

****Schedule is subject to change depending on enrollment****

DCT Company Schedule 2024-2025	Sodus Studio 1 10 West Main Street Sodus NY 14551	Sodus Studio 2 10 West Main Street Sodus NY 14551	Ontario Location 2019 Ridge Road Ontario NY
Monday	5:00-6:00 Pre-K Combo Class 6:00-7:15 K-1 Combo Class 7:15-8:00 9-12 Grade Lyrical 8:00-8:30 9-12 Grade Jazz 8:30-9:00 9-12 Grade Acro	4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo 5:30-6:00 Solo 6:00-7:00 Yoga 7:00-8:15 Adult Ballet	3:20-4:10 Tumbling
Tuesday	4:00-4:30 Improv Class 4:30-6:30 4-6th grade class 6:30-7:00 Intro to Tap 7:00-7:45 Tumbling	4:30-6:30 2-3rd Grade Combo Class 6:45-7:30 Leap Technique 7:30-8:15 Teen Contemporary 8:15-9:00 Teen Hip Hop	3:15-4:00 11 and up Acro 4:00-5:00 3-5 Years Old Beginning Acro and Mini Hip Hop 5:00-6:00 6-10 Years Old Intermediate Acro and Youth Hip Hop 6:00-6:30 3-5 year old rec cheer 6:30- 7:15 Open tumbling
Wednesday	3:45- 4:30 Turning Technique 4:30-5:30 Beginner Ballet 5:30-6:15 Leap Technique 6:15-7:30 Ballet 7:30-8:15 Pointe		4:00-4:45 Tumbling 4:45-5:45 Competitive Cheer 5:45-6:30 Boys only Tumbling 6:30-7:30 Rec Cheer
Thursday	3:30-4:15 Tumbling 4:15-4:45 Mini PT 4:45-5:15 Youth Hip Hop 5:15-5:45 Youth PT 5:45-6:45 PT Production 6:45-7:30 Tumbling 7:30-8:15 Senior PT Hip Hop 8:15-8:45 Advanced Tap	3:00-3:30 Solo 3:30-4:00 Solo 4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo 6:45-7:15 Worlds Choreo 7:30-8:15 Rec Cheer 7:45-8:15 Solo 8:15-8:45 Solo	
Friday	3:30-4:00 Weight Lifting 4:00-4:45 Stretch and Dance Cardio 4:45-5:30 PT Class 5:30-7:00 PT Ballet 7:00-8:30 PT Choreo	3:30-4:00 Solo 4:00-4:30 Solo 4:30-5:00 Solo 5:00-5:30 Solo	

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