a href="http://www.jointservicesupport.org/FP">http://www.jointservicesupport.org/FP</a>	
	Suicide Prevention Team Michael E. DeBakey VA Medical Center	Chantel Hemphill, Suicide Prevention Coordinator <a href="mailto:Chantel.Hemphill@va.gov">Chantel.Hemphill@va.gov</a> <a href="https://www.houston.va.gov">https://www.houston.va.gov</a> 2002 Holcombe Blvd, Houston, TX 77030	(713) 791-1414 ext. 20002
<b>Domestic Violence</b>			
	The National Domestic Violence Hotline		1-800-799-1833
	Texas Council on Family Violence – National Domestic Violence Hotline	<a href="http://www.thehotline.org">www.thehotline.org</a>	1-800-799-SAFE (7233) or 1-800-787-3224
	Family Services Women and Children's Shelter & Crisis Intervention	<a href="http://www.westrengthenfamilies.org">http://www.westrengthenfamilies.org</a> 3755 Corley St., Beaumont, TX 77701	(409) 832-7575 or 1-800-621-8882
<b>Shelters, Food, Clothing, &amp; Emergency Needs</b>			
	Family Services Women and Children's Shelter & Crisis Intervention	<a href="http://www.westrengthenfamilies.org">http://www.westrengthenfamilies.org</a>	(409) 832-7575 or 1-800-621-8882
	Salvation Army, Orange	1960 MLK Dr., Orange, TX 77630	(409) 291-8400
	Salvation Army, Port Arthur	3145 25th St., Port Arthur, TX 77642	(409) 983-2229
	Salvation Army, Beaumont	2350 IH 10 East, Beaumont, TX 77703	(409)-896-2361
	Port Cities Rescue Mission Family Shelter	849 5th Street, Port Arthur, TX 77640 <a href="http://www.homelesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=11537">http://www.homelesshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=11537</a>	(409) 982-0202

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	United Board of Missions	<a href="http://www.unitedmissions.org/">http://www.unitedmissions.org/</a>	(409) 962-5661 ext. 101
	Low-income Housing	<a href="https://www.publichousing.com/city/tx-port_arthur">https://www.publichousing.com/city/tx-port_arthur</a> <a href="https://www.publichousing.com/city/tx-groves">https://www.publichousing.com/city/tx-groves</a> <a href="https://www.publichousing.com/city/tx-nederland">https://www.publichousing.com/city/tx-nederland</a>	
	Catholic Charities of Southeast Texas – Hospitality Center	<a href="http://www.catholiccharitiesbmt.org/pages/programs/hospitality.html">http://www.catholiccharitiesbmt.org/pages/programs/hospitality.html</a> 3959 Gulfway Drive, Port Arthur, Texas 77642-1722	(409) 924-4406 or 1-888-982-4842
	LSCPA's Seahawk Food Pantry	<a href="https://www.lamarpa.edu/Current-Students/Student-Activities/Pantry">https://www.lamarpa.edu/Current-Students/Student-Activities/Pantry</a> LSCPA Student Activities, Student Center, Office 203	(409) 984-6191
	Some Other Place	<a href="http://www.someotherplacebeaumont.com">www.someotherplacebeaumont.com</a> 590 Center St., Beaumont, TX 77701	(409) 832-7976
	Abundant Life Sanctuary	<a href="https://www.abundantlifesanctuary.com/">https://www.abundantlifesanctuary.com/</a> 2301 W. Parkway. Groves, Texas	(409) 962-1056
	American Red Cross, Beaumont	<a href="http://www.redcross.org/local/texas/gulf-coast/local-chapters/southeast-deep-east">http://www.redcross.org/local/texas/gulf-coast/local-chapters/southeast-deep-east</a> 3260 Eastex Frwy., Beaumont, TX 77703	(409) 832-1644
	American Red Cross, Orange	3901 IH 10 East, Orange, TX	(409) 883-2113
	American Red Cross, Port Arthur	3747 Doctors Dr, Port Arthur, TX 77642	(409) 985-7461
	Southeast Texas Food Bank	3845 S ML King Jr Parkway, Beaumont, Texas 77705 <a href="http://setxfoodbank.org/">http://setxfoodbank.org/</a>	(409) 839-8777 or 1-844-356-9084
	Goodwill Industries, Port Arthur	<a href="http://www.goodwill.org/">http://www.goodwill.org/</a> 4352 Hwy 365, Port Arthur, TX, 77642	(409) 722-8773
	Goodwill Industries, Beaumont	<a href="http://www.goodwill.org/">http://www.goodwill.org/</a> 6210 Phelan, Beaumont, TX, 77706	(409) 860-7167
	Goodwill Industries, Orange	<a href="http://www.goodwill.org/">http://www.goodwill.org/</a> 3109 Edgar Brown, Orange TX, 77630	(409) 670-9216
<b>Childcare Assistance, Parenting, &amp; Child Counseling</b>			
	Catholic Charities of Southeast Texas	<a href="http://www.catholiccharitiesbmt.org/">http://www.catholiccharitiesbmt.org/</a>	(409) 924-4400 or 1-855-924-4400
	Garth House (Counseling for children and non-offending family members)	(Beaumont, Kirbyville, Orange and Woodville) <a href="http://garthhouse.org/">http://garthhouse.org/</a>	(409) 838-9084
	<i>To locate a childcare provider/Day Care</i>	<a href="http://www.txchildcaresearch.org">www.txchildcaresearch.org</a>	
<b>Child &amp; Adult Abuse and Neglect</b>			
	Texas Department of Family and Protective Services (24 hrs./7 day Hotline)	<a href="http://www.dfps.state.tx.us/">http://www.dfps.state.tx.us/</a> <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a> 3105 Executive Blvd., Beaumont, TX 77705	(409) 730-1099 1-800-252-5400
	Texas Department of Family and Protective Services	<a href="http://www.dfps.state.tx.us/">http://www.dfps.state.tx.us/</a> <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a> 5860 9th Ave., Ste. A & C, Port Arthur, TX 77642	(409) 963-0312
	Texas Department of Family and Protective Services	<a href="http://www.dfps.state.tx.us/">http://www.dfps.state.tx.us/</a> <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a>	(409) 670-4500

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		2220 Gloria Dr., Orange, TX 77630	
<b>Services for People with Physical and Mental Health Disabilities</b>			
	Workforce Solutions Vocational Rehabilitation Services – Port Arthur	<a href="http://www.texasworkforce.org">www.texasworkforce.org</a> or <a href="https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices">https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices</a> or <a href="https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation">https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation</a> 3901 North Twin City Highway PORT ARTHUR 77642	1-800-628-5115 or (409) 962-1236
	Workforce Solutions Vocational Rehabilitation Services - Beaumont	<a href="http://www.texasworkforce.org">www.texasworkforce.org</a> or <a href="https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices">https://twc.texas.gov/jobseekers/vocational-rehabilitation-youth-students#youthStudentServices</a> or <a href="https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation">https://twc.texas.gov/jobseekers/vocational-rehabilitation-adults#contactInformation</a> 77709 510 Park Street, Suite 100 BEAUMONT 77701	1-877-834-5627 or (409) 600-2679
	Criss Cole Rehabilitation Center (vocational rehabilitation training facility serving adults who are legally blind)	<a href="https://twc.texas.gov/jobseekers/criss-cole-rehabilitation-center">https://twc.texas.gov/jobseekers/criss-cole-rehabilitation-center</a> 4800 N. Lamar Blvd. Austin, TX 78756	1-800-628-5115 or (512) 377-0300
	Texas Health and Human Services – Deaf and Hard of Hearing Services	<a href="https://hhs.texas.gov/services/disability/deaf-hard-hearing">https://hhs.texas.gov/services/disability/deaf-hard-hearing</a> 701 W. 51st Street, Austin, Texas 78751 Mailing: P.O. Box 12904, Austin, Texas 78711	Voice: 1-512-438-4880 Videophone: 1-512-410-1387
	RISE Center for Independent Living	<a href="https://risecil.org/">https://risecil.org/</a> 755 So. 11th Street, Suite 101, Beaumont, TX 77701	(409) 832-2599
<b>Employment &amp; Career Exploration</b>			
	Port Arthur Workforce Solutions Center	<a href="http://www.setworks.org/">http://www.setworks.org/</a> 3901 Twin City Highway, Port Arthur, Texas 77642	1-877-834-JOBS or (409) 962-1236
	Beaumont Workforce Solutions Center	<a href="http://www.setworks.org/">http://www.setworks.org/</a> 510 Park Street, Suite 200, Beaumont, TX 77701	1-877-834-JOBS or (409) 839-8045
	Orange Workforce Solutions Center	<a href="http://www.setworks.org/">http://www.setworks.org/</a> 2415 N 16th Street, Orange, TX 77630	1-877-834-JOBS or (409) 882-0302
<b>Foster Care &amp; Adoption</b>			
	Buckner Children and Family Services	<a href="http://www.buckner.org/">http://www.buckner.org/</a> 9055 Manion Drive, Beaumont, TX 77706 <b>Contact:</b> Zoe Gates <a href="mailto:zgages@buckner.org">zgages@buckner.org</a>	(409) 861-1123 (409)-866-0976
	Texas Adoption Resource Exchange (TARE)	<a href="http://www.dfps.state.tx.us/adoption_and_foster_care">www.dfps.state.tx.us/adoption_and_foster_care</a>	1-800-233-3405
	U.S Department of Education, <i>Foster Youth Transition Toolkit</i>	<a href="http://www2.ed.gov/about/inits/ed/foster-care/youth-transition-toolkit.pdf">http://www2.ed.gov/about/inits/ed/foster-care/youth-transition-toolkit.pdf</a>	
	Texas Department of Protective and Family Services – Youth in Foster Care (informational webpage)	<a href="http://www.dfps.state.tx.us/Am/foster-youth.asp">http://www.dfps.state.tx.us/Am/foster-youth.asp</a>	
	Region 5 – Transition Center (Foster Care)	675 East Virginia St., Beaumont, TX 77705 Contact: Jo Adams Email: <a href="mailto:jadams@buckner.org">jadams@buckner.org</a> Contact: Jeff Ross Email: <a href="mailto:jross@buckner.org">jross@buckner.org</a>	(409) 833-1971

Service	Agency	Location/Website	Phone Number
	TX Department of Protective and Family Services – Overview of Transitional Living Services	<a href="http://www.dfps.state.tx.us/Child_Protection/Youth_and_Young_Adults/Transitional_Living/documents/Transitional_Living_Services_Handout.pdf">http://www.dfps.state.tx.us/Child_Protection/Youth_and_Young_Adults/Transitional_Living/documents/Transitional_Living_Services_Handout.pdf</a>	
<b>Social Services</b>			
	City of Port Arthur Health Department	<a href="https://www.portarthurtx.gov/213/Health-Department">https://www.portarthurtx.gov/213/Health-Department</a> 449 Austin Avenue, Port Arthur, Texas 77640	(409) 983-8800
	Texas Health and Human Services Commission	<a href="https://hhs.texas.gov">https://hhs.texas.gov</a> 350 Pine St, Beaumont, TX 77701	(409) 832-0061
	U.S. Dept. of Health and Human Services	<a href="http://www.hhs.gov/">http://www.hhs.gov/</a> 200 Independence Avenue, S.W., Washington, D.C. 20201	1-877-696-6775
	Hope Women’s Resource Clinic	<a href="https://www.hope-clinic.com/">https://www.hope-clinic.com/</a> 3740 Laurel Ave, Beaumont, TX 77707	(409) 898-4005
	Nurse-Family Partnership (NFP)	<a href="https://www.portarthurtx.gov/217/Nurse-Family-Partnership-NFP">https://www.portarthurtx.gov/217/Nurse-Family-Partnership-NFP</a> 444 4th Street, Port Arthur, TX 77640	(409) 983-8100
	CHRISTUS Southeast Texas Maternity and Women’s Health Center	<a href="https://www.christushealth.org/southeast-texas/locations--directions/southeast-texas-maternity-and-womens-health-center">https://www.christushealth.org/southeast-texas/locations--directions/southeast-texas-maternity-and-womens-health-center</a> 2001 9th Avenue, Port Arthur, Texas 77642	(409) 989-5858
	P.A.L.M. (Project Aids Land Manor) Center	<a href="http://www.landmanor.org/ourmission.html">http://www.landmanor.org/ourmission.html</a> Land Manor, Inc., 4655 Collier Street, Beaumont, Texas 77706	(409) 838-3946
	Triangle Area Network	<a href="https://www.tanhealthcare.org/">https://www.tanhealthcare.org/</a> 1495 N 7th St., Beaumont, TX 77702 737 N. 16th Street, Orange, TX 77632	(409) 832-8338 (409) 920-4223
<b>Additional Mental Health Resources</b>			
	Mental Health Screening Tools	<a href="http://www.mentalhealthamerica.net/mental-health-screening-tools">http://www.mentalhealthamerica.net/mental-health-screening-tools</a>	
	Anxiety (GAD, OCD and Panic Disorder) Screening Tools	<a href="http://www.healthypplace.com/psychological-tests/">http://www.healthypplace.com/psychological-tests/</a>	
	Depression Screening Tool	<a href="http://psychcentral.com/quizzes/depquiz.htm">http://psychcentral.com/quizzes/depquiz.htm</a>	
	Early Warning Signs of Suicide	<a href="http://www.jedfoundation.org/students">http://www.jedfoundation.org/students</a>	
	Suicide Screening Tool	<a href="http://psychcentral.com/quizzes/suicide-quiz.htm">http://psychcentral.com/quizzes/suicide-quiz.htm</a>	
	Suicide Prevention	<a href="http://www.ulifeline.org/topics/130-suicidal-behavior">http://www.ulifeline.org/topics/130-suicidal-behavior</a>	
	Stress Management	<a href="https://www.nimh.nih.gov/health/publications/stress/index.shtml">https://www.nimh.nih.gov/health/publications/stress/index.shtml</a>	
	Anger Management	<a href="http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/anger-management/art-20045434">http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/anger-management/art-20045434</a>	
	Self-injury	<a href="http://www.helpguide.org/articles/anxiety/cutting-and-self-harm.htm">http://www.helpguide.org/articles/anxiety/cutting-and-self-harm.htm</a>	
	Eating Disorders	<a href="http://www.eatingdisordersonline.com">http://www.eatingdisordersonline.com</a>	
	College Alcohol Abuse	<a href="http://www.collegedrinkingprevention.gov/">http://www.collegedrinkingprevention.gov/</a>	
	College Drug Abuse	<a href="https://www.addictioncenter.com/college/">https://www.addictioncenter.com/college/</a>	