

****Schedule is subject to change depending on enrollment****

DCT Company Schedule 2024-2025	Sodus Studio 1 10 West Main Street Sodus NY 14551	Sodus Studio 2 10 West Main Street Sodus NY 14551	Ontario Location 2019 Ridge Road Ontario NY
Monday	5:00-6:00 Pre-K Combo Class 6:00-7:30 K-1 Combo Class 7:30-8:15 9-12 Grade Lyrical 8:15-8:45 9-12 Grade Jazz 8:45-9:30 9-12 Grade Acro	4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo 5:30-6:00 Solo 6:00-7:00 Yoga 7:00-8:15 Adult Ballet	2:15-3:00 Creative Movement 3:20-4:10 Tumbling
Tuesday	3:00-3:45 Beginning Tumbling 3:45-4:15 Improv Class 4:30-6:30 4-6th grade class 6:30-7:00 Intro to Tap 7:00-7:45 7-8th Grade Acro 7:45-8:15 7-8th Grade Jazz 8:15-9:15 7-8th Grade Ballet	4:30-6:30 2-3rd Grade Combo Class 6:45-7:30 Leap Technique 7:30-8:15 Teen Contemporary 8:15-9:00 Teen Hip Hop	3:15-4:00 11 and up Acro 4:00-5:00 3-5 Years Old Beginning Acro and Mini Hip Hop 5:00-6:00 6-10 Years Old Intermediate Acro and Youth Hip Hop 6:00-6:30 3-5 year old rec cheer 6:30-7:15 Open tumbling 7:15-8:00 Intro to Dance Style Class (rotating monthly)
Wednesday	3:45-4:30 Turning Technique 4:30-5:30 Beginner Ballet 5:30-7:00 Ballet 7:00-7:45 Pointe 7:45-8:30 Leap Technique		4:00-4:45 Competitive Mini Cheer (8 and under) 4:45-5:30 Competitive Youth Cheer (8-12 years old) 5:30-6:15 Boys only Tumbling 6:15-7:15 Rec Cheer 6-10 Years Old 7:15-8:00 Competitive Jr. Cheer (10-14 years old) 8:00-9:00 Competitive Sr. Cheer (12-18 years old with BHS)
Thursday	2:15-3:00 Creative Movement 3:15-4:00 Tumbling 4:00-4:30 Mini PT 4:30-5:00 Youth Hip Hop 5:00-5:30 Youth PT 5:30-6:30 PT Production 6:30-7:30 Worlds Rehearsal 7:30-8:15 Senior PT Hip Hop 8:15-9:00 Advanced Tap	3:00-3:30 Solo 3:30-4:00 Solo 4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo 5:30-6:00 Solo 6:00-6:45 Tumbling 6:45-7:40 Rec Cheer 7:45-8:15 Solo 8:15-8:45 Solo	
Friday	3:30-4:00 Weight Lifting 4:00-4:45 Stretch and Dance Cardio 4:45-5:30 PT Class 5:30-7:00 PT Ballet 7:00-8:30 PT Choreo 8:30-9:00 Worlds Choreo	3:30-4:00 Solo 4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo 5:30-6:30 Adult Jazz Funk	